



**Calaveras
Resource Directory 2019**

www.trcac.org

The Resource Connection

This Resource Directory was developed with the use of State funds received from the California Department of Education, Early Education and Support Division. However, the contents do not necessarily reflect the position or policy of the California Department of Education.

The directory is designed to provide the most common resources that parents have requested over the years. If the resources you need are not listed, please contact one of our offices and we will do our best to assist you in finding them. Below is a summary of the services we provide through our Child Care Resource and Referral Services.

Private businesses listed in this directory are included as a resource for our area. This is in no way a recommendation of any private business. If we have overlooked resources or for information in need of correction, please contact The Resource Connection. Information printed in this Resource Directory was obtained from the agencies listed and other sources deemed reliable. If there are errors, they are unintentional.

Updated by the Resource Connection, 2019

The Resource Connection

Amador Resource Directory 2019

We hope this directory will help you get the services you may need. Please call 754-1075 or visit our website at www.trcac.org for further assistance.

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INTERESTED IN PROVIDING CHILD CARE FOR OTHERS?

DO YOU LIKE CARING FOR CHILDREN AND WANT TO MAKE A CAREER OF IT?

THE RESOURCE CONNECTION CAN HELP - WE PROVIDE:

- Information about care in your area
- Resources on child care, child development, and early childhood education
- Assistance in understanding regulations and the licensing process
- Trainings to help you learn about running a child care business
- Resources to enhance professional skills
- Referrals to local licensed child care providers

Contact us today and learn more!

The Engaging Families
Resource Empowering Communities
Connection Enriching Lives

In Amador **209 - 223 - 1624**

In Calaveras **209 - 754 - 1075**

On-line **www.trcac.org**

Community Agencies

Amador Toulumne Community Action Agency (ATCAA) 223-1485

ATCAA help individuals in Amador, Calaveras and Tuolumne counties towards self-sufficiency and support local residents in becoming involved and contributing members of our community. atcaa.org

Activities: (varies by county, call for more information):

Central Sierra Connect – Broadband (A, C, T), Parent-Child Interaction Therapy (A, T), ECS Head Start/Early Head Start (A, T), Energy Assistance (A, C, T), Family Learning Center (T), Foster Youth/IDA (A), Housing (A, C, T), Homeless Shelter (A, T), Amador Lifeline Medical Support (A), Promotores de Salud (T), Smart Money for Success Courses (A, C, T), Tax Forms Assistance (A, C, T), Utility Bill Assistance (A, C, T), Yes Partnership - Suicide, Substance Abuse, Child Abuse (T)

First 5 Calaveras

754-6914

First 5 Calaveras, strengthening families and supporting them in raising healthy children ages 0 to 5 years old. first5.calaverasgov.us

Activities

- Children's Dental Project
- Community Mini-Grants
- New Parent Kit
- Parent Counseling/Coaching
- Prevent Child Abuse Calaveras County

The Resource Connection Administrative Office

754-3114

The Resource Connection is a non-profit organization governed by a community-based board of directors. Since 1980 the organization has been committed to serving Amador and Calaveras counties by responding to the needs identified in the community. trcac.org

Activities: Calaveras Crisis Center, Head, Start and Early Head Start, WIC (Women, Infants and Children), Food Bank, Child Care Resource and Referral. In Amador, we offer: Child Care Resource and Referral Services, WIC programs.

The Resource Connection Calaveras Crisis Center **754-1300**
24 Hour Crisis Line: 754-1401 / 736-1401
Murphys Crisis Center 890-3950

Free and confidential services for victims (male or female) and survivors of domestic violence and sexual assault. trcac.org/ip

Activities

Court/Law Accompaniment, Emergency Crisis Hotline, Emergency Hospital Response, Temporary Restraining Order Assistance, Peer Counseling, Support Groups
Community Outreach and Education

The Resource Connection **Amador: 223-1624**
Child Care Resource & Referral Services **Calaveras: 754-1075**
trcac.org/rr

FAMILY & COMMUNITY SERVICES

PROVIDER SERVICES

Referrals to Licensed Child Care

Referrals to licensed family child care homes, preschool and child care centers, Information on child care options.

Child Care Subsidy Program

Assistance for eligible parents to help pay for care.

Childcare Eligibility List (Cel)

On-line list of families waiting for child care assistance.

Grandparent Respite

A grandparents in Amador County a child care subsidy to provide temporary relief while caring for their grandchildren.

Community Resources, Education, and Information

Advocacy and information on issues affecting families, child development, and child care.

We provide free referrals to licensed child care facilities and licensed exempt child care centers; current child development information; professional development opportunities; and local stipend programs.

Child Care Initiative Project

Support to start and run a successful family child care business through training and assistance.

Workshops/Trainings

Topics such as child development, Infant- Toddler Care, Discipline & Guidance, Arts & Crafts, Nutrition, Eco-healthy, First Aid and CPR, Family Child Care Business, and more.

Child Care & Development

Lending Library

Child Development and Child Care Resources.

Children's Services

Blue Mountain Coalition for Youth and Families	293-4500
Youth activities and family center that services the citizens of West Point and surrounding communities. Workshops and Teen outreach programs.	bmcyf.org
Building Bridges State Preschool, Copperopolis	785-8741
Calaveras Child Care Council	754-5348
Public planning council - committed to affordable, accessible quality child care.	calaveraschildcare.org
Calaveras Youth Mentoring Program	736-6078
Connects Calaveras County young people in 1st-12th grade with safe, positive adult role models who offer support, guidance, friendship and help the youth make healthy life decisions.	calaverasmentoring.org
Car Seats - Calaveras Public Health	754-6792
Car seat checkup and low-cost or no-cost car seats available to qualifying recipients.	
First 5 Calaveras	754-6914
See Page 5	first5calaveras.org
Mountain Ranch Youth Alliance	754-4073
Workshops, classes, seminars for adults and youth	
Community Care Licensing	916-263-5744
Question regarding state licensed child care homes and centers.	cld.ca.gov
The Resource Connection	
Child Care Resource & Referral Services	754-1075
See Page 6	trcac.org/rr
Trust Line	800-822-8490
California registry of in-home child care providers who have been cleared through a fingerprint check of the CA Dept. of Justice.	www.trustline.org

Counseling Services

Calaveras County Behavioral Health 754-6525

24 Hour Crisis: 800-499-3030/754-3239

Specialty mental health service that provides intensive home, school and community based services to at-risk youth. A referral is necessary.

Bethany Christian Services of Northern California 522-5121

Licensed Christian counseling and adoption agency. bethany.org

California Coalition for Youth 916-514-4464 x 108

Crisis Line: 800-843-5200

Their mission is to improve and empower the lives of California's youth. calyouth.org

Dignity Health Behavioral Health Services 938-0831

Hospice of Amador and Calaveras 223-5500

Provides counseling for grieving children of the ages of five to nineteen years old. hospiceofamador.org

Sierra Wind Wellness Center 223-1956

Services for individuals who have experienced or are experiencing some form of emotional disorder which interferes with employment, school attendance or daily life in general. norcalmha.org

The Resource Connection Children's Advocacy Center 584-9092

Provides licensed counseling, advocacy and support for child (under the age of 18) victims of crime free of charge. Education and resources to non-offending parents, guardians and/or family members.

Activities:

Advocacy with Government Agencies, Family/Guardian Education and Resources, Licensed Counseling, Support Groups,

Court and Legal Services

Calaveras County District Attorney 754-6330

Victim/Witness Program 754-6565

Assist Victims with receiving protection, court and compensation.

Calaveras County Probation Department 754-6466

Central Sierra Child Support Agency 866-901-3212

Disability Rights California 916-504-5800 / 800-776-5746

disabilityrightscsca.gov

Family Law Facilitator 754-1443

Provides you with assistance and guidance to the necessary court forms, how to prepare them, plus legal and procedural information.

Court Appointed Special Advocate (CASA) 754-9816

A trained volunteer appointed by a judicial officer to provide advocacy for a child who is under the jurisdiction of the courts due to abuse or neglect. TheCASA serves as the "eyes and ears" of the judge for children in foster care.

Legal Services of Northern California 916-551-2150

Low-income legal aid on issues including landlord-tenant, health benefits, CalWORKs, food stamps and unemployment. www.lsn.net

Office of Child Support Enforcement 415-437-8463

Self-Help Legal Center for Amador/ Calaveras Courts 754-1443

Offers one stop legal assistance in family law, custody and other related issues. calaveras.courts.ca.gov/self-help

Education

Calaveras Adult Tutoring /CAT 754-6006

Literacy based classes for reading, writing, GED prep, math, computers

Calaveras Arts Council 754-1774

To support, nourish, and awaken the arts in our community www.calaverasarts.org

Calaveras County Office of Education 736-4662

Building Bridges Preschool, Calaveras Children's Dental Project, Calaveras Youth Council, Extended Day Program, Grandparent Project, Mentoring Programs, FNL Programs, Student Mental Health, Tobacco Use Prevention Education ccoe.k12.ca.us

Early Start Program 736-6053

Early Head Start provides comprehensive early education programs for children from birth to age five in Calaveras County.

The Resource Connection Early Childhood Programs 754-2000

Comprehensive early education programs for children from birth to age five. trcac.org/early-childhood-programs

Activities:

Preschool Full Day / Full Year, Preschool Part Day

Early Head Start Full Day / Full Year, Early Head Start Home Base

More information to the schools and districts can be found at the
following website: ccoe.k12.ca.us

School District Offices

Bret Harte Union High School District	736-8340
Calaveras Unified School District	754-2300
Mark Twain Union Elementary School District	736-1855
Vallecito Union School District	795-8500

Alternative Schools

Angels Creek High School	754-1996
Calaveras River Academy	754-1996
Community Day School	754-2316 or 754-2123
Community School at Oakendell	754-1961
Home Fires Home-School Support	650-365-9425
Mark Twain Community School	736-6533
Mountain Oaks Charter School/ Home Study Program	754-0532
John Vierra Independent Study High School	736-8327
Sierra Hills Education Center	754-2123

Elementary Schools

Copperopolis Elementary School	782-3500
Hazel Fischer Elementary School	795-8030
Jenny Lind Elementary School	754-2168
Mark Twain Elementary School	736-6533
Michelson Elementary School	728-3441
Mokelumne Hill Elementary School	754-2140
Rail Road Flat Elementary School	754-2275
San Andreas Elementary School	754-2365
Valley Springs Elementary School	754-2141
West Point Elementary School	754-2255

Middle Schools

Avery Middle School	795-8520
Toyon Middle School	754-2137

High Schools

Bret Harte High School	736-2507
Calaveras High School	754-1811
Gold Strike High School	754-2123
Vallecito High School	736-2507

Colleges

Amador College Connect	223-6393
Resource for local on-line classes.	amadorcollegeconnect.org
Cal State University Sacramento	916-278-6011
	csus.edu
Cal State University Stanislaus	467-5300
	csustan.edu
Consumnes River College	916-691-7344
	crc.losrios.edu
Columbia College	588-5100
Courses leading to an A.A. degree, GED program, continuing education	gocolumbia.edu
Foundation for California Community Colleges	866-325-3222
	foundationccc.org
Los Rios Community College	916-568-3041
	losrios.edu
San Joaquin Delta Jr. College	954-5151
Courses leading to an A.A. degree, Extension Courses & Continuing Ed.	deltacollege.edu

Emergency and Crisis

**DOMESTIC VIOLENCE, SEXUAL ASSAULT & SUPPORT SERVICES,
POLICE, SHERIFF, FIRE DEPARTMENT, AMBULANCE**

	Emergency only 911
Adult Protective Services	754-6452
American Red Cross Sierra Delta Chapter	916-993-7070
	redcross.org
Calaveras Adult Protective Services	754-6452
Calaveras County	
Behavioral Health Department.	754-6525 or 800-499-3030
24-Hour crisis service and Suicide Prevention	754-3239

Calaveras County Office of Emergency Services 754-2890
 OES website: oes.calaverasgov.us/
 Emergency resources: mvemsa.org/about-us/counties/calaveras

Child Protective Services (CPS) 754-6452
CPS after hours 754-6500

Domestic Violence National Hotline 800-799-7233
Hearing Impaired: 800-787-3224
 Confidential. Shelter referral www.hotline.org

Kene Me Wu Family Healing Center, Inc. 984-8608
Crisis Line: 800-792-7776
 Free & confidential services for Native Americans and Native American households.

National Center for Missing & Exploited Children 800-843-5678
missingkids.com

National Runaway Safeline 800-786-2929
1800runaway.org

National Sex Offenders Registry registeredoffenderslist.org
Operation Care - Amador 223-2897
Crisis Hotline: 223-2600 or 800-675-3392
www.operationcare.org

Poison Control 800-222-1222
poison.org

The Resource Connection Calaveras Crisis Center 754-1300
24 Hour Hotlines -754-4011 or 736-4011
 See Page 6 trcac.org/ip

Suicide Prevention Hotline 800-273-8255
suicidepreventionlifeline.org

Police Departments: NON EMERGENCY

Angels Camp Police 736-2567
angelscamp.gov/police

Calaveras County Sheriff 754-6500
sheriff.calaverasgov.us

California Highway Patrol 754-3541
chp.ca.gov

Safe Surrender Sites

Safe Surrender Baby Hotline	877-222-9723 (24 hours)
cdss.ca.gov/inforesources/Safely-Surrendered-Baby	
Mark Twain Medical Center - Emergency Room	754-3521
768 Mountain Ranch Rd., San Andreas	
Calaveras Consolidated Fire Protection District	772-1268
129 E. Highway 12, Valley Springs	
Central Calaveras Fire & Rescue Protection District	754-4330
19927 Jesus Maria Road, Mokelumne Hill	
Copperopolis Fire Protection District Station 1	785-2393
370 Main St, Copperopolis	
Copperopolis Fire Protection District Station 2	785-0800
1927 Quiver St, Copperopolis, CA 95228	
Ebbetts Pass Fire Protection District Station 1	795-1646
1037 Blagen Road, Arnold, CA 95223	

Employment Services

California Tribal TANF Partnership	257-6150
Provides educational training and employment opportunities for Native American people	
	cttp.net
Mother Lode Job Training	754-6525
Provides job search, soft Skills, scholarships, assessments and labor market information.	
	mljt.org

Family Services

Blue Mountain Coalition for Youth and Families	293-4500
	bmcyf.org
Door of Hope Pregnancy Center	736-9600
	calaverasdoorofhope.org
Foothill Pregnancy Center	536-9262
Prevent Child Abuse Calaveras Council	754-6917
A community advisory council aiming to prevent child abuse of all Calaveras children 0-18 years of age.	
	pccalaveras.org
Soroptimist International	736-1947
Provides financial assistance to ease burden of unmet medically related needs.	
	sicalaverascounty.org

The Resource Connection	754-3114
See Page 5	trcac.org
Veteran's Services	754-6910
	veteranservices.calaverasgov.us
Voter Registration	754-6376

Foster Family

Adoptions/Foster Families-	
Calaveras Health and Human Services	754-6452
Calaveras County Independent Living Program (ILP)	754-6452
Provides specific instruction to children 16 and older who are in foster care to teach independent living skills.	
CDSS Adoption Services Resources	916-651-7465
	cdss.ca.gov/Benefits-Services/Adoption-Services
Environmental Alternatives	754-5500
Private non-profit foster care and transitional housing program	

Financial Assistance

Amador Tuolumne Community Action Agency	223-1485
See page 5	atcaa.org
American Consumer Credit Counseling	800-769-3571
Helps consumers take control of their finances. Credit counseling, debt consolidation, and financial education resources.	consumercredit.com
Calaveras Health & Human Services Agency	754-6448
CalWORKs (Cash Aid), CalFresh (Food Stamps); Medi-Cal, Veterans assistance, In-Home Supportive Services	hhsa.calaverasgov.us
California Tax Information	800-852-5711
Tax service center.	taxes.ca.gov
Social Security	800-772-1213
Provides monetary assistance to low-income individuals.	ssa.gov
The Resource Connection	
Child Care Resource & Referral Subsidy Program	223-1624
See Page 6	trcac.org/rr/cchelp
Tuolumne Me-Wuk Tribal TANF	844-303-8263
Provides assistance to Native American families with children in Tuolumne, Calaveras and Stanislaus Counties.	

Food and Nutrition

Calaveras County Public Health Department **754-6460**

The Maternal Child Adolescent Health program assists women with early prenatal care & postnatal home visiting with a Public Health nurse. publichealth.calaverasgov.us

Common Ground Senior Services **209-498-2246**

Meals on Wheels commongroundseniorservices.org

La Leche League International **800-525-3243**

Call to find local breastfeeding support www.llli.org

National Women's Health **800-994-9662**

Breastfeeding Specialist trained through La Leche League to answer basic breastfeeding concerns

Sutter Amador Hosp. Breastfeeding Support Group **223-7460**

Free breastfeeding group offered led by a certified lactation consultant. Available to all mothers and babies. Offers breast pumps and breastfeeding aids.

The Resource Connection Calaveras Food Bank **754-1257**

Providing emergency food for those in need. trcac.org/the-food-bank

Activities

- Emergency Food Baskets
- Government Commodities Food Distribution
- Santa's Express Holiday Food Baskets and Toys
- Summer Produce

The Resource Connection Women/infants/Children

WIC Program **223-7685 / 800-218-2427**

Nutrition assistance for pregnant women and children ages zero to five. Women/Infants/Children Program (WIC) provides breastfeeding advocacy, support and breast pump lending. trcac.org/wic

University of California Cooperative Extension **223-6774**

Provides training in agriculture, gardening, nutrition education, and food preservation. cecentralsierra.ucanr.edu

USDA Child Care Food Program 800-952-5609 or 800-526-1555

A state and federally funded program that gives financial aid to licensed child care centers and day care homes to provide children with nutritious, well-balanced meals. www.cde.ca.gov/lis/nu/cc

Food Pantries/Distribution

- Community United Methodist Church** 772-2429
Food Pantry First & Third Fridays 9am-12pm in Valley Springs
- Foothill Evangelical Lutheran Church** 772-0940
Food Pantry - open Mondays 11am-2pm in Valley Springs
- Good Samaritan Church** 772-9548
Food Pantry - open Saturdays 9-11am in Valley Springs
- Saint Patrick's Helping Hands** 736-4575
Food Pantry open Mondays 1pm-3pm in Angels Camp
- Sierra Hope Food Pantry** 736-6792
Food Pantry Wednesday 1-4pm in Angels Camp
- The Resource Connection Calaveras Food Bank** 754-1257
Federal commodities distribution for income eligible residents of Calaveras County. Also emergency food boxes for people referred as in need. trcac.org/the-food-bank

Health

- American Academy of Pediatrics** 847-434-4000
aap.org
- Adventist Health Sonora Hospice** 536-5685
Skilled care by professional nurses, part-time in the home on referral by a doctor. Assistance to terminally ill patients and their families; bereavement care. Based on need rather than ability to pay.
- Blood Source Sacramento** 877-258-4825
- Calaveras County Behavioral Health** 754-6525
- Calaveras County Public Health Department** 754-6460
California Children's Services (CCS), services for medically eligible children; Child Health and Disability Prevention (CHDP), health referrals for low income families. HIV testing; immunizations; Pregnancy Testing; T.B. Skin Testing Program, Health care resources in the area publichealth.co.calaveras.ca.us

Calaveras Health and Human Services - Medi-Cal 754-6448
Comfort Keepers 532-4500

In home care agency Tuolumne, Calaveras and Amador Counties

Covered California 800-300-1506

Affordable Care Act Insurance Exchange & Medi-Cal information for
California coveredca.com

Hospice of Amador & Calaveras 223-5500

Helping families with end of life care hospiceofamador.org

MACT Health Board - Calaveras 754-6262 or 755-1400

Health programs including: well child care screening for glaucoma,
diabetes and hearing; referrals dental care, family planning,
counseling, etc. macthealth.org

Medi-Cal Access Program 800-433-2611

Insurance program for mid-income pregnant women mcap.dhcs.ca.gov

Medi-Cal Phone Support 800-541-5555

medi-cal.ca.gov

Planned Parenthood 800-230-7526

Delivers vital reproductive health care, sex education, and information
to millions of people worldwide. plannedparenthood.org

San Andreas Community Medical Center 755-1400

Dental Care for Children

Calaveras Children's Dental Project 608-0335

Forest Road Health and Wellness Dental Services 536-5140

MediCal, iPed -serves Amador, Calaveras Tuolumne and Mariposa.
adventisthealth.org/locations/rural-health/

M.A.C.T. Health Board Dental 755-1460

macthealth.org

Medi-Cal Dentist Referral/Denti-Cal 800-322-6384

denti-cal.ca.gov

San Joaquin Dental Society, Stockton 951-1311

Referrals to dentists in San Joaquin, Calaveras and Tuolumne counties

Health Clinics and Centers

(Names with the ◊ symbol accept Medi-Cal)

Acupuncture & Wellness Center of Calaveras	736-9484
Adventist Health Foothill Pediatrics	532-5524
Angels Camp Medical Clinic ◊	736-0813
Arnold Family Medical Center ◊ pediatrics	795-1270
Arnold Medical Clinic ◊	795-4193
Copperopolis Family Medical Center ◊	785-7000
Foothill Pediatric Medical Center	736-0408
Forest Road Primary Care Clinic ◊	536-5100
San Andreas Community Medical Center ◊	755-1400
Sutter Amador Pediatric & Adolescent Services ◊	257-1722
Valley Springs Center for Integrative Medicine ◊	772-8906
Valley Springs Family Medical Center ◊	772-9538

Hospitals

Adventist Health Sonora (Hospital)	536-5000 adventisthealth.org/sonora/
Dignity Health - Mark Twain Medical Center San Andreas	754-3521 marktwainhospital.org
Dignity Health St. Joseph's Medical Center - Stockton	943-2000
Sutter-Amador Hospital	Emergency 223-7555 / 223-7500 sutterhealth.org/amador

Obstetrics and Gynecology

Sierra OB/GYN Adventist Health	536-3750
Shriners Hospital for Children	916-453-2000
Sutter Amador: Women's Health Center	257-0177 sutterhealth.org/amador

Optometrists and Ophthalmologists

Sierra Eye Care, Valley Springs	772-9798
Medi-Cal accepted only on Monday's and only for children	
Sierra Eye Center	736-6760
Medi-Cal accepted by physician referral only	

Housing and Shelters

Amador Tuolumne Community Action Agency 223-1485

See Community Agencies atcaa.org

Habitat for Humanity-Calaveras 754-5331

Family and community members work to build an affordable home from Habitat with no-interest mortgages. Exterior home improvements.

Human Rights/Fair Housing

Commission of Sacramento 916-444-6903

Operation Care

Domestic Violence Shelter 800-675-3392 or 223-2600

US Dept of Housing & Urban Development 800-569-4287

Provides counseling for home-buyers and renters. hud.gov

USDA Programs & Services

Low-income homeowners may qualify for low-interest home and home repair/improvement loans

rd.usda.gov/programs-services/programs-services-individuals

The Resource Connection Calaveras Crisis Center 754-1300

Income-Eligible Apartments

The below information can be found on the following website:

apartments.com

Bear Mountain Apartments, San Andreas 754-4077

Copello Square Apartments 736-0620

Diamond Place Apartments, San Andreas 754-4643

San Andreas Apartments 754-1453

Sierra Meadows, Arnold 795-3407

Library Services

The below information can be found on the following website:

library.calaverasgov.us

Calaveras Main Library (San Andreas)	754-6510
Reading programs	library.co.calaveras.ca.us
Adult Literacy Tutoring Program-	
Calaveras County Library	754-6006
Angels Camp Branch Library	736-2198
Arnold Branch Library	795-1009
Copperopolis Branch Library	785-0920
Mokelumne Hill Branch Library	286-0507
Murphys Branch Library	728-3036
Valley Springs Branch Library	772-1318
West Point Branch Library	293-7020

Parks & Recreation

Calaveras Big Trees State Park	795-2334 or 795-3840
1170 E. Highway 4, Arnold	
Columbia State Historic Park	588-9128
11255 Jackson Street, Columbia	
Indian Grinding Rock State Historic Park	296-7488
14881 Pine Grove-Volcano Road, Pine Grove	
Lake Amador	274-4739
7500 Lake Amador Drive, Ione	
Lake Camanche	763-5121
11700 Wade Lane, Valley Springs	
New Hogan Lake, Stanislaus River Parks	772-1343
2713 Hogan Dam Road, Valley Springs	
New Melones Lake Visitor Center	536-9543
6850 Studhorse Flat Road, Sonora	
Pardee Lake	772-1472
4900 Stony Creek Road, Ione	
Railtown 1897 State Park	984-3953
18115 5th Ave, Jamestown	

Seniors

Area 12 Agency on Aging	532-6272 / 800-510-2020
Senior Nutrition Program and offers HICAP – Health Insurance Counseling & Advocacy Program, Care Management, In-Home Support, Caregiver Support, Minor Home Repair. area12.org	
Calaveras Senior Center	754-3967
Lunch program and a range of activities (located in San Andreas)	
Calaveras Public Authority	754-6544
Registry of qualified providers for IHSS recipients	
Calaveras County Senior Peer Counseling	754-6525
Catholic Charities Senior Services	532-7632
Catholic Charities Legal Advocacy for Seniors	588-1597
Common Ground Senior Services	223-3015
Meals on Wheels, Dining Sites, and Silver Streak Transportation commongroundsseniorservices.org	
Creative Support Alternatives	754-9956
Independent living support	
Friendship Line	800-971-0016 (8 am-8pm)
Hospice of Amador & Calaveras	223-5500
www.hospiceofamador.org	
In Home Supportive Services / IHSS	754-6452
IHSS is considered an alternative to out-of-home care. Services include housecleaning, meal preparation, grocery shopping, accompaniment to medical appointments and protective supervision for mentally impaired individuals. Must be Medi-Cal eligible.	
Interim Health Care	223-9119
Senior home care and supportive services	
Murphys Senior Center Apartments	728-9114
Murphys Senior Center	728-1672
Senior Legal Hotline	800-222-1753
lsnc.net/slh	
Social Security and Medicare Eligibility	800-772-1213
ssa.gov/benefits/medicare	
Visiting Angels In-Home Assisted Living	800-365-4189
Volunteer Center of Calaveras	754-1699

Special Needs/Disability

- American Foundation for the Blind** 212-502-7612
Information, dvocacy, news, and resources afb.org
- American Speech-Language Hearing Association** 800-638-8255
- ARC of Amador and Calaveras** 754-4001
Support and services to adults with intellectual and developmental disabilities. arcofamador.org
- Calaveras County Behavioral Health Agency**
- Children’s System of Care** 754-6525
Children’s System of Care provides parent and caregiver support.
- Calaveras Office of Education Special Education** 736- 6016
Testing for hearing, visual, psychological, language, and learning disabilities for children birth through 21 years old. Educational services for those individuals who are certified disabled.
- Early Start Program** 736-6053
Early Head Start provides comprehensive early education programs for children from birth to age five in Calaveras County.
- California Children's Services – CCS Public Health** 754-6460
Provided through the Calaveras County Public Health Department, offers services for children with specific illnesses or injuries. Also provides CHDP and free medical and dental health check-ups for children & young adults up to age 21. dhcs.ca.gov/services/ccs
- California Inclusion** 760-682-0200
Offers education to promote social-emotional development, address behaviors and develop safe group environments for all children. cainclusion.org
- California Inclusion and Behavior**
- Consultation Network** 877-524-2422
On-site consultation and technical assistance to early care and education providers to care for children with disabilities and challenging behaviors. cibc-ca.org
- California Relay Services** 711 or TDD: 800-735-2929
For communicating for/with hearing-impaired **info: 800-806-1191** and deaf users of TDD/TTY devices – equipment ddtp.cpuc.ca.gov

Council on Developmental Disabilities	473-6930
A referral, education and advocacy service for children and adults with developmental disabilities. scdd.ca.gov	
Disability Resource Agency for Independent living	532-0963
Offers information, referrals and other services to individuals with disabilities. drail.org	
Early Start: California Early Start	800-515-2229
A free service that helps families locate services for their infants and toddlers who are premature, have health problems or may be delayed in their development. dds.ca.gov/EarlyStart	
Easter Seal California	800-221-6827
Helps to find physical/occupational/speech therapy, child development and feeding clinics. easterseals.com	
Family Resource Network	472-3674 or 800-847-3030
Information and support for families of children with special needs. frcn.org	
Guide Dogs for the Blind	800-295-4050
guidedogs.com	
Infant Development Association of CA	916-453-8801
idaofcal.org	
International Dyslexia Association	800-222-3123
dyslexiaida.org	
International Hearing Society	
Hearing Aid Helpline	800-821-5247
healthfinder.gov	
Mind Matters	728-2184
A comprehensive treatment center serving individuals and families affected by ADD/ADHD, Autism Spectrum Disorders, and Learning Disabilities. Diagnosis, treatment, social thinking groups, counseling, family support, educational interventions, dyslexia remediation and community awareness also available. mindmattersclinic.org	
National Down Syndrome Society	800-221-4602
ndss.org	
National Organization for Rare Disorders	800-999-6673
raredisorders.org	

- National Library Services For The Blind
& Physically Handicapped** **800-424-8567**
loc.gov/nls/
- Pediatric Mile Stones** **866-855-5987**
Early childhood physical therapy serving Amador, Calaveras and
Tuolumne Counties pediatricmilestones.com
- Social Security and Medicare Eligibility** **800-772-1213**
ssa.gov
- UC Davis M.I.N.D. Institute** **916-703-0280**
This institute's goal is to find a cause, effective treatments and cures
for neurodevelopment disorders. health.ucdavis.edu/mindinstitute
- Valley Mountain Regional Center** **754-1871**
Provides evaluation and screening for developmental disabilities,
counseling, diagnosis, coordination of services, genetic and prenatal
screening, and high risk infant program. vmrc.net
- WATCH Program** **533-0510**
Provides supportive housing, vocational, educational, recreational,
and transportation services to adults with intellectual disabilities. For
residents of Calaveras & Tuolumne counties.

Substance Abuse

- Alcoholics Anonymous** **223-4989 or 800-851-1304**
Support groups for recovering alcoholics. Also Al-Anon and Ala-Teen
groups available for families and teens. aa.org
- Calaveras County Behavioral Health** **754-6525 or 800-499-3030**
- Calaveras County Substance Abuse Program** **754-6555**
- Changing Echoes** **800-633-7066 or 785-3667**
An in-house substance-abuse service changingechoes.com
- Narcotics Anonymous** **800-240-4956**
na.org

Transportation

Amador Regional Transit	267-9395 amadortransit.org
Calaveras Connect Transit Serving Calaveras & adjacent counties	754-4450 calaverasconnect.org
CalTrans Road Conditions	800-427-7623 www.dot.ca.gov
Common Ground Senior Services Silver Streak Transport for Seniors/Disabled/Veterans	800-303-4799 commongroundseniorservices.org

Utilities

ATCAA Energy and Utility Bill Assistance See Page 5	223-1485 atcaa.org
California Alternate Rates for Energy (CARE) Provides up to 15% subsidy on PG&E bills.	866-743-2273 cpuc.ca.gov
Dollar Energy Fund PG&E and Water Assistance	800-933-9677 dollarenergy.org

Websites

Government Agencies

Amador County	co.amador.ca.us
Calaveras County	calaverasgov.us
California Department of Education	cde.ca.gov
California Department of Social Services	
Community Care Licensing Division	ccl.d.ca.gov
Consumer Products Safety Commission	cpsc.gov
State of California	ca.gov
Tuolumne County	tuolumnecounty.ca.gov
United States of America	usa.gov
US Dept. Of Health & Human Services	
Office of Child Care	acf.hhs.gov/programs/occ

Children/Child Care Organizations

California Child Care Health Project	chcp.ucsf.edu
California Child Care Resource & Referral Network	rnetwork.org
Child Care Aware of America	usa.childcareaware.org
Child Care Law Center	childcarelaw.org
Children's Defense Fund	childrensdefense.org
Kid's Health	kidshealth.org
National Association for the Education of Young Children	naeyc.org
National Association of Child Care Resource & Referral Agencies	naccrra.org
Stand for Children	stand.org
Zero to Three	zerotothree.org

Activities for Children & Families

Amador County Council of Tourism	touramador.com
Amador County Fair	amadorcountyfair.com
Amador County Recreation Agency	goacra.org
Blue Mountain Radio (90.7FM)	kqbm.org
Calaveras County Fair and Jumping Frog Jubilee	frogtown.org
Calaveras County Visitors Bureau	gocalaveras.com
Calaveras Enterprise	calaverasenterprise.com
doPlaces Community Search	doplaces.com
KVGC Home Town Radio (1340AM/96.5AM)	kvgcradio.com
MyMotherlode.com	mymotherlode.com/entertainment
National Wildlife Federation	nwf.org/get-outside.aspx

Nature Rocks.....	naturerocks.org
ThePineTree.net.....	thepinetree.net
KZSQ Star 92.7FM Sonora	kzsq.com
Tuolumne County Visitors Bureau	visittoulumne.com

NEED HELP PAYING FOR CHILD CARE?

CHILD CARE SUBSIDY

- Can help you pay child care so you can:
 - Work or Look for Work
 - Go to school or training
 - Seeking permanent housing
- Helps when you are medically incapacitated

Steps for Subsidized Child Care:

- 1 Check to see if you are eligible**
- check the chart to see if your before-tax income is within the limits.

- 2 Get on the Eligibility List** on-line at cel.trcac.org or call us

You may be waiting for a while - depending on funding and if there are others with more need.

- 3 Staff call to verify need** - staff will ask you for information (proof of income, care needed, etc.) to verify you qualify and set up an appointment to complete an application.

- 4 If you get approved** - The Resource Connection will approve a schedule and rate to help reimburse care. You and your provider will report hours/days used monthly.

INCOME LIMITS

Your Family Size:	Make Less Than In a Month:	or, Make Less Than In A Year:
1-2	\$5,343	\$64,116
3	\$5,802	\$69,624
4	\$6,719	\$80,628
5	\$7,794	\$93,528
6	\$8,869	\$106,428
7	\$9,070	\$108,840
8	\$9,272	\$111,264
9	\$9,473	\$113,676

The Resource Connection

Engaging Families • Empowering Communities • Enriching Lives

Amador 209 - 223 - 1624 ♦ Calaveras - 209 - 754 - 1075
www.trcac.org

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