LEAD FACTS

**Lead paint may be in most homes in the District of Columbia.**
 Lead exposure can harm your and your child’s health. Lead paint was only banned in 1978 and may be in your home. Plates and bowls may contain high levels of lead that can leach into food. Lead is also found in some children’s toys.

**You Should:**
- Keep your paint intact and in good condition. Wash surfaces like window sills and floors often, to remove lead dust.
- Use lead-free work practices when, renovating or maintaining your home. Do not sand, scrape or burn off paint, because it may spread lead.
- If you your home may contain lead-based paint hazards, call the Department of Energy and the Environment at 202-535-1934, to get it inspected.

**Some homes in the District are serviced by lead service pipes.**
The last lead service line in the District was installed in 1977. Although, some of the lead service pipes have been replaced, many have not. To find out if your home has lead service lines, go to dcwater.com/leadmap.

**You Should:**
- Let the water run a few minutes before using or drinking.
- Use cold water for drinking and cooking. Hot water may contain higher levels of lead.
- Periodically clean the faucet aerator.
- Use a water filter.

**Children, especially under six, are most at risk for lead poisoning.**
Lead poisoning negatively impacts children’s physical and brain development, especially children under the age of six. Most lead poisoning cases are the result of children ingesting dust or eating lead paint chips through hand-to-mouth activity.

**You Should:**
- Make sure your child’s pediatrician tests your child’s blood level at ages 1 and 2.
- Feed your child a diet high in iron, calcium, and vitamin C, and low in fat.
- Frequently wash your child’s hands and toys.
الأسماء العربية:

الأسماء الصادقة لا تتوقف على التفعيلة فقط، بل على التحليقات الغاية من صاحبها.

الأسماء الفعلية:

الأسماء الفعلية تتوقف على التحليقات الهدفية من صاحبها.

الأسماء الصادقة:

الأسماء الصادقة تتوقف على التحليقات الفعلية من صاحبها.

الأسماء الفعلية:

الأسماء الفعلية تتوقف على التحليقات الفعلية من صاحبها.