### 2020-2021 COMMUNITY IMPACT REPORT

CHARD OF

Empowering Indigenous Youth through Sport and Play



## LAND ACKNOWLEDGEMENT

We respectfully acknowledge that Spirit North's head office is located on the traditional territories of the Blackfoot Nations of Siksika, Kainai, Piikani as well as the Stoney-Nakoda (including the Chiniki, Bearspaw and Wesley First Nations) and Tsuut'ina Nations, Region 3 Métis Nation of Alberta, and all others that make their home in the Treaty 7 region. We honour these lands as well as all other First Nations, Métis and Inuit lands and territories on which we work. These lands and our relationships with the First Peoples of these lands support our work toward reconciliation.

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MESSAGE FROM THE CEO BECKIE SCOTT 2020-2021 was a period like no other we've experienced. It was difficult, and already vulnerable Indigenous children and youth experienced the toll of the COVID-19 pandemic more acutely than other populations. While many organizations saw demand for services contract, our programs were more necessary and in demand than ever.

Our dedicated team and strong community relationships enabled us to work collaboratively with communities to navigate health guidelines and lockdowns, and deliver over 950 innovative program sessions, events and activities to 40 communities throughout Canada. With determination and creativity, we remained a reliable partner to the youth we serve, while also building out new programs such as our Youth Leadership and Photovoice initiatives that extended our impact. We were also humbly honoured by the deep gratitude that our community partners expressed.

I am proud of our team and their commitment and dedication to Indigenous children and youth through this challenging time, and as we reflect on this past year, I am grateful to you—our donors and supporters. Without you, our work to engage, empower and inspire Indigenous youth to brighter futures through health and wellness would not be possible. With sincere gratitude and appreciation, I thank you for your support.

Beckie Scott

**Beckie Scott** CEO, Spirit North

"OUR SCHOOL HAS A LARGE AT-RISK DEMOGRAPHIC WHOSE ACCESS TO KNOWLEDGE OF OUTDOOR POSSIBILITIES IS VERY LIMITED. WE ARE SO THANKFUL FOR SPIRIT NORTH HELPING TO CREATE OPPORTUNITY."

- Teacher, Suwilaawks



### **MESSAGE FROM THE BOARD CHAIR** BARBARA CONKIE

In what was a difficult year, Spirit North empowered Indigenous children and youth to continue stepping forward by creating opportunities that built resilience, uplifted their spirits and created joy and connection.

Spirit North's determined team adapted and responded to COVID-19 with programs to support the needs of Indigenous children and youth, deliver on the charity's sport for development mandate and continue work toward reconciliation outcomes. Community partners regularly expressed gratitude for Spirit North's ability to support the health and wellness of their youth during a critical time. The organization's strong and stable financial position at the end of fiscal 2021 positions Spirit North well for the coming year.

On behalf of the Board of Directors, thank you for your generous support and steadfast commitment to the health and well-being of Indigenous children and youth. We are stronger, and we are making a difference—together.

Ruelaa

**Barbara** Conkie **Board Chair, Spirit North** 

### 2020-2021 **BOARD OF DIRECTORS**

Barbara Conkie, Board Chair **Heather Bishop** Larry Greer **Andy Harris** Jeff Horvath **Dr. Sean Lessard Margaret Rosling** Laurie Thompson Dr. Sam Wong

### **"BEING ON THE LAND AND BREATHING IN THE OUTDOOR** FRESH AIR HAS BEEN INCREDIBLE **MEDICINE—ESPECIALLY DURING THIS PANDEMIC SCHOOL YEAR."**

- Community Member, Black River First Nation





### **WHO WE ARE INSPIRING UNSTOPPABLE YOUTH**

### **OUR REACH CREATING LASTING CHANGE**



### **OUR MISSION**

To empower and inspire Indigenous youth through sport and play.



### **OUR VISION**

Health, wellness and a brighter future for all Indigenous children and youth.



### **CO-CREATION**

Our co-creation methodology allows us to generate programs that reflect each community's unique values, goals and strengths and also respect local knowledge, experience and culture.



### **OUR WORK**

Since 2009 Spirit North has provided Indigenous youth throughout Canada with opportunities to participate in sport, play and land-based activities. Our sport for development programs are a catalyst for social change and contribute to all 17 of the United Nations Sustainable Development Goals (SDGs). This past year we reached communities during a critical time when systemic barriers created additional health and wellness challenges for many. We responded to need, adapted and innovated to deliver programs that supported social connection and health. We continue moving toward our ambitious goal of supporting 10,000 youth to be unstoppable by 2025.





#### "THIS YEAR SPIRIT NORTH GAVE US A **MUCH-NEEDED SENSE OF NORMALCY** AND COMMUNITY. THEY HELPED CREATE A PATHWAY TO HEALTHY, AFFORDABLE, LIFELONG ACTIVITIES THAT WILL HAVE LASTING IMPACTS IN OUR COMMUNITY."



Being unstoppable is about much more than sport and play. At Spirit North, we take a comprehensive approach that focuses on three key pillars:



"It was so fun to learn how to ride a bike and be outside with my friends."

- Participant, Lake Babine Nation

#### HEALTH

Improve physical, mental and emotional health through land and participation-based physical activity. Empower through increased feelings of joy, belonging and resilience.



**CO-CREATION** 

### COMMUNITY

Engage communities to build connection, capacity and sustainability.



### **EDUCATION**

Partner with schools and educators to deliver programs that build skills, knowledge and confidence in the classroom.



**EDUCATION** 

"It is incredible to see students on Spirit North days. They are more engaged, happier, and push themselves to do things they wouldn't otherwise do."

- Teacher, Tsuut'ina Nation



"Such an amazing opportunity for our community...supporting youth in activities that would otherwise be out of reach."

- Teacher, Sylix Okanagan Nation

100%

100%



of family members agreed that their child's participation in Spirit North was important throughout the challenges of COVID-19.

of participants reported experiencing feelings of joy.

of participants reached or exceeded the recommended daily amount of physical activity (60 minutes).

83% 91%

of educator respondents noted improvement in their students' overall classroom performance.

of educator respondents noted improvement in student focus and willingness to participate in the classroom after participating with Spirit North.



78%

19

of educator respondents noted **improved** peer-to-peer and student-teacher connections.

of family members were inspired to participate.

kilometers and 21 days of trail building in 10 communities. Connecting communities to each other and the land and creating a legacy for year-round recreation.

## **SPORT FOR SOCIAL** DEVELOPMENT

Sport can be a powerful catalyst for social change. Spirit North is using sport to drive social development for Indigenous children and youth.













HAPPIER, HEALTHIER COMMUNITIES WITHIN A FAIR, EQUITABLE, JUST SOCIETY

# "GETTING OUT ON THE LAND AND BEING ACTIVE IS HEALING AND PROVIDES AN OPPORTUNITY TO BOND— TO CONNECT WITH OUR COMMUNITY AND SPIRIT NORTH LEADERS."

- Community Member, Stoney Nakoda Nation

### RECONCILIATION

We remain steadfast in our commitment to advance reconciliation in Canada. Of the Truth and Reconciliation Commission of Canada's 94 Calls to Action we're focused on addressing the health legacy of residential schools and reconciliation through sport. We aim to build bridges between communities and support Indigenous youth with resources and opportunities by focusing our efforts on:

**CALL TO** ACTION #19

**CALL TO** ACTION #89

**CALL TO ACTION #90** 

**Reconciliation: Sports & Reconciliation** We collaborate with schools and communities to create programs that reflect local needs, and invest in resources, training, certification and mentorship to ensure these benefits last for generations to come.

Spirit North encourages you to learn more about the Truth and Reconciliation Commission of Canada findings and the 94 Calls to Action: https://ehprnh2mwo3.exactdn.com/wp-content/uploads/2021/01/Calls\_to\_Action\_English2.pdf

#### Legacy: Health

We help close the gap between Indigenous and non-Indigenous communities by promoting the physical and mental health benefits of sport and play activities.

#### **Reconciliation: Sports & Reconciliation**

We elevate sport and play as a fundamental part of health and well-being, and we support active communities through local events and dedicated programming.

### IN CONVERSATION WITH CHIEF WILTON LITTLECHILD

#### SPORT AS A FORMULA FOR WINNING IN LIFE AND A PATH TOWARD RECONCILIATION

Spirit North ambassador and Cree Chief Wilton Littlechild believes that sport is a great teacher of life skills, a foundation for life and a formula for success. The key to success being balance of the physical, mental, emotional and spiritual. Once he found balance in sport, Littlechild says he learned its applicability to any other endeavour in life.

For Indigenous children and youth there is no more important opportunity than that of taking part in holistic sport and experiencing its many benefits. Beyond physical activity there are the benefits of involvement, participation and leadership, belief in oneself and one's ability to do something positive—all fundamental to the success formula.

Through greater encouragement of participation Littlechild feels that we can both improve equality for Indigenous children and youth and advance reconciliation—underscoring the importance of applying underlying principles from the United Nations Declaration on the Rights of Indigenous Peoples (UNDRIP) as a framework for reconciliation. Littlechild also acknowledges the distinct role of sport in reconciliation. In fact, the Truth and Reconciliation Commission report includes five calls to action dedicated specifically to sport. "Sport has the power to bring people together and get people working together, and that's all about reconciliation," says the former commissioner.

For Littlechild, the beauty of sport is in the spirit—sometimes winning, learning from losing, and re-instilling a positive winning spirit into any part of life. Sport can restore hope and happiness, and positive hope for the future is Littlechild's wish for today and tomorrow's Indigenous children and youth.

Chief Wilton (Willie) Littlechild is a member of the Ermineskin Cree Nation, is an inductee in Canada's Sports Hall of Fame, is a lawyer, was Grand Chief of The Confederacy of Treaty Six First Nations, was a Commissioner for Canada's Truth and Reconciliation Commission and was Canada's first Treaty First Nation's person to be a Member of Parliament.

### "SPORT SAVED MY LIFE. I WAS RUNNING AWAY FROM THE ABUSE OF RESIDENTIAL SCHOOL—RUNNING TOWARD SPORT AS A WAY OUT."

- Chief Wilton Littlechild





### **MONTREAL LAKE CREE NATION AND SPIRIT NORTH CHART A PATH OF INSPIRATION AND OPPORTUNITY**

Montreal Lake Cree Nation is at a crossroads of new beginnings. If you were to arrive today you would hear children's voices amplified with excited bursts of laughter; your eyes would dart to follow the flurry of biking and running. As the community emerges from the dark heaviness of COVID-19 lockdowns, Spirit North and Montreal Lake are working in partnership and reciprocity to spark and channel the energy of the community's youth.

As Montreal Lake Cree Nation Vice Chief, Dean Henderson says:

**"SPIRIT NORTH IS A GAME CHANGING ENERGIZER FOR POSITIVITY WITHIN OUR COMMUNITY. OUR YOUTH ARE BEING LIFTED UP THROUGH THIS RELATIONSHIP WITH** SPIRIT NORTH. THIS IS TRULY A PARTNERSHIP IN THE FULL **MEANING OF RECONCILIATION. MORE THAN ANYTHING AT** THIS PARTICULAR TIME IN HISTORY WE NEED EXAMPLES **OF ACTION FOR FIRST NATION CHILDREN, NOT JUST TALK.** SPIRIT NORTH IS LEADING THE WAY AND WE ARE HAPPY **TO BE PARTNERS WITH THEM."** 

futures take form.

Through year-round experiences for wellness and physical activity, Montreal Lake youth acquire new skills, have opportunities to lead their peers and share their traditional practices. In spite of the COVID-19 pandemic and lockdowns, the community and Spirit North were able to collaborate on several projects and continue innovating together. Trail-building, trail-naming and grooming initiatives helped youth reclaim their language and also provided an outlet for physical activity during lockdowns. Summer programs, equipped through community-purchased bikes, shoes and canoes, provided consistency and continuity throughout the summer months. A new land-based curriculum, planned to roll out in fall 2021, will create opportunities that spark inspiration and pride among the community's youth. All of these diverse experiences are working to uplift and empower Montreal Lake youth to see their bright



### PROGRAM HIGHLIGHTS

Through this year of disruption, Spirit North continued to create innovative and safe opportunities for Indigenous youth to experience the health and wellness benefits of physical activity, learn new skills, build confidence in and out of the classroom and connect with the land and their communities.





### **REGULAR, RELIABLE PROGRAMS BUILD CONFIDENCE, SKILLS AND LASTING SUCCESS**

This year, youth from the Penticton Indian Band conquered their nervousness to experience the exhilaration of skateboarding for the first time. Success is a result of the passionate enthusiasm and skill of Band member and Spirit North Leader Levi Bent, as well as the **children's enthusiasm for learning a new skill**. For four years, Spirit North has provided year-round sport and play opportunities for youth in the community. Years of regular and reliable programs have not only built a strong base of skill and physical literacy, but the confidence necessary to try a sport as technical as skateboarding. The compounding benefits of consistent physical activity mean that the sky's the limit for participants.

### TRAILS CREATE A LEGACY FOR COMMUNITY RECREATION AND ENRICHED EXPERIENCES

In collaboration, **communities and Spirit North are creating trails from what the land offers** and trails are popping up all over! Terrain that's safe, accessible and requires minimal work for the community to establish and maintain is best and creates opportunities for youth to share land-based knowledge, lead each other, and visit any time. This year Spirit North worked with 10 communities to develop trail networks to create a legacy that supports and inspires community recreation for generations to come.



### REPUTATION, REGIONAL COMMUNITY CONNECTION AND THE LAND GROW MOUNTAIN BIKE PROGRAM POPULARITY

Word is out: "mountain biking is awesome" and its popularity is spreading. **New regional programs have launched in Terrace, Kitsumkalum and the Nass Valley.** For many participants, aged 7 to 14, biking is a brand-new experience. "It's not a given that all kids have a bike. In fact, many of the youth in the program have never ridden before," says Community Program Leader Becky Bristow. For some, the act of getting on a bike is a major fear conquered. Others look as if they were born to ride and simply needed a bike! Regardless, the very basic safety and ride skills approach means every child is empowered to succeed in the schoolyard and on the trail. Excitement is in the air as these youth accept the challenge of trying something new, experience the freedom of riding and feel the exhilaration of pedaling forth.

### PARTNERSHIPS, EQUIPMENT AND NEARBY TRAILS ENABLE INUVIK YOUTH TO EXPERIENCE SKIING

In collaboration, Spirit North, Cross Country NWT, the Inuvik Ski Club and the community's afterschool recreation program delivered cross-country ski programs to Inuvik youth this past winter. Keen youngsters were empowered with newfound skills and gained the confidence to access nearby ski club trails and participate in Inuvik's Top of The World Loppet. **"Some children would have stayed all night if we were there,"** said Community Program Leader Annika Olesen. For the future leaders of this remote northern community the chance to ski has inspired them to take steps toward healthy, active futures.



### TRAVELING PROGRAM REMOVES BARRIERS AND BRINGS EXPERTISE AND EQUIPMENT TO YOUTH

Transportation, geographic isolation and equipment access barriers are no match for Spirit North. Logging nearly 20,000 kilometres this year, Spirit North's Traveling Program brought land-based activities to 10 remote communities across Treaty 8 territory. Led by Spirit North land and outdoor recreation specialists, the program is creating opportunities for kindergarten through grade 12 students to experience otherwise unattainable sport and play activities and the accompanying feelings of joy, success and pride. Always bursting with enthusiasm for the programs, participants are excited for tomorrow and a lifelong journey of active living.

### PADDLING CONNECTS YOUTH WITH THE HEALING POWER OF THE WATER WHEN DISRUPTION IS ALL AROUND

With Burns Lake and Lake Babine Nation community members deeply concerned over the toll the COVID-19 pandemic was taking on their youth, there was significant relief when paddling was approved as a safe activity. Paddling provided a source of routine and normalcy during a time when disruption was the only norm. Spirit North met the soaring demand and created opportunities for youth to just show up, get into a boat and be on the water. This outlet provided youth with a much-needed focal point and supported their physical and mental wellbeing during the challenges of the past year.



Youth

SPIRIT NORTH

ATCO



### CONSISTENT PHYSICAL ACTIVITY GROWS SKILLS, CONFIDENCE, AND SUPPORTS OVERALL HEALTH AND WELLNESS

With a bulging enrolment at Chief Big Belly Middle School and **a plea from teachers to support youth health and wellness through physical activity,** Spirit North had a busy year with the Tsuut'ina Nation. Noticing the toll the COVID-19 pandemic was taking on student wellness, teachers worked with Spirit North to coordinate four days per week of land-based activity for students in grades five through nine, from October through March. In addition to observed mental and physical wellness benefits, relationships gained importance as people supported each other through the isolation and disruption caused by the pandemic. We are proud to have worked alongside Tsuut'ina to support their youth during a challenging year.



## **YOUTH LEADERSHIP**

Spirit North's Youth Leadership and Mentorship program nurtures rising young leaders to realize their full potential. Launched this year, the program empowers youth participants to build personal capacity and develop life and leadership skills that they can then practice as Spirit North participants and carry forward in life.

Developed in partnership with Indigenous experts and leaders, the program is layered on to Spirit North's sport and play activities, creates space for diverse approaches to knowledge and learning, and includes: 12 learning and activity modules, mentorship opportunities, a speaker series, integration of traditional knowledge and practices, and pathways to practicing leadership and life skills.

The Youth Leadership and Mentorship program is nurturing the potential of young Indigenous leaders and supporting them in using their strengths to uplift themselves and their communities. As these vibrant, young leaders take flight we'll be sure to share their inspiring stories.

### "SPIRIT NORTH HELPED ME REALIZE HOW STRONG AND DETERMINED I CAN BE. I KNOW I AM CAPABLE OF ANYTHING."

- Student, Beaver Lake Cree Nation

## PHOTOVOICE

Photovoice is putting the power of story-telling in the hands of youth. This past year Spirit North equipped youth with cameras, empowering participants to capture their unique experiences and perspectives in photos and accompanying narratives.

In four communities Photovoice was layered on to Spirit North's holistic sport and play programs, engaged youth in grades one through nine in new ways, and created opportunities for communities to celebrate and share the creative outcomes. The project is also an inclusive evaluation activity and allows Spirit North to gather qualitative program impacts in a nuanced way.

Through story-telling, youth can share their voice, reflect on their own learning, build connections and bridges to awareness and understanding, teach, and inspire. Photovoice is empowering youth to share their stories and inspire others to courageously accept the challenge of trying something new.

"SPIRIT NORTH GOT ME OUT OF BEING TOO SHY AND NERVOUS TO TALK TO PEOPLE. I'VE MADE SO MANY FRIENDS DURING THE GAMES. I'VE LEARNED HOW TO TALK TO PEOPLE MORE AND HOW TO MAKE FRIENDS WITHOUT BEING SHY OR NERVOUS. I'M REALLY GLAD I MET SPIRIT NORTH!"

- Student, Paul First Nation

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We thank the following donors who contributed to Spirit North between July 1, 2020 and June 30, 2021.

















- **Calgary Flames Foundation** •
  - **Cenovus Energy**
- **Chevron Canada Resources**
- Makadiff Sports
- MasterBUILT Hotels •



### **SUPPORTERS** & PARTNERS

In a year when Indigenous youth needed us more than ever, your contribution was an investment in the future. With your support we remained a dedicated, reliable partner and answered the call to support the physical, emotional and mental well-being of Indigenous youth and their communities during a critical time. Your support is creating lasting change that empowers children and youth to overcome barriers, discover their potential and become unstoppable in life.

Our sincere thanks for your generosity and commitment to improving the lives of Indigenous youth.

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#### FRIENDS OF SPIRIT NORTH

1	•	National Winter Sport Development Association
S	•	Ptarmigan Foundation
	•	TransAlta Corporation

Urban Systems Foundation



"MOST OF THE YOUTH WOULD NEVER HAVE BEEN ABLE TO PARTICIPATE IN SOMETHING LIKE THIS. A LIFELONG MEMORY HAS BEEN MADE, ALL WHILE PROMOTING HEALTHY LIVING."

- Community Member, Lake Babine Nation

ALBERTA ALEXIS NAKOTA SIOUX NATION - ALEXIS FIRST NATION SCHOOL • ATHABASCA DELTA COMMUNITY SCHOOL • BEAVER FIRST NATION - ROCKY LANE SCHOOL • BEAVER LAKE CREE NATION - AMISK COMMUNITY SCHOOL • BIG HORN RESERVE - TAOTHA COMMUNITY SCHOOL • BIGSTONE CREE NATION - OSKI PASIKONIWEW KAMIK • BUFFALO LAKE MÉTIS SETTLEMENT - CASLAN SCHOOL • CALLING LAKE SCHOOL • CHIPEWYAN PRAIRIE FIRST NATION (JANVIER) - FATHER R. PERIN SCHOOL • COLD LAKE FIRST NATION - LEGOFF SCHOOL • CONKLIN -CONKLIN COMMUNITY SCHOOL • DRIFTPILE CREE NATION - DRIFTPILE COMMUNITY SCHOOL • EAST PRAIRIE MÉTIS SETTLEMENT - HILLVIEW SCHOOL • EDMONTON - BEN CALF ROBE- ST. CLARE SCHOOL - AMISKWACIY ACADEMY • ELIZABETH MÉTIS SETTLEMENT - ELIZABETH SCHOOL • ENOCH CREE NATION - MASKEKOSAK KISKINOMATOWIKAMIK - PAUL FIRST NATION - PAUL BAND EDUCATION - MOTHER EARTH'S CHILDREN'S CHARTER SCHOOL • ERMINESKIN CREE NATION - ERMINESKIN IR. SR. HIGH SCHOOL - ERMINESKIN ELEMENTARY SCHOOL - EHPEWAPAHK ALTERNATE SCHOOL • FISHING LAKE MÉTIS SETTLEMENT - J.F. DION SCHOOL • FORT MURRAY #468 FIRST NATION - ANZAC COMMUNITY AND BILL WOODWARD SCHOOL • FROG LAKE FIRST NATION - CHIEF NAPEWEAW COMPREHENSIVE SCHOOL • GARDEN RIVER FIRST NATION - SISTER GLORIA SCHOOL • GIFT LAKE MÉTIS SETTLEMENT - GIFT LAKE SCHOOL • HEART LAKE FIRST NATION - HEART LAKE KOHLS SCHOOL • JEAN-BAPTISTE SEWEGPAGAHAM SCHOOL • JOHN D'OR PRAIRIE SCHOOL • KIKINO MÉTIS SETTLEMENT - KIKINO SCHOOL • KEHEWIN CREE NATION - KEHEWIN COMMUNITY EDUCATION CENTRE • LITTLE RED RIVER CREE NATION - FOX LAKE ELEMENTARY SCHOOL • LOON RIVER FIRST NATION - CLARENCE IAYCOX SCHOOL • LOUIS BULL TRIBE - KISIPATNAHK SCHOOL MIKISEW CREE FIRST NATION - ATHABASCA CHIPEWYAN FIRST NATION AND MÉTIS
MONTANA FIRST NATION -MESKANAHK KA-NIPA-WIT SCHOOL • O'CHIESE FIRST NATION - O'CHIESE FIRST NATION SCHOOL • PEAVINE MÉTIS SETTLEMENT - BISHOP ROUTHIER SCHOOL (PEAVINE) • PEERLESS TROUT FIRST NATION - PEERLESS LAKE SCHOOL - KATERI SCHOOL • SADDLE LAKE CREE NATION - ONCHAMINAHOS SCHOOL - KIHEW ASINIY EDUCATION CENTRE SAMSON CREE NATION - NIPISIHKOPAHK SECONDARY SCHOOL
ST. THERESA SCHOOL
STONEY NAKODA NATION - EXSHAW SCHOOL - NAKODA ELEMENTARY SCHOOL - MORLEY COMMUNITY SCHOOL • STURGEON LAKE FIRST NATION - STURGEON LAKE SCHOOL • SUCKER CREEK FIRST NATION - JOUSSARD SCHOOL • SUNCHILD FIRST NATION - SUNCHILD SCHOOL • TALLCREE NATION AND BEAVER FIRST NATION - FORT VERMILION PUBLIC SCHOOL • TSUUT'INA NATION - CHIEF BIG BELLY MIDDLE SCHOOL - CHIILA ELEMENTARY SCHOOL - TSUUT'INA IR. SR. SCHOOL • WHITEFISH (GOODFISH) FIRST NATION #128 - PAKAN SCHOOL • WHITEFISH LAKE FIRST NATION #459 - ATIKAMEG SCHOOL • WOODLAND CREE FIRST NATION - CADOTTE LAKE SCHOOL • BRITISH COLUMBIA CHASE - CHIEF ATAHM SCHOOL • KISPIOX - KISPIOX ELEMENTARY SCHOOL • LAKE BABINE NATION - MORRIS WILLIAMS SCHOOL • NUSDEH YOH SCHOOL • OSOYOOS INDIAN BAND - SEN'POK'CHIN SCHOOL • PENTICTON INDIAN BAND - OUTMA SQILX'W CULTURAL SCHOOL • PRINCE GEORGE - RON BRENT ELEMENTARY SCHOOL • TERRACE (KITSUMKALUM) - NA AKSA GYILAK'YOO SCHOOL • WESTBANK FIRST NATION - SENSISYUSTEN HOUSE OF LEARNING • WITSET - MORICETOWN ELEMENTARY SCHOOL MANITOBA **BERENS RIVER FIRST NATION -**BERENS RIVER SCHOOL • BLACK RIVER FIRST NATION - BLACK RIVER ANISHINABE SCHOOL • BLOODVEIN FIRST NATION • HOLLOW WATER FIRST NATION - WANIPIGOW SCHOOL • MISKOOSEEPI SCHOOL • NISICHAWAYASIHK CREE NATION (NELSON HOUSE) - OTETISKEWIN KISKINWAMAHTO-WEKAMIK SCHOOL NORTHWEST TERRITORIES HARRY CAMSELL SCHOOL • K'ATL'ODEECHE FIRST NATION - CHIEF SUNRISE SCHOOL • PRINCESS ALEXANDRA SCHOOL SASKATCHEWAN LAC LA RONGE INDIAN BAND - SALLY ROSS SCHOOL • MONTREAL LAKE FIRST NATION - SENATOR ALLEN BIRD MEMORIAL SCHOOL ONTARIO THUNDER BAY - MATAWA EDUCATION CENTRE

### "OUR STUDENTS AND STAFF ARE MORE ACTIVE AND PHYSICALLY LITERATE, INVOLVED IN A WIDER RANGE OF SPORTS, AND PARTICIPATING AT A MUCH HIGHER LEVEL THAN EVER BEFORE, MAKING THIS PROGRAM ONE OF THE CORNERSTONES OF OUR SCHOOL! MASHI CHO SPIRIT NORTH TEAM! WE COULDN'T HAVE DONE IT WITHOUT YOU!"

- Principal, Lake Babine Nation



203-1205 Bow Valley Trail Canmore, Alberta T1W 1P5 info@spiritnorthxc.ca

