

# Outside Activity

Created by: Thorne Nature Experience



## Imagination Vacation

Wishing you could get away to somewhere else right now? Why not create your dream vacation from the safety of your home?

Close your eyes and picture where you would go if you could go anywhere in the world... Are you picturing the beach? The mountains? Maybe even going on a safari through the jungle?

1. Now that you have the picture in your mind, try to turn your living room or backyard into that vacation destination!
2. If you want to be camping right now, try setting up a tent in your living room or backyard and roasting marshmallows in the fireplace or making s'mores in the microwave! Don't have a tent? You can use a tarp or a sheet!
3. If you would rather be on the beach, lay out a towel outside and soak up some sun. No sand? Mud makes good castles too!
4. Wanting to go on a jungle safari? Take a mini-safari in your own backyard. Get down close to the ground - what animals or insects do you see? What sounds do you hear? What scents do you smell?

