2019 YEAR IN REVIEW

1,281
CASE MANAGEMENT CLIENTS

10,999
CASE MANAGEMENT HOURS

1,483
VOLUNTEERS

12,644
VOLUNTEER HOURS

38,279
MEALS SERVED

4,700
ACTIVITY HOURS

The 2019 Annual Report will be available in March on our website.

CHECK OUT WHAT’S INSIDE!

02 General Information
03 NewBridge Staff
04 Case Management Services
06-07 Volunteer Information
08-11 Classes & Activities
12 Cultural Diversity Programs
14 Health and Wellness
18-21 Nutrition Program & Menus
22-23 Friends of NewBridge
24 Black Tie Bingo Save the Date

www.NewBridgeMadison.org | (608) 512-0000
A LETTER FROM THE DIRECTOR…

A commitment of mine going into NewBridge was to establish a strong fund development and marketing component. We have created fund development and marketing work plans and are anxious to implement them. I am excited to announce in 2020 we are taking steps in that direction. NewBridge will be hiring a part-time fund development assistant and we have shifted staff members responsibilities so they can assist with marketing duties.

As a result you will continue to see improvement in the quality and consistency of our agency promotional and fund development materials compared to past years. You will also enjoy more timely and consistent communication in response to your donations and Friends of NewBridge affiliation.

Some exciting things in store for 2020!

Thank you to our NewBridge Funders:

Friends of NewBridge

Housing Partner:
Sherman Glen Apartments
NEWBRIDGE STAFF

- JIM KRUEGER, Executive Director
  Ext. 3005
- KATIE GALLAGHER, Marketing Director
  Ext. 4001
- SONYA LINDQUIST, Senior Services Director
  Ext. 2002
- DEB TEMERBEKOVA, Executive Assistant
  Ext. 4000
- JOE NEUMAIER, Administrative Assistant
  Ext. 2000
- EBONIE BROOKS, Case Manager
  Ext. 3006
- GLEN THOMMESEN, Case Manager
  Ext. 2005
- GRETCHEH SCHADEBERG, Case Manager
  Ext. 1009
- JENN GARCIA-LUDOLPH, Case Manager
  Ext. 1003
- JENNIFER BROWN, Case Manager Supervisor
  Ext. 2003
- JODIE CASTANEDA, Case Manager Supervisor
  Ext. 1004
- KAYLEIGH COLOSO, Case Manager - español
  Ext. 2004
- MEGAN KULINSKI, Case Manager
  Ext. 3004
- MAUREEN QUINLAN, Case Manager
  Ext. 4003
- RACHEL OKERSTROM, Case Manager
  Ext. 4002
- SAMMY AZUMA, Case Manager
  Ext. 1005
- STEPHANIE AGUILERA, Case Manager - español
  Ext. 1007
- STEPHANIE BRANDSMA, Case Manager Intern
  Ext. 2008
- SUSAN WATSON, Case Manager
  Ext. 1006
- DAVID WILSON, Marketing Manager
  Ext. 2006
- DEENAH GIVENS, Program Coordinator
  Ext. 3002
- ERIKA BOOEY, Cultural Diversity Program Coord.
  Ext. 2007
- JEANETTE ARTHUR, Volunteer Coordinator
  Ext. 4007
- KATIE BRIETZMAN, Community Outreach Spec.
  Ext. 1002
- KEISHA FURNISS, Volunteer Coordinator
  Ext. 3008
- RUTH HELLENBRAND, Program & Event Coord.
  Ext. 3012
- ARETHA RICHMOND, Nutrition Coordinator
  —
- BOB BURNS, Nutrition Coordinator
  —
- CANDICE MARTIN, Nutrition Manager
  Ext. 4006
- FAITH SWINBURNE, Nutrition Coordinator
  —
- KRISTEN HUBER, Assistant Nutrition Manager
  Ext. 2001
- NANCY THOMPSON, Nutrition Coordinator
  —
- MARY HENNING, Nutrition Coordinator
  —

All services and programs are offered without regard to race, gender, religion, color, creed, disability, sexual orientation, political beliefs, marital status, national origin, ancestry, age (where applicable), or any other basis prohibited by applicable law. Clients, participants, and volunteers are encouraged to report any discrimination relating to service delivery by NewBridge to the Executive Director or Board President, in writing.

ID Statement: The February (issue 2) of “NewBridge News” newsletter is a monthly publication that is mailed free of charge to NewBridge Friends and clients. Madison and Monona residents may pick up an issue at their local library. This newsletter contains at least 25% non-advertising. The NewBridge main office is located at 1625 Northport Dr. #125, Madison, WI 53704.
CASE MANAGEMENT SERVICE

This service provides older adults support needed to live independently by identifying resources and coordinating services.

Free for eligible Madison and Monona older adults (60+).

Private Pay Case Management is also available for Dane County residents.

WALK-IN OFFICE HOURS
A Case Manager will be available at the following times and locations:

Lussier Community Cntr
55 S. Gammon Rd.
Friday, February 21
11:30 am-12:30 pm

Madison Senior Center
330 W. Mifflin Street
Mondays, 11:00 am-Noon

Romnes Apartments
540 W Olin Avenue
Thursdays, 11:00 am-Noon

Fisher-Taft Apartments
2025 Taft Street
Thursday, February 6
12:30-1:30 pm

Goodman Comm. Center
149 Waubesa Street
Wednesdays, February 12 & 26
11:30 am-12:30 pm

Monona Senior Center
1011 Nichols Rd, Monona
Thursday, February 6
10:00-11:00 am

Clerk’s Office Encourages Voters to Verify Registration

The Madison City Clerk’s Office strongly encourages voters to verify their registration status.

Voters with online access may verify their registration by visiting MyVote.wi.gov. Toward the top of the webpage, they may select “Search by Name” or “My Voter Info” to search for their voter registration. The website will prompt to enter their name and date of birth.

Once the voter’s registration information appears on the screen, the voter should look for a status of “You are Registered to Vote!” and should verify that the current address listed is accurate. If the voter sees a green button that says, “Click Here to Confirm Your Address,” that means the voter was included in the mailing the Elections Commission recently sent to all voters it believed may have moved. It is imperative that these voters click the green button to confirm their address, if accurate, or click the gray “Update Address” button to update their voter registration online.

Voters without access to the internet are encouraged to contact the City Clerk’s Office to verify their voter registration status.

ADDITIONAL SERVICES:

Home Chore
“Your connection to helping hands”
This service matches Case Management clients who need basic household chores help with individual volunteers/volunteer groups who provide assistance and friendly visitation.

Food Bridge
“Your connection to wholesome groceries”
This service offers monthly food pantry delivery for Case Management clients at nutritional risk. This service is a collaboration between NewBridge Madison, the River Food Pantry, and RSVP of Dane County.

These services are free for eligible Madison/Monona older adults (60+).
NewBridge is excited to introduce our newest staff member and new Volunteer Coordinator for the Home Chore and Food Bridge programs, Keisha Furniss. She officially started on January 7th 2020. She is a graduate of the Human Services program at Madison College and has experience working at other senior focal points such as McFarland Senior Outreach and Oregon Area Senior Center. There she had the opportunity to work in Case Management and with the Nutrition program. She is looking forward to being part of the team in helping the Home Chore and Food Bridge program grow and can’t wait to see where we will be in the future!

If you participate in these programs Keisha will be contacting you in the next few months to get to know you and to work with you. Keisha will be located at the North office and can be reached directly at her extension 3008.

WELCOME TO THE NEWBRIDGE TEAM, KEISHA!
For information call David at (608) 512-0000 Ext. 2006.

Front Office Volunteers
DESCRIPTION—The main office at Warner Park needs volunteers for half-day shifts, Monday-Friday. Greet visitors, answer phones, route calls to appropriate staff, and take reservations for programs. Volunteers help with basic clerical support to the comfort level of the volunteer and assistance is provided for every task.
TIME COMMITMENT—AM shift 8:00 am-Noon, PM shift Noon-4:00 pm
IMMEDIATE NEED—1 volunteer, AM shift

Nutrition Site Volunteers
DESCRIPTION—NewBridge provides a healthy lunch to older adults living in Madison and Monona, Monday-Friday. The duties include: setting dishware on tables, serving the lunch, washing the dishware, and wiping down tables.
TIME COMMITMENT—Days and times are flexible between 9:00 am-1:00 pm, Monday-Friday and vary by meal site.
IMMEDIATE NEED—3 volunteers-variable shifts 11:30 am-1:00 pm

Cultural Diversity Volunteers
DESCRIPTION—A variety of support groups are held monthly that focus on health and wellness topics for African American and Latinx older adults in Dane County. Volunteers are needed to help take attendance and socialize. Spanish speaking volunteers are needed to help serve and clean up food.
TIME COMMITMENT—3-4 hours/month
IMMEDIATE NEED—2-4 volunteers and 2-4 Spanish speaking volunteers

Home Chore Volunteers

Snow Angel Volunteers
DESCRIPTION—Volunteers are matched with older adults to help them remain independent and in their own homes. This opportunity is for individuals, families, couples and groups. Duties may include: dusting, vacuuming, removing garbage, washing windows, and friendly visitation.
TIME COMMITMENT—Flexible
IMMEDIATE NEED—10 volunteers needed for Eastside/Monona, 10 for Northside, 10 for Southside, 10 for Westside,
Guardian and Representative Payee Volunteers

**DESCRIPTION**—Compassionate individuals to be guardians and payees. Must be 26 years old.

**TIME COMMITMENT**—2 years, 3-6 hs/mo

Call Katie Brietzman for information at Ext. 1002

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Board of Directors and Committee Members

**DESCRIPTION**—Board of Directors, Committees: Nominating, Marketing/Fund Development, Finance, Friends of NewBridge. See page 22 for more info.

Call Jim Krueger for information at Ext. 3005

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Brat Fest

**DESCRIPTION**—Volunteer at Brat Fest May 22-24 and your hours get turned into money for NewBridge! You also get a brat and ice cream for volunteering.

**TIME COMMITMENT**—4 hours shifts, duties vary from cashier to griller and much more!

Call Ruth Hellenbrand for information at Ext. 3012.

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American Family Golf Championship Concessions

**DESCRIPTION**—Manage a beverage booth on June 5-7. Free admission included.

**TIME COMMITMENT**—18 volunteers needed to work 4 hour shifts.

Call Ruth Hellenbrand for information at Ext. 3012.
SOUTH & WEST MADISON

For information call Deenah at (608) 512-0000 Ext. 3002

Stretch, Resistance & Cardio
Mondays & Wednesdays, 8:40-9:40 am
St. Andrews Episcopal Church
1833 Regent Street—Lower Level
$4 suggested donation, $18 for 6 classes, $20/month. Instructor Becky Otte-Ford

Simple Strength
Tuesdays, 9:15-10:30 am
Meadowood Neighborhood Center
5740 Raymond Rd—Gym
Instructor Becky Otte-Ford

Westside Warblers Sing-Along
Tuesdays, February 4 & 18, 6:00-7:30 pm
Dale Heights Church, 5501 University Ave.
Name That Tune 6:30-7:30 pm. A wide variety of your favorite songs, with Robert Auerbach on piano and Patricia Stone on accordion. Afterward stay for treats and mingle. Contact Ellie (608) 230-6704.

Ping Pong, Pool & Air Hockey
Saturdays, 2:00-4:00 pm
Meadowood Neighborhood Center
5740 Raymond Rd.

FREE Mindful Movement Exercise
Tuesdays in February, 10:00-11:00 am
Alicia Ashman Library 733 N High Point Rd
Join fitness and mindfulness coach Venus Washington to explore the mind/body connection. Especially designed for older adults. Perfect for beginners and anyone interested in getting moving and learning that how you think affects the way you move; and how you move affects the way you think. RSVP to the library at (608) 824-1780

Easy Yoga Plus
Fridays in February, 1:30-2:30 pm
Sequoia Public Library, 4340 Tokay Blvd
Register by calling (608) 266-6385
Donations appreciated to the instructor, Ellen Millar.

Sunshine Arts & Cultural Dance
Saturdays
12:00-2:00 pm
Meadowood Neighborhood Center
5740 Raymond Rd.

Classes and activities are also offered at: Madison Senior Center
330 W. Mifflin St. (608) 266-6581
www.cityofmadison.com/senior-center
Weekly Games- All skill levels welcome
Euchre - Mondays, 8:30-11:30 am
Sheepshead - Wednesdays, 1:00-3:00 pm
Mahjong - Thursdays, 1:00 pm
Warner Park, 1625 Northport Dr.

Ping Pong League
Every Monday, 9:00 am-Noon
Warner Park Game Room, 1625 Northport Dr.

Sassy Steppers Dance Crew
Every Monday, 4:00 pm Practice
Warner Park, 1625 Northport Dr.
Fun dance team that perform for events and other senior centers. Any skill level welcome!

Technology Help Appointments
Every Tuesday, 10:00 am-Noon
Warner Park, 1625 Northport Dr.
By appointment- (608) 512-0000 Ext. 3000.

5¢ Bingo
Every Friday, 10:15 am
Warner Park, 1625 Northport Dr.

Free Older Adult Chair Yoga
Every Wednesday, 10:30 am
Warner Park, 1625 Northport Dr.
Certified Yoga Instructor Kim Sprecher

Book Club Meeting
Tuesday, February 4, 10:00 am
Warner Park, 1625 Northport Dr.
Let’s discuss the future of our Book Club.

Are you trying to figure it out alone?
MEDICARE OPTIONS ARE CONFUSING
I can help, I know Medicare! Whether you're new to Medicare or simply shopping around, let me take the mystery out of Medicare for you.
MARY BETH RING
608-721-8154
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11am to 10pm Friday and Saturday
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www.benvenutos.com

We are your choice for Long-Term Care for Seniors and adults with disabilities. Helping you remain safe, independent, and active in your community.
1-877-489-3814 www.mychoicefamilycare.org
**Card-Making Club**  
Wednesday, February 5, 1:00 pm  
Warner Park, 1625 Northport Dr.  
All materials are supplied for you; no previous experience needed.

**Sewing Club/FREE Mending Service**  
Thursday, February 6 & 20, 9:00 am  
Warner Park, 1625 Northport Dr.  
FREE mending services for older adults.

**LGBTQ+ Coffee Meet Up**  
Monday, February 10, 2:00-4:00 pm  
Warner Park, 1625 Northport Dr.  
50+ Join us for our monthly get together to discuss whatever is on your mind. Coffee is free. Group facilitator from OutReach.

**LGBTQ+ Veterans Support Group**  
Mondays, February 10 & 24, 6-8 pm  
Warner Park, 1625 Northport Dr.

**Men’s Caregiver Support Group**  
Monday, February 3, 10:00-11:00 am  
Warner Park, 1625 Northport Dr.  
RSVP required (608) 240-7400. Facilitated by Joy from the ADRC (Aging & Disability Resource Center).

**Bingo**  
Tuesday, February 4, 11:30 am  
Messiah Church, 5202 Cottage Grove Rd.

**Movie of the Month**  
Tuesday, February 18, 11:30 am  
Messiah Church, 5202 Cottage Grove Rd.

**Card Games**  
Tuesday, February 25, 11:30 am  
Messiah Church, 5202 Cottage Grove Rd.

**Love Songs by Patricia Stone**  
Monday, February 10, 10:30-11:30 am  
Warner Park, 1625 Northport Dr.  
Pat is a Musician, Singer and Storyteller. If you want to stay for lunch, reserve by calling (608) 512-0000 Ext. 3000.

**Classes and activities are also offered at:**  
Monona Senior Center  
1011 Nichols Rd. (608) 222-3415  
www.mymonona.com  
1001 Wisconsin Place

**Cookies and Cognition**  
Friday, February 7, 10:00 am  
Monona Senior Center, 1011 Nichols Rd.  
Professor Joe Austerweil, Assistant Professor of Psychology and Computer Science at the UW-Madison will be at the MSC to have an interactive discussion on how people retrieve, acquire and use knowledge.

**Real ID Presentation**  
Thursday, February 20, 10:00 am  
Monona Senior Center, 1011 Nichols Rd.  
Join us as Kerith Grande, Customer Service Representative, at the Madison East DMV shares information about what you need to know about the Real ID. Call (608) 222-3415 to register for this valuable presentation.
LED ACTIVITIES

LED (Living Every Day) provide educational, social, and fitness opportunities. Activities are for older adults (55+) who live in Madison and Monona. Any expenses are paid for by the participant.

For information call Ruth (608) 512-0000 Ext. 3012 or LED@newbridgemadison.org

Chazen Museum
Sunday, February 2, 12:30 pm
Chazen Museum, 800 University Ave.
Enjoy live music concert performed in the museum’s Brittingham Gallery III. Free. RSVP by January 30.

Coffee & Conversation
Saturday, February 15, 10:00 am-Noon
Lazy Jane Café, 1358 Williamson St.
Drop in.

Dining Club: Ian’s Pizza
Thursday, February 20, 5:30 pm
Garver Feed Mill 3241 Garver Green
RSVP by February 19.

International Festival
Saturday, February 29, 1:00 pm
Overture Center for the Arts, 201 State St
Join LED for a fun and culturally rich community event. RSVP by February 27.

Social Media Seminar
Wednesday, February 12, 6:00-7:30 pm
Warner Park, 1625 Northport Dr.
Social media safety, FaceBook, Instagram, and other options. Seminar is free.
CULTURAL DIVERSITY ACTIVITIES

Activities are developed for Latinx and African American older adults that focus on socialization and health education.

Latinx activities offered in Spanish only.

These activities are free for African American and Latinx older adults (55+) who live in Dane County.

AFRICAN AMERICAN
For information call Ericka at (608) 512-0000 Ext. 2007

Let’s Check out the Nutrition Sites or Community Meals Together!
- Monday, February 3, 8:30 am Cranberry Creek, 1501 Lake Point Dr.
- Tuesday, February 4, 9:00 am Door Creek Church, 1181 N. Sherman Ave.
- Wednesday, February 5, 11:30 am Cuco’s Mexican Restaurant, 4426 E. Buckeye Rd.
- Thursday, February 6, 11:00 am Festival Foods, 810 E. Washington Ave.
- Friday, February 7, 12:00 pm Bridge Lake Point Waunona Neighborhood Venter, 1917 Lake Point Dr.
- Wednesday, February 26, 11:30 am River Food Pantry, 2201 Darwin Rd.

Heart Health Support Group
Thursday, February 20, 2:00-4:00 pm Catholic Multicultural Center, 1862 Beld St.

Community Resources Available
Friday, February 28, 1:30-3:30 pm Warner Park, 1625 Northport Dr.

International Festival
Saturday, February 29, 10 am-5 pm Overture Center, 201 State St.
Free, limited space, must reserve before Saturday, February 15 by calling Ericka.
Limited transportation available, call Ericka at Ext. 2007 for more information.

LATINX
For information call Sonya at (608) 512-0000 Ext. 2002

Bilingual Bingo and Lunch
- Friday, February 7, 10:00 am-12:30 pm Warner Park, 1625 Northport Dr.
  Reserve by Wednesday, February 5
- Friday, February 21, 10:30 am-12:30 pm Fitchburg Senior Center, 5510 Lacy Rd.
  Reserve by Wednesday, February 19
To make reservations for Bingo transportation and lunch, call Stephanie at (608) 512-0000 Ext. 1007.
Please leave a message.

Line Dane Class (cha-cha slides)
Saturday, February 1, 10:00-11:30 am Vera Court Neighborhood Center
614 Vera Court

Diabetes Support Group
Monday, February 10, 12:00-2:00 pm Burr Oaks Apartments, 2417 Cypress Way
TAX ASSISTANCE THROUGH AARP

AARP Foundation Tax-Aide offers free, individualized tax preparation for low-to moderate-income taxpayers - especially those 60 and older. Our sites are open annually from late January/early February to April 15.

Before visiting a Tax-Aide site, please note:

- You will need to bring your important documents to the site.
- Please contact the sites directly to make an appointment.

Below are Madison sites. There are additional Dane County sites. Inquire through the website: https://states.aarp.org/tag/free-tax-preparation

LAKEVIEW LIBRARY
2845 N SHERMAN AVE
(608) 246-4547

GOODMAN COMMUNITY CENTER
149 WAUBESA ST
(608) 241-1574

ST DENNIS CHURCH
505 DEMPSEY RD
(608) 246-5124

PINNEY LIBRARY
204 COTTAGE GROVE RD
(608) 224-7100

MONONA SENIOR CENTER
1011 NICHOLS RD
(608) 222-3415

SEQUOYA LIBRARY
4340 TOKAY BLVD
(608) 266-6385

For ad info. call 1-800-950-9952 • www.4lpi.com  New Bridge, Madison, WI F 4C 01-2049

MOVING or Overwhelmed by Too Much Clutter?

SEGUES
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262-442-4200

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Care Wisconsin offers a plan in your area.

Doctor Visits | Hospital Stays | Prescription Drugs
+Extra Benefits like Personal Care Items Catalog and
$150 for Eyeglasses and Contacts

Call 1(800)963-0035 or visit carewisc.org (TTY WI Relay 711)
Every year, Medicare evaluates plans based on a 5-star rating system. We comply
with applicable federal civil rights laws and do not discriminate on the basis of race,
color, national origin, age, disability, or sex. If you need help in another language,
please let us know. Call 1(800)963-0035 (TTY WI Relay 711) for more information.
H5209-2019Ad-M Accepted 2/1/2019

For ad info. call 1-800-950-9952 • www.4lpi.com  New Bridge, Madison, WI F 4C 01-2049
NewBridge is partnering with Nail Technicians Gail Owens and Susan Hasey to provide foot care for $20. Please bring two towels. Call (608) 512-0000 to make an appointment.

**EAST MADISON**
Lake Edge Lutheran Church
4032 Monona Drive
Monday, February 10, 9:00 am-Noon
*Monday, February 17, 9:00 am-Noon
*Diabetic Clinic $25 (non-diabetics welcome)

Monona United Methodist Church
606 Nichols Road, Monona
Wednesday, February 19, 1:00-3:00 pm
Wednesday, February 26, 1:00-3:00 pm

**NORTH MADISON**
Goodman Community Center
149 Waubesa Street
Monday, February 10, 8:30-9:45 am

Warner Park Community Rec. Center
1625 Northport Drive
Friday, February 14, 9:00 am-Noon
Friday, February 27, 9:00 am-Noon

Lakeview Lutheran Church
4001 Mandrake Road
Tuesday, February 18, 1:00-2:30 pm

**WEST MADISON**
Capital City Church
401 N. Blackhawk Ave.
(Parking is behind church turn at Bluff Rd. and then turn left on Eugenia Ave.)
Monday, February 3, 12:45-2:45 pm

Mount Olive Lutheran Church
110 N. Whitney Way Room 11
Tuesday, February 18, 9:30-11:15 am

Our Lady Queen of Peace
401 Mineral Point Road
Monday, February 24, 9:30-11:45 am

**MEDICAL EQUIPMENT LOAN CLOSET**
NewBridge provides equipment to check out such as walkers, raised toilet seats, commodes, crutches and more at the East Madison/Monona location.

Loan closet items are available to City of Madison and Monona residents. Donations are welcomed.

Call NewBridge to ask if the item you need is available (608) 512-0000 Ext. 2000. The loan closet is open Monday-Thursday 9:00 am-3:00 pm and closed on Fridays.

We are currently accepting in-kind donations of these items: shower chairs, tub transfer benches, and four-wheel walkers with seat and brakes.
US Census Coming in March 2020  
By Ben Zellers, Planner, City of Madison

The Census is a once-per-decade count of all people living in the United States that is mandated by the Constitution. Beginning in March, households will receive a mailed invitation to respond online or by phone. Federal law requires the Census Bureau to keep personally identifiable census information confidential.

The Census usually takes less than 10 minutes to complete, but brings 10 years of benefits. The Census informs how $675 billion of federal funds – an average of over $2,000 per person – will be allocated for things like affordable housing, childcare, healthcare, education, transit, roads, and more. Lack of a complete and accurate Census count can lead to underrepresentation in certain areas and a lack of funding for important community programs and infrastructure.

Visit [www.cityofmadison.com/2020Census](http://www.cityofmadison.com/2020Census) to find out more about what the City is doing and learn about 2020 Census events and updates, or visit [www.2020census.gov](http://www.2020census.gov) for more from the Census Bureau. The City of Madison wants to ensure all residents are counted - help shape our future by completing the Census next year!
AppleFest has been a wonderful northside community event and fundraiser for older adult programs. However, in the past five years attendance has declined and the revenue generated has leveled off to about $11,800. If the cost of staff time to coordinate the event was added to the cost of AppleFest our revenue would be even lower.

NewBridge would be saddened by ending AppleFest because it was a treasured event for many but the reality is there are many more local fundraisers to compete against now than there were 15-20 years ago. If we were to continue AppleFest we would have to make considerable changes and devote additional resources (carnival games, advertising, staff, volunteer) to the event and even then, there is no guarantee of increased success.

Many non-profit agencies are focusing on one signature fundraising event. The NewBridge Golf Fundraiser on the east side of Madison was cancelled last summer and will not be continued. We are now evaluating if it is time to discontinue AppleFest. The NewBridge staff and board believe Black Tie BINGO has most potential of the NewBridge fundraising events because is quite unique in Madison.

Before a decision is made about AppleFest, we would like input from NewBridge supporters and the community at large. Initial input and suggestions were sought from attendees at the January 16 Friends of NewBridge event at Warner Park. We are asking for your input as well. Please send your thoughts and ideas to info@newbridgemadison.org or to NewBridge, 1625 Northport Dr., #125.

Community engagement is critical to the mission of NewBridge. If we reduce the number of NewBridge fundraising events then we must identify other meaningful ways to connect with as many different portions of the community as possible. One idea for increasing community engagement is to develop partnerships with local groups to create or participate in intergenerational events throughout Madison and Monona. This will help us build our citywide identity and also help us remain rooted in the neighborhoods.

One of these events could occur during the fall at Warner Park.

With strong support from throughout the whole community, NewBridge will be able to develop a substantial number of Friends, a bigger volunteer pool and a more robust donor base. As NewBridge builds these agency attributes, we will be able to expand our services for older adults to help make our community an incredible place to live and grow old.
Mary Henning joined the NewBridge staff as a Nutrition Coordinator at the Warner Park meal site.

If you haven’t had a chance to meet Mary yet, here is a little more about her.

I have been doing supportive services in Dane County for over 20 years. I love helping others feel a part of their community.

I have watched people I have served reach their individual goals whether it is employment, mental health, housing, connecting them with community resources and other related achievements, which is very rewarding.

I have some college experience focusing on human service. I completed the medical assistant and substance abuse training programs. I have extensive training in family support.

I am excited to work seniors because I believe seniors are one of the most fragile population that needs community connection.

WELCOME TO THE NEWBRIDGE TEAM, MARY!
Nutritious weekday meals and socialization for older adults at multiple Madison and Monona locations.

If you are age 60+, the suggested donation is $4.00. If you are under 60 and do not meet the program eligibility, you are required to pay the total cost $9.07. Suggested transportation donation is $1.00 round trip.

<table>
<thead>
<tr>
<th>North Madison Location</th>
<th>Address</th>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Warner Park Community Center</td>
<td>1625 Northport Drive</td>
<td>M-W</td>
<td>11:30 am</td>
</tr>
<tr>
<td>Meal reservation due by 10:00 am the previous business day. Make reservations at meal site or call (608) 512-0000 Ext. 3000.</td>
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</tbody>
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<table>
<thead>
<tr>
<th>East Madison/Monona Locations</th>
<th>Address</th>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Messiah Lutheran Location</td>
<td>5202 Cottage Grove Road</td>
<td>T</td>
<td>Noon</td>
</tr>
<tr>
<td>Meal reservation due by 10:00 am the previous business day. Reserve at meal site or call (608) 512-0000 Ext. 2001. Transportation reservation due by 10:00 am the previous business day. Call Transit Solutions at (608) 294-8747.</td>
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<td></td>
</tr>
<tr>
<td>St. Stephen’s Lutheran Location</td>
<td>5700 Pheasant Hill Rd, Monona</td>
<td>TH</td>
<td>Noon</td>
</tr>
<tr>
<td>Meal reservation due by 10:00 am the previous business day. Reserve at meal site or call (608) 512-0000 Ext. 2001. Transportation reservation due by 10:00 am the previous business day. Call Transit Solutions at (608) 294-8747.</td>
<td></td>
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<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>South Madison Locations</th>
<th>Address</th>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Madison Senior Center</td>
<td>330 West Mifflin Street</td>
<td>M-F</td>
<td>11:30 am</td>
</tr>
<tr>
<td>Meal and transportation reservations due by 10:00 am the previous business day. Make reservations at meal site or call (608) 512-0000 Ext. 4006.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Romnes Apartments</td>
<td>540 West Olin Avenue</td>
<td>M-F</td>
<td>11:30 am</td>
</tr>
<tr>
<td>Meal and transportation reservations due by 10:00 am the previous business day. Make reservations at meal site or call (608) 512-0000 Ext. 4006.</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>West Madison Locations</th>
<th>Address</th>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Meadowridge Commons</td>
<td>5734 Raymond Road</td>
<td>T-TH</td>
<td>Noon</td>
</tr>
<tr>
<td>Meal and transportation reservations due by 10:00 am the previous business day. Make reservations at meal site or call (608) 512-0000 Ext. 4006.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lussier Community Center</td>
<td>55 South Gammon Road</td>
<td>F</td>
<td>Noon</td>
</tr>
<tr>
<td>Meal and transportation reservations due by 10:00 am the previous business day. Make reservations at meal site or call (608) 512-0000 Ext. 4006.</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Menu for ALL locations on page 18.

Meals provided by: Dane County Consolidated Food Services Division. All menu items are prepared in kitchens that are not allergen-free. We cannot guarantee that food allergens will not be transferred through cross-contact. No substitutions allowed. MO: Meatless Option

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>03</td>
<td>Enchilada Casserole</td>
<td>Spanish Rice, Pinto Beans</td>
<td>Spiced Applesauce</td>
<td>Roasted Turkey in Gravy</td>
</tr>
<tr>
<td></td>
<td>Mexican Rice</td>
<td>Pineapple, Peaches, Cheese Sauce</td>
<td>Rice Pilaf, Corn, Cranberry</td>
<td>Tuna Casserole</td>
</tr>
<tr>
<td></td>
<td>Cheese Sticks</td>
<td>Mandarin Oranges, Apple</td>
<td>Roasted Baby Carrots</td>
<td>Roasted Baby Carrots</td>
</tr>
<tr>
<td>04</td>
<td>*Brat, Bun</td>
<td>Stewed Tomatoes, Green Beans</td>
<td>Pickled Beets</td>
<td>Pickled Beets</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Pinto Beans</td>
<td>Banana, Lime Sherbet</td>
<td>Banana, Lime Sherbet</td>
</tr>
<tr>
<td>05</td>
<td>Chicken Strips</td>
<td>Roasted Brussel Sprouts</td>
<td>Fried Marble Cake</td>
<td>Fried Marble Cake</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Coleslaw, Fruit Cup</td>
<td>MO: Black Bean Burger</td>
<td>MO: Black Bean Burger</td>
</tr>
<tr>
<td>06</td>
<td>Tuna Casserole</td>
<td>Tomato soup, Peaches/Pears</td>
<td>Meatballs in Gravy</td>
<td>Meatballs in Gravy</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Blueberry Pound Cake</td>
<td>MO: Egg Salad Sandwich</td>
<td>MO: Egg Salad Sandwich</td>
</tr>
<tr>
<td>07</td>
<td>Roasted Turkey in Gravy</td>
<td>California Blend, Tropical Fruit</td>
<td>MO: Meatballs in Gravy</td>
<td>MO: Meatballs in Gravy</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Chocolate Ice Cream</td>
<td>MO: Veggie Meatballs in Gravy</td>
<td>MO: Veggie Meatballs in Gravy</td>
</tr>
<tr>
<td>10</td>
<td>Taco Casserole</td>
<td>Baked Potato, Cheese</td>
<td>Italian Sausage, Bun</td>
<td>Baked Chicken on the Bone</td>
</tr>
<tr>
<td></td>
<td>Broccoli, Cauliflower</td>
<td>Cheese</td>
<td>Mashed Potatoes, Gravy</td>
<td>Mashed Potatoes, Gravy</td>
</tr>
<tr>
<td></td>
<td>Pineapple, Peach Crisp</td>
<td>Corn, Coleslaw</td>
<td>Cheese Sauce, Oranges, Cherry Pie</td>
<td>Cheese Sauce, Oranges, Cherry Pie</td>
</tr>
<tr>
<td>11</td>
<td>Chicken Sandwich, Bun</td>
<td>Cheesy Potatoes</td>
<td>Mixed Vegetable, Pears</td>
<td>Sloppy Joe, Bun</td>
</tr>
<tr>
<td></td>
<td>Cheese Cake Brownie</td>
<td>4 Bean Salad, Fruit cup</td>
<td>Tomato, Pears</td>
<td>Kidney Bean Salad</td>
</tr>
<tr>
<td></td>
<td>MO: Garden Burger</td>
<td>Cheese Cake</td>
<td>MO: Garden Burger</td>
<td>MO: Garden Burger</td>
</tr>
<tr>
<td>12</td>
<td>Tomato Salad Sandwich</td>
<td>Tomato soup, Peaches/Pears</td>
<td>Honey Baked Chicken</td>
<td>Honey Baked Chicken</td>
</tr>
<tr>
<td></td>
<td>Blueberry Pound Cake</td>
<td>Blueberry Pound Cake</td>
<td>Broccoli, Yams</td>
<td>Broccoli, Yams</td>
</tr>
<tr>
<td>13</td>
<td>*Meatballs in Gravy</td>
<td>MO: Marinara Sauce</td>
<td>MO: Multigrain Burger</td>
<td>MO: Multigrain Burger</td>
</tr>
<tr>
<td>14</td>
<td>Baked Chicken on the Bone</td>
<td>MO: Vegetable Wrap</td>
<td>MO: Vegetable Wrap</td>
<td>MO: Vegetable Wrap</td>
</tr>
<tr>
<td>15</td>
<td>*Egg Sandwich</td>
<td>MO: Vegetable Wrap</td>
<td>MO: Vegetable Wrap</td>
<td>MO: Vegetable Wrap</td>
</tr>
<tr>
<td></td>
<td>Salad</td>
<td>MO: Vegetable Wrap</td>
<td>MO: Vegetable Wrap</td>
<td>MO: Vegetable Wrap</td>
</tr>
<tr>
<td>16</td>
<td>MO: Vegetable Wrap</td>
<td>MO: Vegetable Wrap</td>
<td>MO: Vegetable Wrap</td>
<td>MO: Vegetable Wrap</td>
</tr>
<tr>
<td>17</td>
<td>Sloppy Joe, Bun</td>
<td>Mix Vegetable, Pears</td>
<td>Mashed Potatoes, Gravy</td>
<td>Mashed Potatoes, Gravy</td>
</tr>
<tr>
<td></td>
<td>Kidney Bean Salad</td>
<td>Pears Orange Juice, Carnival Cookie</td>
<td>MO: Red Beans and Rice</td>
<td>MO: Red Beans and Rice</td>
</tr>
<tr>
<td>18</td>
<td>Lemon Baked Fish</td>
<td>Baked Potato, Fruit cup</td>
<td>Meatballs in Gravy</td>
<td>Meatballs in Gravy</td>
</tr>
<tr>
<td></td>
<td>Baked Potato, Fruit cup</td>
<td>MO: Tomato/ Cheese</td>
<td>MO: Meatballs in Gravy</td>
<td>MO: Meatballs in Gravy</td>
</tr>
<tr>
<td>19</td>
<td>Meat Sauce, Spaghetti Noodles</td>
<td>Wax Beans, Mixed Green Salad</td>
<td>MO: Multigrain Burger</td>
<td>MO: Multigrain Burger</td>
</tr>
<tr>
<td>20</td>
<td>Honey Baked Chicken</td>
<td>Broccoli, Yams</td>
<td>MO: Vegetable Wrap</td>
<td>MO: Vegetable Wrap</td>
</tr>
<tr>
<td></td>
<td>MO: Multigrain Burger</td>
<td>Applesauce, Sugar Cookie</td>
<td>MO: Vegetable Wrap</td>
<td>MO: Vegetable Wrap</td>
</tr>
<tr>
<td>21</td>
<td>*Italian Sausage, Bun</td>
<td>MO: Vegetable Wrap</td>
<td>MO: Vegetable Wrap</td>
<td>MO: Vegetable Wrap</td>
</tr>
<tr>
<td></td>
<td>Potatoes, Stewed Tomatoes, Banana</td>
<td>MO: Vegetable Wrap</td>
<td>MO: Vegetable Wrap</td>
<td>MO: Vegetable Wrap</td>
</tr>
<tr>
<td>22</td>
<td>Beef Pot Pie w/Biscuit Top</td>
<td>MO: Vegetable Wrap</td>
<td>MO: Vegetable Wrap</td>
<td>MO: Vegetable Wrap</td>
</tr>
<tr>
<td></td>
<td>Creamed Spinach, Apple Juice</td>
<td>MO: Vegetable Wrap</td>
<td>MO: Vegetable Wrap</td>
<td>MO: Vegetable Wrap</td>
</tr>
<tr>
<td>23</td>
<td>MO: Multigrain Burger</td>
<td>MO: Vegetable Wrap</td>
<td>MO: Vegetable Wrap</td>
<td>MO: Vegetable Wrap</td>
</tr>
<tr>
<td></td>
<td>Salad: Chicken Taco</td>
<td>MO: Vegetable Wrap</td>
<td>MO: Vegetable Wrap</td>
<td>MO: Vegetable Wrap</td>
</tr>
</tbody>
</table>

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Norwegian American Genealogical Center & Naeseth Library

415 West Main Street • Madison, WI 53703-3116
Phone 608-255-2224
Website nagcnl.org • Email genealogy@nagcnl.org
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Nutritious weekday meals and socialization for older adults at multiple Madison and Monona locations.

If you are age 60+, the suggested donation is $4.00. If you are under 60 and do not meet the program eligibility, you are required to pay the total cost $9.07. Suggested transportation donation is $1.00 round trip.

<table>
<thead>
<tr>
<th>Kosher Site</th>
<th>Address</th>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Beth Israel Center</td>
<td>1406 Mound St</td>
<td>M</td>
<td>Noon</td>
</tr>
<tr>
<td></td>
<td>1406 Mound St</td>
<td>Sept-May</td>
<td>Noon</td>
</tr>
<tr>
<td>To reserve your meal and transportation call 608-442-4081 or email <a href="mailto:office@jssmadison.org">office@jssmadison.org</a> by 2:00 pm the preceding Wednesday.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Monday, February 3: Braised Balsamic Chicken, Herbed Rice, Green Beans, Fruit, Brownie, MO-Braised Balsamic Tofu</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Monday, February 10: Chicken Marsala, Mashed Potatoes, Corn, Fruit, Brownie MO-Tofu Marsala</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Monday, February 17: Spaghetti, Meat Sauce, Garlic Bread Italian Zucchini Casserole, Fruit Strawberry Short Cake, MO-Spaghetti w/“Impossible” Meat Sauce</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Monday, February 24: Chicken Shawarma, Saffron Rice, Israeli Salad, Fruit, Pita, Halvah, Birthday Cake, MO-Tofu Shawarma</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Next month dates: March 2, 9, 16, 23, 30</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>East Madison Restaurants</th>
<th>Address</th>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cranberry Creek</td>
<td>1501 Lake Point Dr</td>
<td>M &amp; F</td>
<td>8:30 am - 10:30 am</td>
</tr>
<tr>
<td>Five delicious breakfast options. <em>No meal reservation needed.</em></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Transportation reservation due by 10:00 am the previous business day. Call Transit Solutions at (608) 294-8747.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cuco’s Mexican Restaurant</td>
<td>4426 E. Buckeye Rd</td>
<td>W</td>
<td>11:30 am - 1:00 pm</td>
</tr>
<tr>
<td>Six delicious lunch options. <em>No meal reservation needed.</em></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Transportation reservation due by 10:00 am the previous business day. Call Transit Solutions at (608) 294-8747.</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>North, East, South Grocery Store</th>
<th>Address</th>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Festival Foods</td>
<td>810 E. Washington Ave.</td>
<td>TH</td>
<td>11:00 am - 1:00 pm</td>
</tr>
<tr>
<td>Enjoy one trip through the extensive salad bar and a bowl of soup. After lunch do your shopping. <em>No meal reservation needed.</em></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Transportation reservation due by 10:00 am the previous business day. Call Transit Solutions at (608) 294-8747.</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Goodman Neighborhood</th>
<th>Address</th>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Goodman Community Center</td>
<td>149 Waubesa St</td>
<td>M-F</td>
<td>11:45 am</td>
</tr>
<tr>
<td>This meal site serves people of all ages. <em>No meal reservation needed.</em></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Transportation reservation due by Friday of the previous week. Make transportation reservations at the meal site or call Goodman at (608) 241-1574. <em>Menu on page 21.</em></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>MONDAY</td>
<td>TUESDAY</td>
<td>WEDNESDAY</td>
<td>THURSDAY</td>
</tr>
<tr>
<td>--------</td>
<td>---------</td>
<td>-----------</td>
<td>----------</td>
</tr>
<tr>
<td>03</td>
<td>Pulled Pork, Bun, Baked Beans</td>
<td>Spaghetti, Meat Sauce</td>
<td>Grilled Cheese Burger, Bun</td>
</tr>
<tr>
<td></td>
<td>Mixed Salad, Canned Pears</td>
<td>Green Beans, Mixed Salad</td>
<td>Winter Vegetable Salad</td>
</tr>
<tr>
<td></td>
<td>Pudding</td>
<td>Cantaloupe, Brownie</td>
<td>Green Peas, Watermelon, Cake</td>
</tr>
<tr>
<td></td>
<td>MO: BBQ Veg Meat Sandwich</td>
<td>Spaghetti w/Cheese Salad: Chef</td>
<td>MO: Veggie Burger</td>
</tr>
<tr>
<td>04</td>
<td>BBQ Veg Meat Sandwich</td>
<td>Mixed Salad</td>
<td>Stir Fry Veggies, Brown Rice</td>
</tr>
<tr>
<td></td>
<td>05</td>
<td>06</td>
<td>Asian Cabbage Slaw</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Chicken Teriyaki</td>
<td>Orange Slices, Cookies</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Stir Fry Veggies</td>
<td>MO: Vegetarian Stir Fry</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Brown Rice</td>
<td></td>
</tr>
<tr>
<td>05</td>
<td>Sausage Mac and Cheese</td>
<td>Sausage Mac and Cheese</td>
<td>Grilled Brat, Sauerkraut, Onions</td>
</tr>
<tr>
<td></td>
<td>Steamed Broccoli, Mixed Salad</td>
<td>Steamed Broccoli</td>
<td>Mixed Salad</td>
</tr>
<tr>
<td></td>
<td>Pineapple, Fruit Crumble</td>
<td>Sliced Oranges, Brownie</td>
<td>13</td>
</tr>
<tr>
<td></td>
<td>MO: Mac &amp; Cheese</td>
<td>MO: Lentil Sloppy Jo</td>
<td>Grilled Brat</td>
</tr>
<tr>
<td>10</td>
<td>Beef Goulash, Creamed Spinach</td>
<td>Beef Stew, Biscuit</td>
<td>Sloppy Jo, Whole Wheat Bun</td>
</tr>
<tr>
<td></td>
<td>Mixed Salad, Honey Dew, Jello</td>
<td>Mixed Salad</td>
<td>Roasted Red Potatoes</td>
</tr>
<tr>
<td></td>
<td>MO: Vegetable Goulash</td>
<td>MO: Vegetable Bean Stew</td>
<td>Steamed Broccoli</td>
</tr>
<tr>
<td></td>
<td>Salad: Southwest</td>
<td>Salad: BLT</td>
<td>Sliced Oranges, Brownie</td>
</tr>
<tr>
<td>11</td>
<td>Beef Biscuit</td>
<td>Beef Biscuit</td>
<td>MO: Crispy Tempeh Sandwich</td>
</tr>
<tr>
<td></td>
<td>Mixed Salad, Watermelon</td>
<td>Mixed Salad</td>
<td>Vegetable Salad</td>
</tr>
<tr>
<td></td>
<td>Cookies</td>
<td>Cookies</td>
<td>MO: Mixed Fruit, Ice Cream</td>
</tr>
<tr>
<td></td>
<td>MO: Vegetable Bean Stew</td>
<td>MO: Lentil Sloppy Jo</td>
<td>20</td>
</tr>
<tr>
<td></td>
<td>Salad: BLT</td>
<td>Sloppy Jo</td>
<td>Crispy Chicken/Cheese</td>
</tr>
<tr>
<td>12</td>
<td>Sausage Mac and Cheese</td>
<td>Sausage Mac and Cheese</td>
<td>Sloppy Jo, Whole Wheat Bun</td>
</tr>
<tr>
<td></td>
<td>Steamed Broccoli, Mixed Salad</td>
<td>Steamed Broccoli</td>
<td>Roasted Red Potatoes</td>
</tr>
<tr>
<td></td>
<td>Pineapple, Fruit Crumble</td>
<td>Sliced Oranges, Brownie</td>
<td>Steamed Broccoli</td>
</tr>
<tr>
<td>13</td>
<td>Grilled Brat, Sauerkraut, Onions</td>
<td>Grilled Brat, Sauerkraut, Onions</td>
<td>MO: Veggie Brat</td>
</tr>
<tr>
<td></td>
<td>Sweet Corn, Cantaloupe, Cake</td>
<td>Sweet Corn, Cantaloupe, Cake</td>
<td>MO: Veggie Brat</td>
</tr>
<tr>
<td>14</td>
<td>BBQ Chicken Thigh</td>
<td>BBQ Chicken Thigh</td>
<td>Grilled Brat</td>
</tr>
<tr>
<td></td>
<td>Collard Greens, Baked Beans</td>
<td>Collard Greens, Baked Beans</td>
<td>Mixed Salad</td>
</tr>
<tr>
<td></td>
<td>Mixed Fruit, Ice Cream</td>
<td>Mixed Fruit, Ice Cream</td>
<td>MO: Mixed Fruit, Ice Cream</td>
</tr>
<tr>
<td>15</td>
<td>Chicken Pot Pie, Broccoli Salad</td>
<td>Chicken Pot Pie, Broccoli Salad</td>
<td>Crispy Chicken/Cheese</td>
</tr>
<tr>
<td></td>
<td>Biscuit, Apple Sauce, Pudding</td>
<td>Biscuit, Apple Sauce, Pudding</td>
<td>Sandwich, Bun</td>
</tr>
<tr>
<td></td>
<td>MO: Vegetarian Bean &amp; Mushroom Jambalaya</td>
<td>MO: Vegetable Bean Stew</td>
<td>Vegetable Salad, Mixed Salad</td>
</tr>
<tr>
<td>16</td>
<td>Chicken Pot Pie, Broccoli Salad</td>
<td>Chicken Pot Pie, Broccoli Salad</td>
<td>Vegetable Salad</td>
</tr>
<tr>
<td></td>
<td>Biscuit, Apple Sauce, Pudding</td>
<td>MO: Vegetable Bean Stew</td>
<td>Mixed Salad</td>
</tr>
<tr>
<td></td>
<td>MO: Vegetarian Bean &amp; Mushroom Jambalaya</td>
<td>Salad: BLT</td>
<td>MO: Mixed Fruit, Ice Cream</td>
</tr>
<tr>
<td>17</td>
<td>Chicken Pot Pie, Broccoli Salad</td>
<td>Chicken Pot Pie, Broccoli Salad</td>
<td>MO: Lentil Sloppy Jo</td>
</tr>
<tr>
<td></td>
<td>Biscuit, Apple Sauce, Pudding</td>
<td>MO: Vegetarian Bean &amp; Mushroom Jambalaya</td>
<td>Vegetable Salad</td>
</tr>
<tr>
<td></td>
<td>MO: Vegetarian Bean &amp; Mushroom Jambalaya</td>
<td>MO: Vegetable Bean Stew</td>
<td>MO: Lentil Sloppy Jo</td>
</tr>
<tr>
<td>18</td>
<td>Open Face Turkey w/Gravy</td>
<td>Open Face Turkey w/Gravy</td>
<td>Sloppy Jo, Whole Wheat Bun</td>
</tr>
<tr>
<td></td>
<td>Roasted Carrots/Brussels</td>
<td>Roasted Carrots/Brussels</td>
<td>Roasted Red Potatoes</td>
</tr>
<tr>
<td></td>
<td>Sprouts, Apple Slices, Pie</td>
<td>Sprouts, Apple Slices, Pie</td>
<td>Steamed Broccoli</td>
</tr>
<tr>
<td></td>
<td>MO: 3 Bean Stew &amp; Rice</td>
<td>MO: 3 Bean Stew &amp; Rice</td>
<td>Sliced Oranges, Brownie</td>
</tr>
<tr>
<td></td>
<td>Salad: Turkey Cobb</td>
<td>Salad: Turkey Cobb</td>
<td>MO: Crispy Tempeh Sandwich</td>
</tr>
<tr>
<td>19</td>
<td>Country Style BBQ Pork</td>
<td>Country Style BBQ Pork</td>
<td>20</td>
</tr>
<tr>
<td></td>
<td>Baked Beans</td>
<td>Baked Beans</td>
<td>Crispy Chicken/Cheese</td>
</tr>
<tr>
<td></td>
<td>Asian Cabbage Slaw</td>
<td>Asian Cabbage Slaw</td>
<td>Vegetable Salad</td>
</tr>
<tr>
<td></td>
<td>Tomato Vinaigrette Salad</td>
<td>Tomato Vinaigrette Salad</td>
<td>MO: Mixed Fruit, Ice Cream</td>
</tr>
<tr>
<td></td>
<td>Cantaloupe, Cookies</td>
<td>Cantaloupe, Cookies</td>
<td>21</td>
</tr>
<tr>
<td></td>
<td>MO: 3 Bean and Mushroom Chili</td>
<td>MO: 3 Bean and Mushroom Chili</td>
<td>Chicken Alfredo</td>
</tr>
<tr>
<td>20</td>
<td>Baked Tilapia, Baked Potato</td>
<td>Baked Tilapia, Baked Potato</td>
<td>21</td>
</tr>
<tr>
<td></td>
<td>Baked Beans</td>
<td>Baked Beans</td>
<td>Chicken Alfredo</td>
</tr>
<tr>
<td></td>
<td>Tomato Vinaigrette Salad</td>
<td>Tomato Vinaigrette Salad</td>
<td>Whole Wheat Pasta</td>
</tr>
<tr>
<td></td>
<td>Cantaloupe, Cookies</td>
<td>Cantaloupe, Cookies</td>
<td>Chickpea and Tomato Salad</td>
</tr>
<tr>
<td>21</td>
<td>Baked Tilapia, Baked Potato</td>
<td>Baked Tilapia, Baked Potato</td>
<td>28</td>
</tr>
<tr>
<td></td>
<td>Baked Beans</td>
<td>Baked Beans</td>
<td>Sweet Sour Chicken</td>
</tr>
<tr>
<td></td>
<td>Tomato Vinaigrette Salad</td>
<td>Tomato Vinaigrette Salad</td>
<td>MO: Baked Tofu w/Lemon</td>
</tr>
<tr>
<td></td>
<td>Cantaloupe, Cookies</td>
<td>Cantaloupe, Cookies</td>
<td>Baked Beans</td>
</tr>
<tr>
<td>22</td>
<td>Baked Tilapia, Baked Potato</td>
<td>Baked Tilapia, Baked Potato</td>
<td>28</td>
</tr>
<tr>
<td></td>
<td>Baked Beans</td>
<td>Baked Beans</td>
<td>Sweet Sour Chicken</td>
</tr>
<tr>
<td></td>
<td>Tomato Vinaigrette Salad</td>
<td>Tomato Vinaigrette Salad</td>
<td>MO: Baked Tofu w/Lemon</td>
</tr>
<tr>
<td>23</td>
<td>Baked Tilapia, Baked Potato</td>
<td>Baked Tilapia, Baked Potato</td>
<td>28</td>
</tr>
<tr>
<td></td>
<td>Baked Beans</td>
<td>Baked Beans</td>
<td>Sweet Sour Chicken</td>
</tr>
<tr>
<td></td>
<td>Tomato Vinaigrette Salad</td>
<td>Tomato Vinaigrette Salad</td>
<td>MO: Baked Tofu w/Lemon</td>
</tr>
<tr>
<td>24</td>
<td>Baked Tilapia, Baked Potato</td>
<td>Baked Tilapia, Baked Potato</td>
<td>28</td>
</tr>
<tr>
<td></td>
<td>Baked Beans</td>
<td>Baked Beans</td>
<td>Sweet Sour Chicken</td>
</tr>
<tr>
<td></td>
<td>Tomato Vinaigrette Salad</td>
<td>Tomato Vinaigrette Salad</td>
<td>MO: Baked Tofu w/Lemon</td>
</tr>
</tbody>
</table>

Menu for the Goodman location on page 20.

Meals provided by: Goodman Catering. All menu items are prepared in kitchens that are not allergen-free. We cannot guarantee that food allergens will not be transferred through cross-contact. No substitutions allowed. MO: Meatless Option. Fruit and Dessert Served Daily.
FRIENDS OF NEWBRIDGE

The Friends of NewBridge will support NewBridge’s mission and its work with older adults in Madison and Monona. Friends will participate in a variety of programs, events, meetings and volunteer opportunities.

Benefits for Friends of NewBridge

- Monthly Newsletter
- Discount Card to Local Businesses
- Invitation to Special Events
- Valuable Social Connections

We invite you to join the Friends of NewBridge today! Dues will be renewed annually.

VOLUNTEER OPPORTUNITIES

NewBridge is seeking candidates to serve on our nominating committee or our Board of Directors. This is a great opportunity to make a difference in the community.

NOMINATING COMMITTEE MEMBER

Responsibilities: Assist in identifying and recommending candidates to serve on the NewBridge Board of Directors. The Committee will ensure on-boarding procedures and materials for new Board members are in place. The Committee may assume other duties (assisting with the development of Board evaluations, board policies, board member job descriptions) as directed by the Board.

Committee Make-Up: The committee will consist of 5-7 members, to include NewBridge Board members and at-large representatives from the community.

Length of Appointment: This is a 6 to 12 month commitment. After 6 months, Committee members may continue to assist with other duties at the discretion of the Board.

Time Commitment: The committee will meet 1-2 times a month as needed, for a minimum of 6 months. Additional hours may be necessary to complete other committee assignments between.

BOARD MEMBER

Responsibilities: As a Board member you will help ensure strong fiduciary oversight and financial management of NewBridge. The Board will oversee effective strategic and organizational planning, monitor NewBridge Madison’s services, actively advocate for NewBridge in the community, help leverage financial resources and partnerships and give a personal financial donation and/or volunteer at agency events to ensure that adequate resources are available.

Committee Make-Up: The Board committee will consist of 7-11 members.

Length of Appointment: This is a three-year appointment (no more than two consecutive terms).

Time Commitment: Five to ten hours per month. The Board meets monthly. Each Board member is also required to serve on a committee. Each committee will determine the frequency of their meetings. Additional hours may be necessary to complete other committee assignments between meetings.

If you would like to apply to serve on the NewBridge Nominating Committee or the Board of Directors or for more information contact Jim Krueger, jimk@newbridgemadison.org (608) 512-0000 Ext. 3005

Reminder

Don’t forget to renew your Friendship for 2020. You can pay on our website, or mail in the form.
**2020 FRIENDS OF NEWBRIDGE ENROLLMENT FORM**

Name: ____________________________

Additional Name: ___________________

Address: ____________________________

City: ____________________________ State: ___________ Zip: ___________

Email Address: ____________________________

How would you like newsletter?    [ ] Mail  [ ] Email  [ ] Both  [ ] None

[ ] $ 15 Older Adult Friend (1 Friendship Card)  
[ ] $ 25 Individual Friend (1 Card)  
[ ] $ 30 Family Friend (2 Cards)  
[ ] $ 50 Silver Friend (2 Cards)  
[ ] $ 100 Golden Friend (2 Cards)  
[ ] $ ______ Additional Donation

Office Use:  
Check #: ________  
Cash: ________  
Amount $ ________  
Initials: ________

Letter Sent: ________  
Card Sent: ________  
Initials: ________

Mail the form & payment to NewBridge c/o Friends of NewBridge, 1625 Northport Dr. #125, Madison 53704. You can also purchase a friendship on our website at newbridgemadison.org. Dues will be renewed annually.

Donations may be tax deductible to the extent of the tax code.

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**BUSINESS BENEFITS FOR FRIENDS**

**Benvenuto’s Italian Grill**  
North Madison, Middleton, Fitchburg  
FREE ice cream sundae with entrée purchase

**Boomerangs Resale Store**  
1133 N Sherman Ave  
10% off regular priced merchandise (excludes furniture)

**Cambria Suites Madison**  
5045 Eastpark Blvd  
Hotel stay $89/night for visiting family or relatives

**Culver’s**  
1325 Northport Dr  
FREE cone/dish of custard with the purchase of a cone/dish

**Golden Heart Senior Care**  
437 S Yellowstone Dr #101  
(608) 467-3590  
1 free hr of service for new clients

**Kavanaugh’s Esquire Club**  
1025 N Sherman Ave  
FREE dish of Schoeps ice cream with the purchase of lunch between 11:00 am and 2:00 pm

**Madison Family Wellness**  
222 N. Midvale Blvd. (608) 358-2068  
$10 off first visit and 10% off follow-up visits

**Manna Café & Bakery**  
611 N Sherman Ave  
10% off in-dining food & beverages

**Meikle’s & Dorn True Value**  
2935 N Sherman Ave  
Free key made each month

**Overture Center**  
201 State St  
Receive reduced ticket prices for select shows

And more added monthly!
NEWBRIDGE
Your Connection to Successful Aging

SAVE THE DATE
5.7.20

BLACK TIE BINGO

ALL PROCEEDS GO TO FUNDING PROGRAMS FOR MADISON AREA OLDER ADULTS

INDIVIDUAL TICKET $100 | TABLE OF 8 $750
FRIEND OF NEWBRIDGE TICKET $50

www.newbridgemadison.org