

Kintsugi (Kin-sue-ghee) is the Japanese tradition and art of mending broken pottery. The cracks created when something is broken are filled with gold or silver so that the item can still be used moving forward. This art form encourages growth, acceptance of flaws, and the opportunity to see the beauty in diversity.

Rachel believes that organizations and communities have the opportunity to do more, do better, and make significant strides in ensuring that individual with disabilities are represented and supported in a way that provides accessible accommodations to all. Diversity and inclusion are what makes an organization stronger. Let Rachel be the gold that mends the cracks of your organization to create one that can grow from mistakes or missed opportunities while enriching the culture and services being provided to include those within the disability community. People with disabilities are not flawed or broken, but the services which are provided often leave them out and can make them feel excluded.

Services Include (but are not limited to)

- Provide Interactive Disability Rights Education
- Ensure Services are Youth and Disability Friendly
- Embed & Use Interactive, Cross Disability Activities in Already Established Programs or Services
- Educate About the Importance of Representation in Services, Communities & Media
- Update Current Practices to Include Accessibility, Adaptations & Inclusivity
- Educate on the Power & Importance of Person First Language
- Teach Advocacy & Goal Setting Skills
- Discuss the Importance of Day to Day Consent & Supported Decision Making
- Create or Adapt Policy & Procedure Documents
- Adapt Health and Wellness Programming to be Inclusive of All Disability Types
- Accessibility in Marketing

