2022–2023 Highlights

Del Oro Caregiver Resource Center and our Statewide System of California Caregiver Resource Centers were moved from the California Department of Health Care Services to the California Department of Aging through legislation.

Received additional funding through the Agency on Aging, Area 4 through the Title III-E Family Caregiver Support Program, Older Adults Recovery and Resilience (OARR) funding for Placer, Sacramento, and Yolo County for Caregiver Support and Respite Care.

September 2022 Cruise Around the World Fundraiser raised $41,650, our first in-person event post-COVID.

Our Statewide System of California Caregiver Resource Centers is providing a robust menu of monthly education and training classes for family caregivers online in a variety of languages, https://www.caregivercalifornia.org/event.

On Big Day of Giving, May 4, 2023, we raised $14,898 from 101 unique donors.

We increased our team of Family Consultants working directly with clients to 10, thereby reducing our wait time for new appointments from 22 weeks to a few days.

HOW YOU CAN HELP
There are many ways YOU can help the caregivers in our community:

- Volunteer your time! We would love your help and support throughout the year!
- Donate by mail—make your check payable to Del Oro CRC and mail to 8421 Auburn Blvd., Suite 265, Citrus Heights, CA 95610
- Donate Stocks or Mutual Funds
- Donate online at www.deloro.org
- Attend our Fundraisers
President’s Message

WHETHER YOU ARE A DONOR, a client, a vendor, or simply a fan of the work that Del Oro Caregiver Resource Center does, there is no doubt that the topic of caregiving is personal to you. And you won’t be surprised to find that caregiving is personal to every staff member, and every volunteer board member of this wonderful organization. We are all former, current, or future caregivers to someone who is or has been important to us, and we see the importance of supporting the caregiver so that ultimately our loved ones are supported with care, compassion, dignity, and empathy.

I am proud to say this is my 9th year on the board of Del Oro, though I’m sad that I will reach the end of my term in June 2024. I became a fan of the organization several years after losing both my mother and father after extended illnesses and dementia; they lived back east and I wished I’d had the kind of support network that Del Oro provides here in California. So, I went from Del Oro fan to volunteer in order to support the work for others. I’m now reaching a stage in life where I see that the point at which I move into a caregiver role is probably coming sooner than I hope. BUT, I’m thankful that in this next phase, I will have someone to turn to when things become heavy, because Del Oro will be here for years to come.

The Staff of Del Oro are some of the most committed folks I’ve met—passionate about serving their clients and work tirelessly to ensure the needed resources and connections are in place at the right time and the right place. We have one of the best Executive Directors around, who never stops planning, building relationships, going after funding, and troubleshooting when there are hurdles in the way. I’ve also watched the Board be diligent in its governance and fundraising responsibilities. These three things combined are the foundation to ensuring a strong and stable organization, poised to continue to serve for years to come.

Please take some time to check out our highlights in this annual report, some of the accomplishments we are particularly proud of, and review our financial soundness so that you too can feel good about the role you play in making sure this work continues for others.

Thank you for your support, both financial and in spirit!

Tricia Rosenbaum,
President
OUR MISSION AT DEL ORO IS SIMPLE; we strive to improve the well-being of family caregivers. We are very thankful our clients take the time to share their experiences with us. Here are a few comments to offer insight into the direct impact our services have in the community:

“The intake conversation and the materials subsequently provided increased my awareness of the many resources available to assist caregivers that I previously did not know existed. The person who helped me was compassionate and patient. I appreciate that she followed up via email, and scheduled a follow-up appointment. It’s a relief to know that I have someone to turn to if I have questions or need more support.”

“Del Oro has provided a strong foundation for my current caregiving situation. Wonderful service.”

“I am very grateful and thank you for the help that I have received. I feel more relaxed and have hope for the future. Thank you very much and God bless you for having this program.”

OUR MISSION
Our mission is to improve the well-being of family caregivers throughout their journey.

GUIDING PRINCIPALS
The Family Caregiver is the Client
The family caregiver is provided assistance and support, through a comprehensive package of services designed to enable families to keep their loved ones at home for as long as possible.

Family Caregivers are the Care Managers for their Loved Ones
Families participate in planning and service delivery and retain maximum control over care planning and decision making. In Placer and Sacramento Counties, we received funding from Agency on Aging, Area 4 to provide Case Management services to family caregivers caring for someone 60 years of age, or older, regardless of diagnosis.

Broad Focus across all Adult-Onset Brain Impairments
Families face similar needs and caregiving issues across diagnostic categories.
Programs and Services

**Information and Referral:**
Toll-free phone line available to those desiring information regarding impairment with referral to community resources.

**Family Consultation/Case Management:**
Assist caregivers in understanding the disease process, developing a plan of care, and accessing a support system.

**Family Counseling:**
Short term counseling with referral to local resources and professionals serving family members.

**Respite Care:**
Time limited substitute care to alleviate caregiver stress. Available through contracted vendors.

**Legal/Financial Consultation:**
One-time consultation provided by an attorney (community property, estate planning, etc.).

**Education and Training:**
Coordination of training and other professional educational programs in subjects related to research, diagnosis, behavioral management, stress reduction, etc.

**Support Groups:**
Referrals to existing support groups; assistance in establishing needed support groups.

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**LAST FISCAL YEAR, DEL ORO CAREGIVER RESOURCE CENTER PROVIDED THE FOLLOWING SERVICES:**

- 11,038 hours of family consultation with 1,447 family caregivers
- Over 1,048 hours of Case Management to 143 family caregivers
- 30,257 hours of respite to 570 family caregivers
- Education and training to 1,767 family caregivers
- Legal Consultation to 17 family caregivers
- 99 hours of Counseling with Licensed Therapists to 19 family caregivers

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Financial Management

Del Oro Caregiver Resource Center’s operating budget was $2,812,600 for Fiscal Year 2022-23:

### REVENUE COMPARISON BY YEARS

<table>
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<tr>
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<th>2022-23</th>
<th>2021-22</th>
<th>Difference</th>
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<tbody>
<tr>
<td>CA State Department of Health Care Services</td>
<td>$1,300,000</td>
<td>$1,300,000</td>
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<tr>
<td>Agency on Aging, Area 4</td>
<td>$1,115,259</td>
<td>$888,561</td>
<td>+ 25.5 %</td>
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<tr>
<td>Private Grants</td>
<td>$274,201</td>
<td>$237,339</td>
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<td>Contributions</td>
<td>$68,292</td>
<td>$87,698</td>
<td>- 22 %</td>
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<td>Fundraising</td>
<td>$50,725</td>
<td>$4,028</td>
<td>+ 1,159 %</td>
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<tr>
<td>Other</td>
<td>$4,123</td>
<td>$2,525</td>
<td>+ 37.4 %</td>
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<tr>
<td><strong>Total Revenue</strong></td>
<td><strong>$2,812,600</strong></td>
<td><strong>$2,520,151</strong></td>
<td>+ 11.6 %</td>
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### EXPENDITURES

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<tr>
<td>Personnel</td>
<td>$1,267,557</td>
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<td>Consultants</td>
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<td>Operating Costs</td>
<td>$327,364</td>
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<td>Direct Services for family Caregivers</td>
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<td>Respite</td>
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<td>Legal Consultations</td>
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<td>Counseling</td>
<td>$10,500</td>
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<td><strong>Total</strong></td>
<td><strong>$3,022,079</strong></td>
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Contributors

A heartfelt thank you to our many friends and supporters who have enabled us to continue serving caregivers in need through your generous donations.

$5,000.01 AND UP
Oakmont

$2,500.01 - $5,000
David Brown
Chancellor Health Care, Inc.
CimininoCare
Scott Hagel
Dianne Mattar
Carla Preyer
Patricia Rosenbaum
The Oars Senior Living

$1,000.01-$2,500
AlphaOne Ambulance
Medical Services
ApexCare Sacramento
Mike Bayne
Beulah Land Foundation
Bristol Hospice
Cynthia Buchner
Carleton
Kevin Clark
Kimberly Clark-Fitzbuck
Ana Lopez-Vera
Pegasus Elk Grove
Chris Penny
Patricia Pinks
Quality In Home Care Specialists
Sonrisa Senior Living
Gerald Thomas
Triple R Adult Day Program
Karen Zimmerman

$500.01-$1,000
Gail Arno
Tom Bollum
Craig Cares
Cynthia Castronovo
Cynthia Clark
Family Matters In-Home Care
Joane Frye Williams
Jose Gonzalez
Amber Henning
Kayla Hilton
Terry Kelley
Elizabeth Lam
Jennifer Lee
Irma LeGrande
RX Caregiving
Luis Salinas, Jr.
Rachel Van Dyke
Marvin and Eleanor Weiss
WGG Wealth Partners
Woodlake Care Group LLC

$250.01-$500
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Brenda Boles
Brucieville Point
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Edward Andrew
Cottman Sr.
Matthew Crooks
Joli DeFazio
James Donovan

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Vanessa Greyion
Christine Grmolyes
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Terrald Johnson
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Lincoln Funeral Home
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Phyllis Moisst
Heather Murdoch
Michelle Nevins
Antoniette Placencia
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Kati Razor
Mary Schleeter
Christine Shipman
Casey Simon
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Mark Stoner
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David Troxel

UP TO $250
Bernadette Abrea
ACC Maple Tree Village
Vincent J Albiani
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Alzheimer’s Care Associates, LLC
Sharon Anapolsky
Elliott Anderson
Rene Anderson
Stephanie Andre
Jennifer Arey
Kassandra Armstrong
Artisan Mind, LLC
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Sandy Basset
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Deborah Ford
Mary Foster
George Foxworth
Lyndsey Franceschi
Deborah Franklin
John Freschi
Mynga Futerli
Judy Ganulin
John Garland
Gena Gates
Robert and Fa Linda Geerling
Mircea Georgescu
Samantha Gilbeau
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Jennifer Gonzalez
Madeline Gray
Patricia Grimes
Carl Hall
Linda Hansen
Chris Harder
Yvonne Haskell
Elizabeth Hearnsberger
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Marilyn Herron
Annette Hickman
Gabriel Hidalgo
Kristine Hintzman
Selma and Darrell Horton
Diane Houtton
Alice Howell
Hoyle Cohen Financial
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Joy Hutchinson
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Geri Jacobson
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Rebecca Johnson
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Nichole James
Golda Jenness
Kanira Jestes
Michelle Johnston
Lois Kawata
Heidi Kellis Johnson
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Katherine Keyser West
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Lauri Lawson
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Darlene Lee
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Sengnmany Luangrath
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Anita Lyas
Angie Lyons
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IN 1984, the Comprehensive Act for Family Caregivers of Brain-Impaired Adults became law, due in large part to avid advocacy of unpaid family caregivers in the San Francisco Bay Area. This legislation established the California Caregiver Resource Center (CRC) system that today represents roughly 5.5 million people. Since 1987, Del Oro Caregiver Resource Center has served as the greater Sacramento region’s local CRC, carrying out our mission to improve the well-being of family caregivers through various services designed to support the physical and mental health of those caring for another vulnerable adult.