

AN SLP STEPHEN STUTTERING STORY

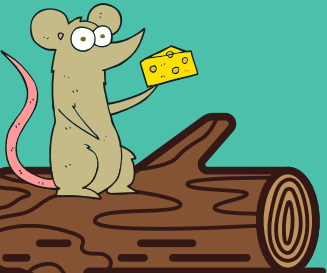


FELIX THE FOX FINDS STUTTERING FACTS

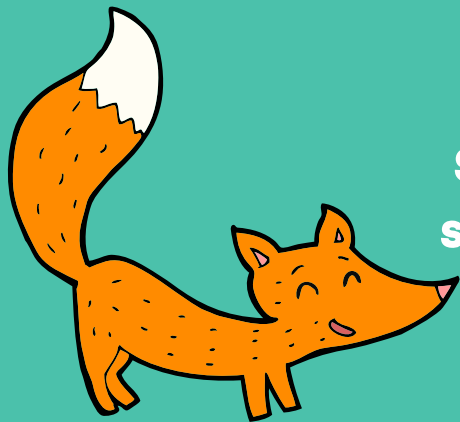
Say hi to my friend, Felix. He's a fox.

Most of his fox friends like hunting for mice all day, but he likes hunting for **just one thing: facts.**

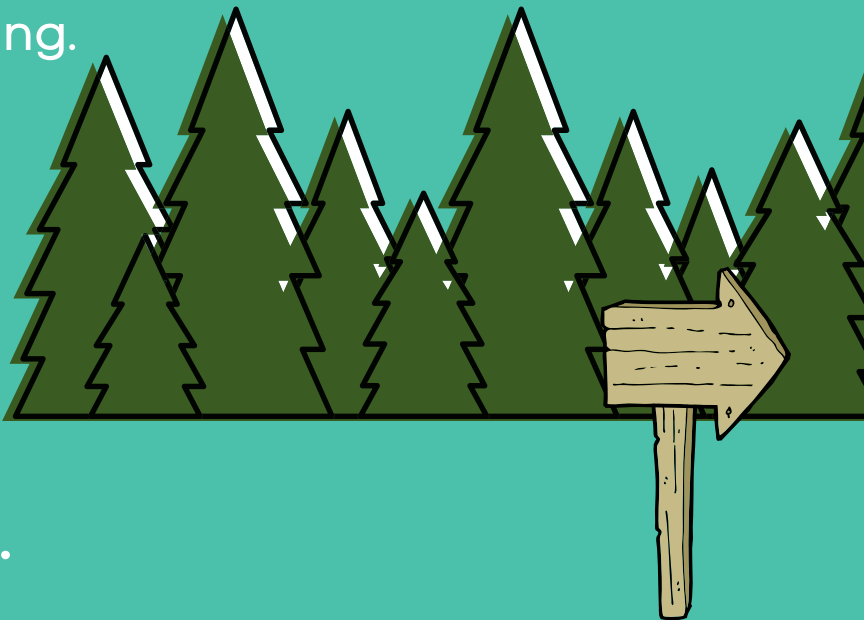
(Felix has a very big brain).

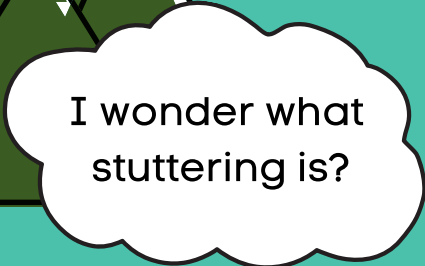
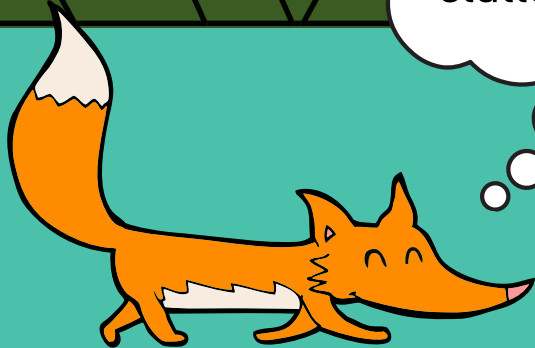


Today, he wants to find
some facts about stuttering.
Wanna come along?



Sniff
sniff...





I wonder what
stuttering is?

"I wonder what
stuttering is exactly?" he
muses. Then, his nose
catches a scent...

Sniff sniff...

"Found something!"



DAILY NEWS

World • Buisness • Finance • Lifestyle • Travel • Sport • Weather

10.10.2018

№ 7674177203

WHAT IS STUTTERING?

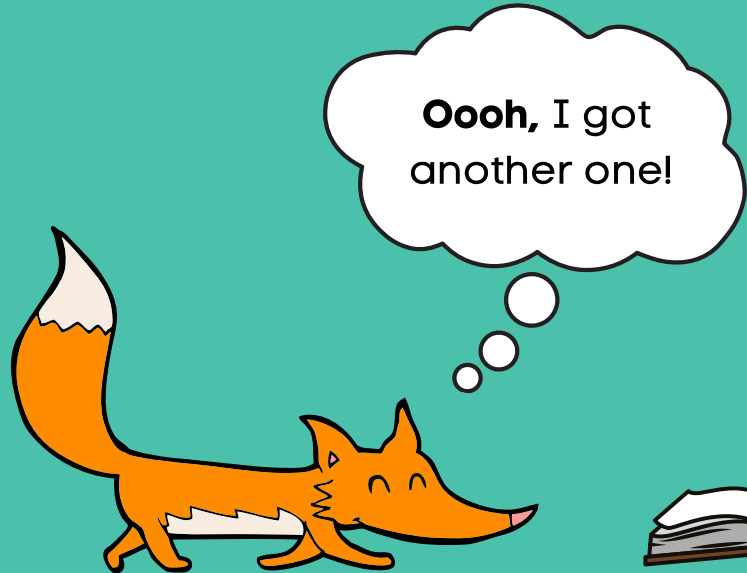
“Stuttering is **when your forward flow of speech gets stuck involuntarily**. It usually comes with stuttering-like disfluencies and sometimes with a sense of being out of control.”



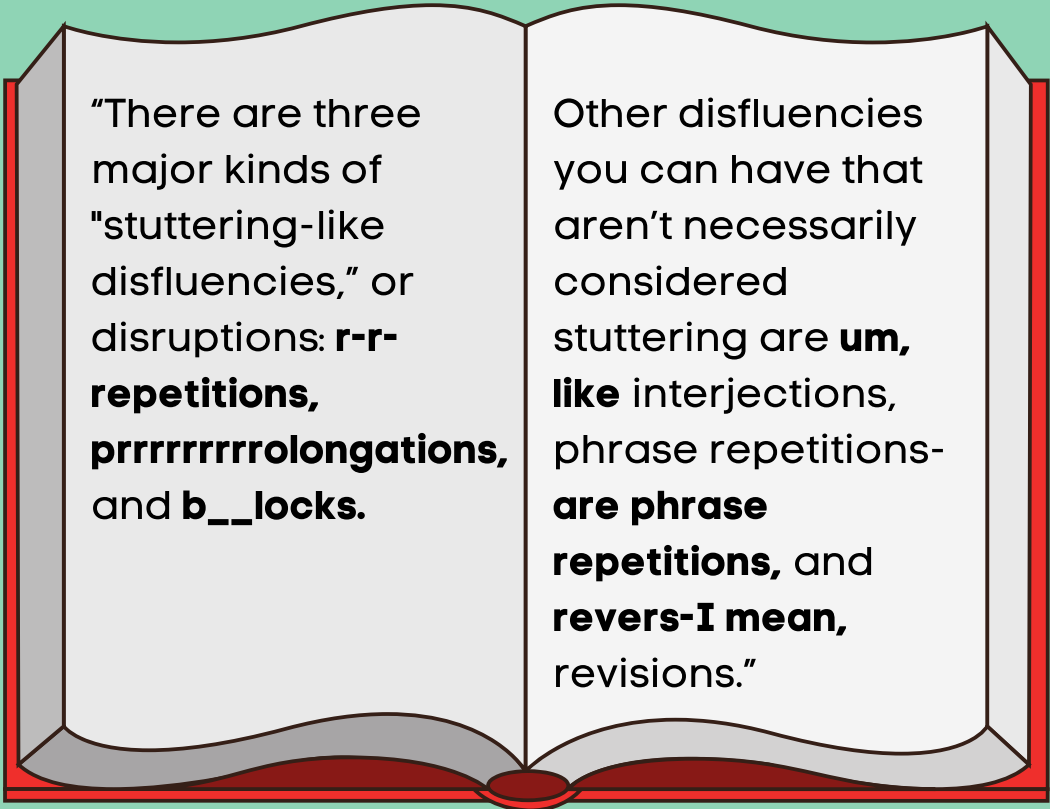
"I wonder what all the different kinds of stuttering are?" he says.

Sniff sniff...**sniff sniff sniff.**





Oooh, I got
another one!



“There are three major kinds of “stuttering-like disfluencies,” or disruptions: **r-r-repetitions,** **prrrrrrrrolongations,** and **b__locks.**

Other disfluencies you can have that aren’t necessarily considered stuttering are **um,** **like** interjections, phrase repetitions-**are phrase repetitions,** and **revers-I mean,** revisions.”

“Mhmmm, these are some good facts,” Felix says.

Wait, I think I have another one!

Sniff sniff **snifffffffffffff**. Yes, I **definitely do!**



“Physical concomitant behaviors” are things you might do as you struggle through a moment of stuttering, like:

1. Breaking eye contact
2. Clenching or jerking your body
3. Having audible or exaggerated breathing

4. Talking around a desired word (called "circumlocution")

5. Substituting a different word for a stuttered word

6. Substituting another disfluency (e.g. "um," or "like") for a stuttering-like disfluency

-
-
-

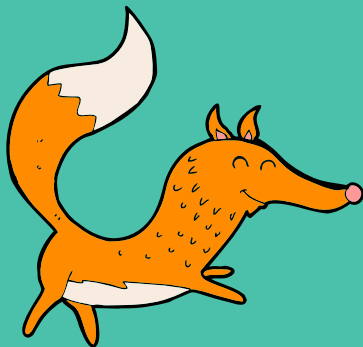
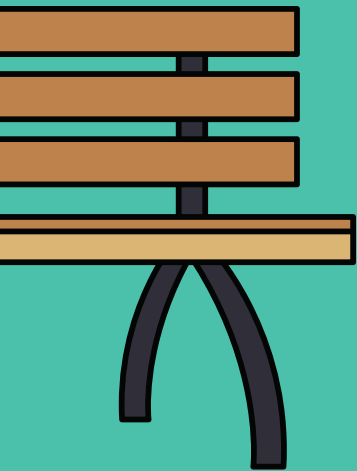
7. Covering your
mouth

-
-
-

8. Avoiding certain
speaking situations

-
-
-
-
-
-
-
-
-
-

They're often "seemingly"
a helpful way to get
through the moment
of being stuck, although
they can be pretty
distracting to your
listener.

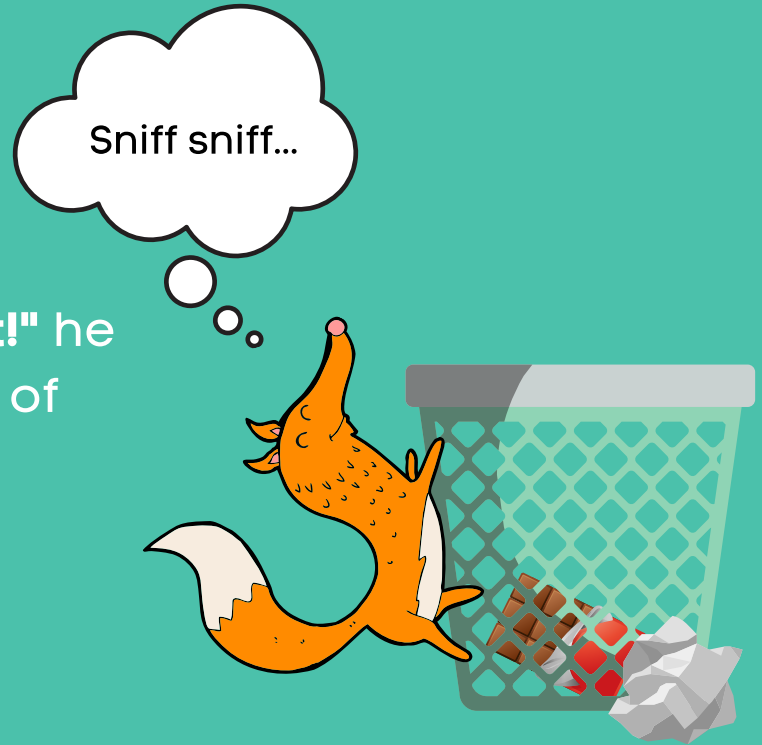


“Gosh, There's so much to know! I wonder how many people around the world stutter?” Felix wonders next.




Around 8% of children stutter at some point during their childhood.

"Eight percent? That's **a lot!**" he says, climbing up the side of the trashcan.



"That's almost one in every ten kids!" He says as he jumps in.



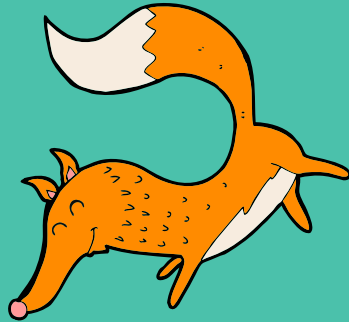


95% of people **start
stuttering** between
the ages of 2 and 4
years old.

"Wow, that's pretty young!" he says, jumping out.

Sniff sniff...

He unrolls the last, crumpled piece of paper.



80-90% of children will recover from stuttering in childhood (with or without speech therapy).

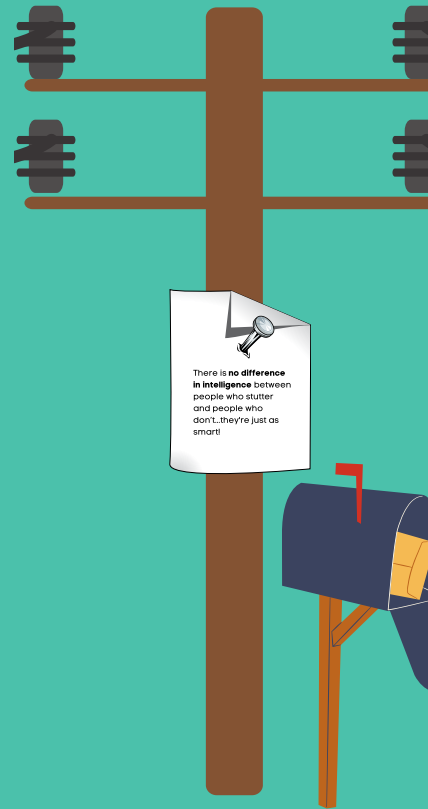
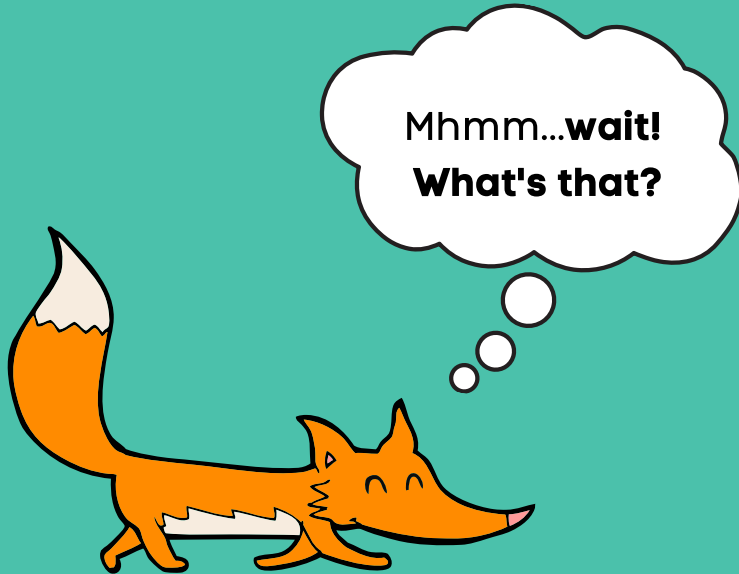
That leaves about 1% of the world's population to stutter throughout their lives, **or about 70 million people worldwide**, which is roughly the entire populations of California, Texas and Georgia, **combined!**

"I did **not** know that many people around the world stuttered!" Felix says.

Felix is loving all the facts.
"My brain is so full!" he says.

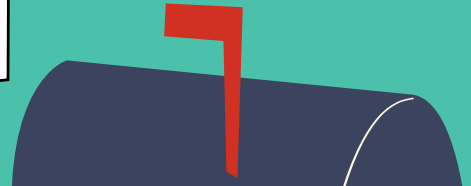



"I wonder what else I don't know..." he says, scampering on.





There is **no difference in intelligence** between people who stutter and people who don't...they are just as smart!



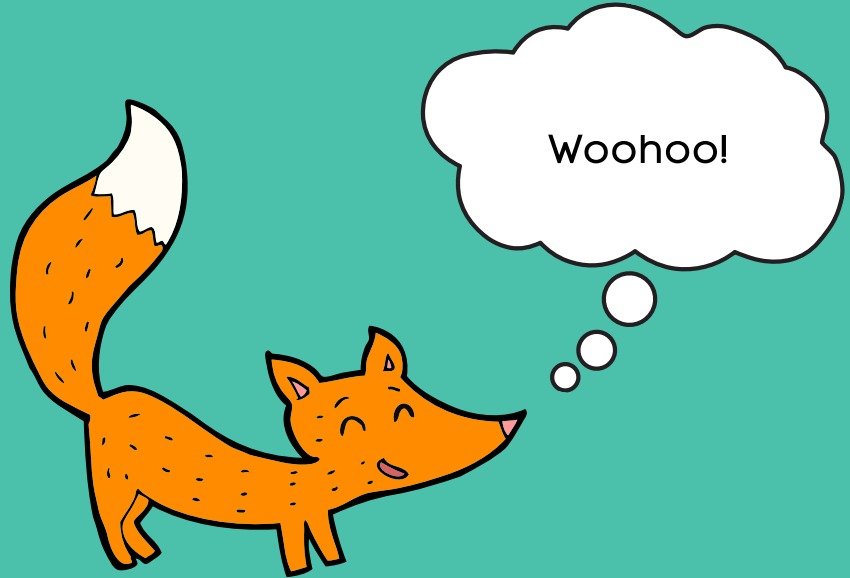


"I knew that!"
he says.

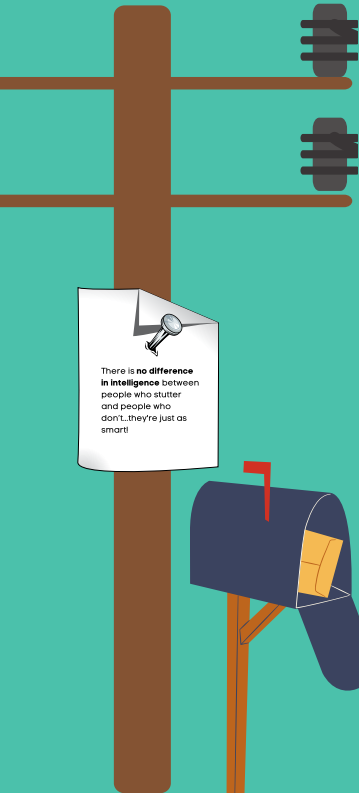
Then,
something
falls out of
the mailbox.

- Also, **nervousness does not cause stuttering**, but heightened
- emotions can make already-present stuttering more challenging. What
- emotion do people who stutter have the most trouble on?
- **Excitement.**

"Whew...what a day! I learned so much." Felix smiles. "I know just what I need now."



There is no difference in intelligence between people who stutter and people who don't...they're just as smart!



Zzzzzz zzzzz.

A nap! Don't worry, he'll be back out searching for more facts tomorrow.

