

GRATITUDE GAME FOR THE FAMILY



One thing I LOVE ABOUT MY FAMILY is



One FRIEND I'm grateful for is



One TOY I'm grateful for is



One BOOK I'm grateful for is



One ANIMAL I'm grateful for is



One thing I LOVE ABOUT MYSELF is



One FOOD I'm grateful for is



One GAME I'm grateful for is



One thing I LOVE DOING WITH MY PARENT is



One HOLIDAY I'm grateful for is



One MOVIE or TV SHOW I'm grateful for is



One PLACE I'm grateful for is

GRATITUDE GAME FOR THE FAMILY



Have each family member pick a color. You can use candy, paper, pipe cleaners, etc. Keep it simple and find something in your home already!



Go around in a circle and have each family member answer the question that matches their color.



If kids are old enough, let them take turns being in charge and holding the question sheet.



You can always make up your own questions with your family as well!



You might even jot down some of the answers and put them up on the refrigerator.



This game is great to do before family meals.