#POPCoRNJJC Transcript

Healthcare social media transcript of the #POPCoRNJJC hashtag.

Tue, August 25th 2020, 8:00PM – Wed, August 26th 2020, 8:00AM (America/New_York).

See #POPCoRNJJC Influencers/Analytics.

POPCoRN @POPCoRNnetwork
We will be getting started with our first #POPCoRNJJC in just 5 minutes. If you're new to tweetchats, welcome! Here's a primer to help you out! Follow and use #POPCoRNJJC in all your tweets! https://t.co/CrRaceXjz1

Anika Kumar, MD @freckledpedidoc
RT @POPCoRNnetwork: We will be getting started with our first #POPCoRNJJC in just 5 minutes. If you're new to #tweetchats, welcome! Here's a...

Patricia Tran M.D. @PatriciaTranMD
Excited to read all the insights from the community on tonight’s #POPCoRNJJC ! 😊

Sonya TG @STangGirdwood
Love that this primer @DrJenChen4kids, @kedkyler, @jmomdphd & I made for #PHMFellowJC has been useful for other tweet chats like #POPCoRNJJC! Thanks @NephJC for sharing your primer initially with us!

Maha Kaissi, MD @maha_kaiissi
Join in on @POPCoRNnetwork’s first #POPCoRNJJC, starting in just a few minutes! Can't wait to hear everyone’s thoughts!

Jorge Ganem, MD @jfganem
RT @STangGirdwood: Love that this primer @DrJenChen4kids, @kedkyler, @jmomdphd & I made for #PHMFellowJC has been useful for other tweet ch...
Jorge Ganem, MD @fjganem
RT @maha_kaisi: Join in on @POPCoRNJNetwork's first #POPCoRNJC, starting in just a few minutes! Can’t wait to hear everyone’s thoughts!

POPCoRN @POPCoRNJNetwork
Welcome to our first ever #POPCoRNJC! We are excited to have Drs. @AmandaJoyMD & @fjganem joining us as co-moderators. Thank you to the @POPCoRNNetwork #SoMe team, led by Drs. @freckledpedidoc & @NChenMD for putting together tonight’s questions! Remember to use #POPCoRNJC!

Anika Kumar, MD @freckledpedidoc
RT @POPCoRNNetwork: Welcome to our first ever #POPCoRNJC! We are excited to have Drs. @AmandaJoyMD & @fjganem joining us as co-moderators. T...

Sonya TG @STangGirdwood
RT @POPCoRNNetwork: Welcome to our first ever #POPCoRNJC! We are excited to have Drs. @AmandaJoyMD & @fjganem joining us as co-moderators. T...

Amanda Calhoun, MD, MPH @AmandaJoyMD
Let’s do this 🎉

POPCoRN @POPCoRNJNetwork
Let’s start with introductions! Tell us who you are, where you’re from & your role in the healthcare system! I’m @STangGirdwood from @CincyPHM & will be moderating from this account, along with Drs. @fjganem & @AmandaJoyMD. Remember to use #POPCoRNJC in all your tweets tonight! https://t.co/NEvpOy6Qts

Sonya TG @STangGirdwood
@POPCoRNNetwork @CincyPHM @fjganem @AmandaJoyMD Sonya, @CincyPHM & @CincyClinPharm faculty! I’ll be moderating from @POPCoRNNetwork but will try to post a bit from my personal account. #POPCoRNJC

Anika Kumar, MD @freckledpedidoc
@POPCoRNNetwork @STangGirdwood @CincyPHM @fjganem @AmandaJoyMD Hi, I’m Anika. Pediatric Hospitalist in Cleveland. Excited to join this #POPCoRNJC discussing physician activism.
Jorge Ganem, MD @jfganem
@POPCoRNJNetwork @AmandaJoyMD @freckledpedidoc @NChenMD Thank you for the invitation to participate. Excited to learn from everyone. Thank you to Dr. Calhoun @AmandaJoyMD for being here and for her outstanding article. #POPCoRNJC

Jasmine Smith, MD, MBA @DrJasmineSmith
@POPCoRNJNetwork @STangGirdwood @CincyPHM @jfganem @AmandaJoyMD @DrJasmineSmith from CHLA #POPCoRNJC

POPCorn @POPCoRNJNetwork
@freckledpedidoc @STangGirdwood @CincyPHM @jfganem @AmandaJoyMD Welcome Anika! Thanks for all your help with developing #POPCoRNJC questions and infographics!

POPCorn @POPCoRNJNetwork
@jfganem @AmandaJoyMD @freckledpedidoc @NChenMD Thank you for co-moderating with us for #POPCoRNJC!

Patricia Tran M.D. @PatriciaTranMD
@POPCoRNJNetwork @STangGirdwood @CincyPHM @jfganem @AmandaJoyMD Patricia, 1st year #PHMFellow @MarshallPHM, super excited to join in on tonight’s #POPCoRNJC re: physician activism!

POPCorn @POPCoRNJNetwork
@DrJasmineSmith @STangGirdwood @CincyPHM @jfganem @AmandaJoyMD Welcome! Thank you for all your help in developing the #POPCoRNJC questions!

Amanda Calhoun, MD, MPH @AmandaJoyMD
@jfganem @POPCoRNJNetwork @freckledpedidoc @NChenMD Thank you for having me @POPCoRNJNetwork !!! #POPCoRNJC

Ashley Jenkins @AJenkins_MD
@POPCoRNJNetwork @STangGirdwood @CincyPHM @jfganem @AmandaJoyMD Ashley, medpeds hospitalist @UR_HMD @UR_Med @URMed_GCH (and @POPCoRNJNetwork co-lead with @RatnerLeah and Dr. Sridhar. Excited for our convo tonight! #POPCoRNJC
Maha Kaisi, MD @maha_kaisi
@POPCoRNNetwork @STangGirdwood @CincyPHM @jfganem @AmandaJoyMD Hi everyone! I'm Maha Kaisi, first-year PHM fellow at @URMed_GCH! #POPCoRNJC

Robbie Daulton @robertdaulton
@POPCoRNNetwork @STangGirdwood @CincyPHM @jfganem @AmandaJoyMD Robbie Daulton, fourth year medical student and future pediatrician. #POPCoRNJC

POPCoRN @POPCoRNNetwork
We're excited to see so many participants for #POPCoRNJC! Let's get started with questions! Q1: Dr. @AmandaJoyMD uses the word activist in her article. How do define the term? How does it depend on professional vs. personal life? Use A1 & #POPCoRNJC in your response! https://t.co/uxSAWMWkTE

POPCoRN @POPCoRNNetwork
@PatriciaTranMD @STangGirdwood @CincyPHM @jfganem @AmandaJoyMD @MarshallPHM Thanks for joining us for #POPCoRNJC!

Jorge Ganem, MD @jfganem
RT @POPCoRNNetwork: We're excited to see so many participants for #POPCoRNJC! Let's get started with questions! Q1: Dr. @AmandaJoyMD uses...

POPCoRN @POPCoRNNetwork
@AmandaJoyMD @jfganem @freckledpedidoc @NChenMD Thank you for writing such an impactful article and co-moderating #POPCoRNJC!

Anika Kumar, MD @freckledpedidoc
@POPCoRNNetwork @STangGirdwood @CincyPHM @jfganem @AmandaJoyMD We are a collaborative at @POPCoRNNetwork. #POPCoRNJC https://t.co/YVVYRLaR2Z

Anna Rodenbough, MD, MPH @annarodenbough
@POPCoRNNetwork @STangGirdwood @CincyPHM @jfganem @AmandaJoyMD Anna, #PedsICU fellow in Atlanta! Excited to join for the first ever #POPCoRNJC
POPCoRN @POPCoRNNetwork 13 hours ago
@AJenkins_MD @STangGirdwood @CincyPHM @jfganem @AmandaJoyMD @UR_HMD @UR_Med @URMed_GCH @RatnerLeah Welcome Ashley! Glad you could join us for #POPCoRNJC even while traveling!

POPCoRN @POPCoRNNetwork 13 hours ago
@robertdaulton @STangGirdwood @CincyPHM @jfganem @AmandaJoyMD So great to see medical students joining the chat! Welcome to #POPCoRNJC!

Lauren Gambill, MD MPA @renkate 13 hours ago
@POPCoRNNetwork @STangGirdwood @CincyPHM @jfganem @AmandaJoyMD Pediatric hospitalist in Austin 🦶 #POPCoRNJc

Sheena Gupta, MD, MBA @sheenagupta 13 hours ago
@POPCoRNNetwork @STangGirdwood @CincyPHM @jfganem @AmandaJoyMD Sheena, peds hospitalist in Chicago! #POPCoRNJC

POPCoRN @POPCoRNNetwork 13 hours ago
@maha_kaiossi @STangGirdwood @CincyPHM @jfganem @AmandaJoyMD @URMed_GCH Welcome Maha to #POPCoRNJC!

melanie cheng @melaniecheng19 13 hours ago
RT @POPCoRNNetwork: Welcome to our first ever #POPCoRNJC! We are excited to have Drs. @AmandaJoyMD & @jfganem joining us as co-moderators. T...

Amanda Calhoun, MD, MPH @AmandaJoyMD 13 hours ago
@POPCoRNNetwork @robertdaulton @STangGirdwood @CincyPHM @jfganem Yaaaaas welcome medical students 🧳🧬 #POPCoRNJC

Jorge Ganem, MD @jfganem 13 hours ago
RT @AmandaJoyMD: @POPCoRNNetwork @robertdaulton @STangGirdwood @CincyPHM @jfganem Yaaaaas welcome medical students 🧳🧬 #POPCoRNJC

POPCoRN @POPCoRNNetwork 13 hours ago
@renkate @STangGirdwood @CincyPHM @jfganem @AmandaJoyMD Welcome to #POPCoRNJC!
POPCoRN @POPCoRNNetwork
@sheenagupta @STangGirdwood @CincyPHM @jfganem @AmandaJoyMD Thanks for joining #POPCoRNJC tonight!

POPCoRN @POPCoRNNetwork
@annarodenbough @STangGirdwood @CincyPHM @jfganem @AmandaJoyMD Thank you for joining us tonight for #POPCoRNJC

Jorge Ganem, MD @jfganem
@POPCoRNNetwork @AmandaJoyMD A1 I wonder what the #tweetiatricians think of the professional vs. personal roles of activism #POPCoRNJC

Sonya TG @STangGirdwood
#POPCoRNJC A1: there needs to be a component of “action”. I think the first step to support a cause is through words (posting on SoMe, signing a petition), but it’s easy to stop there. Taking action to bring about system-wide change is when we start to approach activism.

Jorge Ganem, MD @jfganem
RT @STangGirdwood: #POPCoRNJC A1: there needs to be a component of “action”. I think the first step to support a cause is through words (po...

POPCoRN @POPCoRNNetwork
RT @jfganem: @POPCoRNNetwork @AmandaJoyMD A1 I wonder what the #tweetiatricians think of the professional vs. personal roles of activism #PO...

Anna Rodenbough, MD, MPH @annarodenbough
@POPCoRNNetwork @AmandaJoyMD A1. To me, an activist is someone who is working to bring about change in order to help other people. This definition applies to both professional and personal life, in my opinion! #POPCoRNJC

POPCoRN @POPCoRNNetwork
Psychological safety to be an effective activist is so important. We hope to discuss further later during #POPCoRNJC!
Robbie Daulton @robertdaulton
@POPCoRNNetwork @AmandaJoyMD #A1 An informed ally. I can't help but think it requires some skin in the game too. Being an activist means aligning yourself in such a way that it causes friction in your own life on behalf of another. #POPCoRNJC

Anika Kumar, MD @freckledpedidoc
@POPCoRNNetwork @AmandaJoyMD A1. Activism is campaigning for change so an activist is someone who campaigns for change. I do a lot of advocacy in my personal life, but am an activist professionally. #POPCoRNJC

Maha Kaissi, MD @maha_kaisi
@POPCoRNNetwork @AmandaJoyMD A1: An activist to me is someone who informs and teaches others about causes that are near and dear to their hearts. They will campaign for what they believe needs to change due to injustices that people may not realize exist. #POPCoRNJC

POPCoRN @POPCoRNNetwork
@annarodenbough @AmandaJoyMD That’s a great definition! Thanks for sharing Anna! #POPCoRNJC

Patricia Tran M.D. @PatriciaTranMD
A1: activism to me is using your social capital to create a difference - professionally and personally. But I do think there is a component of care that people take professionally that is not necessarily their first thought personally #POPCoRNJC

POPCoRN @POPCoRNNetwork
Thanks for sharing your definitions of "activist" with us! Our #POPCoRNJC team collectively defined the term below. What do you think? What would you add/take out/change? https://t.co/sa4VB1QqVn

POPCoRN @POPCoRNNetwork
@robertdaulton @AmandaJoyMD Love this definition. It was similar to what was discussed at the "Impact of Racism in Medicine" Panel at #PHM20Virtual - having skin in the game. #POPCoRNJC @NdidiUnaka @gradydoctor @SamirShahMD

Jorge Ganem, MD @jfganem
@annarodenbough @POPCoRNNetwork @AmandaJoyMD Agree! @AmandaJoyMD makes a great point in the article about our roles as leaders. It doesn’t end in our clinical practice. #POPCoRNJC
Jorge Ganem, MD @jfganem
RT @POPCoRNJNetwork: Psychological safety to be an effective activist is so important. We hope to discuss further later during #POPCoRNJc!

POPCoRN @POPCoRNNetwork
@meliaciecheng19 @STangGirdwood @CincyPHM @jfganem @AmandaJoyMD Hello Melanie! Thanks for joining us at #POPCoRNJc!

Jorge Ganem, MD @jfganem
RT @POPCoRNNetwork: @robertdaulton @AmandaJoyMD Love this definition. It was similar to what was discussed at the "Impact of Racism in Medic...

Anika Kumar, MD @freckledpedidoc
@jfganem @POPCoRNNetwork @AmandaJoyMD Thanks for asking Jorge. The #tweetiatrician network is built around advocacy but some of us would identify as being both child advocates and activists. #POPCoRNJc

Amanda Calhoun, MD, MPH @AmandaJoyMD
@AJenkins_MD @PatriciaTranMD @POPCoRNNetwork @STangGirdwood @CincyPHM @jfganem @MarshallPHM @PHMFellowships Thank you so much, Ashley!!!!! I am happy to be here and engage in passionate discussion!!!!! (People love to tell me I’m “passionate” about social justice...YES I AM!) #POPCoRNJc

POPCoRN @POPCoRNNetwork
@freckledpedidoc @AmandaJoyMD Thanks for sharing how you distinguish what you do in your personal vs. professional life. I like the word campaign. #POPCoRNJc

POPCoRN @POPCoRNNetwork
@maha_kaisi @AmandaJoyMD Campaign seems to be a popular word to associate with activism. I really love the teaching part too! #POPCoRNJc

Jorge Ganem, MD @jfganem
RT @POPCoRNNetwork: Thanks for sharing your definitions of "activist" with us! Our #POPCoRNJc team collectively defined the term below. Wha...

Jorge Ganem, MD @jfganem
RT @PatriciaTranMD: A1: activism to me is using your social capital to create a difference - professionally and personally. But I do think...

Jorge Ganem, MD @jfganem
RT @maha_kaisi: @POPCoRNNetwork @AmandaJoyMD A1: An activist to me is someone who informs and teaches others about causes that are near and...
Ashley Jenkins @AJenkins_MD 13 hours ago
@STangGirdwood #POPCoRNJC A1--@STangGirdwood this resonates a lot with me. To act, to take action, moves beyond words. My mom, actually, drilled into me as a kid "Actions speak louder than words". The role of #SoMe in activism for me, in particular, is so nuanced!

POPCoRN @POPCoRNNetwork 13 hours ago
@brownam130 @STangGirdwood @CincyPHM @jfganem @AmandaJoyMD @EmoryNursing @childrensatl Thank you so much for joining us! Love to hear the nursing perspective and learn! #POPCoRNJC

Jorge Ganem, MD @jfganem 13 hours ago
RT @robertdaulton: @POPCoRNNetwork @AmandaJoyMD #A1 An informed ally. I can't help but think it requires some skin in the game too. Being an...

Patricia Tran M.D. @PatriciaTranMD 13 hours ago
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Patricia Tran M.D. @PatriciaTranMD 13 hours ago
RT @freckledpedidoc: @POPCoRNNetwork @AmandaJoyMD A1. Activism is campaigning for change so an activist is someone who campaigns for change....

Anika Kumar, MD @freckledpedidoc 13 hours ago
@DrJasmineSmith @POPCoRNNetwork @AmandaJoyMD You make an excellent point Dr. Smith! I think, traditionally the medical community has not supported activism in medicine. I'm glad to see that the tide is changing. #POPCoRNJC

Amanda Calhoun, MD, MPH @AmandaJoyMD 13 hours ago
@STangGirdwood I would agree with that completely. After all, ACTivism :) I think what sets me apart is that I talk, but I also act in real-time to protect my patients #POPCoRNJC

POPCoRN @POPCoRNNetwork 13 hours ago
RT @jfganem: @annarodenbough @POPCoRNNetwork @AmandaJoyMD Agree! @AmandaJoyMD makes a great point in the article about our roles as leaders....

POPCoRN @POPCoRNNetwork 13 hours ago
RT @freckledpedidoc: @POPCoRNNetwork @AmandaJoyMD A1. Activism is campaigning for change so an activist is someone who campaigns for change....

POPCoRN @POPCoRNNetwork 13 hours ago
RT @maha_kaiissi: @POPCoRNNetwork @AmandaJoyMD A1: An activist to me is someone who informs and teaches others about causes that are near and...
POPCoRN @POPCoRNNetwork
RT @robertdaulton: @POPCoRNNetwork @AmandaJoyMD #A1 An informed ally. I can't help but think it requires some skin in the game too. Being an...

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Patricia Tran M.D. @PatriciaTranMD
RT @AJenkins_MD: @STangGirdwood #POPCoRNJC A1--@STangGirdwood this resonates a lot with me. To act, to take action, moves beyond words. My...

Cat McDermott @CatMcDe1
@POPCoRNNetwork @STangGirdwood @CincyPHM @jfganem @AmandaJoyMD Hi all! I'm Cat, a PGY2 Med-Peds resident at UM! Excited for tonight's JC and my first ever twitter JC ☺️ #POPCoRNJC

Jorge Ganem, MD @jfganem
RT @AJenkins_MD: @STangGirdwood #POPCoRNJC A1--@STangGirdwood this resonates a lot with me. To act, to take action, moves beyond words. My...

Patricia Tran M.D. @PatriciaTranMD
RT @robertdaulton: @POPCoRNNetwork @AmandaJoyMD #A1 An informed ally. I can't help but think it requires some skin in the game too. Being an...

Jorge Ganem, MD @jfganem
RT @CatMcDe1: @POPCoRNNetwork @STangGirdwood @CincyPHM @jfganem @AmandaJoyMD Hi all! I'm Cat, a PGY2 Med-Peds resident at UM! Excited for...

POPCoRN @POPCoRNNetwork
@CatMcDe1 @STangGirdwood @CincyPHM @jfganem @AmandaJoyMD Hello Cat! We're so honored that you've made #POPCoRNJC your first ever Twitter JC!

POPCoRN @POPCoRNNetwork
Now that we have a sense of what "activist" means, let's talk about racism in healthcare. Q2: What patient experiences have you witnessed that are a result of racism? How did it make your feel? What did you do? Use A2 & #POPCoRNJC in your response! https://t.co/7ba1ubS3la

Maha Kaissi, MD @maha_kaisi
RT @robertdaulton: @POPCoRNNetwork @AmandaJoyMD #A1 An informed ally. I can't help but think it requires some skin in the game too. Being an...
Amanda Calhoun, MD, MPH @AmandaJoyMD
@maha_kaiissi @POPCoRN Network I like this! I do feel like an element of activism is putting your ❤️ on the line. Provocative question: how often do you think people truly aren’t aware of these issues? After all, we as Black people, have been talking about racism for 400 years! #POPCoRNJC

Teresa Hartman @thartman2u
RT @POPCoRN Network: Now that we have a sense of what "activist" means, let's talk about racism in healthcare. Q2: What patient experiences...

POPCoRN @POPCoRN Network
You can't spell activism without ACT! Also loving the word "protect" as part of activism. Wise words Dr. @AmandaJoyMD! #POPCoRNJC

Ashley Jenkins @AJenkins_MD
@STangGirdwood #POPCoRNJC I'm curious to hear from our moderators @AmandaJoyMD @jfganem @DrJasmineSmith ...do you think doing things like this twitter JC falls into the realm of activism? Or is it just facilitating the conversation that often precedes activism?

Jorge Ganem, MD @jfganem
@AmandaJoyMD @STangGirdwood I really appreciate all the examples in your article of your activism in action in patient care. #POPCoRNJC

Amanda Calhoun, MD, MPH @AmandaJoyMD
@DrJasmineSmith @POPCoRN Network Ooo psychological safety is so real, Jasmine. I have to calculate every single move I make. #POPCoRNJC

Heather #BLM Haq, MD, MHS, FAAP @heather_haq
@POPCoRN Network @AmandaJoyMD A1. Wondering if this question was inspired by a recent controversial tweet by a certain cardiologist... I believe activism is firmly within the scope of physicianhood. I also think advocacy is at the heart of being a pediatrician (it's in my twitter profile banner)! #popcornjc

Sonya TG @STangGirdwood
@POPCoRN Network #POPCoRNJC A2: Had patient whose home nurse felt parents did not know how to care for child & insisted on re-training b4 d/c. Our educators worked w/parents w/interpreter & reported that parents knew exactly what to do. We realized language barrier led to home nurse's assessment.

POPCoRN @POPCoRN Network
RT @AJenkins_MD: @STangGirdwood #POPCoRNJC A1--@STangGirdwood this resonates a lot with me. To act, to take action, moves beyond words. My...
RatnerLeah @RatnerLeah 13 hours ago
RT @POPCoRNNetwork: Now that we have a sense of what "activist" means, let's talk about racism in healthcare. Q2: What patient experiences...

POPCoRN @POPCoRNNetwork 13 hours ago
@AJenkins_MD @STangGirdwood Well Ashley, you and @LeahRatner, definition turned your words into action when you created @POPCoRNNetwork! #POPCoRNJC

Heather #BLM Haq, MD, MHS, FAAP @heather_haq 13 hours ago
@POPCoRNNetwork @STangGirdwood @CincyPHM @jfganem @AmandaJoyMD Hi all, I'm Heather, #PedSHM and academic global health in Houston. Currently bracing for hurricaneLaura. #popcornjc

Jorge Ganem, MD @jfganem 13 hours ago
@AmandaJoyMD @DrJasmineSmith @POPCoRNNetwork Agree, so important! So many of our trainees are discouraged from speaking up due to power differentials. How can we promote a “speak up” Activism culture and ensure psychological safety? #POPCoRNJC

Patricia Tran M.D. @PatriciaTranMD 13 hours ago
A2: Many encounters as a resident where fellow residents threw race in as a risk factor without examining the underlying social causes that are masked by the blanket term “race” – excellent teaching opportunities as a senior resident though! #POPCoRNJC

Anika Kumar, MD @freckledpedidoc 13 hours ago
@AJenkins_MD @STangGirdwood @AmandaJoyMD @jfganem @DrJasmineSmith I think this falls under advocacy, but I'm not sure this specific Journal Club would be considered activism. I'm not sure there is an active campaign being shared in the #POPCoRNJC. However, sometimes to create activity & momentum, you must advocate first.

POPCoRN @POPCoRNNetwork 13 hours ago
@PatriciaTranMD I like the terms "social capital". It is interesting how our mindsets change when we put on our "professional hat“ vs. "personal hat". #POPCoRNJC

POPCoRN @POPCoRNNetwork 13 hours ago
RT @AmandaJoyMD: @maha_kaisi @POPCoRNNetwork I like this! I do feel like an element of activism is putting your ❤️ on the line. Provocativ...

Jorge Ganem, MD @jfganem 13 hours ago
@PatriciaTranMD So common! It is ingrained in medical education unfortunately. How do we change this? #POPCoRNJC
Amanda Calhoun, MD, MPH @AmandaJoyMD
@jfganem @DrJasmineSmith @POPCoRNJ Network It comes from the top & program leadership gives me the platform and then protects me from backlash. And intentionally tells me they are doing so. #POPCoRNJ

John @jmomdphd
RT @STangGirdwood: Love that this primer @DrJenChen4kids, @kedkyler, @jmomdphd & I made for #PHMFellowJC has been useful for other tweet ch...

Jorge Ganem, MD @jfganem
RT @AmandaJoyMD: @jfganem @DrJasmineSmith @POPCoRNJ Network It comes from the top & program leadership gives me the platform and then protects...

Jorge Ganem, MD @jfganem
RT @POPCoRNJ Network: @PatriciaTranMD I like the terms "social capital". It is interesting how our mindsets change when we put on our "profe...

POPCoRN @POPCoRNJ Network
@AmandaJoyMD @maha_kaissi Great Question. I think most people are aware, but have chosen not to make it a priority or put at the forefront of their minds, so it's easy to be apathetic until something rocks our world. #POPCoRNJ

Jen Readlynn, MD, FHM (she/her) @jenreadlynn
@POPCoRN Network @STangGirdwood @CincyPHM @jfganem @AmandaJoyMD Was using the wrong hashtag! Jen Readlynn, academic hospitalist in Rochester, NY. #popcornjc

Patricia Tran M.D. @PatriciaTranMD
@POPCoRN Network Thanks! As physicians, or any healthcare provider, we are given enormous power by virtue of our title and (as Stan Lee said) with great power comes great responsibility #POPCoRNJ

Maha Kaissi, MD @maha_kaissi
@AmandaJoyMD @POPCoRN Network People rarely aren’t aware issues exist, but I think a lot of people don’t know where to start in order to learn more and discover ways they can change their behaviors. I began listening to more podcasts and reading more books to educate myself about systemic racism. #POPCoRNJ

POPCoRN @POPCoRN Network
RT @AJenkins_MD: @STangGirdwood #POPCoRNJ I’m curious to hear from our moderators @AmandaJoyMD @jfganem @DrJasmineSmith …do you think do...
Jorge Ganem, MD @jfganem
@POPCoRNNetwork @PatriciaTranMD The stakes may be higher for some physicians to continue their role as an activist outside or inside their workspace. Some of us have more professional privilege than others. #POPCoRNJC

Anika Kumar, MD @freckledpedidoc
@heather_haq @POPCoRNNetwork @AmandaJoyMD Sorry Heather... I don't think we were that deep. I do 100% agree that activism is important to my job as a physician. #POPCoRNJC

Anna Rodenbough, MD, MPH @annarodenbough
@POPCoRNNetwork A2. Many of my patients would likely not even be my patients if not for the systemic racism that places some children at higher risk for things like asthma exacerbations, gunshot wounds, etc. Goes far beyond individual encounters! #POPCoRNJC

Heather #BLM Haq, MD, MHS, FAAP @heather_haq
@POPCoRNNetwork A2. This is a big question. I see structural racism impacting my patients every single day, and I see the racism that’s woven into the fabric of medicine rear its head often in the forms of implicit bias, micro and macroaggressions. #popcornjc

Maha Kaisi, MD @maha_kaisi
@POPCoRNNetwork @AmandaJoyMD As a pediatrician, I also think that it is so important for parents to teach their kids about these injustices early in life to create change for the next generation! #POPCoRNJC

POPCoRN @POPCoRNNetwork
@AJenkins_MD @STangGirdwood @AmandaJoyMD @jfganem @DrJasmineSmith Personally @STangGirdwood, unless we take action after this discussion to change the system and help our patients, I don't think we've quite made it to activism. One step closer, though! #POPCoRNJC

Jorge Ganem, MD @jfganem
RT @annarodenbough: @POPCoRNNetwork A2. Many of my patients would likely not even be my patients if not for the systemic racism that places...

Jorge Ganem, MD @jfganem
RT @heather_haq: @POPCoRNNetwork A2. This is a big question. I see structural racism impacting my patients every single day, and I see the r...

Jasmine Smith, MD, MBA @DrJasmineSmith
@POPCoRNNetwork A2 #POPCoRNJC Incorrect assumptions re: level of intelligence, understanding, competency, engagement. Differential DCFS reporting. I hurt for patient’s experience and their future encounters with the healthcare system.
POPCoRN @POPCoRNNetwork
@heather_haq @STangGirdwood @CincyPHM @jfganem @AmandaJoyMD Hello Heather! Welcome to #POPCoRNJC! Be safe!

Jorge Ganem, MD @jfganem
RT @DrJasmineSmith: @POPCoRNNetwork A2 #POPCoRNJC Incorrect assumptions re: level of intelligence, understanding, competency, engagement. Di...

Anika Kumar, MD @freckledpedidoc
@jfganem @AmandaJoyMD @DrJasmineSmith @POPCoRNNetwork I think sometimes we have to foster and model it. That''s easier said than done but unless we create that sense of psychological safety that @gradydoctor speaks so eloquently about, we will not be able to create a Speak Up Culture #POPCoRNJC

POPCoRN @POPCoRNNetwork
@robertdaulton had a similar question when brainstorming questions for #POPCoRNJC. So, @POPCoRNNetwork followers, how do we promote a culture of psychological safety to allow for activism?

Ashley Jenkins @AJenkins_MD
RT @DrJasmineSmith: @POPCoRNNetwork A2 #POPCoRNJC Incorrect assumptions re: level of intelligence, understanding, competency, engagement. Di...

Jorge Ganem, MD @jfganem
@DrJasmineSmith @POPCoRNNetwork Thanks for bringing up Patient Experience. I feel so many of our patients don’t get the opportunity to share their experience due to barriers. Systems are set up to primarily hear from privileged demographics. #POPCoRNJC

Jorge Ganem, MD @jfganem
RT @POPCoRNNetwork: @robertdaulton had a similar question when brainstorming questions for #POPCoRNJC. So, @POPCoRNNetwork followers, how do...

Anika Kumar, MD @freckledpedidoc
@PatriciaTranMD @jfganem There has been a push in #MedEd to remove the "race" portion of the Assessment. #POPCoRNJC

Jorge Ganem, MD @jfganem
RT @freckledpedidoc: @jfganem @AmandaJoyMD @DrJasmineSmith @POPCoRNNetwork I think sometimes we have to foster and model it. That''s easier...
melanie cheng @melaniecheng19
@annarodenbough @POPCoRNNetwork This is so true. I didn’t know how I could answer that question as I feel all my patients are victims of structural racism. But this sums it up perfectly. They are my patients because the system is set up to fail certain groups of people #POPCoRNJC

Amanda Calhoun, MD, MPH @AmandaJoyMD
@AJenkins_MD @STangGirdwood @jfganem @DrJasmineSmith Depends on your defn. Some say activism= outside the system and advocacy=inside. I always say, as a Black woman, the system was never built for me. Therefore my voice is always an act of activism risking backlash. #POPCoRNJC

POPCoRN @POPCoRNNetwork
@PatriciaTranMD It’s interesting. I remember when learning how to present a “one-liner” in medical school, we were told to add the race and gender, and I never really questioned why. But we should be asking what are the actual risk factors and not just bucket them into race. #POPCoRNJC

Jorge Ganem, MD @jfganem
RT @AmandaJoyMD: @AJenkins_MD @STangGirdwood @jfganem @DrJasmineSmith Depends on your defn. Some say activism= outside the system and advoc...

Jorge Ganem, MD @jfganem
RT @melaniecheng19: @annarodenbough @POPCoRNNetwork This is so true. I didn’t know how I could answer that question as I feel all my patient...

POPCoRN @POPCoRNNetwork
@freckledpedidoc @AJenkins_MD @STangGirdwood @AmandaJoyMD @jfganem @DrJasmineSmith Agreed. But it’s a good first step! #POPCoRNJC

Maha Kaisssi, MD @maha_kaisssi
RT @PatriciaTranMD: A2: Many encounters as a resident where fellow residents threw race in as a risk factor without examining the underlyin...

POPCoRN @POPCoRNNetwork
@AmandaJoyMD @jfganem @DrJasmineSmith Having leadership that supports activism and even model it for our trainees is so important! #POPCoRNJC

Amanda Calhoun, MD, MPH @AmandaJoyMD
@AJenkins_MD @STangGirdwood @jfganem @DrJasmineSmith So by amplifying the voice of a Black woman, JC is allying with an activist. And I think that’s showing yourself as an activist in my opinion. I think it takes some risk beyond advocacy, which is often safer. #POPCoRNJC
Robbie Daulton @robertdaulton
@jfganem @AmandaJoyMD @DrJasmineSmith @POPCoRNNetwork Yes! So many of our insightful trainees have a deep desire to advocate, but power differentials quench their passion by making them (us) feel like our perspective is juvenile, uninformed, or not valuable. #POPCoRNJC

Jen Readlynn, MD, FHM (she/her) @jenreadlynn
@freckledpedidoc @DrJasmineSmith @POPCoRNNetwork @AmandaJoyMD I feel this. I always feel like I’m going to “get in trouble” for speaking out, wearing buttons, joining rallies, etc. but I’m realizing this is what I need to do for my patients. I never got in trouble for it but feel like the hidden curriculum was that it wasn’t done. #popcornjc

POPCoRN @POPCoRNNetwork
@jenreadlynn @STangGirdwood @CincyPHM @jfganem @AmandaJoyMD No worries! We used a different hashtag in some of our other tweets too! Thanks for joining us at #POPCoRNJC!

Maha Kaisi, MD @maha_kaisi
RT @AmandaJoyMD: @AJenkins_MD @STangGirdwood @jfganem @DrJasmineSmith Depends on your defn. Some say activism= outside the system and advoc...

POPCoRN @POPCoRNNetwork
@PatriciaTranMD Love the spiderman reference! #POPCoRNJC

POPCoRN @POPCoRNNetwork
Thank you for sharing your experiences! Let’s move on to Question 3: What are barriers that prevent you from being an activist? How can medical training prepare physicians to be activists? Use A3 & #POPCoRNJC in your response! https://t.co/tWq2lRN8a5

Amanda Calhoun, MD, MPH @AmandaJoyMD
@maha_kaisi @POPCoRNNetwork Great point. What say you about the “colorblind approach”? I will send a GIF of my response to that after you respond lol #POPCoRNJC

Jorge Ganem, MD @jfganem
@robertdaulton @AmandaJoyMD @DrJasmineSmith @POPCoRNNetwork Missing out so many opportunities to learn from our trainees when this attitude is employed. #POPCoRNJC

Anika Kumar, MD @freckledpedidoc
@jfganem @DrJasmineSmith @POPCoRNNetwork We see many #healthcare disparities & inequities. Again, I think they may be associated with poor patient experiences. We often tell patients “do this,” but don’t know if they have the resources. Not to mention our LEP patients & their experiences. #POPCoRNJC
Jorge Ganem, MD @jfganem
@AmandaJoyMD @maha_kaiissi @POPCoRNNetwork “I am Colorblind” is a micro aggression, really meaning - “I don’t value your experience as a black or brown person” #POPCoRNJC

Patricia Tran M.D. @PatriciaTranMD
@jenreadlynn @freckledpedidoc @DrJasmineSmith @POPCoRNNetwork @AmandaJoyMD I felt like this in med school for sure, and part of residency. It took working with pediatricians who weren’t afraid to use their voices to #advocate and create positive change that I felt comfortable stepping up #POPCoRNJC

Anna Rodenbough, MD, MPH @annarodenbough
@AmandaJoyMD @POPCoRNNetwork @maha_kaiissi I think some people are aware of these issues but unaware of their complicity or their ability to enact change...or unwilling to examine their role and put in meaningful work. I have been this person! #POPCoRNJC

POPCoRN @POPCoRNNetwork
Such an important concept - some patients are hospitalized because of systemic barriers that racism has built while others who don’t encounter those barriers are not hospitalized. #POPCoRNJC

Amanda Calhoun, MD, MPH @AmandaJoyMD
@DrJasmineSmith @POPCoRNNetwork Yes!!!!! This is something that I think separates me from others, who may be down to “talk” but not “do”. I am a mover and a shaker. When things hit the fan, I protect my patients and push back against superiors. #POPCoRNJC

melanie cheng @melaniecheng19
@POPCoRNNetwork Personally, in our institution, activism is encouraged, celebrated and something to strive for. However personally it was a matter of how. Where do I begin, who do I go to for mentorship, the logistics of how to be an activist weren’t as easy. #POPCoRNJC

Sonya TG @STangGirdwood
#POPCoRNJC A3: barriers: time, not knowing what to do. Even w/scripts to use to call legislators, I get nervous. I think activism needs to be integrated throughout all of medical training & curriculum & not as distinct courses separate from everything. Need to see role models too

Cat McDermott @CatMcDe1
@POPCoRNNetwork A2. It’s difficult to name one instance when it’s woven in the thread of our medical system and society. I often see medical mistrust (rightfully so given history) → provider frustration (“noncompliance”) ← more mistrust because of poor communication, frustration, etc #POPCoRNJC
Jorge Ganem, MD @jfganem
RT @STangGirdwood: #POPCoRNJC A3: barriers: time, not knowing what to do. Even w/scripts to use to call legislators, I get nervous. I think...

Jen Readlynn, MD, FHM (she/her) @jenreadlynn
@POPCoRNNetwork A2: The most blatant and persistent one I’ve seen is around pain control and sickle cell patients. Also the use of security for loud Black patients who don’t actually pose a threat. Lots of introspection, talking, and working toward change. #POPCoRNJC

POPCoRN @POPCoRNNetwork
RT @heather_haq: @POPCoRNNetwork A2. This is a big question. I see structural racism impacting my patients every single day, and I see the r...

Anika Kumar, MD @freckledpedidoc
@jenreadlynn @DrJasmineSmith @POPCoRNNetwork @AmandaJoyMD You are getting into some "Good Trouble" as Rep John Lewis would say. I'm lucky to have great mentors, like @ShakerMomDoc, who encourage me getting into "good trouble." #POPCoRNJC

Amanda Calhoun, MD, MPH @AmandaJoyMD
@DrJasmineSmith @POPCoRNNetwork I would add that I do so in a very calculated way, though. It is an art. I make mistakes all the time, but I keep “acting” in real-time. #POPCoRNJC

POPCoRN @POPCoRNNetwork
RT @freckledpedidoc @jfganem @AmandaJoyMD @DrJasmineSmith @POPCoRNNetwork I think sometimes we have to foster and model it. That’s easier...

Sheena Gupta, MD, MBA @sheenagupta
@POPCoRNNetwork #A2 Today a pt’s dad got labeled as “rude” by multiple staff members...when I interviewed the family, the dad revealed his primary language isn’t English so he didn’t understand most of our questions. All we had to do is ask and not assign labels #POPCoRNJC

POPCoRN @POPCoRNNetwork
RT @jfganem: @DrJasmineSmith @POPCoRNNetwork Thanks for bringing up Patient Experience. I feel so many of our patients don’t get the opportu...

Jasmine Smith, MD, MBA @DrJasmineSmith
@annarodenbough @POPCoRNNetwork #POPCoRNJC. @annarodenbough, this is so real. Access, education, empowerment. Investments in improving population health are not made broadly and fairly.
Jorge Ganem, MD @jfganem
RT @sheenagupta: @POPCoRNNetwork #A2 Today a pt's dad got labeled as "rude" by multiple staff members...when I interviewed the family, the da...

Maha Kaissi, MD @maha_kaisi
RT @jfganem: @AmandaJoyMD @maha_kaisi @POPCoRNNetwork “I am Colorblind” is a micro aggression, really meaning - “I don’t value your experien...

Ashley Jenkins @AJenkins_MD
@AmandaJoyMD @STangGirdwood @jfganem @DrJasmineSmith This is incredibly helpful framing--consider the risk speaking up confers. Like may have been saying on other threads, if there isn't risk it likely isn't activism? #POPCoRNJC

Amanda Calhoun, MD, MPH @AmandaJoyMD
@freckledpedidoc @jenreadlynn @DrJasmineSmith @POPCoRNNetwork @ShakerMomDoc Yes!!!! Mentorship is so so important. How important would you say? Vital to being a physician activist? Essential? #POPCoRNJC

POPCoRN @POPCoRNNetwork
@AmandaJoyMD @AJenkins_MD @STangGirdwood @jfganem @DrJasmineSmith @DrAnita_Shah shared an article with me by Sarah Dobson about differentiation activism and advocacy based on being outside vs. inside system. I'm not sure I bought into the definition and seeing this comment makes me ponder more. #POPCoRNJC

POPCoRN @POPCoRNNetwork
RT @AmandaJoyMD: @AJenkins_MD @STangGirdwood @jfganem @DrJasmineSmith So by amplifying the voice of a Black woman, JC is allying with an ac...

Anna Rodenbough, MD, MPH @annarodenbough
@POPCoRNNetwork A3. Many health care professionals are worried that activism could be viewed as unprofessional by employers. Activism also takes TIME and ENERGY - and we all know our tanks run mighty low sometimes... #POPCoRNJC

POPCoRN @POPCoRNNetwork
RT @robertdaulton: @jfganem @AmandaJoyMD @DrJasmineSmith @POPCoRNNetwork Yes! So many of our insightful trainees have a deep desire to advoc...

Amanda Calhoun, MD, MPH @AmandaJoyMD
@POPCoRNNetwork @AJenkins_MD @STangGirdwood @jfganem @DrJasmineSmith @DrAnita_Shah Could you share the article link if you have it? #POPCoRNJC
Patricia Tran M.D. @PatriciaTranMD 12 hours ago
A3: fear of professional repercussions. As a (very) early-career physician I want to build my practice of medicine which to me includes social activism bc how can I address health w/o recognizing social inequity? But don’t want to be labeled “difficult” or “rebellious” #POPCoRNJC

melanie cheng @melaniecheng19 12 hours ago
@AmandaJoyMD @freckledpedidoc @jenreadlynn @DrJasmineSmith @POPCoRNNetwork @ShakerMomDoc Essential #POPCoRNJC

POPCoRN @POPCoRNNetwork 12 hours ago
@robertdaulton @jfganem @AmandaJoyMD @DrJasmineSmith But medical students' perspectives are so valuable because you bring fresh eyes and aren't biased by the years of practice. #POPCoRNJC

Anika Kumar, MD @freckledpedidoc 12 hours ago
@POPCoRNNetwork A3. I think the barriers for me have been internal. I do not want to fail and not bring about the change I am seeking #POPCoRNJC

Jen Readlynn, MD, FHM (she/her) @jenreadlynn 12 hours ago
@POPCoRNNetwork A3: I'm realizing how much I don't know what I don't know. I've also had a fear of “doing it wrong” or saying the wrong thing but have come to realize that discomfort is part of the process. Conversations, books, and podcasts help with the first part. #POPCoRNJC

Amanda Calhoun, MD, MPH @AmandaJoyMD 12 hours ago
@robertdaulton @jfganem @DrJasmineSmith @POPCoRNNetwork Yes yes yes!!! Your voice is SO VALUABLE. Essential, actually. #POPCoRNJC

Jorge Ganem, MD @jfganem 12 hours ago
@AmandaJoyMD @freckledpedidoc @jenreadlynn @DrJasmineSmith @POPCoRNNetwork @ShakerMomDoc Essential! Mentoring can create that psychological safety and space to make mistakes with the opportunity for feedback and improvement. Just like any other aspect of learning medicine. Activism should be part of the curriculum. #POPCoRNJC

Patricia Tran M.D. @PatriciaTranMD 12 hours ago
@freckledpedidoc @POPCoRNNetwork Yes, also this! Have always been an achiever and fear of failure is real #POPCoRNJC

Sheena Gupta, MD, MBA @sheenagupta 12 hours ago
@annarodenbough @POPCoRNNetwork This is so true and frustrating. Sometimes it feels like a failure to send our patients right back to the social situations that brought them in in the first place. #POPCoRNJC
Anika Kumar, MD @freckledpedidoc
@AmandaJoyMD @jenreadlynn @DrJasmineSmith @POPCoRNJNetwork
@ShakerMomDoc I would say my mentors & sponsors, including @jfganem, help to instill confidence, which, in turn, make me a better activist campaigning for change. #POPCoRNJ

POPCoRN @POPCoRNNetwork
@jenreadlynn @freckledpedidoc @DrJasmineSmith @AmandaJoyMD I feel similarly. I was advised as a medical student not to wear a jewelry piece of a certain religion and from then on, I've been hesitant to wear any piece of clothing or accessory that supports a specific cause. #POPCoRNJ

Anika Kumar, MD @freckledpedidoc
RT @jfganem: @AmandaJoyMD @freckledpedidoc @jenreadlynn @DrJasmineSmith @POPCoRNNetwork @ShakerMomDoc Essential! Mentoring can create that p...

Patricia Tran M.D. @PatriciaTranMD
RT @CatMcDe1: @POPCoRNNetwork A2. It's difficult to name one instance when it's woven in the thread of our medical system and society. I oft...

Maha Kaisss, MD @maha_kaisi
@jenreadlynn @POPCoRNNetwork Yes, I completely agree with this for myself. I have been seeking out more books and podcasts and try to amplify others' voices on social media as well. What podcasts and books would you recommend? #POPCoRNJ

Amanda Calhoun, MD, MPH @AmandaJoyMD
@POPCoRNNetwork @jenreadlynn @freckledpedidoc @DrJasmineSmith Ugh the silencing and is so real 🥺 Also who decides what is “professional”?! #POPCoRNJ

Jen Readlynn, MD, FHM (she/her) @jenreadlynn
@sheenagupta @POPCoRNNetwork Yes! Most “difficult” patients I have encountered are scared and don’t feel like they’re being listened to. Raising voices and arguing with the team get more attention. #POPCoRNJ

Jasmine Smith, MD, MBA @DrJasmineSmith
@PatriciaTranMD I have struggled with this as well. I’ve stood on the sidelines for years and have been encouraged by professional mentors like @DrMikeCHLA and colleagues who form a hedge of professional protection. For me, that has been the difference. #POPCoRNJ

Patricia Tran M.D. @PatriciaTranMD
@AmandaJoyMD @POPCoRNNetwork @jenreadlynn @freckledpedidoc @DrJasmineSmith In my personal experience it’s been the old southern white men that ran most of the institutions I was subordinate in UNTIL residency when I was surrounded by powerful women #POPCoRNJ
Anna Rodenbough, MD, MPH @annahrodenbough  
@sheenagupta @POPCoRNNetwork YES - the structural barriers to good health that many of our patients face sometimes feel insurmountable. #POPCoRNJC

Patricia Tran M.D. @PatriciaTranMD  
RT @jenreadlynn: @sheenagupta @POPCoRNNetwork Yes! Most “difficult” patients I have encountered are scared and don’t feel like they’re being...

Sonya TG @STangGirdwood  
@AmandaJoyMD @maha_kaisi @POPCoRNNetwork So many people from older generations in my community and church talk about being “colorblind” on Facebook, and I just post articles about how being “colorblind” is dismissive of people’s backgrounds and experiences and just another form of racism. #POPCoRNJC

Jorge Ganem, MD @jfganem  
@AmandaJoyMD @POPCoRNNetwork @jenreadlynn @freckledpedidoc @DrJasmineSmith “Professionalism” is a tool too often used to continue oppressing the voices of underrepresented members of the medical community. Often perpetuating misogyny and racism #POPCoRNJC

POPCoRN @POPCoRNNetwork  
Thanks for your ideas on how to prepare physicians to be activists! That leads us to our last question of the night: What concrete steps do YOU intend to take to become an activist in your professional life or personal life? Use A4 & #POPCoRNJC in your response! https://t.co/JGaBjQFiBt

Anika Kumar, MD @freckledpedidoc  
@AmandaJoyMD @POPCoRNNetwork @jenreadlynn @DrJasmineSmith Well now, I do. I think that confidence has come to me overtime with seeing how far my activism can take me. I try to instill that in others & provide the support so they don’t have to go through the steps. #POPCoRNJC

Amanda Calhoun, MD, MPH @AmandaJoyMD  
@PatriciaTranMD @POPCoRNNetwork @jenreadlynn @freckledpedidoc @DrJasmineSmith Soooo real 😊 powerful women will turn things around #POPCoRNJC

Ashley Jenkins @AJenkins_MD  
oh do I feel this too! @POPCoRNNetwork @RatnerLeah @vkoskikarell @mrmunyikwa @zh_angela @DoctorVig @sheenagupta and SO many others have been key mentors for me in this space. Mentorship was key to internalizing activism IS MY LANE. #POPCoRNJC
POPCoRN @POPCoRNNetwork
@PatriciaTranMD @jenreadlynn @freckledpedidoc @DrJasmineSmith @AmandaJoyMD We need role models in advocacy and activism! #POPCoRNJC

12 hours ago

Patricia Tran M.D. @PatriciaTranMD
RT @jfganem: @AmandaJoyMD @POPCoRNNetwork @jenreadlynn @freckledpedidoc @DrJasmineSmith “Professionalism” is a tool too often used to contin...

12 hours ago

Lauren Gambill, MD MPA @renkate
RT @jfganem: @AmandaJoyMD @POPCoRNNetwork @jenreadlynn @freckledpedidoc @DrJasmineSmith “Professionalism” is a tool too often used to contin...

12 hours ago

Jorge Ganem, MD @jfganem
RT @AmandaJoyMD: @PatriciaTranMD @POPCoRNNetwork @jenreadlynn @freckledpedidoc @DrJasmineSmith Soooo real 🧏‍♀️ powerful women will turn things...

12 hours ago

Patricia Tran M.D. @PatriciaTranMD
RT @AmandaJoyMD: @PatriciaTranMD @POPCoRNNetwork @jenreadlynn @freckledpedidoc @DrJasmineSmith Soooo real 🧏‍♀️ powerful women will turn things...

12 hours ago

POPCoRN @POPCoRNNetwork
@CatMcDe1 It can be such a difficult cycle to break, but we must! #POPCoRNJC

12 hours ago

Jorge Ganem, MD @jfganem
@POPCoRNNetwork Normalize activism in physicians. Build activism curricula and give space for activism in daily practice in clinical settings. Expect physicians to be activists. #POPCoRNJC

12 hours ago

Amanda Calhoun, MD, MPH @AmandaJoyMD
@POPCoRNNetwork @PatriciaTranMD @jenreadlynn @freckledpedidoc @DrJasmineSmith Yes, we do!!! My residency class has become more and more of an activist class because a few of us modeled the behavior first! but, it’s always scary #POPCoRNJC

12 hours ago

melanie cheng @melaniecheng19
@POPCoRNNetwork This whole thread has reinforced the need to find strong mentors that align with my goals and will help me push myself in a way that is most likely to yield positive results. Mentorship is essential #POPCoRNJC

12 hours ago

Jasmine Smith, MD, MBA @DrJasmineSmith
@POPCoRNNetwork A3 #POPCoRNJC The barrier for me has been the degree of risk, backlash, and fear of being pegged with negative stereotypes especially as black woman in a profession that often questions my presence.
POPCoRN @POPCoRNNetwork
@jenreadlynn I’ve seen studies regarding inequities in pain control. Curious if there have been one on the demographics of patients and families for whom security or patient relations is called. #POPCoRNJC

Amanda Calhoun, MD, MPH @AmandaJoyMD
@jfganem @POPCoRNNetwork @jenreadlynn @freckledpedidoc @DrJasmineSmith Yessss professionalism is a smokescreen for oppression! 😤 #POPCoRNJC

Lauren Gambill, MD MPA @renkate
@POPCoRNNetwork A4: show up and speak up even when there is risk. Work to open space for additional voices at every table where I have a seat. #POPCoRNJC

Anika Kumar, MD @freckledpedidoc
@melaniecheng19 @POPCoRNNetwork You are very fortunate to work at an institution that promotes activism. Personally, it can be challenging, & giving yourself the psychological safe space to feel comfortable exploring activism is also OK #POPCoRNJC.

Jorge Ganem, MD @jfganem
RT @renkate: @POPCoRNNetwork A4: show up and speak up even when there is risk. Work to open space for additional voices at every table when...

POPCoRN @POPCoRNNetwork
@AmandaJoyMD @DrJasmineSmith Making mistakes in this area in a safe space is a great way to learn. We just need to have a culture of safety and not a punitive one. #POPCoRNJC

Patricia Tran M.D. @PatriciaTranMD
A4: Go to the rallies I’ve been afraid of showing my face at, use my “professional” #SoMe to raise issues that matter to me and my patients, stop fearing the word “difficult”, Be The Change I Want To See In The World - modeling behavior for future docs #POPCoRNJC

Jorge Ganem, MD @jfganem
@renkate @POPCoRNNetwork I’ve seen this in action from @renkate , you are an awesome role model! Thank you. #POPCoRNJC

Amanda Calhoun, MD, MPH @AmandaJoyMD
@robertdaulton @POPCoRNNetwork “skin in the game” I love that. And yessss my allies literally body block racists from getting to me when I speak at rallies. #POPCoRNJC

Anika Kumar, MD @freckledpedidoc
@POPCoRNNetwork A4. Continue to practice Activism as I feel comfortable. Sponsor & Mentor others to become activists. Encourage activism in daily practice #POPCoRNJC
POPcoRN @POPcoRNnetwork
sheenagupta So many examples of our #LEP patients being labeled something they’re not due to poor communication. Grateful for folks like @achoemd @NdidiUnaka @SchondelmeyerMD for working on making interpreters more accessible. #POPcoRNJC

Jorge Ganem, MD @jfghanem
RT @freckledpedidoc: @POPcoRNnetwork A4. Continue to practice Activism as I feel comfortable. Sponsor & Mentor others to become activists. E...

Patricia Tran M.D. @PatriciaTranMD
RT @freckledpedidoc: @POPcoRNnetwork A4. Continue to practice Activism as I feel comfortable. Sponsor & Mentor others to become activists. E...

Jorge Ganem, MD @jfghanem
RT @POPcoRNnetwork: @sheenagupta So many examples of our #LEP patients being labeled something they’re not due to poor communication. Gratef...

Anika Kumar, MD @freckledpedidoc
@jfghanem @renkate @POPcoRNnetwork I couldn't agree with you more. @renkate IS AMAZING!! #POPcoRNJC

Amanda Calhoun, MD, MPH @AmandaJoyMD
@jfghanem @POPcoRNnetwork @PatriciaTranMD @jenreadlynn @freckledpedidoc @DrJasmineSmith Thank you! I make so many mistakes. I just keep in mind why I'm doing it. Im filing a complaint and pushing for change because my Black child patient was called the N word and no one did anything. It's for the kids! #POPcoRNJC

POPcoRN @POPcoRNnetwork
@POPcoRNnetwork followers: Do you agree that activism must have a component of risk? #POPcoRNJC

Jen Readlynn, MD, FHM (she/her) @jenreadlynn
@maha_kaisi @POPcoRNnetwork Medical: @ETSshow @COREIMpodcast @CPSolvers FlipTheScript (Yale)@MelaninlnMed @wellroundedmed Non-Med: @NPRAntifragility, Bias series from SmartestPersonintheRoom Books: soyouwanttotalkaboutrace, white fragility, howtoavoidantiracist So many more! #POPcoRNJC

melanie cheng @melaniecheng19
@freckledpedidoc @POPcoRNnetwork I am realizing everyday how unique our activist culture is and how lucky I am. Our leadership is largely minority and that is huge. But I've also learned my barriers aren't that hard. Just logistics of how and what to do next, within this convo that's the easy part #POPcoRNJC
Jorge Ganem, MD @jfganem
RT @AmandaJoyMD: @jfganem @POPCoRNNetwork @PatriciaTranMD @jenreadlynn @freckledpedidoc @DrJasmineSmith Thank you! I make so many mistakes....

Sonya TG @STangGirdwood
#POPCoRNJC A4: I felt called to work with my local school system to address anti-racism and ran for a position as the minority representative for a school based decision council. I didn’t win and I’m not sure what next steps are.

Jorge Ganem, MD @jfganem
RT @jenreadlynn: @maha_kaisse @POPCoRNNetwork Medical: @ETSshow @COREIMpodcast @CPsolversons FlipTheScript (Yale)@MelanInMed @wellroundedmed...

Anna Rodenbough, MD, MPH @annarodenbough
@POPCoRNNetwork A4. I think we can all take micro and macro steps towards activism. I’m working to speak up when I witness micro-aggressions towards Black patients, co-workers, friends, family. I’m also working to support larger efforts to enact anti-racist legislation and policy. #POPCoRNJC

Anika Kumar, MD @freckledpedidoc
@melaniecheng19 @POPCoRNNetwork Ask for help. You’d be surprised how many people are waiting to be asked for help n pursuing their activists agendas. #POPCoRNJC

POPCoRN @POPCoRNNetwork
@freckledpedidoc Same. We are all high achieving people and fear of failure is a barrier for many things and sometimes leads to inaction. #POPCoRNJC

Ashley Jenkins @AJenkins_MD
@renkate @POPCoRNNetwork I agree-I think this is critical. I’ve also been trying to identify when I can either work to open space OR give up my space for other voices to be at the table. Recognition of power and intentional redistribution of that power can be impactful. #POPCoRNJC

Anika Kumar, MD @freckledpedidoc
RT @jfganem: @POPCoRNNetwork Normalize activism in physicians. Build activism curricula and give space for activism in daily practice in cl...

POPCoRN @POPCoRNNetwork
@jenreadlynn Yes, we must learn to be comfortable with being uncomfortable. The new "agree to disagree". #POPCoRNJC
melanie cheng @melaniecheng19
@freckledpedidoc @POPCoRNNetwork This is so true. I've been consciously trying to do this more and I've been shocked at the response! #POPCoRNJC

Robbie Daulton @robertdaulton
@POPCoRNNetwork A3 - Facilitating opportunities for trainees to advocate has the potential to get messy and programs can't be afraid to get it wrong. We are slow moving to ensure we "run it by everyone", but this often prevents us from enacting change that facilitates activism. #POPCoRNJC

Anika Kumar, MD @freckledpedidoc
@melaniecheng19 @POPCoRNNetwork Sometimes a nudge goes a long way. #POPCoRNJC.

Jorge Ganem, MD @jfganem
RT @robertdaulton: @POPCoRNNetwork A3 - Facilitating opportunities for trainees to advocate has the potential to get messy and programs can’...

Anna Rodenbough, MD, MPH @annarodenbough
@renkate @POPCoRNNetwork And in some situations, we must dismantle the table and build a new one. #POPCoRNJC

Jasmine Smith, MD, MBA @DrJasmineSmith
@POPCoRNNetwork A4 #POPCoRNJC Start taking periodic activism inventories for myself and the resident teams I work with. Where did I fall short? Why did I fall short? Who are the stakeholders that can help create policies and practices to prevent this from happening again?

POPCoRN @POPCoRNNetwork
RT @jfganem: @AmandaJoyMD @POPCoRNNetwork @jenreadlynn @freckledpedidoc @DrJasmineSmith “Professionalism” is a tool too often used to contin...

Patricia Tran M.D. @PatriciaTranMD
RT @POPCoRNNetwork: @jenreadlynn Yes, we must learn to be comfortable with being uncomfortable. The new "agree to disagree". #POPCoRNJC

Heather #BLM Haq, MD, MHS, FAAP @heather_haq
@POPCoRNNetwork @AmandaJoyMD This is the tweet I was referring to by the way, which recently caused some heated debate on #Medtwitter. #popcornjc https://t.co/CvPOmaggAE

POPCoRN @POPCoRNNetwork
RT @AJenkins_MD: oh do I feel this too! @POPCoRNNetwork @RatnerLeah @vkoskikarell @mrmunyikwa @zh_angela @DoctorVig @sheenagupta and SO man...
Amanda Calhoun, MD, MPH @AmandaJoyMD @jenreadlynn @jfganem @POPCoRNNetwork @PatriciaTranMD @freckledpedidoc @DrJasmineSmith Me too 😊 the sad part is that it happens all the time. But, I’m working on that 😊 #POPCoRNJC

POPCoRN @POPCoRNNetwork RT @jfganem: @POPCoRNNetwork Normalize activism in physicians. Build activism curricula and give space for activism in daily practice in cli...

Annie Andrews, MD @annieintzenich RT @jfganem: @POPCoRNNetwork Normalize activism in physicians. Build activism curricula and give space for activism in daily practice in cli...

Anika Kumar, MD @freckledpedidoc @AmandaJoyMD @jfganem @POPCoRNNetwork @PatriciaTranMD @jenreadlynn @DrJasmineSmith I don't believe there are "mistakes" in activism. Others may perceive them as mistakes, but that may be because of the system that medicine has created and fostered over the years. #POPCoRNJC.

Anika Kumar, MD @freckledpedidoc RT @jfganem: @AmandaJoyMD @POPCoRNNetwork @jenreadlynn @freckledpedidoc @DrJasmineSmith “Professionalism” is a tool too often used to contin...

Anika Kumar, MD @freckledpedidoc RT @jenreadlynn: @maha_kaisi @POPCoRNNetwork Medical: @ETSshow @COREImpodcast @CPSolvers FlipTheScript (Yale)@MelaninInMed @wellroundedmed...

Jorge Ganem, MD @jfganem @heather_haq @POPCoRNNetwork @AmandaJoyMD Privilege can afford those opinions sometimes #POPCoRNJC

Patricia Tran M.D. @PatriciaTranMD RT @jfganem: @POPCoRNNetwork Normalize activism in physicians. Build activism curricula and give space for activism in daily practice in cli...

POPCoRN @POPCoRNNetwork Before we officially end #POPCoRNJC for the night, what last thoughts do you have? What have you learned? What practices will you adopt?

Maha Kaissi, MD @maha_kaisi Thanks for this, @jenreadlynn! These are great resources for anyone interested in learning more about racism.
Heather BLM Haq, MD, MHS, FAAP @heather_haq
@POPCoRNNetwork A4. Attending the @AmerAcadPeds Legislative Conference in Washington DC was career-altering for me. Helped me see activism as central to being a physician and empowered me with skills, then immediately put those skills into action on Capitol Hill. #POPCoRNJC

Amanda Calhoun, MD, MPH @AmandaJoyMD
@jfganem @heather_haq @POPCoRNNetwork Definitely. Must be nice. I find that when I do focus on "just psychiatry", racism calls out to me at every turn. I see it, my patients tell me, etc. it's a calling that I never want to be too privileged to answer. #POPCoRNJC

POPCoRN @POPCoRNNetwork
@AmandaJoyMD @jfganem @PatriciaTranMD @jenreadlynn @freckledpedidoc @DrJasmineSmith Yes we must prioritize our patients! #POPCoRNJC

POPCoRN @POPCoRNNetwork
RT @jenreadlynn: @maha_kaisi @POPCoRNNetwork Medical: @ETSshow @COREIMpodcast @CPSolvers FlipTheScript (Yale)@MelaninInMed @wellroundedmed...

Jorge Ganem, MD @jfganem
@heather_haq @POPCoRNNetwork @AmandaJoyMD Another example why Diversity matters. #POPCoRNJC

POPCoRN @POPCoRNNetwork
Thanks to all of you who participated in our inaugural #POPCoRNJC! Special thanks to our guest moderators, Drs. @AmandaJoyMD (author of the fantastic article we discussed) and @jfganem. Please DM us if you have suggestions for future #POPCoRNJC articles! Good night! https://t.co/P8KtsS41wX

POPCoRN @POPCoRNNetwork
RT @AJenkins_MD: @renkate @POPCoRNNetwork I agree-I think this is critical. I've also been trying to identify when I can either work to open...

Jen Readlynn, MD, FHM (she/her) @jenreadlynn
@POPCoRNNetwork A4: work on IDEA committee to fight for equity & diversity of faculty; cont developing Antiracist curricula & advocating for my learners & patients to get resources; cont own antiracist education; volunteer at underserved clinics; teach my kids to be antiracist; vote! #POPCoRNJC

Patricia Tran M.D. @PatriciaTranMD
@heather_haq @POPCoRNNetwork @AmerAcadPeds Yes! LegCon 2019 was career- and life-altering for me in the most positive way; being surrounded by people who were unafraid to stand together to promote the welfare of children was moving, inspiring, engaging #POPCoRNJC
Anika Kumar, MD @freckledpedidoc
@POPCoRNNetwork I think 1 of the things I learned form this #POPCoRNJC is to trust my instincts and continue my activism. Thanks to everyone on this Twitter Journal Club for giving the confidence I need to continue #POPCoRNJC. I will also work to continue to create safe spaces for my learners.

POPCoRN @POPCoRNNetwork
So important to just ASK when you don't know what to do in the area of activism. We're learning that there are so many mentors who are willing to teach and be role models in this space. #POPCoRNJC

Jorge Ganem, MD @jfganem
@POPCoRNNetwork @AmandaJoyMD Thank you everyone! Thank you @AmandaJoyMD, we are proud of your work as a leader and role model in physician activism #POPCoRNJC

melanie cheng @melaniecheng19
@POPCoRNNetwork Expect activist discussions from my juniors/Med students. Ask how they can be their patients advocate with every encounter. And then act on it. Make it the norm to speak up for their patients instead of something they fear. #POPCoRNJC

POPCoRN @POPCoRNNetwork
RT @DrJasmineSmith: @POPCoRNNetwork A4 #POPCoRNJC Start taking periodic activism inventories for myself and the resident teams I work with....

Lauren Gambill, MD MPA @renkate
@POPCoRNNetwork @AmandaJoyMD @jfganem Great conversation. Thank you for hosting! #POPCoRNJC

Heather #BLM Haq, MD, MHS, FAAP @heather_haq
@PatriciaTranMD @POPCoRNNetwork @AmerAcadPeds 100% agree. I’ve tried to take what I learned there and pay it forward by mentoring trainees in activism and advocacy. #popcornjc

Amanda Calhoun, MD, MPH @AmandaJoyMD
@jfganem @POPCoRNNetwork Thank you so much!!!! Thank you for attending, everyone, and for the support for my article! Feel free to keep in touch. In solidarity 🤝 #POPCoRNJC

Jorge Ganem, MD @jfganem
RT @AmandaJoyMD: @jfganem @POPCoRNNetwork Thank you so much!!!! Thank you for attending, everyone, and for the support for my article! Feel...
POPCoRN @POPCoRNNetwork
RT @heather_haq: @POPCoRNNetwork A4. Attending the @AmerAcadPeds Legislative Conference in Washington DC was career-altering for me. Helped...

Jen Readlynn, MD, FHM (she/her) @jenreadlynn
@freckledpedidoc @melaniecheng19 @POPCoRNNetwork Even @NudgeText can help it go farther. Their Ally course is fantastic! 😊 #POPCoRNJC

Anika Kumar, MD @freckledpedidoc
Thank you Drs. @AmandaJoyMD, @jfganem & @drjasmith for joining us for this #POPCoRNJC. Many thanks to @STangGirdwood for moderating.

Anna Rodenbough, MD, MPH @annarodenbough
@POPCoRNNetwork A couple takeaways for me: 1) Being an activist means taking a risk and putting in work! 2) Normalizing activism amongst physicians is crucial to enacting change within the system. #POPCoRNJC

Anika Kumar, MD @freckledpedidoc
RT @annarodenbough: @POPCoRNNetwork A couple takeaways for me: 1) Being an activist means taking a risk and putting in work! 2) Normalizing...

Jorge Ganem, MD @jfganem
RT @freckledpedidoc: Thank you Drs. @AmandaJoyMD, @jfganem & @drjasmith for joining us for this #POPCoRNJC. Many thanks to @STangGirdw...

Lauren O'Connell, MD @ParentingDBP
RT @annarodenbough: @POPCoRNNetwork A couple takeaways for me: 1) Being an activist means taking a risk and putting in work! 2) Normalizing...

melanie cheng @melaniecheng19
RT @jfganem: @POPCoRNNetwork Normalize activism in physicians. Build activism curricula and give space for activism in daily practice in cli...

Anika Kumar, MD @freckledpedidoc
RT @AmandaJoyMD: @jfganem @POPCoRNNetwork @jenreadlynn @freckledpedidoc @DrJasmineSmith Yessss professionalism is a smoke screen for oppressi...

Anna Rodenbough, MD, MPH @annarodenbough
@heather_haq @POPCoRNNetwork @AmerAcadPeds Agree - #AAPLegCon is a great example of "big A" Advocacy - but there is also so much "little A" advocacy (and activism) work to be done on the ground, too. And both are necessary for impactful change! #POPCoRNJC

Jorge Ganem, MD @jfganem
RT @annarodenbough: @POPCoRNNetwork A couple takeaways for me: 1) Being an activist means taking a risk and putting in work! 2) Normalizing...
Patricia Tran M.D. @PatriciaTranMD
RT @annarodenbough: @POPCoRNNetwork A couple takeaways for me: 1) Being an activist means taking a risk and putting in work! 2) Normalizing...

Anika Kumar, MD @freckledpedidoc
@jfganem @POPCoRNNetwork @AmandaJoyMD I think being an advocate is being supportive of a cause. Being an activist, is actively engaging to further a cause. The key is being "active." #POPCoRNJC

Anna Rodenbough, MD, MPH @annarodenbough
@POPCoRNNetwork @AmandaJoyMD @jfganem Thank you to our moderators, and especially to @AmandaJoyMD for sharing her insightful and powerful voice with us all! #POPCoRNJC

POPCoRN @POPCoRNNetwork
@AmandaJoyMD @jfganem We loved having you at #POPCoRNJC And thank you so much for writing the article and creating activists among us!

Kristyn Jeffries @DrKJeffries
@heather_haq @PatriciaTranMD @POPCoRNNetwork @AmerAcadPeds I am really hoping they will have Leg Con 2021 because I really want to attend...especially after hearing what great experiences you both had! I am eager to gain these foundational skills to be an effective activist and advocate #popcornjc

POPCoRN @POPCoRNNetwork
RT @annarodenbough: @POPCoRNNetwork A couple takeaways for me: 1) Being an activist means taking a risk and putting in work! 2) Normalizing...

Amanda Calhoun, MD, MPH @AmandaJoyMD
@POPCoRNNetwork @jfganem Thank you so much!!!! I'm very grateful for the invite and I had a good time with such a great community! ☝️ #POPCoRNJC

Jorge Ganem, MD @jfganem
RT @AmandaJoyMD: @POPCoRNNetwork @jfganem Thank you so much!!!! I'm very grateful for the invite and I had a good time with such a great com...

Robbie Daulton @robertdaulton
@jenreadlynn @POPCoRNNetwork @maha_kaisi @ETShow @CoresImPodcast @CPSolvers @MelaninInMed @wellroundedmed @NPRCodeSwitch I want to throw out "Nice White Parents" podcast as well. It touches on integration in public schools, but there were so many parallels to medicine. Plus, as a future pediatrician, a strong knowledge of education feels like a must. #POPCoRNJC
UTHSC MedPeds @UTHSCMedPeds
Love this definition of activism by @POPCoRNNetwork - check out their twitter journal club tonight discussing what it means to be an activist, what limits us, and how we can improve our education systems to emphasize activism #physicianactivists #bethechange #medpeds

POPCoRN @POPCoRNNetwork
RT @robertdaulton: @jenreadlynn @POPCoRNNetwork @maha_kaisi @ETSshow @COREIMpodcast @CPSolvers @MelaninInMed @wellroundedmed @NPRCodeSwitch...

Cara J Haberman MD @CJHaberman
Just missed this live but you can check out the conversation by searching #POPCoRNJC Great discussion about activism in medicine!

Sonya TG @STangGirdwood
@AmandaJoyMD @POPCoRNNetwork @AJenkins_MD @jfganem @DrJasmineSmith @DrAnita_Shah Here's the article: https://t.co/8nYh4FM6nA She defined advocacy as working the system vs activism as changing the system. #POPCoRNJC

Shreya P. Trivedi MD @ShreyaTrivediMD
@robertdaulton @jenreadlynn @POPCoRNNetwork @maha_kaisi @ETSshow @COREIMpodcast @CPSolvers @MelaninInMed @wellroundedmed @NPRCodeSwitch Yes! very much agree with Nice White Parents episodes #POPCoRNJC

Jorge Ganem, MD @jfganem
RT @CJHaberman: Just missed this live but you can check out the conversation by searching #POPCoRNJC Great discussion about activism in me...

Sonya TG @STangGirdwood
RT @CJHaberman: Just missed this live but you can check out the conversation by searching #POPCoRNJC Great discussion about activism in me...

melanie cheng @melaniecheng19
RT @CJHaberman: Just missed this live but you can check out the conversation by searching #POPCoRNJC Great discussion about activism in me...

Ashley Jenkins @AJenkins_MD
@ShreyaTrivediMD @robertdaulton @jenreadlynn @POPCoRNNetwork @maha_kaisi @ETSshow @COREIMpodcast @CPSolvers @MelaninInMed @wellroundedmed @NPRCodeSwitch For those in the #medtwitter space, @JessicaCalarco has published and collated materials pertaining to as she names it in this thread, "Teaching for Equity with Empathy". I think many aspects could be applied to working with medical students. #POPCoRNJC https://t.co/AxdSEdDjzt
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