The COVID-19 Household Impact Survey is a philanthropic effort to provide national and regional statistics about physical health, mental health, employment, financial security, and social well-being during the COVID-19 pandemic. The survey was conducted by NORC at the University of Chicago for The Data Foundation, which is a 501(c)(3) non-profit based in Washington, D.C. The organization focuses on studying and developing strategies to improve the lives of Americans. The survey was conducted from April 20 to 26, 2020, and included interviews with individuals aged 18 and over representing the 50 states and the District of Columbia.

### Survey Methodology

The survey was conducted using a National Survey Panel, which is a representative sample of the U.S. population. Panel members were randomly selected through a multistage sampling process and were instructed to complete interviews with a representative from their household. The panel included households with both landline and cellular telephones, and interviews were conducted using computer-assisted telephone interviewing (CATI) technology.

### Survey Questions

The survey included a variety of questions to gather information about physical health, mental health, employment, financial security, and social well-being. For example:

- **PHYS11.** Can you use a thermometer to take your temperature now?
- **ECON4B.** Think about 3 months from now, how likely do you think it is that you will be employed at that time?
- **COMM31.** Communicate with friends and family by phone, text, email, app, or using the Internet?

### Survey Results

The survey results provided insights into various aspects of the pandemic's impact on the population. For example:

- **Diarrhea.** 10.5% of respondents reported having diarrhea.
- **Fatigue or tiredness.** 31.6% of respondents reported feeling fatigued.
- **Sweating.** 22.1% of respondents reported sweating.
- **Trouble breathing.** 15.6% of respondents reported trouble breathing.
- **Felt lonely.** 22.1% of respondents reported feeling lonely.

### Additional Information

The survey results were adjusted for survey nonresponse, noncoverage, and under- and oversampling, ensuring the data reflect the population of adults age 18 and over in each region. The data were weighted according to population estimates from the U.S. Census Bureau and then raked with the ABS to external population targets for each state.

### Contact Information

For more information, please visit [The Data Foundation](https://datafoundation.org) or [The COVID Impact Survey](https://covid-impact.org/). You can also contact NORC at the University of Chicago by calling the toll-free number: 1-800-341-3020 or by sending a postcard addressed to: [CITY] HOUSEHOLD. There is no within household selection for households with multiple adults age 18 and over.

*Sampled households were asked a battery of questions to adjust for any survey nonresponse as well as any noncoverage or under and oversampling resulting from the study specific sample design.*