

BADT 2023



COURSE CATALOG

Accessible
Conscious
Culturally-appropriate
Diverse
Action-oriented

At Birthing Advocacy Doula Trainings, we take things seriously... but we still have fun. We believe in giving people the space to show up as their whole selves. That means acknowledging the layers of humanity that we all bring with us to every single experience. In 2021, we embarked on the journey of expanding our course offerings to encompass more aspects of the human experience. We want BADT trained full-spectrum professionals to be equipped to enter sustainably, heart-first, into the work that they do.

We have trained thousands of birthworkers through our online courses, with nearly 40% of students in our 12-week training programs receiving BADT scholarships to support their access to courses.

BADT courses bring together some of the most powerful professionals in their fields to curate a student experience that is unlike anything you will find elsewhere.

BADT forms and curriculum provide community birthworkers with the tools needed to serve their communities thoughtfully and sustainably.



WHAT WE OFFER

HOW IT ALL WORKS

OUR PROGRAM FORMATS AND OPTIONS

LIVE

limited options listed in course catalog. Enrolling live includes increased community connection and additional Q&A opportunities. Those who register for live training will have recording access.

12 WEEK CERTIFYING TRAININGS

training moves to pre-recorded format between live offerings. Enrolling in recorded option gives more scheduling flexibility. This is not an option that is available for our Full Spectrum Doula course, which happens twice per year.

RECORDED

CONT. ED. COURSES

BUNDLE

prerecorded CE Complete Course Bundles are available on a variety of topics in order to assist careworkers in filling knowledge gaps, in order to integrate more culturally humble practices. These courses do not result in certification.

LESSONS

Individual lessons that make up course bundles can be purchased in order to focus on a single topic, and purchase at a lower price point.

LIVE EVENTS & WORKSHOPS

each prerecorded course or training is complimented by live events, to give students the opportunity to engage with community. These events range from Q&As, to weekend workshops, and registration is an option regardless of course enrollment status. Free live events are also offered several times per year.

FULL- SPECTRUM DOULA TRAINING (12-WEEK)

BADT's keystone course began in June 2019, and has since trained over a thousand students - with so many different backgrounds - from all over the world, including folks from the United States, Europe, Canada, Australia, Africa and the United Kingdom!

Our 12-week online Full Spectrum Doula Training provides doula education for all stages of the childbearing year.. We also include education around topics and issues facing our communities and the birth world, such as the black perinatal health crisis, food insecurity, and queer and trans birth and family building. This training is available for new doulas as well as experienced doulas.

This course was designed to be a long term learning commitment, for new and experienced doulas to dig DEEP, build community, and integrate over time rather than feeling rushed. The course is offered online and with payment plans, earlybird pricing, and scholarship opportunities in order to increase accessibility.

Our growing community allows students to continue to connect, support one another, and grow well beyond the initial 12 weeks of the course.

Recordings will be available to those that register. Automated CC and transcript in English provided live, and corrected captions in English are provided with recordings.

LIVE ONLY
STARTS MARCH 2023
& SEPTEMBER 2023



Course Format:

- 12 Weeks of live sessions (75-120)
- 6-10 Masterclass Sessions with experts who are living and breathing this work
- Additional Q&A and coworking sessions
- Assignments and journals (optional unless certifying)
- Additional certifying requirements, if certification is desired
- Quarterly business strategy sessions
- A private online community
- A free listing in our directory is included

This course is co-taught by
Sabia Wade and Jenna "JB" Brown,
who are joined by guest teachers

Sessions occur on Tuesdays and Thursdays
at 1pm ET

CHILDBIRTH EDUCATOR TRAINING

PRE-RECORDED UNTIL
LIVE STARTS JUNE 2023

This is a hybrid course, with pre-recorded content that is supported by live masterclasses. Live class is not weekly.

The BADT 12-week online Childbirth Educator Training gives doulas and educators the knowledge and tools necessary to provide inclusive, trauma-informed, comprehensive, and evidence-based education to birthing people in their communities. In addition to the typical topics found in childbirth education, we will also be covering the following topics:

- Paths to conception
- Consent, trauma, and boundaries
- Mental health and trauma
- Pregnancy/birth and disability
- Inclusive lactation and infant feeding
- Grief and loss

We want our educators to not only have a basic knowledge of pregnancy, labor, and birth but an in-depth and inclusive understanding of all aspects and realities of birth and birthing people.

Access to quarterly business sessions, our private online community, and a free listing in our directory are included. Certification is available and optional.

Recordings of live sessions will be available to those that register during the live course enrollment. CC and transcript in English provided live and with recordings.



This course is co-taught by Sabia Wade and Jenna "JB" Brown, who are joined by guest teachers .

Classes occur on select Tuesdays between June 2023 and August 2023



POSTPARTUM DOULA TRAINING (12 - WEEK)

In the summers of 2021 or 2022 we offered our most highly requested course yet - Postpartum Doula Training, and it is available prerecorded in 2023. This 12-week live learning experience covers postpartum the BADT way - radical, culturally appropriate, and inclusive.

Topics include:

- Cultural Humility
- Nervous System Awareness
- Trauma-Informed Care
- Physical Healing
- Mental/Emotional Health
- Identity Shifts
- Building Support Networks and Planning
- Infant Care & Bonding
- Infant Feeding
- Nutrition
- Cesarean
- Scope of Practice

As always, you can expect that the material in this course will reflect BADT's core values, and that while the course is focused on postpartum support for gestational people who are parenting, the full-spectrum of experiences included beneath the umbrella of "Postpartum" will be acknowledged.

Access to quarterly business sessions, our private online community, and a free listing in our directory are included. Certification is available and optional.

CC and transcript in English provided.

PRE-RECORDED



BADT's 12-week Postpartum Doula Training is co-taught by a team of core teachers, including Sabia Wade, Jenna "JB" Brown, Charlie Monlouis-Anderle, Raeanne Madison, Liana Hervas, and Tema Mercado, who are joined by additional guest teachers, and supported by the BADT team to ensure an enriching experience for all participants.

BIRTH & DISABILITY (CE)

PRE-RECORDED



PHOTO: DISABLED AND HERE, TOJO ANDRIANARIVO

This course includes six lessons, which are available as a bundle or individually. As doulas and birth workers, we are supporting Disabled people - whether or not we know it - and, many birth workers are, themselves, Disabled. It is vital to examine the ways in which dominant birth culture exacerbates violence against Disabled folks and Disabled children, and identity where we are complicit in that harm. This course is available for new doulas and care workers, and experienced professionals. There are no prerequisites to enroll in this course.

Lessons:

- Foundations, Language, Frameworks, and Models of Disability
- Ableism & Sanism: Centering Our Narratives and Experiences
- Intersections Between Disability Justice & Reproductive Justice
- Disability Care and Access-Centered Practices
- Intersections of Race, Crisis Response, and Birth
- Parenting A Disabled Child

All lessons are included in the complete course bundle, or available for purchase individually.

BADT's Birth and Disability CE Course is taught through a lens of Disability Justice and led by Stefanie Lyn Kaufman-Mthimkhulu, of Project LETS, who is joined by guest teachers, and supported by the BADT team to ensure an enriching experience for all participants.

CC and transcript in English, as well as ASL interpretation are provided.

FERTILITY & CONCEPTION (CE)

PRE-RECORDED

PHOTO: DISABLED AND HERE, TOJO ANDRIANARIVO



This course includes six lessons, which are suitable for anyone interested in supporting people in their communities who are trying to conceive. The course covers information regarding fertility, as well as context and skills for providing pre-conception support. Community care workers, full spectrum doulas, and those who support others through reproductive transitions of all kinds are encouraged to enroll! This course is available for new doulas and care workers, and experienced professionals.

Lessons:

- Physiology of Fertility
- Assisted Reproductive Technologies
- Fertility & Reproductive Loss
- Providing Support
- Midwifery Care for Fertility
- Doula Care for Fertility

All lessons are included in the complete course bundle, or available for purchase individually.

BADT's Fertility & Conception CE Course is co-led by Pati Garcia and Josie Rodriguez-Bouchier, who are joined by guest teachers, and supported by the BADT team to ensure an enriching experience for all participants.

CC and transcript in English, as well as ASL interpretation are provided.

QUEER & TRANS REPRODUCTIVE SUPPORT (CE)

PRE-RECORDED



This course includes eight lessons, which are suitable for anyone interested in learning more in-depth information about the reproductive health of Queer & Trans people through the childbearing years, and how to support clients during these experiences. Content centers queer and trans experiences, rather than contrasting those experiences against dominant culture narratives. All lessons are included in the complete course bundle, six of the eight are available for purchase individually.

Lessons:

- Queer & Trans 101
- Preconception & Reproductive Loss
- Pregnancy & Birth
- Postpartum & Parenting
- Legal & Social Considerations
- Gender Expansive Parenting
- Infant Feeding
- Reproductive Injustice: How We are Failing Black Trans Men

BADT's Queer & Trans Birth CE course is led by Jenna "JB" Brown, Moss Froom, and Rise Osby, who are joined by guest teachers, and supported by the BADT team to ensure an enriching experience for all participants.

CC and transcript in English are provided.

Birthing Advocacy
— Doula Trainings —

ABORTION DOULA

(CE) - US OR CANADIAN CONTEXTS

PRE-RECORDED



Full-spectrum doula work includes abortion support. In BADT's Abortion Doula Continued Education course, we offer an opportunity to explore what it means to support abortion as a part of your practice. There will be context given for understanding abortion legislation, as well as working in both collective and private practice settings to increase access to safe and empowered abortion in your community. We recommend this course to all established and new full-spectrum doulas who want to increase their confidence and deepen their knowledge of abortion work.

BADT's Abortion Doula CE course is available in either a US or Canadian Context.

US Lessons:

- Policy and Background
- What to Expect
- Emotional Support
- Models of Practice
- Clinical Procedures
- Herbal Abortion 101

Canadian Lessons:

- Policy and Background
- What to Expect
- Emotional Support
- Models of Practice

All lessons are included in the complete course bundle, or available for purchase individually. CC and transcript in English provided.

REPRO SUPPORT FOR PWUD & IN RECOVERY (CE)

PRE-RECORDED, RELEASES JANUARY 2023



This course includes five lessons, which are appropriate for birth and reproductive careworkers who want to be better prepared to serve people who use drugs (PWUD) and/or those in recovery. Through a harm reduction lens, students will be prompted to consider the needs of people who are impacted by addiction, as they move through reproductive health experiences. There are no prerequisites to enroll in this course, and it is open to all experience and training levels.

Lessons:

- Harm Reduction 101
- Supporting People Day-to-Day in Pregnancy and Labor
- Supporting People Day-to-Day in Birth and Postpartum
- Cannabis and the Childbearing Year
- Trauma Informed Care and Harm Reduction

All lessons are included in the complete course bundle, or available for purchase individually. CC and transcript in English provided.

BADT's Reproductive Support for People Who Use Drugs & IN Recovery is led by BADT core and guest teachers who have lived and professional expertise in the topic, and is supported by the BADT team to ensure an enriching experience for all participants.

ADDITIONAL WORKSHOPS

CRISIS RESPONSE FOR BIRTHWORKERS LIVE ONLY - DATES TBA

Collaboration between Project LETS and BADT, led by Stefanie Lyn Kaufman-Mthimkhulu. Reproductive and parenting experiences can be transformative and triggering experiences for the folks we work with. Whether or not our clients identify as mentally ill, Disabled or neurodivergent, anyone is capable of experiencing a mental health crisis — and it's on us as birthworkers and community care professionals to have tools to support them without relying on carceral systems that may further harm our clients.

FREE NARCAN TRAINING

The first of our free public events in 2023 will be a virtual narcan training. As a compliment to our new course on supporting People Who Use Drugs (PWUD) and those in recovery, we want to expand access to information on overdose reversal. All are welcome to join this event!

Q&A SESSIONS

Teachers across our trainings and courses will join us throughout the year for Q&A sessions, so that enrolled students have an opportunity to engage live with instructors and one another, and so that those who are interested in getting to know BADT can do so during a live event. You do not have to be enrolled in a BADT course or training to attend, but some enrollments will include access to these sessions at a discounted price.

PANEL DISCUSSIONS

We are thrilled to host expert panels on a variety of topics in the upcoming year, including a One Year Post Roe panel in June., You do not have to be enrolled in a BADT course or training to attend, but some enrollments will include access to these sessions at a discounted price.

**PLUS, ADDITIONAL WORKSHOPS ON TOPICS LIKE DISABILITY,
PROFESSIONAL DEVELOPMENT, FAT REPRODUCTIVE HEALTH, AND MORE!**

JOIN OUR MAILING LIST FOR ANNOUNCEMENTS!

MORE FROM BADT IN 2023

Directory

At the end of 2020 we launched the BADT Directory, which is an online directory of BADT-trained and BADT-aligned birthworkers. We are excited to see the directory continue to grow in 2022, and see folks listed from all over the world who bring shared values to radical birth work.

Forms & Handouts

BADT's packages of forms and handouts provide birth and reproductive careworkers with important resources needed to support their practice. From intake forms, to educational handouts, to interactive worksheets for doulas and clients alike, we offer packages for a wide spectrum of reproductive services, from advocacy, to birth and postpartum to menstruation.

Curriculum for Childbirth Educators

This curriculum was designed for every one that is teaching childbirth education in their communities! If you are just getting started, the complete curriculum offers you confidence and support as you become a strong facilitator. If you have been teaching childbirth education, the complete curriculum will provide you with in-depth, value aligned, original written and graphic content! Slide decks, handouts, and teaching companion guide are included.