2024 Child Welfare In-Service Training
for the Michigan Department of Health and Human Services and MDHHS-Contracted Private Agencies

Delivered by Michigan Graduate Schools of Social Work

OFFERING SOCIAL WORK CONTINUING EDUCATION CREDIT HOURS

NOW available free of charge to family preservation workers and supervisors of MDHHS-contracted private agencies!

Most trainings in this catalog are offered online!
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### Schools of Social Work

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Eastern Michigan University  
Ferris State University  
Grand Valley State University  
Madonna University  
Michigan State University  
Northern Michigan University  
Saginaw Valley State University  
Spring Arbor University  
University of Michigan  
Wayne State University  
Western Michigan University
Given the challenges of the work and the importance of the outcomes—the well-being and safety of children and families—a well-trained child welfare workforce is essential. That knowledge acquisition and skill development began in colleges and universities, was focused through pre-service training, and is continued and deepened through in-service training. We are proud to offer these courses for your consideration and participation in your ongoing professional development.

Our mission is clear and important: the schools of social work partnering to provide in-service training that aims to serve Michigan children and families by strengthening the child welfare workforce.

We value:

1. **Anti-racism.** We promote training that advances anti-racist child welfare practice and encourages respect for diversity, equity, and inclusion.
2. **Collaboration.** We value partnerships and working together with the Michigan Department of Health and Human Services (MDHHS), private agencies, and social work education programs.
3. **Quality.** We are committed to high quality, relevant, and up-to-date training topics and teaching methods.
4. **Responsiveness.** We listen to our partners and participants and value feedback to adapt to the training needs of the workforce.
5. **Accessibility.** We want our training to be readily available and affordable across the state of Michigan.

We are pleased to present this in-service training catalog—the product of this dynamic partnership between MDHHS and the 12 Michigan graduate social work programs. We appreciate the commitment and support of MDHHS Director Elizabeth Hertel and her Children’s Services Administration leadership team led by Senior Deputy Director Demetrius Starling. A special thanks to the MDHHS training team led by Dr. Stacie Gibson and including Laura Schneider and Meon Stubbs.

Each training is supported by a school of social work. Questions about individual trainings should be directed to the sponsoring school. With the support of MDHHS, we are able to offer these sessions free of charge. Each training is approved for social work continuing education credit hours. We encourage all Children’s Protective Services, foster care, adoption, residential care, and prevention services professionals and their supervisors to enroll.

Thank you for your interest and support.

Kalah M. Villagrana, PhD, MSW, MPA, Assistant Professor
Kadi M. Prout, LMSW, In-Service Project Manager
Michigan State University School of Social Work

“Child welfare isn’t rocket science. It is harder.”
—David Liederman, former director of the Child Welfare League of America

These child welfare trainings are offered FREE OF CHARGE for MDHHS child welfare and family preservation workers and supervisors and MDHHS-contracted private agencies’ child welfare and family preservation workers and supervisors on a FIRST COME, FIRST SERVE BASIS.

**REGISTRATION** for each training will close once the 35-person capacity has been reached.

If you register and know in advance you cannot attend, you must contact the university so your slot can be offered to another individual.

This Child Welfare In-Service Training initiative was made possible through a grant from the Michigan Department of Health and Human Services.
1 As a child welfare worker or supervisor, how many in-service training hours do I need to complete? All public and private child welfare staff are required to complete 32 hours of in-service training each calendar year (January through December). This includes caseload carrying and other child welfare staff with specialized and supportive positions to CPS, foster care, and adoption. Additionally, child welfare supervisors are required to obtain 16 hours of in-service training each fiscal year.

2 How do I record these in-service training hours to show that I am meeting this requirement? Add the training to the Michigan Department of Health and Human Services (MDHHS) Learning Management System (LMS) as external training. Your supervisor will receive an email to approve it to be added to your transcript.

3 I see that each training in this catalog has a curriculum reference. What does this mean? Child welfare and family preservation workers have the opportunity to attend training each year that is based upon a curriculum developed in partnership with the MDHHS Office of Workforce Development and Training and the workforce. Workers should have the opportunity to sit down with their supervisors regularly to assess which trainings would be most beneficial and most relevant to their caseloads so that training progress is pre-planned and helps each worker advance professionally. The LMS website includes a tool called “Create Employee Training Plan CWTI” that can assist with this effort.

4 Do I register to attend the training with the university that is hosting the training or through the MDHHS Learning Management System (LMS)? In order to register to attend a training, you should follow the registration instructions found in this catalog. In order to record your in-service training hours with the MDHHS Office of Workforce Development and Training, please follow the directions found in FAQ 2.

5 Is it true, I can attend any in-service training listed in this catalog for FREE?!! Yes! The child welfare in-service trainings provided through this collaborative effort are FREE OF CHARGE for child welfare and family preservation workers and supervisors—both MDHHS and contracted private agencies—on a first come, first serve basis. These trainings are eligible for social work continuing education credit hours, too! Happy training!

6 Are there any expectations around participation in these training events? Yes! In-service training is an opportunity to gain knowledge and develop your skills in areas that are relevant to your casework practice and professional growth. As such, it is important to ensure you have the time carved out on your schedule to be fully present at training. We know this is a challenge in your roles, and there are many competing priorities for your time and attention in most effectively serving families, and ask that you think of your time in training as having a positive impact on the families you work with. When you attend live synchronous or virtual trainings, please ensure you have your camera on when feasible to do so, you are prepared to engage with the content and trainers, and actively participate as it will enhance your experience overall. Your learning is the most important use of your time while attending training!

In addition to the in-person training listed in this catalog, webinars are offered through several universities. See pages 23-27.
Suicide Awareness, Prevention, and Response

**Curriculum:** Mental and behavioral health: Suicide prevention and how to coach foster parents on prevention strategies

**Date/time:** Friday, May 17, 2024 • 9:00 AM – 12:15 PM (ET)

**Location:** Live synchronous training via Zoom

**Social Work CECHs:** 3 hours • Approval pending

**Cost:** Free to all MDHHS and private agency child welfare workers: $15 for students; $45 all others

**Presenter:** Dustin Young, DSW, LCSW, MSW

**Intermediate skill level**

**Target audience:**
- Children's Protective Services Workers
- Foster Care Workers
- Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:
- Increase understanding of the global scope and impact of suicide.
- Identify risk factors and warning signs.
- Facilitate a conversation concerning the suicide risk factors and connecting with community resources.
- Have an increased awareness of community resources available.

**Description:** This training aims to support those who may serve individuals, families, and communities struggling with increased distress and are vulnerable to suicide. This training will not only consider how to identify risk factors and warning signs, facilitating conversations about safety and resourcing, but also what to do should you struggle with your own mental health and safety. Participants will review common risk factors and conversational techniques to assist with seeking safe resources and identifying local and national resources. This training will not equip you to be a crisis mental health responder or mental health expert. This training will utilize role playing, exercises, small and large group discussion, and visual displays.

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Bring the Light: Substance Use Disorders

**Curriculum:** Substance abuse: Sharpening assessment skills, how to recognize signs/symptoms, when to make a referral for SUD services; providing support to families struggling with addiction; how to advocate for families and services to facilitate recovery

**Date/time:** Friday, July 19, 2024 • 9:00 AM – 12:15 PM (ET)

**Location:** Live synchronous training via Zoom

**Social Work CECHs:** 3 hours • Approval pending

**Cost:** Free to all MDHHS and private agency child welfare workers: $15 for students; $45 all others

**Presenter:** Samantha Kling, LMSW, CAADC

**Beginning skill level**

**Target audience:**
- Children's Protective Services Workers
- Foster Care Workers
- Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:
- Implement validated screening tools for SUD and understand warning signs and risk factors for substance use.
- Understand the impact of stigma, trauma, and the social determinants of health on substance use and recovery.
- Increase collaboration with other disciplines to facilitate access to substance use treatment.

**Description:** The overuse of substances impacts all people across gender, age, and socioeconomic status. Over 100,000 Americans suffered a substance use overdose in the last year, and any professional able to refer or support someone in crisis with substance use can have an impact. In order to connect people in need with treatment to improve function and quality of life, a better understanding of substance use disorder, intoxication, and withdrawal is crucial. This training will focus on understanding substance use warning signs, symptoms, and community resources that can support struggling families in Southwest Michigan and implementing support without stigma. This training will utilize role playing, exercises, large group discussion, and visual displays.

**How to register:** Go to www.andrews.edu/cas/socialwork/continuing and click on the link provided.

**Contact:** Panankosi Mbunjwa Email: panambunjwa@yahoo.com Phone: 808-987-8119
**Website:** www.andrews.edu/socialwork/continuing; click on the link provided
Using the Screening, Brief Intervention, and Referral to Treatment (SBIRT) Model in Child Welfare

Curriculum: Preservation: Using evidence-based services in the home (motivational interviewing, multisystemic therapy, parent-child interaction therapy, etc.)

Date/time: **Friday, March 15, 2024** • 9:00 AM – 12:15 PM (ET)
Location: **Live synchronous training via Zoom**
Social Work CECHs: 3 hours • Approval #MICEC-0031
Cost: Free to all MDHHS and private agency child welfare workers; $50 all others
Presenter: **Hailee Lauritzen DHSc, MSW, LSW**

Intermediate skill level

Target audience: ✗ Family Preservation Workers
✓ Children’s Protective Services Workers

Training objectives: As a result of this training, participants will be prepared to:
- Articulate the rationale behind SBIRT and the role that substance abuse prevention plays in child welfare.
- Demonstrate best practices in the implementation of a brief interview using motivational interviewing.
- Identify principles for dealing with resistance in clients and how the use of motivational interviewing can help break the barrier of ambivalence.
- Recognize the importance of diversity, equity and inclusion (DEI) in the brief intervention process.

Description: SBIRT is an evidence-based, comprehensive screening and intervention approach to deliver early intervention and quickly identify the level of risk for substance use. This prevention effort is intended to provide brief intervention that focuses on increasing insight and awareness regarding substance use and motivation toward behavioral change. The use of motivational interviewing is an evidence-based approach to working with clients who are ambivalent about change. Clients in child welfare settings can often be resistant to change and require partnerships between them and child welfare workers. This training will help child welfare workers understand the benefits of the SBIRT model, use of a brief intervention using motivational interviewing, and use of those skills to help motivate change in resistive clients. This training will utilize role playing, exercises, small and large group discussion, and visual displays.

Addiction 101: What I Should Know About Substance Use

Curriculum: Substance abuse: Sharpening assessment skills, how to recognize signs/symptoms, when to make a referral for SUD services

Date/time: **Tuesday, April 9, 2024** • 9:00 AM – 12:15 PM (ET)
Location: **Live synchronous training via Zoom**
Social Work CECHs: 3 hours • Approval #MICEC-0031
Cost: Free to all MDHHS and private agency child welfare workers; $50 all others
Presenter: **Kristal Reyes, LMSW, MPH, CAADC, CCS**

Beginning skill level

Target audience: ✗ Family Preservation Workers
 ✓ Children’s Protective Services Workers
 ✓ Foster Care Workers
 ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:
- Define and understand the biopsychosocial aspects of addiction and how to provide a brief assessment.
- Identify common signs and symptoms of addiction in individuals and understand how the disease of addiction manifests itself in the lives of children and families.
- Understand how to initiate conversations about addiction and recovery services, provide support, and identify resources for families that have been touched by addiction.

Description: This training uses lectures, interactive discussions, and practical case studies to educate participants on the history of drugs, addiction, and the racial disparities that exist in our community. Additionally, this training will discuss SBIRT, an early intervention process that provides practical skills for addressing addiction within the scope of working with children and families. Participants will gain an understanding of the effects of each substance and will be given the opportunity to apply this knowledge to real-life practical cases involving children and families. Along with gaining insight into the disease of addiction, the crucial role that we play in access to treatment and the racial disparities that exist will be emphasized. This training will utilize exercises, small and large group discussion, and visual displays.

How to register: **March 15: Using the SBIRT Model:** https://forms.gle/YRdpvdBZYSf5jrbdA
**April 9: Addiction 101:** https://forms.gle/jW2VkJW8798x95r39

Phone: 734-487-4429 Email: emu_socialworkce@emich.edu
STOP, LOOK, and LISTEN...Knowing (and Re-knowing) Yourself

Curriculum: Antiracism: Theory and/or practice (whether political or personal) that seeks to challenge, reduce, or eliminate manifestations of racism in society

Date/time: Wednesday, March 13, 2024 • Program 8:45 AM – 12:00 PM (ET)
Location: GVSU Pew Campus, 201 Front Avenue SW, Grand Rapids, MI 49504
Social Work CECHs: 3 hours • Approval #MICEC-0004
Cost: Free to all MDHHS and private agency child welfare workers; $49 all others
Presenter: Lois S. Owens, MSW

Training objectives: As a result of this training, participants will be prepared to:
• Recognize that we are all biased, consciously and unconsciously.
• Explain how poverty of the mind may be more damaging than poverty of the pocket.
• Understand how systemic discrimination is matched by systemic privilege, which results in suppression of knowledge about systemic oppression and its impact on human behavior.

Description: Through awareness, interaction, and reflection, participants will learn to assess, shape, and gather information about self and others that will lead to ensuring an empathetic and understanding workplace. Participants will engage in interactive exercises and discussion employing anti-racism and implicit bias systems in order to gain greater understanding of self and others. Such training is directed toward better and more effective employees. This training will cover forms of bias and micro-aggressions that can assist employees to recognize and understand that biases may lead to poor decision-making in the workplace or when engaging with clients. Research confirms that everyone has unconscious biases, which if left unchecked, can lead to unfair or discriminatory behavior with negative consequences for others. This training requires a “willingness to cross the border from what we know to what we need to know, and to open ourselves to the limitations of our own perspectives and the need for those of others.” This training will utilize exercises, small and large group discussion, and visual displays.

How to register: Visit www.gvsu.edu/swce
Contact: Lauren Fodor
Phone: 616-331-7180 Email: learn@gvsu.edu

Seeing Systems Through a Native American Lens

Curriculum: Cultural humility/cultural competence: Cross-cultural knowledge

Date/time: Friday, May 10, 2024 • Program 8:45 AM – 12:00 PM (ET)
Location: GVSU Pew Campus, 201 Front Avenue SW, Grand Rapids, MI 49504
Social Work CECHs: 3 hours • Approval #MICEC-0004
Cost: Free to all MDHHS and private agency child welfare workers; $49 all others
Presenter: Jonathan Rinehart, LMSW, CTRP-C, ADS

Training objectives: As a result of this training, participants will be prepared to:
• Identify at least one historical policy that may have led Native Americans to mistrust systems.
• Identify three culturally informed strategies to build a therapeutic alliance.
• Understand how empathy can help bridge the gap between agents working for systems and advocates for clients.

Description: Native Americans historically have not had positive experiences with systems. Working with Natives effectively requires leveraging empathy to build relationships with Native American individuals, families, and communities. In this training, participants will become aware of historical policies that may have led Native Americans to mistrust systems. Awareness is the first step to increasing empathy. Empathy will empower participants by bridging the gap between agents working for systems and advocates for clients. This training will utilize small and large group discussion and visual displays.

How to register: Visit www.gvsu.edu/swce
Contact: Lauren Fodor
Phone: 616-331-7180 Email: learn@gvsu.edu
Understanding and Supporting Grandparents as Caregivers

**Curriculum:** Placement: Relatives/grandparents as caregivers

**Date/time:** **Friday, April 26, 2024** • 9:00 AM – 12:15 PM (ET)

**Location:** Live synchronous training via Zoom

**Social Work CECHs:** 3 hours • Approval pending

**Cost:** Free to all MDHHS and private agency child welfare workers; $45 all others

**Presenter:** **Irena J. Glover, PhD, LMSW**

**Beginning, intermediate, and advanced skill levels**

**Target audience:**
- Family Preservation Workers
- Children’s Protective Services Workers
- Foster Care Workers
- Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:
- Discuss the unique challenges associated with grandparents serving as caregivers.
- Explore the multi-dimensional needs of grandparent caregivers.
- Identify practical strategies to support both youth and grandparents.

**Description:** Grandparents serving as caregivers for their grandchildren encounter various challenges related to their emotional and physical health as well as their financial and social status. While many voluntarily assume the role to prevent their grandchildren from going into foster homes, it still takes a toll on a time in their lives when they thought they were done with childrearing. This training will explore the challenges caregiving grandparents face and ways that can support them in their new role. This training will utilize exercises, small and large group discussion, and visual displays.

Evidence Informed Practices in Permanency Planning

**Curriculum:** Permanency: Assessment of a pre-adoptive family for permanence

**Date/time:** **Thursday, May 16, 2024** • 9:00 AM – 12:15 PM (ET)

**Location:** Live synchronous training via Zoom

**Social Work CECHs:** 3 hours • Approval pending

**Cost:** Free to all MDHHS and private agency child welfare workers; $45 all others

**Presenter:** **Janice King, LMSW**

**Beginning and intermediate skill levels**

**Target audience:**
- Family Preservation Workers
- Children’s Protective Services Workers
- Foster Care Workers
- Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:
- Discuss effective assessment of pre-adoptive families.
- Explore the challenges within the child welfare system and society at large in permanency.
- Address the issues of children exposed to harm and trauma entering permanency.

**Description:** This is the first of two trainings dedicated to permanency. This training will explore the current literature and evidence-informed practices for permanency planning. In addition, we will review assessment approaches that support families in the pre-adoptive experience. We will explore the impact of trauma on children and youth who are transitioning to permanency. This training will utilize small and large group discussion and visual displays.
Understanding Cultural Humility

**Curriculum:** Cultural humility/cultural competence: Understanding one’s personal values and beliefs and their relationship to cultural identity and practice

**Date/time:** Wednesday, June 12, 2024 • 9:00 AM – 12:15 PM (ET)

**Location:** Live synchronous training via Zoom

**Social Work CECHs:** 3 hours • Approval pending

**Cost:** Free to all MDHHS and private agency child welfare workers; $45 all others

**Presenter:** Irena J. Glover, PhD, LMSW

**Intermediate skill level**

**Target audience:**
- Family Preservation Workers
- Children’s Protective Services Workers
- Foster Care Workers
- Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:
- Examine differences between cultural diversity, cultural competence, and cultural humility.
- Discuss the principles of cultural humility.
- Explore ways to engage children and families in learning about their cultural heritage.

**Description:** Practice has shifted from the idea of cultural diversity and cultural competence to a more inclusive framework of cultural humility. This framework is integral in acknowledging and appreciating cultural differences. Through this training, attendees will gain an understanding of the principles of cultural humility, how it differs from previous models, and how it can be used in working with children and families through child welfare service delivery. This training will utilize small group discussion and visual displays.

Challenges and Opportunities in Maintaining Post-adoption Placements

**Curriculum:** Permanency: Post-adopt services and strategies for avoiding disruption and dissolution

**Date/time:** Thursday, June 13, 2024 • 9:00 AM – 12:15 PM (ET)

**Location:** Live synchronous training via Zoom

**Social Work CECHs:** 3 hours • Approval pending

**Cost:** Free to all MDHHS and private agency child welfare workers; $45 all others

**Presenter:** Janice King, LMSW

**Beginning and intermediate skill levels**

**Target audience:**
- Family Preservation Workers
- Children’s Protective Services Workers
- Foster Care Workers
- Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:
- Discuss challenges inherent in permanency/post-adoption services.
- Explore opportunities to facilitate successful post-adoption placements.
- Address services to support all members of the adoptive family.

**Description:** This is the second of two trainings dedicated to permanency. We will discuss challenges in maintaining permanency and post-adopt services and strategies that support permanency. Opportunities that facilitate successful post-adoption placements will be explored as well as services that support all members of the adoptive family. This training will utilize small and large group discussion and visual displays.
Understanding Loss Experienced by Youth in Foster Care

**Curriculum:** Trauma and crisis management: Trauma, grief, and loss

**Date/time:** Friday, July 17, 2024 • 9:00 AM – 12:15 PM (ET)

**Location:** Live synchronous training via Zoom

**Social Work CECHs:** 3 hours • Approval pending

**Cost:** Free to all MDHHS and private agency child welfare workers; $45 all others

**Presenter:** Irena J. Glover, PhD, LMSW

**Target audience:**
- Family Preservation Workers
- Children’s Protective Services Workers
- Foster Care Workers
- Adoption Workers

**Beginning, intermediate, and advanced skill levels**

**Training objectives:** As a result of this training, participants will be prepared to:
- Define ambiguous loss, symbolic loss, and disenfranchised grief.
- Explore ways in which youth experience loss, grief, and trauma in foster care.
- Understand the psychological and emotional impact of non-death loss.
- Identify strategies to acknowledge and support youth experiencing non-death loss.

**Description:** The losses children and youth in foster care experience is varied and multi-faceted. Loss of family, friends, schools, homes, and what they have come to know as normal present unique challenges for them and for those who work with and support them. This training will explore those non-death losses and the impact on their psychological and emotional well-being. Different types of grief and loss will also be explored and how to distinguish them from losses caused by death. Strategies to support youth who experience loss will be explored. This training will utilize exercises, small and large group discussion, and visual displays.

**How to register:**
- April 26: Understanding and Supporting Grandparents as Caregivers
- June 12: Understanding Cultural Humility
  [https://www.eventbrite.com/e/understanding-cultural-humility-tickets-793966273497](https://www.eventbrite.com/e/understanding-cultural-humility-tickets-793966273497)
- June 13: Challenges and Opportunities in Maintaining Post-adoption Placements
- July 17: Understanding Loss Experienced by Youth in Foster Care

**Contact:** Irena Glover

**Email:** iglover@madonna.edu
Understanding Stress and Trauma: The Brain–Body Connection

**Curriculum:** Trauma and crisis management

**Date/time:** Thursday, March 7, 2024 • Program 9:00 AM – 12:15 PM (ET)

**Location:** Live synchronous training via Zoom

**Social Work CECHs:** 3 hours • Approval #MICEC-0001

**Cost:** Free to all MDHHS and private agency child welfare workers; all others check online for pricing

**Presenter:** Ginny Witte, PhD

**Beginning skill level**

**Target audience:**
- Family Preservation Workers
- Children’s Protective Services Workers
- Foster Care Workers
- Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:
- Explain the stress response and why it is not trauma.
- Explain what learned helplessness is and how to overcome it.
- Explain stresses that may be experienced by individuals of differing cultures, backgrounds, genders, abilities, and age.

**Description:** Have you ever wondered what is happening in the body when you are under stress or have stored trauma? Join us to follow the physiological and biological journey through our nervous system to learn how to use the stress response to power you or your students forward instead of being left in an anxiety-ridden panic state. This process begins with the startle response, but it can end with empowerment and strength. Join us to learn how we and our students can travel the path to strength and use the stress response to accomplish our goals in life. We will review—but attendees should have some understanding of—the three basic states of the nervous system. This training will utilize large group discussion and visual displays.

Secondary Trauma and Self-care

**Curriculum:** Secondary trauma

**Date/time:** Wednesday, April 3, 2024 • Program 10:00 AM – 12:00 PM (ET)

**Location:** Live synchronous training via Zoom

**Social Work CECHs:** 2 hours • Approval #MICEC-0001

**Cost:** Free to all MDHHS and private agency child welfare workers; all others check online for pricing

**Presenter:** Amanda Dubey-Zerka, LMSW

**Beginning skill level**

**Target audience:**
- Family Preservation Workers
- Children’s Protective Services Workers
- Foster Care Workers
- Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:
- Identify the effects of trauma exposure for clients and helping professionals.
- Apply concrete mindfulness strategies to support healing of the brain, mind, and body, which promotes a sense of well-being.
- Describe various intervention models that support mindfulness and resilience.

**Description:** Secondary traumatic stress occurs because of exposure to the traumatic experiences of others. Professionals and other caregivers who are exposed to secondary traumatic stress can develop symptoms similar to post-traumatic stress disorder. This exposure results in adverse effects on the mind, brain, and body. In this training, you will learn about these adverse effects from a physical and emotional perspective. You will discuss concrete intervention models and strategies that promote reduced anxiety and a sense of well-being for both the client and the helper. You will also learn mindfulness techniques and the importance of self-compassion. This training will utilize small and large group discussion and visual displays.
**Relationships and Health Equity**

**Curriculum:** Cultural humility/cultural competence

**Date/time:** Thursday, April 4, 2024 • Program 9:00 AM – 12:15 PM (ET)

**Location:** Live synchronous training via Zoom

**Social Work CECHs:** 3 hours • Approval #MICEC-0001

**Cost:** Free to all MDHHS and private agency child welfare workers; all others check online for pricing

**Presenter:** Vanessa Fry, MPH

**Training objectives:**
- Understand the importance of relationships in our spaces and places.
- Describe factors that support and hinder relationship building.
- Utilize trust building inventory to assess areas of success and growth in current relationships.

**Description:**

Relationships are crucial to our health and well-being. In this training, participants will explore relationships and why they are important in our equity work. Participants will have the opportunity to reflect on what supports and hinders relationships and relationship building. Additionally, participants will explore the concept of trust and how to increase trust in current and future relationships. This training will utilize exercises, small and large group discussion, and visual displays.

**Human Trafficking for Child Welfare Professionals**

**Curriculum:** Trauma and crisis management

**Date/time:** Thursday, April 18, 2024 • Program 9:00 AM – 12:15 PM (ET)

**Location:** Live synchronous training via Zoom

**Social Work CECHs:** 3 hours • Approval #MICEC-0001

**Cost:** Free to all MDHHS and private agency child welfare workers; all others check online for pricing

**Presenter:** Elizabeth Campbell, JD

**Target audience:** Family Preservation Workers, Children’s Protective Services Workers, Foster Care Workers, Adoption Workers

**Training objectives:**
- Define human trafficking and deconstruct myths regarding human trafficking.
- Assess for human trafficking and better understand risk factors for youth.
- Identify Michigan laws as well as MDHHS policy and procedures related to child victims of trafficking.
- Connect youth with important resources and understand legal remedies.

**Description:**

Human trafficking involves exploiting an individual to obtain labor or services, often through the use of force, fraud, or coercion. In this training, you will learn precisely what human trafficking is (and what it is not) and how to identify it. In particular, you will learn how human trafficking impacts youth as well as specific considerations when working with minors who have experienced exploitation. The discussion will include how to assess for human trafficking, MDHHS policies and procedures regarding child victims of human trafficking, specific Michigan laws related to trafficking of minors, and important immigration considerations. This training will utilize small and large group discussion and visual displays.
Accepting and Affirming the LGBTQ+ Community

**Curriculum:** Cultural humility/cultural competence

**Date/time:** Thursday, May 9, 2024 • Program 9:00 AM – 12:15 PM (ET)
**Location:** Live synchronous training via Zoom
**Social Work CECHs:** 3 hours • Approval #MICEC-0001
**Cost:** Free to all MDHHS and private agency child welfare workers; all others check online for pricing
**Presenter:** Vanessa Fry, MPH

**Intermediate skill level**

**Target audience:**
- Family Preservation Workers
- Children’s Protective Services Workers
- Foster Care Workers
- Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:
- Review foundational terminology related to the LGBTQ+ population.
- Identify importance of acceptance of the LGBTQ+ community.
- Develop strategies and skills to provide affirming care to LGBTQ+ clients.

**Description:** This training will go beyond LGBTQ+ terminology and will discuss accepting and affirming LGBTQ+ individuals. Reflection, dialogue, and interactive activities will be used to explore what it looks like to be a supportive person to the LGBTQ+ community. Participants will gain skills on how to be accepting and affirming in their work spaces and explore why this is important. This training will utilize exercises, small and large group discussion, and visual displays.

Racial Equity in the Workplace

**Curriculum:** Anti-racism

**Date/time:** Thursday, May 16, 2024 • Program 9:00 AM – 12:15 PM (ET)
**Location:** Live synchronous training via Zoom
**Social Work CECHs:** 3 hours • Approval #MICEC-0001
**Cost:** Free to all MDHHS and private agency child welfare workers; all others check online for pricing
**Presenter:** Gary T. Taylor, LCSW, MSW

**Intermediate skill level**

**Target audience:**
- Family Preservation Workers
- Children’s Protective Services Workers
- Foster Care Workers
- Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:
- Define anti-blackness and its impact in the workplace.
- Gain a better understanding of the black experience in America and how it impacts work performance.
- Create a starting point to equity initiatives in the workplace and practice cultural humility.

**Description:** This training will offer a comprehensive exploration of racial equity within the workplace, providing participants with the knowledge and tools necessary to foster an inclusive and equitable environment. Through a combination of interactive discussions, case studies, and practical exercises, participants will gain a deep understanding of the impact of racial disparities and systemic racism on individuals and organizations. This training will utilize large group discussion and visual displays.
Placing a Child Transracially

**Curriculum:** Cultural humility/cultural competence

**Date/time:** Monday, June 17, 2024 • Program 12:00 PM – 3:15 PM (ET)

**Location:** Live synchronous training via Zoom

**Social Work CECHs:** 3 hours • Approval #MICEC-0001

**Cost:** Free to all MDHHS and private agency child welfare workers; all others check online for pricing

**Presenter:** Kelley Hollie, MSW

**Training objectives:** As a result of this training, participants will be prepared to:

- Recognize and articulate an understanding of what a transracial placement is.
- Explore various strategies to support and inform clients on issues related to transracial adoption.
- Identify resources to support additional learning for themselves and their clients.

**Description:** In this training, participants will explore why transracial placements are sometimes necessary and things adoptive families or foster families should be aware of in respect to race and culture. Participants will be given tips and strategies to better support families navigating a transracial placement. Participants will also be connected with resources to support their learning and the learning of their clients. This training will utilize large group discussion and visual displays.

**How to register for online training:** https://www.eventbrite.com/o/msu-school-of-social-work-44929438833

**Contact:** Gina Tremonti Gembel, MSW

**Phone:** 517-353-3060

**Email:** swkce@msu.edu

Michigan State University School of Social Work, an accredited social work education program, is authorized by the Michigan Licensure Law Administrative Rule 338.2965 to award Michigan social work continuing education contact hours. We are also an approved Michigan Social Work Continuing Education Collaborative Provider (provider #0001) for all programs through August 2024, renewed annually.
Skill Building: Working with Trauma, Grief, and Loss with Children and Families

Curriculum: Trauma and crisis management

Date/time: Thursday, April 25, 2024 • Program 10:00 AM – 1:15 PM (ET)
Location: Live synchronous training via Zoom
Social Work CECHs: 3 hours • Approval #MICEC-0044
Cost: Free to all MDHHS and private agency child welfare workers; free for students; $40 all others
Presenters: Caroline Cheng, PhD, MSW
Traci Baxendale Ball, LMSW, CAADC

Beginning skill level

Training objectives: As a result of this training, participants will be prepared to:

• Identify and assess the needs of children and families who have experienced grief, loss, and trauma.
• Utilize effective interventions and strategies for working with children and families who have experienced grief, loss, and trauma.
• Develop skills in creating a supportive and trauma-informed environment for children and families.

Description: This training is designed to provide child welfare workers and social workers with the tools and strategies needed to work with children and families who have experienced trauma, grief, and loss. Through this training, participants will gain a better understanding of the impacts of grief and loss on the populations they serve and learn how to incorporate support services and interventions into their work with families who experienced ongoing trauma in life. More importantly, participants will advocate for a trauma-informed care approach in their workplace to better serve the people in their agencies and communities. This training will utilize exercises, small and large group discussion, and visual displays.

Staff Retention: Burnout Prevention and Stress Management

Curriculum: Secondary trauma

Date/time: Thursday, September 12, 2024
Program 10:00 AM – 1:15 PM (ET)
Location: Live synchronous training via Zoom
Social Work CECHs: 3 hours • Approval #MICEC-0044
Cost: Free to all MDHHS and private agency child welfare workers; free for students; $40 all others
Presenters: Caroline Cheng, PhD, MSW; Vikash Kumar, PhD, MSW

Intermediate skill level

Training objectives: As a result of this training, participants will be prepared to:

• Define burnout and stress and recognize the common signs and symptoms of these conditions in themselves and colleagues.
• Identify their personal strengths and resources that can help them cope with stress and maintain resilience. They will practice a variety of self-care strategies such as mindfulness and relaxation techniques.
• Understand the impact of organizational culture and policies on staff retention and burnout. Also, they will be able to develop strategies for advocating for organizational changes that promote staff retention such as increased supervision, flexible work arrangements, and employee recognition programs.

Description: This training is designed to equip social workers with the knowledge, skills, and strategies they need to prevent and manage burnout and stress, enhance their personal resilience, and promote a more supportive and positive work environment. Participants will be able to recognize the signs, symptoms, and contributing factors of burnout and stress. In addition, participants will have the opportunity to build self-awareness, develop effective coping mechanisms, and practice self-care strategies. Lastly, participants will engage in identifying organizational practices that contribute to burnout and stress, developing strategies for advocating for positive change, and promoting staff retention. This training will utilize exercises, small and large group discussion, and visual displays.

How to register: https://nmu.edu/continuingeducation/education
Contact: Megan Nowicki
Email: mewales@nmu.edu
Navigating the Education System with Children Who Have Experienced Trauma

**Curriculum:** Education: Navigating the education system with children who have experienced trauma

**Date/time:** Monday, May 20, 2024 • Program 8:30 AM – 11:45 AM (ET)
**Location:** SVSU Campus, room # issued to registrants
**Social Work CECHs:** 3 hours • Approval pending
**Cost:** Free to all MDHHS and private agency child welfare workers

**Presenter:** Kathleen Woehrle, PhD, LMSW

**Intermediate skill level**

**Target audience:**
- Family Preservation Workers
- Children’s Protective Services Workers
- Foster Care Workers
- Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:
- Recognize differences among and patterns within trauma experiences (i.e., trauma, repeated trauma, transgenerational and institutional trauma) of children.
- Study evidence of trauma in the mind-body connection: neuroscience studies of trauma impact on the developmental patterns of attachment and self-regulation.
- Recognize signs and symptoms of trauma impact in the K-12 classroom and implement strategies to address them.

**Description:** This training will begin with an orientation to trauma, focused on the trauma experience rather than the abuse or neglect that was a catalyst. Research will be presented that describes differences among and patterns within trauma experiences, including trauma, repeated trauma, transgenerational and institutional trauma. Participants will reflect on their observations of trauma in a small group activity. Looking specifically at the neuroscience, we will consider how trauma alters typical brain and nervous system development, impeding skills of attachment and self-regulation. In small groups, participants will consider the implications of this effect on a child’s readiness to learn. Given these findings, we will then consider the implications for the school experience as trauma impacts a child’s school performance, including learning, academic achievement, identity, and social skills. We will conclude with a case study and large group report out of strategies to ameliorate these impacts and support resilience. This training will utilize role playing, small and large group discussion, and visual displays.

Embracing Cultural Humility in Practice

**Curriculum:** Cultural humility/cultural competence: Cross-cultural knowledge; understanding one’s personal values and beliefs and their relationship to cultural identity and practice

**Date/time:** Tuesday, August 13, 2024 • Program 9:00 AM – 12:15 PM (ET)
**Location:** SVSU Campus, room # issued to registrants
**Social Work CECHs:** 3 hours • Approval pending
**Cost:** Free to all MDHHS and private agency child welfare workers

**Presenter:** Ashley Sanders, EdD, LMSW

**Beginning skill level**

**Target audience:**
- Family Preservation Workers
- Children’s Protective Services Workers
- Foster Care Workers
- Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:
- Describe the concept of cultural humility.
- Explore the relevance of cultural humility in practice.
- Explore practical strategies for the application of cultural humility in practice.

**Description:** In an increasingly diverse world, practitioners in health and human services play a vital role in addressing the needs of individuals and communities from various cultural backgrounds. This training is designed to empower social workers with the knowledge, skills, and attitudes necessary to navigate the complex dynamics of cultural diversity. By fostering cultural humility, participants will learn to provide more effective, ethical, and client-centered services while promoting inclusivity and respectful teamwork. This training will utilize exercises, small and large group discussion, and visual displays.

**How to register:** Email Diane Knights at djknight@svsu.edu with training title, your name, email address, and license number if you want to receive CEs.
Understanding Their Trauma and How to Mitigate the Impact of Removal and Placement in Children’s Services

**Curriculum:** Trauma and crisis management: Effects of abuse and neglect on children; minimizing trauma for children during the removal and placement process; trauma, grief, and loss

**Date/time:** Friday, April 26, 2024 • Program 9:00 AM – 12:15 PM (ET)
**Location:** Live synchronous training via Zoom
**Social Work CECHs:** 3 hours • Approval pending
**Cost:** Free to all MDHHS and private agency child welfare workers; $65 all others
**Presenter:** Jennifer Wolfe, MSW, LISW-S

**Intermediate skill level**

- Family Preservation Workers
- Children’s Protective Services Workers
- Foster Care Workers
- Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:
- Understand the effects of abuse and neglect on children’s mental, emotional, and physical well-being.
- Implement ways to minimize trauma for children during the child welfare removal and placement process.
- Understand the connection between trauma, grief, and loss as it relates to attachment.

**Description:** This training will build upon foundational knowledge of trauma-informed care, including the Adverse Childhood Experiences study. Participants will learn specific ways that trauma affects the brain while it is still growing. Attachment theory will be utilized to illustrate and illuminate the impact of trauma. The connection between trauma, grief, and loss will be shared. Attendees will learn ways to minimize the trauma of removing a child from their home as well as during the placement process. This training will utilize exercises and small and large group discussions.

From Infancy to Adulthood: How Early Relationships Impact Mental and Emotional Health

**Curriculum:** Mental and behavioral health: Infant mental health—importance of bonding/attachment; suicide prevention and how to coach foster parents on prevention strategies; understanding emotional and mental health concerns of youth

**Date/time:** Wednesday, May 1, 2024 • Program 9:00 AM – 12:15 PM (ET)
**Location:** Live synchronous training via Zoom
**Social Work CECHs:** 3 hours • Approval pending
**Cost:** Free to all MDHHS and private agency child welfare workers; $65 all others
**Presenter:** Rebecca Rozema, LMSW-Clinical (MI), LCSW (GA), LICSW (MN)

**Beginning skill level**

- Family Preservation Workers
- Children’s Protective Services Workers
- Foster Care Workers
- Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:
- Describe long-term impacts of secure and insecure infant attachment cycles.
- Identify three emotional and mental health needs of youth.
- Verbalize two suicide prevention strategies.

**Description:** In the area of child welfare, youth who are being served often have significant mental health and behavioral difficulties that can be overwhelming for the youth and the families caring for them. At times, these difficulties may lead youth to have thoughts of suicide. Understanding these difficulties, potential causes, and support options can help families be successful. This training is meant to help workers understand how early attachment patterns can impact individuals throughout their lifetime, recognize the emotional and mental health needs of youth, and identify suicide risk factors. Prevention strategies and treatment options will also be explored. This training will include hands-on activities and exercises that help the worker to understand concepts being taught and will utilize small and large group discussion.
Transforming Trauma: Strategies for Family Resilience

**Curriculum:** Mental and behavioral health: Understanding emotional and mental health concerns of youth; working with parents coping with mental illness

**Date/time:** Monday, August 12, 2024 • Program 9:00 AM – 12:15 PM (ET)

**Location:** Live synchronous training via Zoom

**Social Work CECHs:** 3 hours • Approval pending

**Cost:** Free to all MDHHS and private agency child welfare workers; $65 all others

**Presenter:** Tracy Boatman, LMSW, CCTP

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<tr>
<th>Beginning skill level</th>
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<td>• Family Preservation Workers</td>
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**Training objectives:** As a result of this training, participants will be prepared to:
- Assess the unique needs of youth in care and develop strategies for early intervention and support.
- Understand the challenges that parents with mental illness face within the child welfare system.
- Foster a supportive and empowering environment that encourages resilience and positive outcomes for vulnerable populations in Children’s Protective Services (CPS) and foster care.

**Description:** This comprehensive training is designed for child welfare staff, equipping them with essential knowledge and skills to effectively understand and address common emotional and mental health concerns in youth impacted by trauma. This training will help distinguish between typical developmental challenges and indications of a more significant emotional or mental health concern. Additionally, it will provide strategies for working with parents who are coping with mental illness in the context of CPS and foster care. Participants will gain a deep understanding of the challenges these vulnerable populations face and trauma-informed care principles and will be prepared to provide crucial support and resources. A strengths-based approach will focus on strengthening communication skills and building trust and rapport with youth and their families. This training will utilize exercises, games, small and large group discussion, and visual displays.

**How to register:**
- April 26: Understanding Their Trauma
  https://www.eventbrite.com/e/understanding-their-trauma-tickets-780441590807
- May 1: From Infancy to Adulthood
  https://www.eventbrite.com/e/from-infancy-to-adulthood-tickets-772427380087?aff=oddtdtcreator
- August 12: Transforming Trauma
  https://www.eventbrite.com/e/transforming-trauma-tickets-772435253637?aff=oddtdtcreator

**Questions:** Contact Emily Dixon, LMSW
  Phone: 616-558-9618
  Email: edixon@arbor.edu
Intergenerational Life Course Perspectives on Risk and Protective Factors of Child Abuse and Violence

Curriculum: Trauma and crisis management: Effects of abuse and neglect on children

Date/time: Friday, May 3, 2024 • Program 9:00 AM – 12:15 PM (ET)
Location: Live synchronous training via Zoom
Social Work CECHs: 3 hours • Approved
Cost: Free to all MDHHS and private agency child welfare workers; $65 all others
Presenter: Monica Sampson, LMSW

Training objectives: As a result of this training, participants will be prepared to:
• Identify and critically analyze risk and protective factors across generations, including socioeconomic, familial, and cultural determinants.
• Design and implement culturally sensitive intervention strategies that prioritize the safety and well-being of children while respecting the rights and dignity of families.
• Develop a personal and professional commitment to change, advocating for policy improvements, community engagement, and the prevention of child abuse and violence across generations.

Description: This comprehensive training will delve into the intricate dynamics of child abuse and various forms of violence through an intergenerational life course lens. Participants will gain a deep understanding of the multifaceted factors that contribute to these issues, along with effective assessment and intervention strategies for child welfare workers. With a strong commitment to creating positive change, this training will equip learners with the knowledge and tools to make a lasting impact on the lives of vulnerable children and families. This training will utilize small and large group discussion and visual displays.

How to register: Visit ssw.umich.edu/r/CEcatalog
Contact: Alia Wesala, LMSW
Email: ssw.conted@umich.edu
Phone: 734-763-5723
Self-care Strategies for Child Welfare Workers

**Curriculum:** Secondary trauma: Self-care for workers

**Date/time:** Thursday, April 4, 2024 • Program 1:00 PM – 4:15 PM (ET)

**Location:** Live synchronous training via Zoom

**Social Work CECHs:** 3 hour • Approval #MICEC-0058

**Cost:** Free to all MDHHS and private agency child welfare workers; $15 students; $45 all others

**Presenter:** Kristen Carney, LMSW

Training objectives: As a result of this training, participants will be prepared to:
- Expand their knowledge and application of self-care in social service.
- Utilize multiple self-care strategies to address burnout and compassion fatigue.
- Engage in mindfulness and relational skills that can be used for both personal and professional practice.

Description: Due to the stress and demands in child welfare work, caseworkers and social work professionals are susceptible to experiencing burnout, compassion fatigue, and secondary traumatic stress. In this training, the presenter will define self-care and discuss the need for self-care tools in various levels of practice and social justice work. Participants will learn about the benefits of self-care such as mindfulness and meaningful connection and have an opportunity to practice foundational somatic skills for responding to distress with curiosity, compassion, and presence. This training will utilize exercises, small and large group discussion, and visual displays.

Navigating Higher Education Resources for Youth from Foster Care

**Curriculum:** Educational opportunities: Navigating higher education with youth

**Date/time:** Tuesday, May 7, 2024 • Program 1:00 PM – 4:15 PM (ET)

**Location:** Live synchronous training via Zoom

**Social Work CECHs:** 3 hour • Approval #MICEC-0058

**Cost:** Free to all MDHHS and private agency child welfare workers; $15 students; $45 all others

**Presenters:** Marla M. Garmo, LMSW  Karie Ward, MSW

Training objectives: As a result of this training, participants will be prepared to:
- Demonstrate understanding of available post-secondary education resources for students with experience in foster care.
- Demonstrate an ability to effectively communicate these resources to youth who are involved in the child welfare system.
- Demonstrate the skills necessary to access and navigate these resources, including the application process and beyond.

Description: Presenters will share information and best practices for accessing higher education resources dedicated to youth who have experienced foster care. This training will cover the historical issues that have led to lower graduation rates, the supports and scholarships available to students in Michigan, and how to access those services. This training will utilize large group discussion and visual displays.
## Trauma, Grief, and Loss

**Curriculum:** Trauma and crisis management

| Date/time: | **Wednesday, September 25, 2024**  
| Program: | 1:00 PM – 4:15 PM (ET)  
| Location: | **Live synchronous training via Zoom**  
| Social Work CECHs: | 3 hours • Approval #MICEC-0058  
| Cost: | Free to all MDHHS and private agency child welfare workers; $15 students; $45 all others  
| Presenters: | **Nancy Keller-MacKinnon, LMSW**  
| | **Haley K. Scott, LLMSW**  
| Target audience: | **Intermediate skill level**  

**Training objectives:** As a result of this training, participants will be prepared to:

- Understand the various components of grief and loss.
- Understand the impact of sudden loss and violent deaths.
- Identify the ways in which culture and religion can impact grief.

**Description:** This training will provide an overview of key theoretical and practical approaches to grief and loss. Participants will also understand the impact of sudden loss and violent deaths and how to support families during a loss while they also conduct a thorough investigation. This training will also examine symptoms and types and misconceptions of grief and explore the various components of trauma, grief, and loss. It will help participants identify how grief can affect an individual in a myriad of ways (emotional, behavioral, cognitive, physical, and spiritual) and also explore the importance of a self-care approach. This training will utilize exercises, small group discussion, and visual displays.

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**How to register:**

- **April 4: Self-care Strategies**  
- **May 7: Navigating Higher Education**  
  [https://events.wayne.edu/2024/05/07/navigating-higher-education-resources-for-youth-from-foster-care-98136/?_gl=1*s58s8a*_ga*MTlyMzEyMzg5MC4xNzAxNDQyODk2*_ga_ZYEBRZJFL1*MTcwMjQwNDIwMC4zMi4xLjE3MDI0MDkxOTMuMC4wLjA](https://events.wayne.edu/2024/05/07/navigating-higher-education-resources-for-youth-from-foster-care-98136/?_gl=1*s58s8a*_ga*MTlyMzEyMzg5MC4xNzAxNDQyODk2*_ga_ZYEBRZJFL1*MTcwMjQwNDIwMC4zMi4xLjE3MDI0MDkxOTMuMC4wLjA)
- **September 25: Trauma Grief and Loss**  
  [https://events.wayne.edu/2024/09/25/trauma-grief-and-loss-98137/?_gl=1*23yf7s*_ga*MTlyMzEyMzg5MC4xNzAxNDQyODk2*_ga_ZYEBRZJFL1*MTcwMjQwNDIwMC4zMi4xLjE3MDI0MTAwMjcuMC4wLjA](https://events.wayne.edu/2024/09/25/trauma-grief-and-loss-98137/?_gl=1*23yf7s*_ga*MTlyMzEyMzg5MC4xNzAxNDQyODk2*_ga_ZYEBRZJFL1*MTcwMjQwNDIwMC4zMi4xLjE3MDI0MTAwMjcuMC4wLjA)

**Contact:**  
Shantalea Johns, EdD, LMSW  
Email: shantalea@wayne.edu  
Phone: 313-577-4463  
Website: [https://socialwork.wayne.edu/ce](https://socialwork.wayne.edu/ce)
Enhancing Social–Emotional Skills and Psychosomatic Interventions for Children in Social Work Practice

Curriculum: Mental and behavioral health

Date/time: Friday, March 15, 2024 • Program 9:00 AM – 12:15 PM (ET)
Location: Live synchronous training via Zoom
Social Work CECHs: 3 hours • Pending approval
Cost: Free to all MDHHS and private agency child welfare workers; $75 all others
Presenter: Anyssa Grendel, MSW

Training objectives: As a result of this training, participants will be prepared to:
• Understand the foundations of social–emotional development.
• Assess and identify social–emotional challenges.
• Implement evidence-based interventions.

Description: This training is designed for social work professionals seeking to deepen their understanding and enhance their skills in addressing the social–emotional well-being of children. Participants will explore the theoretical foundations of social–emotional development and gain practical insights into implementing psychosomatic interventions within the context of social work practice and advocacy efforts for addressing systemic barriers to social–emotional competence and promoting equitable access to social–emotional resources. The training will cover a range of evidence-based strategies and interventions to promote emotional resilience, social competence, and overall mental health in children. This training aims to equip social work professionals with the knowledge and skills needed to enhance their practice in supporting the social–emotional development of children through psychosomatic interventions. Participants will engage in interactive discussions, case studies, and practical exercises to apply the concepts learned in real-world scenarios.

Enhancing Clinical Skills for Strengthening Clients’ Internal Attachment Management in Social Work Practice

Curriculum: Mental and behavioral health

Date/time: Friday, May 17, 2024 • Program 9:00 AM – 12:15 PM (ET)
Location: Live synchronous training via Zoom
Social Work CECHs: 3 hours • Pending approval
Cost: Free to all MDHHS and private agency child welfare workers; $75 all others
Presenter: Anyssa Grendel, MSW

Training objectives: As a result of this training, participants will be prepared to:
• Understand attachment theory and assess attachment styles.
• Utilize intervention strategies for attachment enhancement.
• Understand trauma-informed generational attachment patterns.

Description: This advanced training is tailored for social work professionals aiming to elevate their clinical skills in the realm of attachment theory. We will delve into the intricacies of attachment and focus on strategies to strengthen clients’ internal management systems, fostering healthier and more secure connections within family dynamics. Through a combination of theoretical exploration, case studies, and practical applications, participants will gain the expertise needed to facilitate positive changes in clients’ attachment patterns and contribute to their overall well-being. Reflective practices to challenge our own bias or assumptions, continuous reflection of cultural influences, exploration of intersecting identities such as race and gender impact attachment experiences. This training aims to empower social work professionals with advanced clinical skills, enabling them to navigate and enhance clients’ internal management systems of attachment. Participants will engage in practical exercises, role-playing scenarios, and reflective discussions to integrate these skills into their professional practice effectively.

How to register: https://wmich.edu/hhs/academics/ce
Contact: Nancy Cretsinger
Phone: 269-387-3680
Email: nancy.cretsinger@wmich.edu
Webinars

Individuals from around the world can earn CECHs from the convenience of their home, office, or on the go. We offer interactive live presentations on various topics. You will view the one-hour webinar and then will be sent a link to a survey to complete an attendance record, evaluation, and post-test. Pending a passing score of 75% or higher on the post-test, you will be able to download and print a certificate! Webinars allow us to be accessible and to collaborate globally on issues that affect individuals, organizations, and communities throughout the world.

**Introduction to Forensic Interviewing**

**Date/time:** Friday, March 8, 2024 • Program 12:00 PM – 1:15 PM (ET)
**Social Work CECHs:** 1 hour • Approval #MICEC-0001
**Presenter:** Julie Knop, MSW, MFI
Director, Child Abuse Training Unit, Prosecuting Attorneys Association of Michigan
**Host:** Michigan State University • Register at this link: https://www.eventbrite.com/o/msu-school-of-social-work-44929438833

**Beginning skill level**

**Description:** In this webinar, you will be introduced to the State of Michigan Forensic Interviewing Protocol. You will learn about the state policy that governs the Forensic Interviewing Protocol. You will learn about the history of the protocol, when the protocol is used, linguistics in relation to the protocol, as well as a brief review of the eight Forensic Interview Protocol phases. In addition, you will have the opportunity to gain skills that you can use in practice. This webinar will utilize exercises, large group discussion, and visual displays.

**Infant Mental Health**

**Date/time:** Monday, March 18, 2024 • Program 12:00 PM – 1:15 PM (ET)
**Social Work CECHs:** 1 hour • Approval #MICEC-0001
**Presenter:** Ginny Witte, PhD, MA, BA
Speaker/trainer in the area of trauma, trauma coach, and educator
**Host:** Michigan State University • Register at this link: https://www.eventbrite.com/o/msu-school-of-social-work-44929438833

**Beginning skill level**

**Description:** The first year of life is a time of rapid development. It is a time when infants learn to both express and navigate their emotions and relationships and develop healthy attachments. Let’s discover the exciting changes during this time of life and how we can nurture their mental health by fostering strong and healthy nervous systems and recognize when infants might be struggling. This webinar will utilize large group discussion and visual displays.
Webinars

Strategies to Prevent Burnout and Manage Stress

Date/time: **Friday, March 22, 2024** • Program 9:00 AM – 10:00 AM (ET)
Social Work CECHs: 1 hour • Approval pending
Presenter: **Irena Glover, PhD, LMSW**
Chair, Social Work Department and MSW Program Director, Madonna University
Host: **Madonna University** • Register at this link:

Description: Preventing burnout and managing stress can seem easier said than done. While we all strive for these ideas, our lives, caseloads, and daily demands often work against us achieving balance. This webinar will offer practical ways to incorporate self-care strategies into our daily lives. Information will also be shared on ways to ensure that you maintain focus on taking care of your needs in order to meet the needs of children and families. This webinar will utilize exercises, small and large group discussion, and visual displays.

Surviving the Moments: Suicide Awareness and Prevention

Date/time: **Friday, March 22, 2024** • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval #MICEC-0001
Presenter: **Christopher Harris, PC**
CEO of CCHARRIS Professional Counseling Services
Host: **Michigan State University** • Register at this link:
https://www.eventbrite.com/o/msu-school-of-social-work-44929438833

Description: Surviving the Moments is a suicide awareness and prevention initiative within the CCCH Approach. This webinar will support attendees’ increased understanding and awareness of the origin and impact of suicidology in contemporary America. Attendees will also learn and apply an empirically based suicide risk assessment scale to support diagnosis and best practices for person-centered interventions for individuals and families impacted by the reality of suicide. This webinar will utilize large group discussion and visual displays.

Trauma Rectification and Crisis Management in Health and Human Services

Date/time: **Friday, April 5, 2024** • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval #MICEC-0001
Presenter: **Christopher Harris, PC**
CEO of CCHARRIS Professional Counseling Services
Host: **Michigan State University** • Register at this link:
https://www.eventbrite.com/o/msu-school-of-social-work-44929438833

Description: Trauma Rectification Therapy and Crisis Management focuses on providing insight into the origin and impact of incidents of trauma and crisis across the lifespan of human development. Attendees will learn assessments and interventions to support the reduction of duration and intensity states of crisis. This webinar will also introduce the Trauma Rectification Therapy approach designed to reduce and eliminate self-defeating and danger-inducing trauma responses. This webinar will utilize large group discussion and visual displays.
Effect of Abuse and Neglect on Children

**Date/time:** Friday, April 12, 2024 • Program 12:00 PM – 1:15 PM (ET)
**Social Work CECHs:** 1 hour • Approval #MICEC-0001
**Presenter:** Ginny Witte, PhD, MA, BA
Speaker/trainer in the area of trauma, trauma coach, and educator
**Host:** Michigan State University • Register at this link:
https://www.eventbrite.com/o/msu-school-of-social-work-44929438833

**Beginning and intermediate skill levels**

**Description:** Child abuse and neglect affects one in seven children and has long lasting social, emotional, cognitive, and biological effects. In this webinar, we will look at the effects upon children’s ability to self-regulate. Healthy self-regulation is linked to several life outcomes, including biology and health, relationships throughout life, cognitive function, and behavior. We will examine the problem, the development of, and some of the tools we can use to support the development of healthy self-regulation in this population. This webinar will utilize large group discussion and visual displays.

Compassion Fatigue and How to Recognize It

**Date/time:** Friday, May 3, 2024 • Program 12:00 PM – 1:15 PM (ET)
**Social Work CECHs:** 1 hour • Approval #MICEC-0001
**Presenter:** Ginny Witte, PhD, MA, BA
Speaker/trainer in the area of trauma, trauma coach, and educator
**Host:** Michigan State University • Register at this link:
https://www.eventbrite.com/o/msu-school-of-social-work-44929438833

**Beginning skill level**

**Description:** You can overcome compassion fatigue. Compassion fatigue is both a stress and a burnout. Together we will explore the symptoms, the changes in our nervous system, and how we can be strong and resilient professionals. This webinar will utilize large group discussion and visual displays.

Understanding Social Identity and Implicit Bias in Social Work

**Date/time:** Monday, May 6, 2024 • Program 12:00 PM – 1:15 PM (ET)
**Social Work CECHs:** 1 hour • Approval #MICEC-0001
**Presenter:** Gina Tremonti Gembel, MSW
Director of Continuing Education, School of Social Work, Michigan State University
**Host:** Michigan State University • Register at this link:
https://www.eventbrite.com/o/msu-school-of-social-work-44929438833

**Beginning skill level**

**Description:** Social identity is a person’s sense of who they are based on their group membership(s), e.g., social class and family status. Groups give us a sense of social identity, a sense of belonging to the social world. Implicit bias is when we have attitudes or stereotypes about groups automatically and unintentionally. In this webinar, we will focus on our own social identities, types of implicit bias, and how both may impact social work practice. Together participants will reflect on how to address these concepts that contribute to a thriving, more connected environment. This webinar will utilize exercises, large group discussion, and visual displays.
Webinars

Challenges and Coping Mechanisms for Children Who Experience Abuse and Neglect

Date/time: Thursday, May 9, 2024 • Program 10:00 AM – 11:15 AM (ET)
Social Work CECHs: 1 hour • Approval #MICEC-0044
Presenter: Caroline Cheng, PhD, MSW
Assistant Professor, Northern Michigan University
Host: Northern Michigan University • Register at this link: https://nmu.edu/continuingeducation/education

Description: This training is designed to provide child welfare workers and social workers with the tools and strategies needed to work with children who have experienced abuse and neglect. Through this training, participants will gain a better understanding of grief and loss children experience as a result of child abuse and neglect. More importantly, participants will explore evidence-based coping mechanisms and interventions that can alleviate some of the negative emotions children have experienced in the child welfare system. This webinar will utilize large group discussion and visual displays.

Introduction to Nonviolent Communication

Date/time: Friday, May 10, 2024 • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval #MICEC-0001
Presenter: Krista Rowe, CFT
Director, Diversity, Equity and Inclusion, and Belonging; Eventgarde Certified Technology of Participation (ToP) Facilitator (CTF)
Host: Michigan State University • Register at this link: https://www.eventbrite.com/o/msu-school-of-social-work-44929438833

Description: Conflict is a healthy and inevitable part of personal and professional relationships. Conflict often arises because of breakdowns in communication, expectations (both spoken and unspoken), and trust. While many might prefer avoiding conflict altogether, it only manages to “pop-up” in unexpected ways at later times. Left unaddressed, it can have a negative and lasting impact on both relationships and outcomes. This is especially true when having difficult conversations around race and power. Nonviolent communication (NVC) uses a four-part guide as part of its conflict resolution philosophy that is used to address conflict in a productive and transparent way. This webinar will introduce you to the model of nonviolent communication, review the four-part process, and identify opportunities to practice its application as a method for conflict resolution. This webinar will utilize exercises, large group discussion, and visual displays.
Webinars

Child Brains and Trauma: How ACEs May Predict Development

Date/time: **Friday, May 17, 2024** • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval #MICEC-0001
Presenter: **Julie Knop, MSW, MFI**
Director, Child Abuse Training Unit, Prosecuting Attorneys Association of Michigan
Host: **Michigan State University** • Register at this link:
https://www.eventbrite.com/o/msu-school-of-social-work-44929438833

Description: Children who experience adverse events in childhood have a higher rate of developing multiple issues later in life, including health issues, development and behavior issues, and mental health issues. Varying levels of abuse or negative situations alter the way a child’s brain develops. Participants will learn about ACEs—Adverse Childhood Experiences, which are potentially traumatic events that occur in childhood and how they may manifest into adulthood. This webinar will utilize large group discussion and visual displays.

Avoiding Burnout by Practicing Self-care

Date/time: **Monday, May 20, 2024** • Program 3:00 PM – 4:15 PM (ET)
Social Work CECHs: 1 hour • Approval #MICEC-0001
Presenter: **Kelley Hollie, LMSW**
Therapist and scholar-activist
Host: **Michigan State University** • Register at this link:
https://www.eventbrite.com/o/msu-school-of-social-work-44929438833

Description: Providing services with finite resources to needy clients can be stressful. This webinar will explore ways for practitioners to develop an understanding of self-care and its importance to practitioner health. Participants will be given a toolkit of strategies to practice self-care in their own lives using somatic techniques and evidence-based interventions. This webinar will utilize exercises, large group discussion, and visual displays.
On-demand training courses

Now offering FREE online courses! No registration required!

Online courses are recordings of live webinars and can be watched from the convenience of your home, office, or on the go! For each course, you will complete a pre-training evaluation and post-training evaluation. NO CONTINUING EDUCATION CLOCK HOURS (CECHs) are offered for the online courses, which are listed on pages 29–32. To improve your experience, we have created training categories including topics related to caregiving, children and families, substance abuse, supervision, trauma, and more. We offer trainings specific to caregivers, supervisors, and child welfare workers.

To view all course offerings, visit:
https://socialwork.msu.edu/continuing-ed/online-child-welfare-courses.html

A few highlighted courses!

Connecting Brain and Behavior
This online course will focus on atypical brain development resulting from exposure to prenatal teratogens and/or prenatal and early childhood chronic trauma. Resulting behavioral, emotional, and social concerns will be explored. Common interventions will be discussed and evaluated through a neurobiological lens.

Dissociative Coping in Traumatized Children
This online course will review the underlying risks leading to dissociative coping in children. Children exposed to traumatic events frequently rely on dissociative strategies to manage intolerable fear or pain. Younger children, in particular, may be vulnerable as their skills of managing stress are limited. Dissociative tendencies are easily misinterpreted by caregivers and professionals as intentional or characterological (i.e., “ignoring me” or “lazy”). Implications for assessing and treating traumatized children will be included.

When Addiction Trumps Relationships: Working with Mothers and Addiction
This online course will present information on the scope of the problem of mothers with substance use disorders and the impact of this problem on children. Common substances of abuse and their impact on biological and behavioral functioning will be discussed. You will learn the impact of addictive processes on the capacity for attachment among mothers with addiction and difficulties with emotion regulation and reward systems. A description of current practices with substance abusing mothers and their children will also be presented.
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Previously recorded live webinars, accessible on-demand online through Michigan State University

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School of Social Work
MICHIGAN STATE UNIVERSITY

Registration for child welfare online courses is no longer required! All child welfare online courses are available here: https://socialwork.msu.edu/continuing-ed/online-child-welfare-courses.html

Click on “Begin this course” under the course you would like to take. This will take you to a survey to record your attendance, and then you will be redirected to the video.

NO CECHs ARE AWARDED FOR THESE ONLINE COURSES.

Additional online trainings will become available soon!

Stay tuned, and check the website often!
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<td>STOP, LOOK, and LISTEN…Knowing (and Re-knowing) Yourself</td>
<td>Wednesday, March 13 8:45 AM – 12:00 PM (ET)</td>
<td>GVSU Pew Campus Grand Rapids</td>
<td>Grand Valley State University</td>
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<td>Using the Screening, Brief Intervention, and Referral to Treatment (SBIRT) Model in Child Welfare</td>
<td>Friday, March 15 9:00 AM – 12:15 PM (ET)</td>
<td>Live synchronous training via Zoom</td>
<td>Eastern Michigan University</td>
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<td></td>
<td>Enhancing Social–Emotional Skills and Psychosomatic Interventions for Children in Social Work Practice</td>
<td>Friday, March 15 9:00 AM – 12:15 PM (ET)</td>
<td>Live synchronous training via Zoom</td>
<td>Western Michigan University</td>
<td>22</td>
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<td>Infant Mental Health</td>
<td>Friday, March 18 12:00 PM – 1:15 PM (ET)</td>
<td>WEBINAR</td>
<td>Michigan State University</td>
<td>23</td>
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<td></td>
<td>Strategies to Prevent Burnout and Manage Stress</td>
<td>Friday, March 22 9:00 AM – 10:00 AM (ET)</td>
<td>WEBINAR</td>
<td>Madonna University</td>
<td>24</td>
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<td>Surviving the Moments: Suicide Awareness and Prevention</td>
<td>Friday, March 22 12:00 PM – 1:15 PM (ET)</td>
<td>WEBINAR</td>
<td>Michigan State University</td>
<td>24</td>
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<td>April 2024</td>
<td>Secondary Trauma and Self-care</td>
<td>Wednesday, April 3 10:00 AM – 12:00 PM (ET)</td>
<td>Live synchronous training via Zoom</td>
<td>Michigan State University</td>
<td>11</td>
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<td>Relationships and Health Equity</td>
<td>Thursday, April 4 9:00 AM – 12:15 PM (ET)</td>
<td>Live synchronous training via Zoom</td>
<td>Michigan State University</td>
<td>12</td>
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<td>Self-care Strategies for Child Welfare Workers</td>
<td>Thursday, April 4 1:00 PM – 4:15 PM (ET)</td>
<td>Live synchronous training via Zoom</td>
<td>Wayne State University</td>
<td>20</td>
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<td>Trauma Rectification and Crisis Management in Health and Human Services</td>
<td>Friday, April 5 12:00 PM – 1:15 PM (ET)</td>
<td>WEBINAR</td>
<td>Michigan State University</td>
<td>24</td>
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<td>Addiction 101: What I Should Know About Substance Use</td>
<td>Tuesday, April 9 9:00 AM – 12:15 PM (ET)</td>
<td>Live synchronous training via Zoom</td>
<td>Eastern Michigan University</td>
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<td>Effect of Abuse and Neglect on Children</td>
<td>Friday, April 12 12:00 – 1:15 PM (ET)</td>
<td>WEBINAR</td>
<td>Michigan State University</td>
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<td>Human Trafficking for Child Welfare Professionals</td>
<td>Thursday, April 18 9:00 AM – 12:15 PM (ET)</td>
<td>Live synchronous training via Zoom</td>
<td>Michigan State University</td>
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<td></td>
<td>Skill Building: Working with Trauma, Grief, and Loss with Children and Families</td>
<td>Thursday, April 25 10:00 AM – 1:15 PM (ET)</td>
<td>Live synchronous training via Zoom</td>
<td>Northern Michigan University</td>
<td>15</td>
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<td></td>
<td>Understanding and Supporting Grandparents as Caregivers</td>
<td>Friday, April 26 9:00 AM – 12:15 PM (ET)</td>
<td>Live synchronous training via Zoom</td>
<td>Madonna University</td>
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<td></td>
<td>Understanding Their Trauma and How to Mitigate the Impact of Removal and Placement in Children’s Services</td>
<td>Friday, April 26 9:00 AM – 12:15 PM (ET)</td>
<td>Live synchronous training via Zoom</td>
<td>Spring Arbor University</td>
<td>17</td>
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<tr>
<td>May 2024</td>
<td>From Infancy to Adulthood: How Early Relationships Impact Mental and Emotional Health</td>
<td>Wednesday, May 1 9:00 AM – 12:15 PM (ET)</td>
<td>Live synchronous training via Zoom</td>
<td>Spring Arbor University</td>
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<td>Intergenerational Life Course Perspectives on Risk and Protective Factors of Child Abuse and Violence</td>
<td>Friday, May 3 9:00 AM – 12:15 PM (ET)</td>
<td>Live synchronous training via Zoom</td>
<td>University of Michigan</td>
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<td>Compassion Fatigue and How to Recognize It</td>
<td>Friday, May 3 12:00 PM – 1:15 PM (ET)</td>
<td>WEBINAR</td>
<td>Michigan State University</td>
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<td>Understanding Social Identity and Implicit Bias in Social Work</td>
<td>Monday, May 6 12:00 PM – 1:15 PM (ET)</td>
<td>WEBINAR</td>
<td>Michigan State University</td>
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<td>May 2024</td>
<td>Navigating Higher Education Resources for Youth from Foster Care</td>
<td>Tuesday, May 7 1:00 PM – 4:15 PM (ET)</td>
<td>Live synchronous training via Zoom</td>
<td>Wayne State University</td>
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<td>Accepting and Affirming the LGBTQ+ Community</td>
<td>Thursday, May 9 9:00 AM – 12:15 PM (ET)</td>
<td>Live synchronous training via Zoom</td>
<td>Michigan State University</td>
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<td>Challenges and Coping Mechanisms for Children Who Experience Abuse and Neglect</td>
<td>Thursday, May 9 10:00 AM – 11:15 AM (ET)</td>
<td>WEBINAR</td>
<td>Northern Michigan University</td>
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<td>Seeing Systems Through a Native American Lens</td>
<td>Friday, May 10 8:45 AM – 12:00 PM (ET)</td>
<td>GVSU Pew Campus</td>
<td>Grand Valley State University</td>
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<td>Introduction to Nonviolent Communication</td>
<td>Friday, May 10 12:00 PM – 1:15 PM (ET)</td>
<td>WEBINAR</td>
<td>Michigan State University</td>
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<td>Evidence Informed Practices in Permanency Planning</td>
<td>Thursday, May 16 9:00 AM – 12:15 PM (ET)</td>
<td>Live synchronous training via Zoom</td>
<td>Madonna University</td>
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<td>Racial Equity in the Workplace</td>
<td>Thursday, May 16 9:00 AM – 12:15 PM (ET)</td>
<td>Live synchronous training via Zoom</td>
<td>Michigan State University</td>
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<td></td>
<td>Suicide Awareness, Prevention, and Response</td>
<td>Friday, May 17 9:00 AM – 12:15 PM (ET)</td>
<td>Live synchronous training via Zoom</td>
<td>Andrews University</td>
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<td>Enhancing Clinical Skills for Strengthening Clients’ Internal Attachment Management in Social Work Practice</td>
<td>Friday, May 17 9:00 AM – 12:15 PM (ET)</td>
<td>Live synchronous training via Zoom</td>
<td>Western Michigan University</td>
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<td>Child Brains and Trauma: How ACEs May Predict Development</td>
<td>Friday, May 17 12:00 PM – 1:15 PM (ET)</td>
<td>WEBINAR</td>
<td>Michigan State University</td>
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<td>Navigating the Education System with Children Who Have Experienced Trauma</td>
<td>Monday, May 20 8:30 AM – 11:45 AM (ET)</td>
<td>SVSU campus</td>
<td>Saginaw Valley State University</td>
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<td>Avoiding Burnout by Practicing Self-care</td>
<td>Monday, May 20 3:00 PM – 4:15 PM (ET)</td>
<td>WEBINAR</td>
<td>Michigan State University</td>
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<td>June 2024</td>
<td>Understanding Cultural Humility</td>
<td>Wednesday, June 12 9:00 AM – 12:15 PM (ET)</td>
<td>Live synchronous training via Zoom</td>
<td>Madonna University</td>
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<td>Challenges and Opportunities in Maintaining Post-adoption Placements</td>
<td>Thursday, June 13 9:00 AM – 12:15 PM (ET)</td>
<td>Live synchronous training via Zoom</td>
<td>Madonna University</td>
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<td>Placing a Child Transracially</td>
<td>Monday, June 17 12:00 PM – 3:15 PM (ET)</td>
<td>Live synchronous training via Zoom</td>
<td>Michigan State University</td>
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<td>July 2024</td>
<td>Understanding Loss Experienced by Youth in Foster Care</td>
<td>Friday, July 17 9:00 AM – 12:15 PM (ET)</td>
<td>Live synchronous training via Zoom</td>
<td>Madonna University</td>
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<td>Bring the Light: Substance Use Disorders</td>
<td>Friday, July 19 9:00 AM – 12:15 PM (ET)</td>
<td>Live synchronous training via Zoom</td>
<td>Andrews University</td>
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<td>August 2024</td>
<td>Transforming Trauma: Strategies for Family Resilience</td>
<td>Monday, August 12 9:00 AM – 12:15 PM (ET)</td>
<td>Live synchronous training via Zoom</td>
<td>Spring Arbor University</td>
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<td>Embracing Cultural Humility in Practice</td>
<td>Tuesday, August 13 9:00 AM – 12:15 PM (ET)</td>
<td>SVSU campus</td>
<td>Saginaw Valley State University</td>
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<td>September 2024</td>
<td>Staff Retention: Burnout Prevention and Stress Management</td>
<td>Thursday, September 12 10:00 AM – 1:15 PM (ET)</td>
<td>Live synchronous training via Zoom</td>
<td>Northern Michigan University</td>
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<td>Trauma, Grief, and Loss</td>
<td>Wednesday, September 25 1:00 PM – 4:15 PM (ET)</td>
<td>Live synchronous training via Zoom</td>
<td>Wayne State University</td>
<td>21</td>
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</table>
Additional trainings and exciting new topics coming in fall 2024!