



GROSSESSE PENDANT LA PANDÉMIE PREGNANCY DURING THE PANDEMIC

What can I do to encourage my child's development?

Providing many opportunities for fun, play, and interaction are excellent ways to support your child's development.

If you would like specific suggestions for activities for children 24-30 months old, you may find the following resources helpful:

- [ASQ®-3 Activities for children 24-30 months old](#) (includes activities to support personal-social, gross motor, fine motor, problem solving, and communication skill development)
- [ASQ®:SE-2 Parent Activities for 2 years](#) (supports social-emotional development)
- [Resources from the Canadian Paediatric Society](#)
- [Zero to Three](#)
- [Healthy Children](#)
- [CDC: Important Milestones](#)

If you are concerned about your child's communication and/or language development, reach out to a health professional such as your family doctor or pediatrician. You may also find the following resources helpful:

- [The Hanen Centre](#): Hanen provides helpful information about when to be concerned and what you can do to help your child learn language.
- [Talk Box: A Parent's Guide to Creating Language-Rich Environments](#) (from Alberta Health Services)
- [10 Tips for parents of young children who communicate without words](#)

Have questions about developmental screening?

We invite you to [read this article](#) with answers from an early childhood expert or [explore these articles](#) that explain developmental milestones and provide some tips and strategies for supporting your child's development.

Please see [our study website](#) for other resources related to wellness, parenting, and infant development.