

POSITION	Mental Health Worker
REPORTS TO	Community and Allied Health Manager
AWARD	Allied Health Professionals (Victorian Public Health Sector) Single Interest Enterprise Agreement 2021-2026
CLASSIFICATION	Welfare Worker / Social Worker (dependent on qualifications)
EMPLOYMENT STATUS	As per contract
HOURS PER FORTNIGHT	As per contract

# **INGLEWOOD & DISTRICTS HEALTH SERVICE**

IDHS is situated in the Shire of Loddon and provides services to more than 5,500 residents in the communities of Bridgewater, Inglewood, Korong Vale, Newbridge, Serpentine, Tarnagulla, Wedderburn and surrounding townships.

All IDHS facilities are conveniently located on one site – Urgent Care Centre, community health and hospital and residential aged care (hostel and nursing home). IDHS also offers a diverse range of services including diabetes education, community and district nursing, counselling and cardiac rehabilitation, planned activity groups, volunteer and strength training programs.

## THE POSITION

The Mental Health Worker will provide support and advocacy to people with a mental health issue. The position will support clients' lifestyle choices and assist them to access community resources, to better manage their mental health symptoms and to identify strategies to enhance their everyday living skills. The position will provide information to clients and advocate when necessary to ensure equitable access to community resources. The position will work collaboratively with the other services to ensure best possible client outcomes, including developing collaborative care plans and care coordination.

## KEY RESPONSIBILITIES AND DUTIES

- Work equitably with clients and respect each individual's right to dignity, privacy, independence and respect
- Assist clients to identify and plan strategies to achieve personal goals within a client directed framework
- Develop trusting, positive and professional relationships with program participants and other service providers
- Provide information to clients and advocate when necessary to facilitate access to community services and facilities
- Support clients in facilitating their own recovery from mental illness by enabling empowerment and choice and promoting personal resilience and social inclusion
- Conduct community and regional-connection development activities, including group presentations on mental health

- Provide support to enhance the everyday living skills of clients
- Liaise with carers, families, significant others and specialist and generic agencies involved in providing care to the client
- Operate within relevant legislation, departmental and agency policies and guidelines
- Maintain high quality, accurate and timely case notes and records
- Actively participate in supervision, case reviews and team meetings
- Identify and assist in the solution to any communication and workflow problems by suggesting improvements and enhancements to existing IDHS systems and processes

# **KEY SELECTION CRITERIA**

# Essential

- Knowledge of mental health issues, illnesses and disorders as well as developed knowledge of regional health and welfare service providers
- Proven ability to empathise with people who experience mental health issues
- Ability to develop individual program plans
- Proven ability to work unsupervised and effectively manage own time
- Proficient with computers including the use of Microsoft Office
- Demonstrated experience in undertaking intake and assessment activities and understanding referral pathways
- A satisfactory police check
- A Working with Children Check
- A current Victorian Driver's Licence

# **QUALIFICATIONS**

## Essential

• Relevant tertiary qualifications, Social Work, Psychology, Occupational Therapy or Nursing

## Desirable

• Post Graduate Qualifications in Mental Health

# MANDATORY REQUIREMENTS

**National Police Record Check** A current and satisfactory National Police Record Check must be completed by all new staff prior to commencement.

**Immunisation** As a health provider dedicated to providing quality patient care, we all need to be aware of the critical importance of infection control. Each staff member has a responsibility to comply with IDHS' Staff Immunisation Policy and various infection control policy and procedures. All staff are required to provide evidence of vaccinations prior to commencement at IDHS.

## **GENERIC RESPONSIBILITIES AND REQUIREMENTS**

## Code of Conduct

The Victorian Government's Code of Conduct is binding on all IDHS staff and volunteers. Contravention of a provision in the code may constitute misconduct and/or regarded as a breach of the staff member's employment agreement and will be dealt with under IDHS's Disciplinary Policy/Procedure.

## Confidentiality

Each staff member and volunteer must comply with the rules of confidentiality relating to hospital patients, nursing home or hostel residents, or clients of any community health service. A breach of confidentiality will result in disciplinary action and/or dismissal from the health service.

# **Compliance with Policies and Procedures**

All IDHS's policies and procedures are set out in its clinical and managerial policy manuals located on PROMPT and in hard copy. All staff and volunteers must ensure they comply with policies, procedures and standard ways of work practices when carrying out their work. Any breach in compliance may result in disciplinary action.

## **Infection Control**

Each staff member and volunteer has a responsibility to minimise exposure to incidents of infection/cross infection of patients, clients, residents, staff, visitors and the general public. This can be achieved by all staff adhering to the policies and procedures as set out in the Infection Control Manuals.

# **No-Smoking Policy**

To ensure a healthy and safe work environment for our staff, volunteers, patients, clients, residents and visitors, smoking is not permitted on hospital grounds, in buildings and offices or in any vehicle.

# **Privacy Principles**

Each staff member and volunteer must understand and comply with the Privacy Principles of the Health Records Act (2012) and Privacy and Data Protection Act (2014).

# **Quality Improvement**

Each staff member has a responsibility to participate and commit to ongoing quality improvement activities using the 10 National Standards model, Aged Care Accreditation and/or HACC Community Care Common Standards as relevant to their areas of practice.

## **Risk Management**

IDHS supports an organisational philosophy that ensures risk management is an integral part of corporate objectives, plans and management systems. Staff are accountable for risk management through organisational, team and individual performance objectives that are within their span of control.

## Workplace Health & Safety

IDHS is committed to the provision and maintenance of a healthy and safe workplace with the notion of "safety always" underpinning all its activities. Staff are encouraged to actively promote the behaviours, values and attitudes that are supportive of a culture of safety, with each staff member being required to take reasonable care for their own health, safety and wellbeing and the health, safety and wellbeing of others who may be affected by their actions. All staff are required to adhere to organisational workplace health and safety policies and procedures and participate in safety related education and evaluation activities.

IDHS recognises the integral role of each individual in the promotion, development and maintenance of its culture of safety.

## **Person Centred Care**

Person Centred Care (PCC) is a philosophical approach to how we provide care to patients, clients, residents and interact with other customers, including staff of IDHS. PCC is based on the principles of respect, value of the individual and the need to deliver service in an environment that supports peoples' physical, emotional, social and psychological needs. PCC is underpinned by a culture of collaboration and partnership and all staff of IDHS are required to adhere to these principles.

## **Performance Appraisal**

A performance development and review process will be carried out six (6) months after commencement of employment and thereafter on a regular informal basis and on a formal basis annually. This is to ensure staff satisfactorily progress towards their Key Performance Indicators (KPIs). The Performance Appraisal will be based on successful outcomes of the KPIs, this Position Description and the policies and procedures of the IDHS. The performance appraisal must be discussed with and signed by the staff member.

## **Employment Principles**

IDHS is committed to the employment principles that reinforce the public sector values. These principles ensure:

- Employment decisions are based on merit
- Employees are treated fairly and reasonably
- Equal employment opportunity is provided
- Human Rights are upheld in accordance with the Charter of Human Rights & Responsibilities Act 2006
- Employees have a reasonable avenue of redress against unfair or unreasonable treatment

# ADDITIONAL INFORMATION

All IDHS staff are required to carry out lawful directions as outlined above or delegated to them. The work to be performed is set out in this position description and, where relevant, any professional standards and codes of conduct and ethics issued by the relevant professional association.

This position description is intended to describe the general nature and level of work that is to be performed by the person appointed to the role. It is not intended to be an exhaustive list of all responsibilities, duties and skills required. Any elements of this document may be changed at IDHS's discretion and activities may be added, removed or amended at any time.

# ACCEPTANCE OF THE POSITION

I understand, agree to and accept the role as outlined in accordance with this position description.

Staff Member's Name (please print)	· · · · · · · · · · · · · · · · · · ·
Staff Member's Signature	Date
Manager's Name (please print)	
Manager's Signature	Date
CEO Name (please print)	
CEO Signature	Date