YMCA Camp Greenville **Summer Camp Packing Information**

Please review each section carefully.

This information will set your camper up for success.

Dress Code and Items Policy:

At Camp Greenville we desire for all campers to "be themselves". We have seen that campers choose to express themselves via clothing, cabin bunk decor, or pins on a backpack. We simply remind you that you are at camp to participate in a culture of unity not division. So we ask that you choose all of the items you have with you at camp under that lens. Having said that, clothing and items must be free of:

- Any specific politicians and campaign slogans and imagery.
- Text or images that discriminate against federally protected classes (race, color, religion, sexual orientation, gender, age, or disability).
- Depictions/implications of explicit or illegal material (sexual acts, promotion of violence, or controlled substances).
- While we respect the rights of the individual to express themselves through their attire choice, the camp administration reserves the right to restrict items that might offend others or promote things that are inconsistent with camp's core values of caring, honesty, respect, and responsibility.
- If you have questions, just ask. Otherwise, be you!

All clothing needs to allow safe and comfortable participation in any camp activity at any moment and be appropriate for an outdoor active setting. Clothing must meet the demands of the activity and provide full coverage of private areas with minimal need for adjustment.

Swim wear must: be athletic style (no string fasteners) and functional for an active waterfront setting; be sturdy and firmly attached without fear of parts breaking or falling down; provide full coverage of private areas and can move without fear of body parts being exposed.

Suggested General Packing Tips:

- Pack enough items to dress for a week and a half as campers may need multiple outfits a day if they get dirty or wet.
- Laundry service is included in your fee if your camper is participating in the weekend Stayover program or a multi-week session.
- Take into consideration the climate/environment of camp and the variety of activities your camper may participate in.
- We strongly recommend sending old clothes that campers can easily recognize as theirs.
- Label all clothing with "iron on" or "sew in" nametags or write their names on the label of the clothing with a permanent laundry pen. This will help with lost and found.

Luggage Recommendations:

Campers may bring their clothing & equipment in trunks, suitcases, backpacks and/or duffel bags. Be sure items are clearly marked with your camper's name and session.

YMCA Camp Greenville

Summer Camp Packing List

Print or reference this list for packing.

REQUIRED ITEMS:

Short sleeve shirts
Long sleeve shirts
Shorts
Long pants - recommend sports/sweatpants/leggings rather than stiffer fabrics like jeans, khakis, etc
Swim suit - 2 if possible
Light jacket, fleece, or sweater/hoodie
Underwear and Socks
Pajamas
Hat and Sunglasses
Poncho or raincoat
Sneakers - 2 pairs if possible - most activities require closed-toe shoes
Sports or water sandals (include crocs) - with a back strap for boating and
outside the cabin
Flip flops or slides - for inside the cabin or waterfront only
Shower towels/washcloths - 2
Swim towels - 2
Shampoo
Body wash or bar soap in a case
Toothbrush and Toothpaste
Deodorant
Shower caddy or toiletry case
Hair brush or comb
Hair ties, clips, etc for long hair
Pillow and pillowcase
Sheet set and/or sleeping bag (recommend both), twin size
Blanket
Laundry bag for dirty clothes (mesh or fabric)
Water bottle
Flashlight or headlamp and batteries
Sleeping pad and/or hammock for outdoor sleeping (optional 1 night)
Sunscreen
Bug spray
Feminine hygiene products
Small backpack for daily items
Medications - must be in their original container and turned in to the Health
Hut upon arrival

OPTIONAL ITEMS:

Bunk fan - preferably small and battery operated
Card game
Journal and pen/pencil
Swim goggles
Specific pajama outfit for Saturday morning "Pajama Jam" breakfast party
Word games (like crosswords, etc)
Items for tie-dye (white tshirt, pillow case, socks, etc)
Stamped, self-addressed envelopes to mail letters
Camera
Books
Hammock and/or camping chair
Stuffed animal, but we recommend leaving your favorite at home (the camp
experience can be hard on stuffed friends).

DO NOT BRING:

- Weapons of any kind: Knives, firearms, bows and arrows etc.
- Electronic Devices: Cell Phones, Video Games, Tablets or personal computers,
 Smartwatches (including Gizmo), any other personal entertainment device
 - Camp focuses on allowing children the experience of our amazing natural setting free of distractions brought by electronics. The one exception is digital cameras that are not phones or connected to a data plan or wifi in any way.
- Fireworks, matches/lighters or any hazardous materials
- Alcohol or tobacco in any form (this includes vapes, juuls, or chewing tobacco)
- if food, candy or snacks are brought please put in sealable plastic Tupperware and keep to a minimum. Please don't send gum.
- Skateboard/scooters
- 🔷 Non-prescription (illegal) drugs, drug paraphernalia
- Jewelry/Valuables/Expensive Clothing
- Cash (unless bringing for adventure trips)
- Anything that you or the camper would be upset if it became: scratched, stained, battered, broken, lost or unrecognizable
- Any living thing, such as pets or plants
- ltems that do not comply with the policies listed on Page 1 of this packet.

LOST AND FOUND

If you realize you've lost an item: You may email the office. If we locate the item, we can mail it to you for a shipping fee. Items remaining in lost and found after check out day for 48 hours but then will be donated to a charity organization.

YMCA Camp Greenville

Adventure Camp Packing List

If your camper is registered for an Adventure Program, please print or reference this list IN ADDITION TO the previous pages.

ADDITIONAL PACKING LIST FOR ADVENTURE:

☐ Hiking boots/shoes		
 Campers spend a lot of time on their feet but we do not do the kind of extreme hiking that would require a full leather boot. As long as 		
campers have strong, durable, sturdy shoes they will be fine. Make		
sure the shoes have laces that can be tied all the way up the tongue of		
the shoe. Shoes should be worn in before arrival. Expect shoes to be		
dirty and scuffed by the end of the week.		
☐ Bag/Pack (50-60L pack or duffel bag) - instead of a suitcase or trunk		
 Choose from these two options: 		
 A duffle bag: allows for stuffing and compressing gear to fit on the bus easily 		
☐ A 50-60 L backpack, has enough space to contain everything while		
being mobile and fitting on ones back. Here is a link with an example		
but feel free to pick your own https://www.amazon.com/Loowoko-Hiking-Backpack-Travel-Camping/d		
p/B07BT19B57		
☐ Small/light day pack/book bag		
 For essential items to be used and easily accessible throughout the day 		
☐ Headlamp with batteries - instead of flashlight, allowing for hands-free use		
☐ Sleeping pad - used as padding for sleeping on the ground/in tents		
☐ Sleeping bag - synthetic w/ compressible stuff sack		
 A minimum temperature rating of 40 degrees, as it gets cooler at night in the mountains. 		
 It should also have a stuff sack with ability to compress to help with space in 		
luggage.		
 Here is a link with an example but feel free to pick your own: 		
https://www.amazon.com/HiHiker-Camping-Sleeping-CompactCompression/d		
<pre>p/B07LC666CL/ref=sr_1_14?dchild=1&keywords=outdoor+sleeping+bag+wit h+compression+sack&gid=1620331%20255&sr=8-14</pre>		
☐ Extra pair of sneakers or hiking shoes		
☐ Trash bags (at least 2, for wet/muddy items)		
Rain coat or thick poncho (thin disposable ponchos not recommended)		
☐ Warm outer layer for cold nights: fleece, thick hoodie, or puffy coat		
Socks - recommended wool, nylon, or synthetic		
☐ Extra water bottle		
☐ Hammock with small tarp - for sleeping outdoors		

YMCA Camp Greenville Adventure Trips Packing List

If your camper is registered for an Adventure Program, please print or reference this list IN ADDITION TO the previous pages.

"	TONAL PACKING LIST FOR WHITE WATER ADVENTURE: 'Dry bag" for belongings - optional Water shoes or close toed sandals
	TONAL PACKING LIST FOR CAVING ADVENTURE: Long pants and long-sleeve shirts (required for caving days!) Clothes that can be ruined with cave mud - do not pack nice new clothes for caving days
_ "	TIONAL PACKING LIST FOR LAKES + RIVERS CANOEING ADVENTURE: "Dry bag" for belongings - optional Water shoes or close toed sandals SPF 50+ Sunscreen due to lake sun exposure
	TIONAL PACKING LIST FOR MOUNTAIN BIKE + CLIMB ADVENTURE: Do not bring your own equipment from home. Bikes and helmets will be brovided by the Nantahala Outdoor Center.
ADVEN	TIONAL PACKING LIST FOR MONKS ULTIMATE or OUTBACK ITURE: Long pants Water shoes or close toed sandals 'Dry bag" for belongings - optional