

John Landy Field Training

Code of Conduct

CODE OF CONDUCT WHILST TRAINING AT JOHN LANDY FIELD. APPLICABLE TO ALL PERSONS WITHIN THE RESERVE.

General

No smoking, no dogs, alcohol, balls, bikes, scooters within the venue. No bystanders or spectators on the track or field at any time. Trees and structures are NOT to be climbed on or damaged. There is a playground for children – children are not to play in the Jump Pits or on the track or infield at any time for their own safety.

Track

The track is for athletes competing or training only – officials & coaches permitted when providing instruction or setting equipment. Training – Lanes 1 & 2 time trials only, liaise with other coaches for fair use of track. No more than three runners abreast or 3 lanes per group. Athletes are to shout 'TRACK' to warn other runners if they are obstructing or passing. Step off the track after run or drill.

Cross the track on the bends only and look both ways for sprint and circular athletes before crossing.

InField Jumps RunUps and Pits

Covers are to be securely placed away from pits or bags. Sand to be turned over and raked level prior to use. All sand to be swept back into pit after use and raked level. Covers and running rails are to be reinstated and secured after event.

Centre Arena Grass Area - Danger Zone - Do Not Cross

The Centre Arena is defined by the barrier rope fence and is out of bounds. Exclusion zone warning signs and barrier tape to be in place for all Discus, Hammer & Javelin training and competition. Only officials are permitted on the Centre Arena during throws training and competition. Athletes can retrieve implements under supervision when all throwing is paused.

All athletes are to move around the outside of the Centre Arena or outside of the track when moving between events, warming up, cooling down and drills. The narrow grass area between Jump run-ups and track is suitable for moving between drills or events.

Hammer Training

The infield is closed to all other activity whilst there is hammer training in progress.

TO SET THROWING CAGE FOR SAFE USE FOLLOW SIGNAGE DISPLAYED AT THROWING CAGE

Exclusive Use

Training is not available when venue exclusively booked by other users.

Incident Reporting

Any incident is to be reported to geelong@lavic.com.au