On this practical Postgraduate Certificate (Level 9) in Workplace Wellness, participants will learn everything that they need to develop and coordinate effective programmes that align an organisation’s values to employee wellness, ensuring engagement and buy in from senior management and staff alike.

This course offers the opportunity to up-skill in the area of workplace wellbeing and take up a variety of roles related to employee wellness. It may also be an excellent addition to a primary degree in HR or Business for those wishing to reorient their careers or re-enter the workforce.

**WHY TANGENT?**

At Tangent, Trinity’s Ideas Workspace, you will have access to leading academics in a new purpose built vibrant workspace at Trinity College Dublin. You will also have access to a world class creative and cultural community at the university, which features regular industry-leading guest talks, masterclasses, and events.
ADMISSION REQUIREMENTS
The postgraduate certificate will be open to those with:

- Level 8 honours degree (180 ECTs)
- A demonstrated aspiration to pursue a role in Workplace Wellness
- CV
- 1-page letter of motivation
- Two references
- Eligibility for springboard+ funding

COURSE CONTENT
The part-time course is comprised of three modules, totalling 30 ECTS and delivered over a 6-month period commencing in January 2020.

Module 1: Fundamentals of Workplace Wellness
Module 2: Organisational Culture
Module 3: Project and Policy Implementation

APPLY TODAY
If you are seeking development, growth and rewarding challenges, this practise-based postgraduate certificate will help you graduate with the confidence, skills and professional network needed to succeed. Visit www.springboardcourses.ie to apply today. Please note, places are limited, so early applications are advised.

CONTACT US
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