

SELF-CARE TOOLKIT IDEAS



KIMOCHIS FEELINGS PILLOWS



COPING SKILLS POSTER



GLITTER WAND OR GLITTER JAR



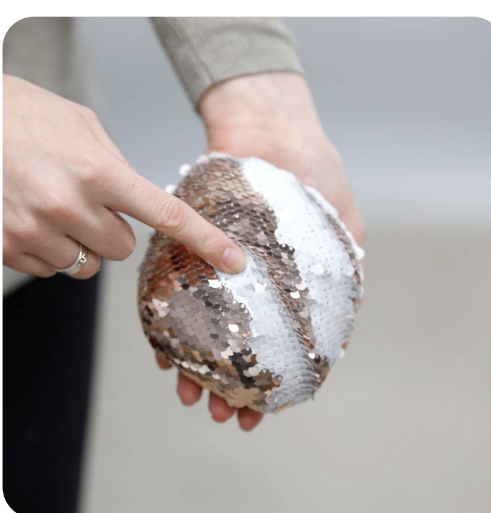
JAPANESE ZEN GARDEN



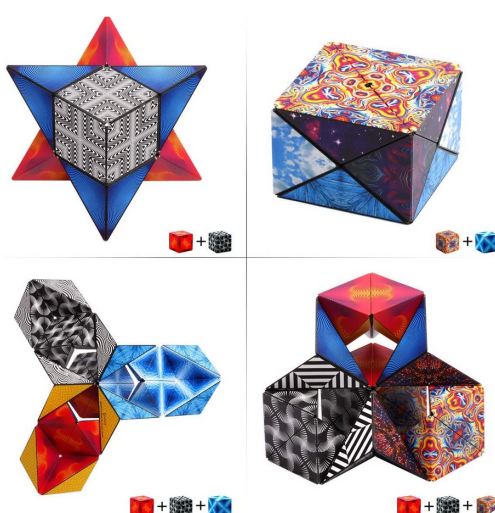
MARBLE FIDGET TOY



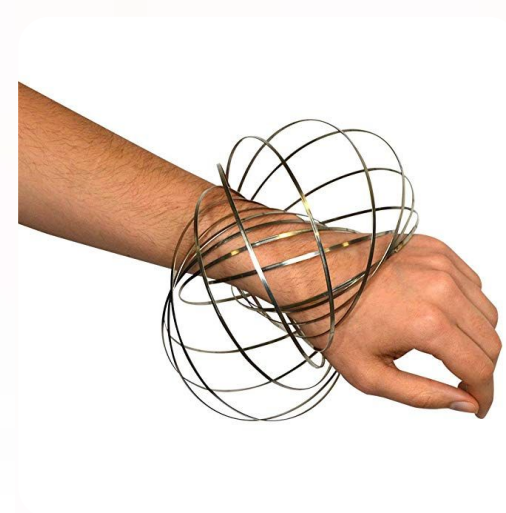
SPIKY HEDGE BALLS + STRESS BALLS



MAGIC SEQUIN FIDGET PILLOW



TRANSFORMING MAGNETIC CUBE



FLOW RING ARM



TANGLE FIDGET



KINETIC SAND



LITTLE LUMINARIES AFFIRMATION CARDS