ACT is:
✓ a mobile team-based approach to mental health care
✓ for people whose needs have not been met by the traditional office-based approach to mental health
✓ a team of multi-disciplinary mental health professionals
✓ community-based services

ACT team includes:
✓ team leader/program director
✓ psychiatrist
✓ employment/vocational specialist
✓ substance abuse specialist
✓ registered nurse/licensed practical nurse
✓ peer specialist
✓ family specialist
✓ case manager housing specialist

ACT assists:
✓ participants in staying focused, engaged, and involved in their recovery
✓ through a full range of services
✓ by providing care in the community
✓ making home visits and providing telehealth visits as needed

Examples of ACT services:
✓ restoration of benefits, educational and vocational services, along with housing assistance
✓ assistance with medication management
✓ care coordination and support with attending scheduled appointments
✓ other support as needed

ACT services are provided:
✓ at the participant’s residence
✓ at requested locations in the community where participant feels comfortable

EMERGENCY/ON CALL:
646-920-2639

Access Center: 888-TGCW-CAN (888-842-9226)
General: 914-613-0700 x7604
Email: ACT@TheGuidanceCenter.org

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