

REAL FOOD

PICNIK

KITCHEN COCKTAILS COFFEE

GOOD VIBES

DIPS + STARTERS

SEASONAL HUMMUS 14

chickpea . tahini . lime . garlic . spices . feta . crudités

Ⓢ CASHEW QUESO 12

cashew . chiles rajas . tomatillo salsa

+ sausage and guacamole 5

Ⓢ GUACAMOLE 12

smashed avocado . garlic . chile . onion . cilantro
stone-ground corn tortilla chips

sub almond flour tortilla chips 5

sub crudités 4

CRISPY BRUSSELS 12

no sugar bacon . pure maple vin . reggiano

“LOADED” SMASHED POTATOES 13

yukons . cashew queso . sugar free bacon . cilantro crema

+ crispy chicken 8 . + steak 12

CHICKEN TENDERS 16

chicken . rice tempura . scratch honey mustard°

+ add arugula salad or smashed potatoes 5

HAPPY HOUR

MON-SUN 3-6 PM

HALF OFF

SIGNATURE DRINKS (all cocktails & zero-proof)

GLASSES OF WINE | ALL DIPS + STARTERS

SPECIAL DIETS

SPECIAL DIETS TACOS 19

choice of chicken or steak

cabbage . pineapple . sugar free bacon
avocado . cilantro . served on cassava tortillas

PESTO CHICKEN 29

crispy potatoes . seasonal veg . basil pesto

sub grass-fed wagyu

SALADS + BOWLS + MARKETPLATES

THE COBB 22

crispy chicken . avocado . tomato . bleu cheese°

sugar free bacon . egg . kale . green goddess°

CHOPPED SALAD 16

hydro-greens . seasonal vegetable . beet .

goat cheese . balsamic vinaigrette

SIMPLE ARUGULA SALAD 14

arugula . balsamic . onion . tomato . reggiano

NICOISE SALAD 24

marinated mushroom & green beans . tomato . kale . red beet

shaved brussels . egg . caper . tuna . mustard potatoes . olive

CHICKEN CACCIATORE 23

regenerative chicken thigh . tomato . kale

quinoa . cremini . red wine

BIBIMBAP 21

egg° . jasmine rice . cucumber kimchi . marinated mushroom

pickled fresno . carrot . avocado . chile tahini

GRILLED CHICKEN BOWL 20

smashed yukon . cholula . bleu cheese° . green goddess

cabbage . piquillo pepper . sugar free bacon

make it crispy 1

TACO BOWL 17

black beans . hydro-greens . sweet potato . pickled fresno

cilantro crema . tomatillo . tomato . sharp cheddar°

MEDI FRIED RICE° 20

jasmine rice . house sausage . kale . pesto . egg . feta

SHRIMP ETOUFFEE 20

jasmine rice . sustainable shrimp . cajun roux

regenerative bone broth . poblano . shaved garlic

HANDHELDS

GRASS-FED BURGER 20

grass-fed beef ° . Tillamook sharp cheddar

mustard . dill pickles . scratch sesame bun

choice of side, + bacon or avocado 1

HOT HONEY CHICKEN SANDWICH 19

fried chicken thigh . hot honey . pickles . scratch sesame bun

pickled fresno . chipotle aioli . choice of side

BAJA SHRIMP TACOS 18

sautéed shrimp . Baja sauce . avocado . cabbage slaw

pineapple pico . feta . corn tortilla . choice of side

sub cassava tortilla 1, sub almond tortilla 2

SIDES

crispy brussels 5

small arugula salad 5

seasonal veg 5

side salad 5

smashed potato 5

sweet potato 5

black beans & jasmine rice 5

cucumber + quinoa salad 5

PROTEINS

+ 'em on anything!

+ grass-fed steak° 12 + chicken 8

+ shrimp 10 + organic tofu 6

+ADAPTOGENS

+ 'em on anything!

+ reishi [relaxation] 3 + lion's mane [focus] 3

+ sharp [energy] 3 + Moon Dust 3.5 + CBD 3.5

THOUGHTFULLY SOURCED BETTER-FOR-YOU INGREDIENTS

Red Bird Cage Free chicken . Greener Pastures Regenerative Chicken . Vital Farms eggs . Grass-fed beef

Siete cassava tortilla, almond tortilla and almond flour tortilla chips . TrueHarvest Farms greens

Tillamook sharp cheddar . First press avocado oil . Force of Nature regenerative bison°

REFINED SUGAR, GLUTEN, PEANUT AND SEED OIL-FREE

°Consuming raw or undercooked meats, poultry, dairy or eggs may increase your risk of foodborne illness.

REAL FOOD

PICNIK

KITCHEN COCKTAILS COFFEE

GOOD VIBES

BUTTER COFFEE + TEA

grass-fed butter . MCT . whey

BUTTER CAPPUCCINO 6.75 / 7.5
+ maple .75

VANILLA 8 / 8.5
vanilla . maple

MOCHA 8.5 / 9
raw cacao . maple

MAYAN MOCHA 8.75 / 9.25
raw cacao . adaptogens . maple . cayenne

PUMPKIN SPICED 7.5 / 8
baking spices . maple

HOUSE CHAI 6.5 / 7
rooibos . maple . caffeine free
+ coffee 1

MATCHA 7.5 / 8
ceremonial matcha . coconut . maple

**GOLDEN MILK
MATCHA** 8.25 / 8.75
ceremonial matcha . warming spices . maple

DF substitute coconut milk
+ collagen
V substitute oat milk
+ adaptogen protein 2.50

+ADAPTOGENS

+ 'em on anything!

+ reishi [relaxation] 3 + lion's mane [focus] 3
+ sharp [energy] 3 + Moon Dust 3.5 + CBD 3.5

ZERO-PROOF

TURMERIC TONIC 7
ginger . raw honey . lemon . turmeric . bubbles

HIBISCUS MINT COOLER 7
hibiscus . mint . turbinado . lime . bubbles

PASSION FRUIT LEMONADE 7
passion fruit . butterfly pea tea . lemon . turbinado

PICNIK PALMER 6
house limeade + blueberry rooibos

KOMBUCHA 7
rotating seasonal flavors

MAINE ROOT SODA 6
rotating flavors

COLLAGEN BONE BROTH

CHICKEN BONE BROTH 5.75
BUTTER BONES 7.5
COCONUT CURRY LIME 7.5
+ spice bomb 1

HAPPY HOUR

MON-SUN 3-6 PM

HALF OFF

SIGNATURE DRINKS (all cocktails & zero-proof)

GLASSES OF WINE | ALL DIPS + STARTERS

COCKTAILS

PITAYA MARGARITA 15
tequila . dragonfruit . raw honey . lime

MEZCAL NEGRONI 15
mezcal . cappaletti . sweet vermouth . mole bitters .
laphroig rinse

PICNIK MULE 13
vodka . ginger-honey . turmeric . lemon . bubbles

HARD CHERRY LIMEADE 15
gin . luxardo . elderflower . bourbon cherry
lime sparkling water

BOURBON SMASH 15
bourbon . mint simple . lemon . raw sugar

**CRANBERRY & ROSEMARY
DAIQUIRI** 15
white rum . lime . cranberry . rosemary
raw sugar . pink peppercorn

CIDER + BEER + HARD KOMBUCHA

LOCAL CIDER | TEXAS 9
rotating flavors | A.B.V. var.

BLONDE ALE | HOLIDAILY 9
light pop . smooth malt . balanced | 5% A.B.V.

HAZY IPA | HOLIDAILY 9
tropical . citrus forward . hoppy | 6.3% A.B.V.

HARD KOMBUCHA | JIANT 9
on draft | rotating flavors | A.B.V. var.

WINE

-SPARKLING-
BRUT CAVA | MIRA ME
9 / 31
spain | penedes

BRUT ROSÉ | GRAHAM BECK^
14 / 51
south africa | western cape

-WHITE-
SAUVIGNON BLANC | MT. FISHTAIL^
12 / 43
new zealand | marlborough

CHARDONNAY | WESTSIDE CROSSING^
14 / 51
california | russian river valley

-ROSÉ-
ROSÉ | LES VINS BREBAN "MIMI"
12 / 43
france | provence

-RED-
**PINOT NOIR |
SCOTTO FAMILY CELLARS ^**
13 / 47
california | lodi

**CABERNET SAUVIGNON |
FREY VINEYARD BIODYNAMIC ^**
15 / 55
california | redwood valley

 contains adaptogens or superfoods

 available as canned cocktail
5% service/package fee for all to-go items

Some alcoholic and zero proof drinks may contain refined sugars.

^sustainable farming practices.