At NAAFA we fight for fat rights, oppose discrimination in all forms, invest in intersectional fat community, and brazenly celebrate fat joy!

July 2023 NAAFA Newsletter

NAAFA at the 9th Annual Weight Stigma Conference

The 9th Annual International Weight Stigma Conference was held in Denver, Colorado and online on June 28-29, 2023. NAAFA is a long-time conference supporter, and this year we sent a delegation of five people to the first-ever US-based edition of the conference. Read about the experience here.

Sign the Campaign for Size Freedom Petition!

Video of the Month

Our video of the month features interviews from attendees and speakers at the 9th Annual Weight Stigma Conference, which took place in Denver, CO on June 28-29, 2023.

Anti-Racism Resources

Each month, we feature educational resources on the NAAFA Community Voices Blog to support our community in taking action to combat racism. This month we’re talking about Disability Pride Month.

Upcoming NAAFA Events

NAAFA Webinar Series with Mary Lambert

Join us July 18th at 12:00pm PT for the latest edition of the NAAFA Webinar Series, featuring Grammy-nominated singer/songwriter Mary Lambert. We’ll discuss being fat in the music industry, Mary’s own fat liberation journey, and more. And Mary will sing for us! Register here.

NAAFA’s Summer Virtual Brunch Featuring Drag Story Hour

On Sunday July 23rd at 11:00am PT, join NAAFA for an interactive summer brunch featuring drag story hour. Register here.
brunch-themed event filled with music, food, and fun! Find out more info about this joyful hour of activities and performances and register here!

Fat Fridays Virtual Social Club
This monthly social event is held via Zoom and is an affinity space only for folx who identify as fat. (Ages 16+)
The next gathering is on 7/28/23 from 5:30-7:30pm PT. Register here!

Fat Liberation Month
Stay tuned for updates on NAAFA’s plans for the 3rd Annual Fat Liberation Month in August!

Reminders/Announcements

More Ways to Donate
Our payment processor now includes donations via Google Pay. Just click HERE to donate using credit card, ACH, Paypal or Google Pay!

Monthly Features

Media & Research Roundup
The Media & Research Roundup is a series of the latest in news and research effecting fat folx compiled by Bill & Terri Weitze.

CONTENT WARNING: Some articles featured in the Media & Research Roundup may refer to stigmatizing events or use stigmatizing language.

NAAFA Chronicles
The NAAFA Chronicles are electronic versions of the NAAFA Newsletter from our earlier days and reflect a piece of fat acceptance/fat activist history.

CONTENT WARNING: Some articles featured in the NAAFA Chronicles may refer to stigmatizing events or use stigmatizing language.

Click here to read the Newsletter Articles

Give to NAAFA
Founded in 1969, NAAFA, the National Association to Advance Fat Acceptance, is a non-profit human rights organization dedicated to improving the quality of life for fat people. NAAFA works to eliminate discrimination based on body size and provide fat people with the tools for self-empowerment through public education, advocacy, and member support.

On the web: https://naafa.org
Comments or questions? Email us at assistant@naafa.org

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