

WHAT RACHEL CAN DO FOR YOU:

(TRAININGS & CONSULTATION SERVICES)

- Provide Interactive Disability Rights Education
- Ensure Services are Youth and Disability Friendly
- Embed & Use Interactive, Cross Disability Activities in Already Established Programs or Services
- Educate About the Importance of Representation in Services, Communities & Media
- Update Current Practices to Include Accessibility, Adaptations & Inclusivity
- Educate on the Power & Importance of Person First Language
- Teach Advocacy & Goal Setting Skills
- Discuss the Importance of Day to Day Consent & Supported Decision Making
- Create or Adapt Policy & Procedure Documents
- Adapt Health and Wellness Programming to be Inclusive of All Disability Types

Kintsugi Consulting, LLC

Rachel Kaplan, MPH
Disability Consultant



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Kintsugi is the Japanese art of putting broken pottery pieces back together with gold: a metaphor for embracing flaws and imperfections to make something more beautiful than it was before.

Kintsugi Consulting, LLC was created by Rachel Kaplan in 2020 as she noticed an opportunity to bring her passion for disability education, inclusion and accessibility to a variety of communities and organizations.

People with disabilities are not flawed or broken, but the services which are provided often leave them out and can make them feel excluded.

Let Rachel be the gold that mends the cracks of your organization to create one that can grow from mistakes or missed opportunities. Her expertise will enrich the culture and services being provided to include those within the disability community.

Rachel Kaplan is a tireless advocate for diversity, equity, inclusion and representation who believes that a community and organization can only be as strong and effective as the people it represents and serves.

- Master's Degree in Public Health & Certificate in Drug and Addiction Studies
- Over 10 years of experience working with:
 - Disability Advocacy
 - Program Management
 - Homeless Population and Medical Adherence
 - Type 1 and Type 2 Diabetes
 - Domestic Violence Awareness,
 - Sexual Assault and Rape Crisis Support Services
 - Mental Health Advocacy
- Experienced Public Speaker
- National Independent Living Council (NCLC): Member
- Association of Programs for Rural Living (APRIL): Peer Mentor
- Advisory Board Member & Adjunct Trainer: Elevatus Training
- Advisory Board Member: The Hive Community Circle
- Board Member: Mental Health America Greenville Co.
- CoFounder: Evidence Informed Sustainability Project, Diabetes Family Connection
- Family Representative: The Family Support Network of The Greater Triangle Area

"Rachel and I served on the APRIL Board together. She was very active in making change on a national level and was a strong leader. I enjoyed my time with Rachel working on national issues in rural America for people with disabilities."

"Rachel is a staunch advocate for others. She has a passion for building others up and helping her community. This passion can be seen in her drive to build bridges and collaborate with others for the benefit of the individuals whom she serves."

"As a black woman, serving mainly POC in our teen health programs, I must mention this...I have witnessed Rachel show up in ways that matter -as a true ALLY to POC and other marginalized individuals. I mention this because so often I've seen 'allies' providing nothing more than lip profession. Rachel however, works and connects at levels and in ways that center the margins of those being oppressed. She does this regardless of who is in the room! I point this out because I know a great many self-proclaimed allies that alter the conversation and their level of 'allyship' depending on the audience."

