THROMBOELASTOGRAPHY (TEG) by Nick Mark MD

General Principle

• A small cuvette is rotated to simulate sluggish venous flow and stimulate clot formation.

- The resistance to rotation due to the mass of the clot is measured, which allows the kinetics of clot formation to be assessed.
- This provides information about clot formation and breakdown, and also reflects problems with coagulation cascade and platelet function.
- This is displayed graphically as time (min) versus thromboelasticity (in mm).



Explaining the numbers

- R reaction time latency until clot formation begins as (normal 3-9 min) defined by an amplitude of 2 mm
- K K value time from the end of R until the clot reaches (normal 0.5 to 3 min) 20mm - reflects speed of initial clot formation

(normal 51-78 mm)

(normal 0-9%)

- α alpha angle the angle tangent to the curve at K
- MA maximum amplitude reflects total clot strength

• Lysis time (LY30) - % lysis after 30 min - reflects the fibrinolysis stage of clot development

TEG guided resuscitation protocols

Advantage: Results available promptly: K, R within 5 minutes, MA and α -angle within 15 minutes, and LY30 within 45 minutes.

What do do?

- Increased R time => FFP
- Decreased α angle => cryopreciptate
- Decreased MA => platelets (consider DDAVP)
- Fibrinolysis => transexamic acid (or aminocaproic acid)

