## December 2022

<table>
<thead>
<tr>
<th>Monday 5</th>
<th>Tuesday 6</th>
<th>Wednesday 7</th>
<th>Thursday 8</th>
<th>Friday 9</th>
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<tbody>
<tr>
<td>*Meatballs in gravy&lt;br&gt;NAS – no gravy&lt;br&gt;Mashed potatoes&lt;br&gt;Mixed greens&lt;br&gt;Dressing&lt;br&gt;WW Dinner roll/butter&lt;br&gt;Mixed Fruit cup&lt;br&gt;Chocolate Pudding Cup&lt;br&gt;MO – Veggie meatballs&lt;br&gt;NCS – SF pudding</td>
<td>Fish Sandwich:&lt;br&gt;Breaded Fillet&lt;br&gt;WW Bun&lt;br&gt;**Cheese&lt;br&gt;Tartar Sauce&lt;br&gt;Yams&lt;br&gt;Peas&lt;br&gt;Pear cup&lt;br&gt;Oatmeal Raisin cookie&lt;br&gt;MO – black bean burger&lt;br&gt;NCS – Peach cup</td>
<td>Beef Stew&lt;br&gt;WW Dinner Roll/Butter&lt;br&gt;Corn&lt;br&gt;Strawberry Applesauce cup&lt;br&gt;Rice Crispy treat&lt;br&gt;MO – Soy beef stew&lt;br&gt;NCS – SF jell-o</td>
<td>Sausage Veggie Egg Bake&lt;br&gt;Mojo Cup&lt;br&gt;Oven Roasted potatoes&lt;br&gt;Orange Juice cup&lt;br&gt;Blueberry muffin/butter&lt;br&gt;MO – Veggie egg bake&lt;br&gt;NCS – n/a</td>
<td>*Pork Loin in Gravy&lt;br&gt;Yam Bake&lt;br&gt;3 Beans Salad&lt;br&gt;WW dinner roll/butter&lt;br&gt;Cinnamon Applesauce Cup&lt;br&gt;Marble loaf cake&lt;br&gt;MO – Hummus wrap&lt;br&gt;NCS – peach cup</td>
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<th>Monday 12</th>
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<tr>
<td>Chicken Alfredo Penne&lt;br&gt;Steamed Brussel Sprouts&lt;br&gt;Kidney Bean Salad&lt;br&gt;Mixed Fruit cup&lt;br&gt;Sugar Cookie&lt;br&gt;MO – Alfredo Penne&lt;br&gt;NCS – pineapple cup</td>
<td>*Ham and Potato Casserole&lt;br&gt;NAS – Chicken and Potato Cass.&lt;br&gt;WWW Dinner Roll/Butter&lt;br&gt;Peas&lt;br&gt;Peach cup&lt;br&gt;Jell-o cup&lt;br&gt;MO – Soy &amp; potato casserole&lt;br&gt;NCS – SF Jell-o</td>
<td>Chicken and Gravy&lt;br&gt;NAS – no gravy&lt;br&gt;Over White bread&lt;br&gt;Carrots&lt;br&gt;Broccoli&lt;br&gt;Orange juice cup&lt;br&gt;Chocolate chip cookie&lt;br&gt;MO – Veggie chicken &amp; gravy&lt;br&gt;NCS – fruit cup</td>
<td>Sloppy Joe&lt;br&gt;on WW Bun&lt;br&gt;Potato Salad&lt;br&gt;Mixed Vegetable&lt;br&gt;Banana&lt;br&gt;Chocolate Pudding cup&lt;br&gt;MO – Chickpea joe&lt;br&gt;NCS – SF pudding</td>
<td>Roast Beef in Gravy&lt;br&gt;Croissant/butter&lt;br&gt;Garlic herb mashed potatoes&lt;br&gt;Carrots&lt;br&gt;Pineapple cup&lt;br&gt;Lemon Loaf cake</td>
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<th>Monday 19</th>
<th>Tuesday 20</th>
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<tr>
<td>Chicken Stew&lt;br&gt;Mixed greens&lt;br&gt;Dressing&lt;br&gt;Crackers&lt;br&gt;Copper Penny salad&lt;br&gt;Pears&lt;br&gt;Brownie&lt;br&gt;MO – Veggie Chicken stew&lt;br&gt;NCS – SF pudding cup</td>
<td>Cheeseburger:&lt;br&gt;Bee Patty&lt;br&gt;WW Bun&lt;br&gt;**American Cheese&lt;br&gt;Ketchup/mustard&lt;br&gt;Calico Beans&lt;br&gt;Potato Salad&lt;br&gt;Fruit Cocktail cup&lt;br&gt;Carnival Cookie&lt;br&gt;MO – garden burger&lt;br&gt;NCS – banana</td>
<td>*Meatballs in Marinara&lt;br&gt;Over Penne&lt;br&gt;4 bean salad&lt;br&gt;Peach cup&lt;br&gt;Jell-o cup&lt;br&gt;MO – veggie meatballs in marinara&lt;br&gt;NCS – SF jell-o</td>
<td>Bone-in Garlic Parmesan&lt;br&gt;Chicken&lt;br&gt;Stewed tomatoes&lt;br&gt;Spinach Casserole&lt;br&gt;WWW Bread/Butter&lt;br&gt;Pineapple cup&lt;br&gt;Marble Loaf cake&lt;br&gt;MO – Veggie garlic parm.&lt;br&gt;Chicken&lt;br&gt;NCS – pear cup</td>
<td>Closed&lt;br&gt;Happy Holidays!</td>
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<tr>
<th>Monday 26</th>
<th>Tuesday 27</th>
<th>Wednesday 28</th>
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<th>Friday 30</th>
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<tr>
<td>Closed&lt;br&gt;Happy Holidays!</td>
<td>Chicken Broccoli Rice Casserole&lt;br&gt;Carrot Coins&lt;br&gt;Chickpea Salad&lt;br&gt;Fruit cup&lt;br&gt;Butterscotch pudding cup&lt;br&gt;MO – Veggie chicken broccoli rice casserole&lt;br&gt;NCS – SF pudding</td>
<td>Lemon Dill Baked Fish&lt;br&gt;Tartar Sauce&lt;br&gt;Baked potato&lt;br&gt;Sour Cream&lt;br&gt;Coleslaw&lt;br&gt;WWW Bread/Butter&lt;br&gt;Sugar Cookie&lt;br&gt;MO – Garden wrap&lt;br&gt;NCS – pear cup</td>
<td>Bone-in BBQ Chicken&lt;br&gt;Cheesy Potatoes&lt;br&gt;WWW Bread/butter&lt;br&gt;Banana&lt;br&gt;Berry applesauce cup&lt;br&gt;MO – Veggie BBQ chicken&lt;br&gt;NCS – n/a</td>
<td>Meat Sauce&lt;br&gt;Spaghetti Noodles&lt;br&gt;Carrots&lt;br&gt;Mixed Green Salad&lt;br&gt;Dressing&lt;br&gt;Peach cup&lt;br&gt;Lemon Loaf cake</td>
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Meals provided by: Dane County Consolidated Food Service

*All menu items are prepared in kitchens that are not allergen-free.*

*We cannot guarantee that food allergens will not be transferred through cross-contact.*

*No substitutions allowed.*

NAS Diets: NAS substitutes listed when necessary, it is not suggested for those on a NAS diet to consume cheese slices, cheese garnishes or condiment packets (Ketchup, mustard, BBQ sauce, etc.)

*contains pork  **NAS to omit*
Salad Options for December 2022

**Week 1 – 6th**
**Hummus Platter**
Pita wedges, hummus, roasted vegetables and mixed green garnish
**Dressing:** None
**Meal items to be served with this:** pear cup, oatmeal raisin cookie

**Week 2 – 13th**
**Harvest Salad**
Mixed greens topped with beets, garbanzo beans, cucumber, onion, feta and croutons.
**Dressing:** Balsamic Vinaigrette
**Meal items to be served with this:** peach cup, jell-o cup

**Week 3 – 20th**
**Chicken Cranberry Bacon Bleu (CCBB) Salad**
Mixed greens topped with diced chicken, bacon crumble, dried cranberries, bleu cheese crumbles and croutons.
**Dressing:** Balsamic Vinaigrette
**Meal items to be served with this:** fruit cocktail cup, carnival cookie

**Week 4 – 27th**
**Pulled Pork Santa Fe Salad**
Mixed Greens topped with seasoned shredded pork, black bean salsa and tortilla strips
**Dressing:** Ranch
**Meal items to be served with this:** fruit cup, butterscotch pudding cup