Highest mobility level achieved today

Walked more than 250 feet

JOHNS HOPKINS HIGHEST LEVEL OF MOBILITY SCORE

8. Walks >250 feet
7. Walks up to 25 feet
6. Takes 10 steps
5. Stands for > 1 min
4. Transfer to chair/commode
3. Sit/dangle at edge of bed
2. Bed activities
1. Lying in bed

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Nick Mark, MD (@nickmmark) for Swedish Health Services; download at www.onepagericu.com
Highest mobility level achieved today

Walked up to 25 feet

JOHNS HOPKINS HIGHEST LEVEL OF MOBILITY SCORE

8 Walks >250 feet
7 Walks up to 25 feet
6 Takes 10 steps
5 Stands for > 1 min
4 Transfer to chair/commode
3 Sit/dangle at edge of bed
2 Bed activities
1 Lying in bed
Highest mobility level achieved today

1. Lying in bed
2. Bed activities
3. Sit/dangle at edge of bed
4. Transfer to chair/commode
5. Stands for > 1 min
6. Takes 10 steps
7. Walks up to 25 feet
8. Walks >250 feet

Took up to 10 steps
Highest mobility level achieved today

1. Lying in bed
2. Bed activities
3. Sit/dangle at edge of bed
4. Transfer to chair/commode
5. Stands for > 1 min
6. Takes 10 steps
7. Walks up to 25 feet
8. Walks >250 feet

Stood up for more than 1 minute

JOHNS HOPKINS HIGHEST LEVEL OF MOBILITY SCORE
**Highest mobility level achieved today**

Transferred from bed to chair

### JOHNS HOPKINS HIGHEST LEVEL OF MOBILITY SCORE

<table>
<thead>
<tr>
<th>Score</th>
<th>Mobility Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>8</td>
<td>Walks &gt;250 feet</td>
</tr>
<tr>
<td>7</td>
<td>Walks up to 25 feet</td>
</tr>
<tr>
<td>6</td>
<td>Takes 10 steps</td>
</tr>
<tr>
<td>5</td>
<td>Stands for &gt;1 min</td>
</tr>
<tr>
<td>4</td>
<td>Transfer to chair/commode</td>
</tr>
<tr>
<td>3</td>
<td>Sit/dangle at edge of bed</td>
</tr>
<tr>
<td>2</td>
<td>Bed activities</td>
</tr>
<tr>
<td>1</td>
<td>Lying in bed</td>
</tr>
</tbody>
</table>
Highest mobility level achieved today

1. Lying in bed
2. Bed activities
3. Sit/dangle at edge of bed
4. Transfer to chair/commode
5. Stands for > 1 min
6. Takes 10 steps
7. Walks up to 25 feet
8. Walks >250 feet
Highest mobility level achieved today

1. Lying in bed
2. Bed activities
3. Sit/dangle at edge of bed
4. Transfer to chair/commode
5. Stands for > 1 min
6. Takes 10 steps
7. Walks up to 25 feet
8. Walks >250 feet

Rolled or transferred in bed
<table>
<thead>
<tr>
<th>Level</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Lying in bed</td>
</tr>
<tr>
<td>2</td>
<td>Bed activities</td>
</tr>
<tr>
<td>3</td>
<td>Sit/dangle at edge of bed</td>
</tr>
<tr>
<td>4</td>
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