Story Corp suggests beginning each interview with both participants introducing themselves using this frame:

My name is (name).

I am (age) years old.

Today is (date), and I’m speaking with (partner’s name), who is my (relationship).

I am recording this interview in (place, city, state; e.g., “my home in Nome, Alaska”).

Food Specific Question Suggestions:

Can you tell me about some of your favorite foods? Why do you like them?

When you were growing up, what kind of food did you like? Did you have a favorite recipe or meal?

What was dinner time like when you were growing up?

How did you learn to cook? Who taught you? What do you like to cook best?

What are some important foods or recipes that you make for special occasions?

What is the best meal you have ever eaten? What was it? Where was it? Who was with you?

Have you ever tried something you did not like? What was it?

Can you tell me if you have ever grown food in a garden? What did you grow? How did you eat it?

Today there are all kinds of restaurants and stores. Was it always that way? How has that changed in your lifetime?

Do you have a favorite place to eat? (picnic, family member’s home, restaurant, special event)

When you were growing up, who made the best food? What did they make? Did they show you how to do it?

I would like to record a family recipe or family recipes. What recipes would you be able to share with me?