

# NAAFA

## Newsletter

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April 1989

### L.A. Paramedics Sue Over Weight Restrictions

United Paramedics of Los Angeles, a union, recently filed a lawsuit against the Los Angeles Fire Department on behalf of four of its members: three paramedics and one ambulance driver. According to the Associated Press, the union is challenging the department's strict weight-loss policy, complaining that the four employees were told they were overweight, placed in the department's "Tub Club" and ordered to lose weight.

The paramedics lost the first round, however, when Chief U.S. District Court Judge Manual L. Real refused to issue a temporary restraining order. The judge said that the Constitution provided no special protection for the rights of fat people. "(Ben) Franklin was a fat man, but he didn't put protection for (that) class in the Constitution," Real said. The suit continues...

#### COMMENTARY

If I remember my history correctly, isn't this the same Constitution that permitted slavery and didn't recognize women as full citizens? Of course it is, and over the last 200 years, through court interpretation, Constitutional amendments, and additional federal

continued page 2

**NAAFA:**  
The National Association to  
Advance Fat Acceptance

formerly  
The National Association  
to Aid Fat Americans

### Ann Landers Publishes Activism Letter

At the New Year's regional gathering in Columbus, Ohio, those attending the Activism workshop wrote individual letters to Ann Landers. The women asked why they should only date and marry men who found them unattractive (i.e. a man who would be unhappy about his wife's larger size and would be likely to urge her to lose weight), and the men asked why they should deny their attraction to large women. Russell F. Williams and Louise Wolfe, Chairpersons of the Activism Committee, report that these letters were dated throughout the month of January; each week a few were mailed.

On March 16th, Ann Landers' advice column carried the following letter:

*Dear Ann Landers: I have read dozens of letters in your column about how unattractive overweight women are and if they want to be desirable they should get those ugly pounds off. In your sex survey, one man said he was turned off because his wife had gained so much weight that he was embarrassed to be seen with her.*

*I am a 36-year-old, 150 pound male who wants the world to know that I will choose the fat woman over the thin one any day of the year. My girlfriend is 30 and weighs 300 pounds. She is voluptuous and sensuous and radiates sexuality. I love to see her eat and I don't want her to lose an ounce.*

*I hope this letter puts an end to the myth that overweight women are not attractive to men. My sweetie is a real armful, and I wouldn't have it any other way. —R.K., Hagerstown."*

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Ann responded that R.K.'s letter "will be a real upper for those zaftig women in my reading audience," but unfortunately she couldn't let it go at that. She added a real downer by once again stating that "a 300 pound woman is considered morbidly obese." She then suggested to R.K. that if he wanted his Rubenesque beauty around to share his twilight years, he should encourage her to get her weight within normal limits.

#### COMMENTARY

I suppose it is a step in the right direction that Ann Landers actually printed R.K.'s letter, and in so doing, acknowledged the existence of fat admirers. We commend Robbie Kassel (NY) for writing a letter good enough to be published, and we commend the Activism Committee for encouraging NAAFans to write. We are also pleased to see the number of NAAFans who are responding with letters to the columnist. One such response letter went to Ann Landers from V.L. Brunton who said:

*"...You are right that there's more to it than "fat vs. thin." It's about: time fat people and their admirers started speaking up. Contrary to popular opinion, fat is not invariably linked to disease and early death. Many*

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## Ann Landers...continued

weight loss schemes are proven to be riskier than weighing 300 pounds.

Fat people may be much better off allowing their weight to remain stable than to try to reduce. The failure rate of all weight loss regimens is over 95%. The only lasting effect of weight loss is the eventual regain, or gain of more weight than originally lost.

Isn't discrimination what we're really talking about? Society decreed a long time ago that it found fat unattractive. Fat hasn't had many great defenders. There have been few "counterpoints" in the annals of obesity research. Consider the possibility that obesity research itself may be dangerously skewed, that it all went unchallenged!

Please write to NAAFA.... They have the latest on health and discrimination related to obesity. —V.L. Brunton (TX) ♦♦

## Paramedics...continued

and state statutes, "we the people" have protected the rights of many groups not recognized in the original document.

Ben Franklin and other portly patriots such as General Knox, the first Secretary of the Treasury, didn't have to face the size discrimination that is rampant today. Perhaps everyone was too busy fighting for independence from England and setting up a new government to worry about the size of their neighbor's waistslines!

We applaud the United Paramedics of Los Angeles for supporting their larger members. While we think it's fine for employers to ask employees to be fit when their fitness directly affects their job performance, we also believe that fitness is not necessarily linked to weight, nor is weight loss always required to achieve fitness! ♦♦

## Computer Bulletin Boards List Pro-Fat News

If your computer has a modem that transmits 300 to 1200 bauds, you can call one of two "size acceptance" computer bulletin boards. The Big Board (run by Cliff Wilson of California) and Roundabout (run by Lee Hackney of Texas), have information about goods, services, dating services, and other items of interest for large people and their admirers. The telephone number of The Big Board is 415 838-2465, and the number of Roundabout is 214 407-0655. ♦♦

## Diet Pills Not Better Business, Says Bureau

"Get thin, go broke" was the lead-in for a feature story supplied by the Associated Press to radio stations for broadcast.

According to the piece, "the Council of Better Business Bureaus says that there is no magic way to weight loss—no secret method, no breakthrough pill or exclusive device. In fact, it says the words *secret*, *breakthrough*, or *exclusive* should be clues that something is wrong. It points out that there are no real secrets in ordinary weight loss."

While most NAAFA members are savvy enough to avoid fraudulent weight loss schemes, a large percentage of fat people in America jump at every new pill, plan, or device that hits the market.

A typical product is Cal-Ban, a "breakthrough" pill that is touted to cause weight loss without dieting or exercise. It has recently been widely advertised on both television and in the print media. A money back guarantee is offered, along with a free necklace of "faux pearls." A wise consumer might wonder if the product and the money back guarantee are as "faux" as the pearls!

According to the AP feature, the Better Business Bureau says federal officials consider only two kinds of pills safe without a prescription: one type contains benzocaine which numbs the tongue to reduce one's sense of taste, and the other contains PPA which suppresses appetite—but the agency says the Food and Drug Administration (FDA) doesn't think it should be used by people with conditions such as high blood pressure. NAAFA experts would agree, but would also question the long-term effectiveness of *any* diet pill. ♦♦



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## Convention '89

Plans are under way for our annual convention in Los Angeles on August 9-13. Reservation forms will be mailed to all members in May. Here are some announcements that pertain to the event:

**Fashion Show:** Members are invited to participate as models in our annual plus-size fashion show on Thursday, August 10. If you would like to model, you must be available for a fitting/rehearsal on August 9; and you must contact the NAAFA office by May 15th indicating interest. Applicants will be contacted by producer Debbi Brunson.

**Trunk Sale:** Vendors who wish to sell products for larger people at our trunk sale should contact the NAAFA office for information. Only fat-positive products and services are permitted.

**Workshops:** There is a limited number of workshop slots left on the schedule. Anyone wishing to volunteer to lead a workshop should write the NAAFA office immediately with a brief description of your proposed workshop and your credentials.

### NAAFA Newsletter

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Articles in this Newsletter do not necessarily reflect the official policies of NAAFA, Inc., unless specifically noted. Please contact the NAAFA office about specific NAAFA policies. Commentaries in this Newsletter, unless otherwise noted, were prepared by a member of the editorial staff or the Executive Director. ∞

## Tentative Schedule

MONDAY—August 7  
Special sightseeing trips

TUESDAY—August 8  
AM: General sightseeing in L.A.  
PM: Board Meeting, Registration, Orientation  
Evening: Pool/Hospitality Suite party

WEDNESDAY—August 9  
AM: Welcoming Breakfast  
All Day: Leadership Seminar, Emotional Support discussions, and SIG gatherings  
Dinner: Optional off-site dinner  
Evening: Pool/Hospitality Suite Party SIG gatherings

THURSDAY—August 10  
AM: Workshops/discussions  
Lunch: Fashion Show Luncheon "Town Meeting" (with Board)  
PM: Trunk Sale F.A. Panel and other discussions  
Evening: 20th Anniversary Workshop and Party

FRIDAY—August 11  
AM: Workshops/discussions/SIG's  
Lunch: Chapter and SIG Rally luncheon  
PM: Activism Rally  
Evening: Fiesta dinner dance

SATURDAY—August 12  
AM: Workshops/discussions/SIG's  
Lunch: Awards Luncheon/Speakers  
PM: Fat Lip Readers Theater Workshops/discussions/SIG's  
Evening: Dinner Dance

SUNDAY—August 13  
Morning: Workshops/discussions/SIG's  
Lunch: Farewell Brunch/ Personal Testimonials

MONDAY—August 14  
Special sightseeing trips ∞

## Workshops invited for 4th of July

Members who would like to give a workshop at the 4th of July Weekend fundraising event in Columbus, Ohio are urged to immediately call Mary Jo Hoxworth at 216 671-1000 ∞

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NAAFA: The National Association to Advance Fat Acceptance, Inc., is a 501(c)(3) non-profit, tax-exempt educational, human rights organization dedicated to improving the quality of life for fat people.

NAAFA is not a diet group, but seeks alternative ways to enrich the lives of its members and large people everywhere through public education, research, advocacy and support.

Regular membership in NAAFA is \$35 per year. Other membership categories are available. For more information, contact the Membership Services office:

NAAFA  
PO Box 188620  
Sacramento, CA 95818  
or call (916) 443-0303.



# Results of the NAAFA Survey on Employment Discrimination

Esther Rothblum, Pamela Brand,  
Carol Miller and Helen Oetjen  
University of Vermont

*"I was told that I could not be hired because insurance would not cover me."*

*"I was told by upper management that I would never be promoted until I lost weight and the union took management's side when I went to the union."*

*"The prospective employer assumed that I would lack energy."*

*"People are always surprised when I do a good job or display any talent or ability."*

Two years ago, the NAAFA Newsletter contained an editorial entitled "It's time to give employment a higher priority." This article indicated that NAAFA had published a large number of articles on health in its Newsletter but few on employment. When we read this article, we were intrigued, since we had been conducting research on weight and employment discrimination but were dismayed at the lack of prior research in this area. At the same time, we were aware that all across the county, isolated individuals were in the process of suing their employers for discrimination due to weight.

As a result, we developed the NAAFA Survey on Employment Discrimination, which was approved by the NAAFA Board of Directors and mailed to all NAAFA members in the fall of 1987. Each respondent was also asked to give an additional copy of the survey to someone else. The survey asked about current employment, job satisfaction, and salary, as well as past employment. It asked respondents whether they had ever been not hired, denied promotions, denied benefits, demoted, fired, or pressured to resign because of their weight. We also asked about more subtle kinds of discrimination—did supervisors, co-workers, or subordinates ever make fun of or criticize the respondent for their weight, or were they ever threatened, chased, or beaten because of their weight. We asked whether personal self-confidence had been diminished because of weight, so that it affected their job

applications, job interviews, asking for raises or promotions, or getting to know co-workers. Other questions asked whether respondents had ever concealed or hidden their weight from others (such as using a telephone rather than appearing in person) because of weight. We wanted to know whether respondents had been victimized during their school years because of their weight, and whether their weight had interfered with attainment of educational goals. We also asked about two areas of discrimination that were not related to employment—medical and housing discrimination based on weight—because there have been no surveys to our knowledge of these forms of discrimination against fat people. Finally, we asked respondents for some demographic information, including their age, education, marital status, income, weight, height, and weight history.

**Response rate and method of scoring of the survey.** We received back a total of 367 surveys from women and 78 from men. We were impressed, not only with the number of NAAFA members who completed and returned the surveys, but also with the number of people who included written comments about their particular situations. These comments were extremely helpful to us in understanding weight discrimination, and we will quote some of these comments in this article (making sure to avoid comments that would violate confidentiality).

In general, our results indicated that there was a strong relationship between respondents' weight and their experience of all forms of discrimination. Thus, the heavier a respondent, the more likely he or she had experienced job discrimination, verbal or physical abuse, school victimization, housing and medical discrimination, that he or she had concealed or hidden weight, and that personal self-confidence was lower because of weight.

Next, we were interested to see whether these forms of discrimination differed for women and men. Also, in order to present some of our results on a table, we needed to divide people into groups based on their weight. This is so the reader can see how fatter people experience more discrimination than thinner people. Although there are several ways we could have done this, we chose to list three groups: 1) NON-FAT PEOPLE: those who would be considered "average weight", or no more than 19% over "average weight" by standard height and weight tables; 2) MODERATELY FAT PEOPLE: those who would be considered

20-40% above average weight on these tables, and 3) FAT PEOPLE: those who would be considered over 50% above average on the tables.

We realize that there are problems with any arbitrary grouping of people into categories and certainly with our choosing to label these groups as we did. Since many NAAFA members are proud of the term "fat" then some may be insulted to discover that we would categorize them as "moderately fat" or "non-fat" as though we do not consider them part of the organization. Others may feel that in today's society, with its fanatic focus on thinness, almost no one (particularly women) feels "non-fat" so that term is misleading. Certainly, some people may be the heaviest person in their workplace, yet be labeled "non-fat" by our method, and others may be categorized as "fat" by the above method yet not appear so in their place of work, etc. Nevertheless, we hope that our categorization will help to illuminate some of the issues that respondents indicated in response to our survey.

**Job discrimination.** Over 40% of fat men and 60% of fat women stated that they had not been hired for a job because of their weight. In contrast, almost none of the non-fat respondents indicated that this had ever occurred. Over 30% of fat men and women indicated that they had been denied promotions or raises, and over 25% indicated that they had been denied benefits (such as health and life insurance) because of their weight. Nearly 70% of fat men and women had been questioned about their weight on the job or urged to lose weight; and this was also true of about 30% of moderately fat people and 10% of non-fat people.

The comments of respondents indicate that, for some, their job interviews focused almost entirely on their weight. Others were enthusiastically encouraged to apply and then the enthusiasm waned when they were seen in person. Employers told fat people that they would lack energy; that they would provide bad role models. They felt they were treated as though they were mentally handicapped. Some fat people had been given health insurance but were charged more for it. They were not included in firm functions. They were told not to sit on the new office furniture in case it would break. They could not get a new job when they moved. They were passed over for promotions because of their appearance. And one respondent wrote, "you can't demote someone already on the bottom."

continued next page

**Table**  
**Percentage of survey respondents**  
**who indicated discrimination**

Category	Men			Women		
	Non-fat	Mod Fat	Fat	Non-fat	Mod Fat	Fat
<b>Job Discrimination</b>						
not being hired	0	0	41.7	0	30.8	61.6
denied promotion or raise	0	0	36.1	0	7.7	30.6
denied benefits	0	0	30.6	0	5.1	25.3
fired or pressured to resign	0	0	11.1	0	2.6	17.4
urged to lose	15.4	26.7	69.4	10.6	33.3	68.0
<b>Concealed weight because of:</b>						
public harassment	3.8	0	27.8	6.4	17.9	46.3
employment	0	0	16.7	0	10.3	25.3
medical	0	0	16.7	2.1	10.3	26.0
other	3.8	0	11.1	0	15.4	13.9
<b>Lack of Self Confidence because of:</b>						
applying for job	0	0	41.7	10.6	56.4	73.3
job interviewing	0	0	44.4	12.8	64.1	73.0
raise/promotion	0	0	22.2	6.4	28.2	39.5
getting to know co-workers	11.5	6.7	22.2	4.3	38.5	47.3
continuing education	0	0	19.4	4.3	25.6	36.7
medical	11.5	26.7	44.4	17.0	53.8	73.0
other	0	0	11.1	10.6	20.5	26.3

More than any other comment, however, respondents wrote that they suspected job discrimination but couldn't prove it. As one person wrote: "Who knows—but I'm sure." Thus, the results on the frequency of job discrimination may actually be underestimating the true incidence.

**Salary and job qualification.** The men who responded had been in the labor force longer than the women and earned higher salaries. However, there was not much difference between fat, moderately fat, and non-fat people regarding their salary nor how long they had been in the labor force. Given all the discrimination that fat respondents had indicated, it hadn't significantly affected their salary. This seems to be a tribute to the perseverance of NAAFA members! Nevertheless, fat people were more likely to indicate that they were over-qualified for the jobs they had.

**Job prestige.** Respondents stated their job title on the survey, and two researchers carefully looked up the prestige of each job title using census data. (They agreed on the prestige of 93% of all respondents' jobs—quite a high reliability). Although men and women did not differ in general in job prestige, there was a difference between the overall prestige of jobs of people in different weight categories. In general, fat people were employed in jobs that had lower prestige.

**Personal self-confidence.** Over 70% of fat women stated that their weight had interfered with their personal self-confidence in applying for a job and going to a job interview. This was true of 40% of fat men, and over half of moderately fat women, but for virtually none of non-fat men and women. Additionally, about 40% of fat women felt their weight had interfered with their self-confidence in asking for a raise or promotion, in getting to know co-workers or customers/clients, and in continuing their education. Over 70% of fat women, over 40% of fat men, and about one fifth of moderately fat women said that their weight had interfered with their self-confidence in going to a physician or nurse.

Although we didn't ask about self-confidence interfering with sexual and social relationships, nearly all of the people who checked the "other" category mentioned this omission. People wrote about lack of self-confidence in dating, starting sexual relationships, taking risks, being flirtatious, and getting married. "Face it," wrote one person, "it affects the whole personae and life of a fat person in today's socially slender world." Other people also mentioned going to public places, participating in physical activities, going shopping, going to church, going to work, travelling, attending college, eating in public, turning in a complaint, beginning a lawsuit, and, as one respondent wrote: "every single part and facet of daily personal and professional life. When one is made to feel inferior at an early age, the fears and problems remain even though negative occurrences are very rare now."

**Concealed or hidden weight.** Over one quarter of fat men and nearly half of fat women had concealed their

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Waist	29	31	33	35	37	39	41½	44	46½	49	51½	54	56½	59	61½	64	69	71½	
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weight (such as using the telephone rather than appearing in person) in order to avoid public harassment or intimidation. About 16% of fat men and one quarter of fat women had done so to avoid employment discrimination and medical discrimination. Such concealment of weight was virtually nonexistent among non-fat men and women and among moderately fat men.

Respondents' written comments indicate that they selected jobs involving telephone work or writing at home in order to avoid being seen, or chose jobs such as newspaper reporting, dispatching, or telemarketing that involved the telephone. Others indicated that they were more comfortable speaking on the phone than meeting in person. Many mentioned avoidance of social situations, family gatherings, school reunions, or said that they send other people on errands to avoid being seen.

**NAAFAs are fat activists.** Despite the tremendous amount of discrimination that NAAFA members had received in all areas of their life due to weight, we were impressed with the number of written comments that indicated a spirit of fighting back. Here are some of these comments which relate to the areas covered in the first part of this report:

*"I was told that I would never amount to much because I was fat. Well, look at me now!"*

*"I now write NOT APPLICABLE on applications that ask for my weight."*

*"My confidence is there, the accommodations (large seats on buses, airplanes, theaters, etc.) are not."*

*"I'm an exclusive Fat Advocate. I have no room for fat bigotry!"*

[Next month, we'll continue with part 2 of this report and cover the responses to question about verbal and physical abuse, school victimization, medical discrimination, and housing discrimination, and the researchers' final conclusions. —Ed.]

Esther Rothblum is a NAAFA member and an Associate Professor of Clinical Psychology at the University of Vermont, currently on sabbatical at the Women's Studies Institute of the University of Minnesota in Duluth. Pamela Brand is a NAAFA member and a doctoral student in Social Psychology at the University of Vermont. Carol Miller is an Associate Professor of Social Psychology at the University of Vermont. Helen Oetjen is an undergraduate psychology major and was a research assistant on this project. All are conducting research in the area of weight and job discrimination, and women, weight, and social stigma.



**It's A Boy!** Congratulations to Debra Ernsberger and her husband Dr. Paul Ernsberger (NY) on the birth of their first child, Timmy Scott, born on December 6, 1988. Mom, Dad, and Timmy are doing fine. Paul is the Chairman of NAAFA's Advisory Board and Deb was the first Coordinator of the Feminist SIG.

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# Lifestyles

This month we have an article from Nancy Guile (MI) for our *Lifestyles* section, but first I must recount a brief story...

Recently my husband and I were taking a Sunday drive, and we passed a dilapidated old store which had a shiny new sign that read "Antiques." Parked in front of this shop were several expensive new cars, obviously belonging to customers. But on one side of the building, sitting on the ground, was an old rusty sign just as dilapidated as the building on which it once hung. It read "Used furniture." We could only imagine that the shop became run down during unsuccessful years of selling that "used furniture," but now that the used furniture was called "Antiques" business was booming!

I think the signs we choose to hang on ourselves are just as important as the sign hanging on the store. If we choose to wear a "big and beautiful/handsome" or a "winner" sign instead of a "fat slob" or "loser" sign, we'll attract more "customers." If we send out signals that we're fun, interesting, positive, self-confident people, we'll be able to rise above the negative fat stereotypes. Attitude is just as important as physical appearance; in fact, attitude can actually play an important role in how we look to others.

Now is a good time for a sign inventory. Look in the mirror, but look inside yourself, too. Do you like your signs or is it time for a change?

—Nancy Summer

# Offensive Name Calling

by Nancy E. Guile (MI)

Name calling...we tend to think of it as child's play, yet when it is done by one adult to another it can leave ugly scars, lower our self-esteem, and make us question our own self worth. As a fat individual, I've had my share of offensive name calling from others. It hurts.

"Fat slob!" Of all the derogatory slurs against fat people, this one really irks me.

The dictionary defines "fat" as obese, corpulent, fleshy, stout, plump. Okay, I am all of these. The dictionary defines "slob" as a stupid, careless, or unclean person. I am none of these.

If society can classify us as "fat slob," then would it be correct to assume our thin counterparts could be classified as "thin slob"? This is utterly ridiculous.

NAAFAn's are fat, but slob's we are not!

Fat people are not necessarily "stupid"...as body size has nothing to do with one's intelligence. Neatness and cleanliness are as important to us as they are to anyone else. Furthermore, we are no more "careless" than the next person. In fact, I think it would be safe to say that as a group of people, we are probably more conscious of our appearance and attire than thin people. We strive to make a good impression.

continued next column

# Upcoming Board of Directors Meetings

May 28, Charlottesville, VA  
August 12, Los Angeles, CA

All NAAFA members in good standing are invited to attend national Board of Directors meetings. The meetings are held four times per year in various parts of the country and normally last about four hours. If you would like more information, please call the NAAFA office, or write the Chairman of the Board, Conrad H. Blickenstorfer. ◊◊

Our NAAFA friend Sue Campbell is not doing well in the hospital and would like some funny, up-beat cards or notes from her friends. Please write her c/o Valley Medical Center, 400 So. 43rd #3102, Renton, WA 98055. ◊◊

## Name Calling...continued

Most fat people have endured nearly a lifetime of physical discrimination. It's up to us NAAFAn's to change society's opinion of us from negative to positive through education, so that we may lead a better quality of life through size acceptance.

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## NAAFA Newsletter Advertising Policy

Ads received by the following dates will be printed in the next issue available: **UPCOMING DEADLINES:** May 1 for the June issue, June 1 for the July issue, and so forth.

### CLASSIFIED ADS

Non-Member ads: \$.75/word, 20 word min.  
Member ads: \$.50/word, 20 word min.  
Confidential department number: \$5 per issue.  
Capitalized boldface words: Count as two words each—not available for personals.

### PERSONAL ADS

Personal ads from members wishing to meet other members are published in "The Personals" supplement—mailed to members with this Newsletter. Instructions for placing or responding to personal ads appear in the supplement.

### DISPLAY ADS

Contact NAAFA office for ad rate card.

### AD PAYMENTS

**Discounts:** Deduct 20% for identical ads in three consecutive issues.

**Payment:** Must be included with order. VISA or Mastercard okay for charges of \$15 or more. We need card type, number, and expiration date; amount charged; name and address of card holder; and your signature.

**Foreign members:** Send U.S. funds; int'l money order; or VISA/Mastercard.

### AD ACCEPTANCE POLICY

Publication of any ad in the Newsletter, the "Personals", and/or mailing of any flyer by NAAFA does not imply any en-

dorsement by us. However, we will not knowingly publish an ad or mail any flyer that has false information, or which appears to be a violation of NAAFA's purposes or code of Minimum Standards. Ads or flyers for goods or services for weight loss or gain will not be accepted.

### SEPARATE MAILING OF FLYERS

NAAFA occasionally mails promotional flyers for non-NAAFA goods or services. Such mailings either take place from our office or from Board-approved mailing services. Such mailings are completely paid for by the promoters; we make such mailings for informational purposes, and to help pay for overhead expenses. Those NAAFAn's who choose not to receive such mailings can request it in writing. ◊◊

"TGIF" Dance  
Friday, April 28, 9 pm - 2 am  
M&M DJ's  
St. Mary's Council  
78 Hempstead Ave., Lynbrook, NY  
for information call Bunny 516 665-6525

Saturday, May 6, 9 pm - 2 am  
Queens Chapter "May Day" Dance  
Elks Club, 82-19 Queens Blvd.  
Elmhurst, NY (near Sage Diner)  
(718) 830-5089.

**FUNDRAISING FASHION SHOW  
FOR THE BROOKLYN CHAPTER!**

Also Make-up & wig styling  
All courtesy of  
Michele's Specialty Shop  
Sunday, the 7th of May, 1989. 2:00 pm - ?  
Contact Randi for location & details  
(718) 763-2189.  
We are in need of models. All sizes.  
If interested, please call.

**NAAFA's 20th Anniversary Ball**  
Sponsored by the Long Island Chapter  
Saturday, June 10, 9 pm - 2 am  
Knights of Columbus Hall  
81 Seacliff Ave., Glen Cove, NY  
All proceeds to benefit NAAFA Inc.  
To get a detailed flyer, call 516 681-0466  
and clearly leave your name and address,  
or write PO Box 27, Plainview, NY 11803

## Events

### Memorial Day Weekend Mid-Atlantic Conference

Charlottesville, Virginia  
May 26 - May 29th  
Pool-side luau, dinner dance, picnic,  
workshops, national Board of Directors  
meeting, sightseeing, and more.

Room reservations MUST be made be-  
fore 4/26! Call the English Inn at 800-  
971--9900. Mention NAAFA. Call  
Peggy at 301 790-2023 for details.

### National Convention August 9 - 13th LAX Marriott, Los Angeles

*The biggest event  
of the NAAFA year!*

Welcome to LA!  
MOR 2 LUV invites NAAFans coming to  
the convention to stay over and go to a  
MOR 2 LUV POOL PARTY, Sat.,  
August 19. Call Ronda at 213 693-1844.

Celebrate the 4th  
at a Midwest regional sponsored  
by NAAFA Inc!

### Fourth of July Weekend

5 days of fun, workshops, dances,  
pool parties, games and more at the  
Marriott East in Columbus, Ohio.

FRI: Pool/Pizza Party  
SAT: Luncheon & Dinner Dance  
SUN: Luncheon Program  
Family night Pool Party  
MON: Brunch, Barbeque and  
Pool Party  
TUE: Farewell Brunch  
PLUS: guest speakers, fashions,  
Memory Lane 20th Anniversary  
program, and many interesting, edu-  
cational, and supportive workshops!

The room rate at the Marriott is \$52  
for singles/doubles. Reservation  
must be made by 5/31.

Full details will be available soon.  
For info call Mary Jo at 216 674-  
9268 (eve), 674-6541 (days).

2X - 9X T-SHIRTS, Tank Tops,  
Batwing Shirts, Sweatsuits, Fanny  
Wrappers, Nightshirts, plain or im-  
printed. FREE mail order brochure.

**Full Bloom**  
185 So. Pearl Street  
Dept. N-2  
Denver, CO 80209

### PREHISTORIC FAT GODDESSES

*The Venus of Willendorf*

One dozen chocolate—\$9.00  
Two inch ceramic statuette—\$35.00  
One inch silver pendant—\$100.00  
Free shipping. MC/VISA/AMEX  
or check accepted.

LYRICON DESIGNS  
831/2 Partition Street  
Saugerties, NY 12477  
914 246-7992

## Classified Ads

AVAILABLE BY MAIL

### NEW MEMBERS!

AMPLESTUFF, Ltd. has a 36 page cata-  
log with "ample products for ample  
people" including plus-size hangers,  
housewares, bath and auto accessories,  
selected books, *Cuddles*, and more. Send  
\$3, and we'll send you our catalog and a \$3  
coupon redeemable with first purchase.

*Personal Hygiene for the Ample Person*  
A 16-page "How-to" Booklet for women  
and men. Send \$3.50 plus .50 p/h.

Order both for \$6 and save \$1.

AMPLESTUFF, Ltd.  
Dept. N11, 1150 E. Market Street  
Charlottesville, VA 22901

A new book to make you feel better!  
**THE UNTOLD TRUTH  
ABOUT FATNESS**  
by Dean Kimmel

*"Offers fresh insight and understanding."*

-Normal Wolk, M.D.

Please send \$2.95 plus \$1.00 shipping/  
handling (NY residents add sales tax)

Corbin House, 227 Corbin Place  
Brooklyn, NY 11235.

### HAVE IT YOUR WAY

We have Sizes  
as large as God made women  
SASE for free style sheet  
"16-60"

Fashions that Fit  
10942 Balboa Blvd.  
Granada Hills, CA 91344

SEND FOR PACKET OF MATERIALS  
that was given to attendees at the April 8  
conference in Minneapolis titled "The  
Larger Woman: Enhancing Body Image,  
Fitness, and Health." Send \$7.50 to  
Melpomene Institute, Dept N, 2125 E.  
Hennepin, Minneapolis, MN 55413.