

# Aaron Steven Barker Weiner, PhD, ABPP

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## EDUCATION AND LICENSURE

- PhD**      **University of Illinois at Urbana-Champaign** (August 2013)  
APA Accredited Counseling Psychology Program
- MS**      **University of Illinois at Urbana-Champaign** (August 2009)  
APA Accredited Counseling Psychology Program
- BS**      **Iowa State University** (May 2007)  
Major: Psychology  
Minors: Sociology and Music

**Illinois Clinical Psychologist License #071.009305**

**Board Certified in Counseling Psychology (ABPP; American Board of Professional Psychology)**

**Master Addiction Counselor (MAC; National Association of Alcoholism and Drug Abuse Counselors)**

**E-Passport and Authority to Practice Interjurisdictional Telepsychology (34-State Compact)**

## ADMINISTRATIVE & LICENSED CLINICAL EXPERIENCE

**Owner & Founder**      (July 2020 – Present)  
**Bridge Forward Group, LLC**      *Lake Forest, IL*

Entrepreneurial venture with a mission to catalyze positive change in the addiction space. Projects focus on connecting clients (clinical, professional, governmental, or general public) to the information required to most effectively elicit change, with an emphasis on presenting information in an accessible and actionable way. Active or completed Bridge Forward projects include concierge private practice, national public speaking and webinars, corporate employee health training, curriculum development, public policy consultation, podcasting and livestreaming to social media.

**Director of Addiction Services**  
**Linden Oaks, Edward-Elmhurst Health**

(August 2016 – June, 2020)  
*Naperville, IL*

Provided oversight and strategic direction to addiction programming and services for Linden Oaks and Edward-Elmhurst Health. Levels of care offered across six treatment sites included medically-managed detoxification, residential, partial hospitalization, intensive outpatient, general outpatient programming, and medication-assisted treatment for opioid use disorder. Duties included:

- Developing and communicating strategic vision and culture for service line.
- Developing and revising treatment curriculum to provide an effective, consistent, evidence-based core program that can be adapted across existing and future treatment sites.
- Engaging in outreach both internally to medical offices and externally to community providers to develop new referral pathways and increase patient volume.
- Developing and opening new treatment clinics, including an outpatient Medication Assisted Therapy clinic and an evening intensive outpatient program.
- Serving as a consultant on issues related to addiction to Edward-Elmhurst senior leadership, and providing education and guidance related to systems-level policy issues and individual clinical practice.
- Core member of the steering committee for the Opioid Epidemic Task Force at Edward-Elmhurst Health, designing policies and procedures to reform prescribing practices, reorganize our pain clinic services, enhance physician and nurse education related to opioids, increase treatment access to those with chemical dependency, and optimize electronic medical record function.
- Speaking at numerous community events per month to promote knowledge of addiction and addiction treatment in the general population.

**Staff Psychologist / Clinical Director**  
**Spectrum Health Medical Group**

(September 2014 – July 2016)  
*Grand Rapids, MI*

Founded and developed the Spectrum Health Addiction Rehabilitation Program (SHARP). Conducted evidence-based individual and group psychotherapy, as well as psychological assessments, within the division of Psychiatry and Behavioral Medicine.

- Individual caseload of up to 30 patients per week – primary presenting concerns included substance use disorders, posttraumatic stress disorder, depression, and anxiety disorders. Primary modalities provided included CBT and MI.
- Evidence-based group therapies provided included CBT and MI.
- Founded the Spectrum Health Addiction Rehabilitation Program (SHARP), an outpatient assessment and treatment program for individuals with addictive disorders. Provided oversight for clinical supervision, developing clinic policy, program licensure, hiring clinical staff, clinical program development, and public relations.
- Engaged in ADHD diagnostic evaluations and general psychodiagnostic evaluations. Utilized the MMPI-2 during psychodiagnostic evaluations.

## **ADJUNCTIVE LEADERSHIP POSITIONS**

**Society of Addiction Psychology – President** (August 2021 - Present)

Elected to be President for the Society of Addiction Psychology of the American Psychological Association. Three-year position leading the Division 50 Executive Board (President-Elect, President, Past-President), conceptualizing and directing organizational affairs and initiatives.

**Society of Addiction Psychology – Early Career Representative** (July 2017 – Nov 2019)

Selected as the Early Career Practice Representative on the Division 50 (Addiction Psychology) Board. Working to advance the field of addiction psychology, particularly as it pertains to early career psychologists.

**Spectrum Health - Physician Advisory Council** (August 2015 – July 2016)

Serving as the Psychiatry and Behavioral Medicine representative on the physician leadership committee for Spectrum Health's Integrated Care Campus on the Beltline (ICC-B). Advocating for interests of the division, as well as facilitating integration with other health specialties practicing at the facility.

**Michigan Psychological Association - Social Media Coordinator** (July 2015 – July 2016)

Serving on the Communication Committee of the Michigan Psychological Association as Social Media Coordinator. Managing and curating content on MPA social media accounts to best access and engage with psychologists and students in Michigan.

## **OTHER PROFESSIONAL APPOINTMENTS & ACTIVITIES**

**Public Policy Committee** (December 2022 - Present)  
**American Society of Addiction Medicine (ASAM)**

Invited to serve as the first non-physician on ASAM's Public Policy Committee, which composes and systematically reviews/revises all public policy statements released by ASAM.

**Executive Board Member** (December 2021 - Present)  
**Stand Strong Prevention Coalition**

Serving as a board member on the local youth substance use prevention coalition, and currently filling the role of Treasurer. Also a member of the Marijuana & THC subcommittee.

**Editorial Advisory Board  
Psycom Pro**

(April 2021 - Present)

Creating original content and serving as an editorial consultant for material published by Psycom Pro on topics related to addiction and behavioral health.

**Impairment Advisory Board  
National Safety Council**

(February 2020 - Present)

Serving as a consultant and public speaker for the National Safety Council on topics related to opioids, marijuana, and vaping.

**Affiliated Faculty, Counseling Psychology  
University of Illinois at Urbana-Champaign**

(March, 2018 - Present)

Providing consultation to faculty and ad-hoc supervision for doctoral students as part of the University of Illinois' Counseling Psychology Department. Designing and creating an online course, Introduction to Addiction Treatment, for the Department's new Master's program.

**Smart Approaches to Marijuana – Science Advisory Board**

(July 2017 - Present)

Serving as a scientific advisor to Smart Approaches to Marijuana, a non-profit national political advocacy group working to inform the public and affect policy related to marijuana harm prevention.

**Ad Hoc Manuscript Review – Various**

(March 2015- Present)

Invited to engage in the peer-review process for manuscripts submitted to scientific journals. Journals have included *Addictive Behaviors*, *Journal of Social and Personal Relationships*, and others.

**DuPage County Overdose Fatality Review Team**

(January 2020 – June 2020)

Selected by the DuPage County Coroner as one of 19 foundational members to review all drug-related overdoses in DuPage County on an ongoing basis, and leverage data trends to strategically allocate resources to better respond to current community needs.

**Consultant & Advisory Board Member  
Pear Therapeutics**

(April, 2018 – April 2019)

Providing consultation related to reSET and reSET-O, two FDA-approved digital medical devices developed by Pear Therapeutics. Assisting Pear in developing product design and implementation strategies through better understanding the needs of interdisciplinary behavioral health environments.

**Spectrum Health - Internship Training Committee** (September 2014 – July 2016)

Serving as one of the four members creating and implementing policy for the creation of the Psychology Pre-Doctoral Internship Program at Spectrum Health. Engaging in programmatic development, candidate interviews, and generating materials utilized in accreditation.

**VA Ann Arbor - Postdoctoral Training Committee** (May 2014 – August 2014)

Served as the postdoctoral representative on the training committee for the University of Michigan - VA Training Network. Participated in deliberations regarding the organization and operation of the training consortium, and represented trainee interests within the forum.

**SELECTED CLINICAL & ORGANIZATIONAL TRAININGS**

**Transformation PX Workshop** (September, 2018)  
*Naperville, IL*

Two-day workshop on healthcare leadership provided by Root, Inc. Included material related to promoting engagement and growth from employees, delegation and management strategies, fostering a positive workplace culture, and promoting clear and effective communication strategies between coworkers.

**Motivational Interviewing for Substance Use Disorders Workshop** (September, 2018)  
*Naperville, IL*

Motivational Interviewing Workshop provided by a member of the Motivational Interviewing Network of Trainers (MINT).

**Motivational Interviewing Workshop** (June 2017)  
*Arlington Heights, IL*

Motivational Interviewing Workshop provided by a member of the Motivational Interviewing Network of Trainers (MINT).

**Organizational Process Improvement Workshop** (April 2016)  
*Grand Rapids, MI*

Completed four days of training related to the theory and practice of operational process optimization, including A3 problem solving, lean process improvement, six sigma, and value stream analysis. Through the workshop, applied these paradigms towards enhancing the referral flow for the Spectrum Health Addiction Rehabilitation Program.

**VA Clinical Video Telehealth Certification**

(February 2014)  
*Ann Arbor, MI*

Certified to provide video telemental health services in Veteran's Affairs facilities. Training included completing online training modules, as well as a live certification exam.

**Motivational Interviewing Workshop**

(December 2013)  
*Ann Arbor, MI*

Attended a two-day Motivational Interviewing Workshop. Included didactic material related to the theory and practice of Motivational Interviewing, as well as numerous small-group breakout sessions for exercises.

**Cognitive Processing Therapy (CPT) Training**

(July 2012)  
*Hines, IL*

Participated in a three-day training seminar as part of national VA roll-out for Cognitive Processing Therapy for PTSD. Received group supervision for CPT cases over seven months.

**Postdoctoral Fellowship (APA Accredited)  
VA Ann Arbor Healthcare System  
Emphasis: Substance Use Disorders**

(August 2013 – September 2014)  
*Ann Arbor, MI*

**Substance Use Disorders Clinic (SUDC)**

(August 2013 – September 2014)

Provided clinical, administrative, and supervisory services in an outpatient clinic for Veterans with substance use disorders.

**Substance Use Disorders Intensive  
Outpatient Program (SUD-IOP)**

(August 2013 – February 2014)

Worked with an interdisciplinary team to provide intensive outpatient services to Veterans with substance use disorders in a 28-day program. Provided clinical, consultative, and administrative services.

**Compensation & Pension Evaluations (C&P)**

(March 2013 – September 2014)

Completed VA Compensation & Pension examinations. Engaged in forensic assessment and report-writing, in the context of evaluating Veterans seeking to claim disability pensions from the Veterans Benefits Administration. Engaged in adjunctive training for advanced interpretative techniques using the MMPI-2.

**Predoctoral Internship (APA Accredited)**  
**Edward Hines Jr. VA Hospital**

(July 2012– July 2013)  
*Hines, IL*

**Major Rotations (6 months, 24 hours per week):** Addiction Treatment Program, Traumatic Brain Injury (TBI) / Polytrauma Psychology, General Mental Health Clinic, Primary Care/Mental Health Integration Psychology

**Minor Rotations (3 months, 8 hours per week):** Acute Medical Rehabilitation Psychology, Opioid Substitution Clinic

**Psychology Extern** (2008 – 2012)  
**University of Illinois at Urbana Champaign**

**Locations**

**Carle Foundation Hospital/Carle Physician Group** (2011 –2012)

Administered, scored, and interpreted objective and projective tests with children and adolescents in an outpatient medical setting to assess cognitive functioning, academic achievement, learning disabilities, personality, and psychopathology. Engaged in clinical/diagnostic interviewing, test selection, and integrated report writing.

**University of Illinois Disability Resources and Educational Services** (2009 – 2012)

Engaged in assessment, individual therapy, group therapy, and training activities in a university outpatient disability resources clinic setting.

**VA Healthcare System: Danville Medical Center** (2009 – 2010)

*Substance Abuse Rehabilitation Program (SARP)*

Functioned as a member of a multidisciplinary treatment team in an inpatient/outpatient substance abuse rehabilitation program, providing individual therapy, group therapy, and case management services.

*Inpatient Psychiatric Unit*

Provided assessment and individual psychotherapy services on an inpatient psychiatric unit to an adult and geriatric Veteran population.

**University of Illinois Counseling Center** (2008 – 2009)

Conducted long-term individual psychotherapy at a collegiate counseling center.

## PEER-REVIEWED PUBLICATIONS & BOOK CHAPTERS

- Chadi, N., Levy, S., Radhakrishnan, R., Ranganathan, M., & **Weiner, A.S.B.** (2018). Introduction. In K.A. Sabet and K.C. Winters (Eds.), *Contemporary health issues on marijuana*. New York: Oxford University Press.
- Weiner, A. S. B.**, & Hannum, J. W. (2013). Differences in the quantity and efficacy of social support between geographically-close and long-distance friendships. *Journal of Personal and Social Relationships*, 30, 662-672.

## OTHER PUBLICATIONS

- Weiner, A. S. B.** (2021). We're losing the battle with opioids. We need to change our approach. *Newsweek*. Retrieved from <https://www.newsweek.com/were-losing-battle-opioids-we-need-change-our-approach-opinion-1611191>
- Tassi, K. & Weiner, A. S. B.** (2021, March 19). [Op-Ed: Illinois settlement with McKinsey for role in 'turbocharging' opioid crisis is insufficient.](#) *Chicago Tribune*, pp. 17.
- Weiner, A. S. B.** (2020). An epidemic during a pandemic. *Safety First Blog*. Retrieved from <https://www.nsc.org/safety-first-blog/an-epidemic-during-a-pandemic>
- Weiner, A. S. B.** (2020). Practice tips for therapists during the COVID-19 coronavirus pandemic. *Linden Oaks Professional E-Newsletter*. Retrieved from <https://www.eehealth.org/services/behavioral-health/professionals/professional-enewsletter/march-2019--2/>
- Weiner, A. S. B.** (2020). Tips for managing your anxiety about coronavirus. *Healthy Driven Blog*. Retrieved from <https://www.eehealth.org/blog/2020/03/tips-for-managing-your-anxiety-about-the-coronavirus/>
- Weiner, A. S. B.** (2019). The effects have turned deadly; Demand action on vaping. *Healthy Driven Blog*. Retrieved from <https://www.eehealth.org/blog/2019/08/demand-action-on-vaping/>
- Weiner, A. S. B.** (2019). Networking tips for early-career Psychologists. *The Addiction Newsletter*.
- Weiner, A. S. B.** (2019). Alcohol: The devil you know? *Healthy Driven Blog*. Retrieved from <https://www.eehealth.org/blog/2019/02/alcohol-current-state/>
- Weiner, A. S. B.** (2019). It's time to come clean about vaping. *Crain's Chicago Business*. Retrieved from <https://www.chicagobusiness.com/opinion/its-time-come-clean-about-vaping>



**Weiner, A. S. B.** (2018). Lessons learned from Demi Lovato: How to help someone with an opioid addiction. *Healthy Driven Blog*. Retrieved from <https://www.ehealth.org/blog/2018/07/demi-lovato-overdose/>

**Weiner, A. S. B., & Skillings, J. L.** (2016). The nuts & bolts of Michigan's CE Requirement. *The Michigan Psychologist*. Retrieved from <http://www.michiganpsychologicalassociation.org/docs/4th-2015.pdf>

## SELECTED INVITED PRESENTATIONS AND GUEST LECTURES

**Weiner, A. S. B.** (2023, January). *Substance use in 2023 – Trends and implications for intoxicated driving*. Webinar conducted for STOP-DUI New York, Rochester, NY.

**Weiner, A. S. B.** (2022, November). *Creating stability in a changing world: Cultivating teen mental health in 2023*. Webinar conducted for K.N.O.W. 2 Prevent, Westchester, NY.

**Weiner, A. S. B.** (2022, September). *Suicide prevention and conversation strategies for workplace leaders*. Webinar conducted for AI Fire, Long Beach CA.

**Weiner, A. S. B.** (2022, January). *Mental hygiene – Practical tools and techniques for reducing anxiety and stress*. 4-part webinar series conducted for the Insurance Office of America, Longwood, FL.

**Weiner, A. S. B.** (2021, November). *Addressing adolescent substance use in primary care*. Continuing Medical Education Webinar for the DuPage County Health Department, Wheaton, IL.

**Weiner, A. S. B.** (2021, October). *Addiction State of the Union 2021: Arguments and policies shaping our clinics and communities*. Webinar conducted for Haymarket Center, Chicago, IL.

**Weiner, A. S. B.** (2021, April). *Mental health, addictive behaviors, & coping in the COVID-19 era*. Webinar for the Florida Safety Chamber (Florida Chamber of Commerce), Tallahassee, FL.

**Weiner, A. S. B.** (2021, April). *Modern ethics in addiction treatment*. Webinar for the National Association of Drug and Alcohol Abuse Counselors, Alexandria, VA.

**Weiner, A. S. B.** (2021, March). *Sex, drugs, and Netflix: Talking to kids about drug use in media*. Webinar for Stand Strong Coalition, Buffalo Grove, IL.

**Weiner, A. S. B.** (2021, January). *Caregiver strategies for adolescent mental health*. Webinar for Court Appointed Special Advocates (CASA) Illinois.

- Weiner, A. S. B.** (2020, March). *Collegiate drug trends, and approaches to reduce collegiate substance use*. Full-day online workshop for the Illinois Higher Education Center, Charleston, IL.
- Weiner, A. S. B.** (2019, December). *Motivational interviewing 101*. Lecture conducted for the Linden Oaks Staff Engagement and Recognition Committee, Naperville, IL.
- Weiner, A. S. B.** (2019, October). *The opioid epidemic in Illinois: Current status and future opportunities*. Lecture conducted for a legislative roundtable for the DuPage County Medical Society, Wheaton, IL.
- Weiner, A. S. B.** (2019, January). *A few things you might not know about vaping and pot*. School assembly conducted for Lyons Township High School in La Grange, IL.
- Weiner, A. S. B.** (2019, January). *Medical marijuana: A critical look at medicine, politics, public health, and profits*. Lecture conducted at the University of Kansas Law Enforcement Training Center, Wichita, KS.
- Weiner, A. S. B.** (2018, October). *Trauma: Clinical assessment and treatment*. Lecture conducted at DuPage County Community Center, Wheaton, IL.
- Weiner, A. S. B.** (2018, September). *Marijuana, the teen brain, and school performance*. Webinar presented by Operation Parent, La Grange, KY.
- Weiner, A. S. B.** (2018, August). *Opioid overdose risk factors and naloxone co-prescription*. Webinar presented via the Illinois State Medical Society, Chicago, IL.
- Weiner, A. S. B.** (2018, March). *Vaping & marijuana: What you need to know about two emerging drug trends*. Lecture presented at Kane County Institute Day in Aurora, IL.
- Weiner, A. S. B.** (2018, February). *Addressing the Opioid Epidemic: A Case Study of Edward-Elmhurst Health*. Lecture webcast as part of the 2<sup>nd</sup> Annual Online Health Communication Conference at the University of Illinois, Urbana, IL.
- Weiner, A. S. B.** (2017, October). *Medication assisted therapy: An evidence-based modality for treating the opioid epidemic*. Lecture conducted as part of the College of DuPage Human Services 3<sup>rd</sup> Annual Substance Abuse and Recovery Symposium in Wheaton, IL.
- Weiner, A. S. B.** (2017, September). *Addiction state of the union: Arguments and policies shaping our clinics and communities*. Lecture conducted at Linden Oaks Behavioral Health, Naperville, IL.
- Weiner, A. S. B., & Colorado, X.** (2017, May). *Recognizing and responding to substance use in the workplace: Reasonable suspicion testing*. Lecture conducted at Edward Hospital, Naperville, IL.

- Weiner, A. S. B.** (2017, April). *Opioids in America: Healthcare's responsibility in creating, sustaining, and containing an epidemic*. Lecture conducted for nursing students at Joliet Junior College, Joliet, IL.
- Weiner, A. S. B., & Sack, B.** (2017, February). *Substance use disorders and eating disorders: Overview, assessment, and treatment*. Lecture conducted at Linden Oaks Behavioral Health, Naperville, IL.
- Weiner, A. S. B.** (2016, November). *Substance use in college: Overview, implications, and faculty recommendations*. Lecture conducted for faculty at North Central College, Naperville, IL.
- Weiner, A. S. B.** (2016, September). *Is my child using drugs? Adolescent substance use – Recognition, prevention, and treatment*. Lecture conducted in conjunction with the office of Illinois State Senator Jennifer Bertino-Tarrant at Drauden Point Middle School, Plainfield, IL.
- Weiner, A. S. B.** (2015, October). *Substance use disorders treatment: Integration and modernization*. Lecture conducted as part of the Spectrum Health Psychiatry & Behavioral Medicine Symposium in Grand Rapids, MI.
- Weiner, A. S. B.** (2015, May). *Opioid use disorders: Identification and treatment*. Lecture conducted as part of the Spectrum Health Neurosciences Symposium in Grand Rapids, MI.
- Weiner, A. S. B.** (2015, March). *Drug screening: Varieties, capabilities, and utilization*. In-service conducted for the Spectrum Health Heart and Lung Transplant team in Grand Rapids, MI.
- Weiner, A. S. B.** (2014, November). *Substance use disorder in medical settings: Detection, Referral, and Treatment*. Lecture conducted at Spectrum Health, Grand Rapids, MI.
- Weiner, A. S. B. & Park, T.** (2014, March). *Detoxification from alcohol: Clinical options and considerations*. Lecture conducted at the Ann Arbor VA Healthcare System, Ann Arbor, MI.
- Weiner, A. S. B.** (2013, February). *Introduction to addictions*. Lecture conducted for families of Veterans at the Edward Hines Jr. VA Hospital, Hines, IL.
- Weiner, A. S. B.** (2009, September). *Preparing data for analysis in SPSS: Cleaning, exploring, and transforming*. Lecture conducted at the University of Illinois at Urbana-Champaign, Champaign, IL.

## PROFESSIONAL CONFERENCE PRESENTATIONS

- Weiner, A. S. B.** (2020, August). Building an empire: The tactics and science behind vaping's rise and ideas about where we go from here. *American Psychological Association Convention 2018*. Symposium presented virtually due to COVID-19.

**Weiner, A. S. B.** (2019, April). Pushing back an epidemic: Leveraging healthcare resources to turn the tide. *Collaborative Perspectives on Addiction, 2019*. Symposium presented in Providence, RI.

**Weiner, A. S. B.** (2018, August). Marijuana: Fact, fiction, and the impact of commercialization. *American Psychological Association Convention 2018*. Poster presented in San Francisco, CA.

**Weiner, A. S. B.** (2017, August). *Advocacy toolkit: Lessons learned from battles with big cannabis*. Lecture conducted as part of the National Conference on Addictive Disorders, Smart Approaches to Marijuana Pre-Conference Workshop in Baltimore, MD.

**Weiner, A. S. B.** (2016, April). *Psychology's role in identification and treatment of opioid use disorders*. Lecture conducted as part of the Michigan Psychological Association Spring Convention in Lansing, MI.

**Weiner, A. S. B.**, Foster, K. T., Tully, M. A., Coughlin, J. L., Chermack, S. T., & Winters, J. J. (2014, November). Factors related to substance abuse in a sample of Veterans seeking outpatient substance use disorders treatment. *Association for Behavioral and Cognitive Therapies Convention 2014*.

Robertson, A. S., **Weiner, A. S. B.**, Weider, J., & Morey, P. (2013, May). Fostering equity and community for student-parents (and their families) in higher education in the United States. *Ninth International Congress of Qualitative Inquiry*. Paper presented at the University of Illinois at Urbana-Champaign, Champaign, IL

**Weiner, A. S. B.**, & Hannum, J. W. (2009, August). Social support in long-distance friendships. *American Psychological Association Convention 2009*. Poster presented in Toronto, ON.

**Weiner, A. S. B.**, Tan, W. P., & Dark, V. J. (2007, May). The auditory attentional blink is absent when tested with monosyllabic words. *Midwestern Psychological Association Convention 2007*. Poster presented in Chicago, IL.

Ramos, A. L., **Weiner, A. S. B.**, & Dark, V. J. (2006, May). Negative emotion words may affect attentional disengagement in RSVP streams. *Midwestern Psychological Association Convention 2006*. Poster presented in Chicago, IL.

## SELECTED MEDIA APPEARANCES

### Television

- NCTV-17 Naperville (2020, Feb 3). *Naperville News 17*. Interview: [Edward-Elmhurst steps up opioid abuse prevention](#).
- WIN-TV Chicago (2020, January 31). *Global Leader's Network*. Interview: [Marijuana legalization](#)

- NBC5 Chicago (2019, May 4). *NBC Chicago Evening News*. Quoted for segment: [Pritzker announces plan to legalize marijuana](#).
- WTTW Chicago (2019, May 1). *Chicago Tonight*. Live debate: [Legalizing marijuana in Illinois: A good or bad idea?](#)
- WTTW Chicago (2019, January 5). *Chicago Tonight*. Live debate: [What legalized marijuana could mean for Illinois](#).
- ABC7 Chicago (2019, January). *Healthy Driven Chicago*. 15, 30, & 60-second pre-recorded healthcare announcements as part of a publicity campaign. [The dangers of opioid addiction](#).
- FV17 Fox Valley (2018, August 6). *Mental Health First Aid*. Recorded interview: [Vaping](#).
- WTTW Chicago (2018, April 30). *Chicago Tonight*. Live debate: [Medical marijuana in spotlight in Illinois](#).
- CBS (2018, March 6). *CBS Evening News*. Recorded interview: [CDC: Opioid overdoses kill almost 5 people every hour in the US](#).
- NC17 Naperville (2017, September 29). *Community Spotlight*. Recorded interview: [Linden Oaks Medication Assisted Therapy Clinic](#).
- FV17 Fox Valley (2017, February 3). *Mental Health First Aid*. Recorded interview: [Opioids](#).
- WYCC PBS Chicago (2017, February 2) *In The Loop*. Recorded interview: [Medical marijuana](#).

### **Radio/Podcast**

- Scope of Practice Podcast (2021, September 8). Recorded interview: [The overdose epidemic: Using prevention strategies to affect long-term change](#).
- Landmark Recovery (2020, August 12). *Landmark Recovery Radio*. Recorded interview: [The science of opioid addiction](#).
- Sociable Podcasts (2020, August 3). *Brains Byte Back*. Recorded interview: [How online casinos bet on addicts through psychological ploys](#).
- WGN-AM 720 Chicago (2020, July 16). *The Bob Sirott Show*. [Live interview \(youth drug use during COVID-19\)](#).
- WTAX-AM 1240 Springfield (2019, June 25). Taped interview: [The case against legalized pot](#).
- WLS-AM 890 Chicago (2019, May 15). Live interview (marijuana legalization).
- WGN-AM 720 Chicago (2019, May 10). *The John Williams Show*. [Live interview with Q&A \(marijuana legalization\)](#).
- Douglas Petit Podcasts (2019, March 29). *Positive Alternatives*. Live interview: [Does the Song Remain the Same?](#)
- Intellectual Radio (2019, March 20). *To Your Health With Dr. G*. Live interview: [That Vaping Show](#).
- Intellectual Radio (2018, May 19). *To Your Health With Dr. G*. Live interview: [Addiction: The Battle Within – Part 1, The Opioid Crisis](#).
- WWL-AM 870 Radio New Orleans (2018, April 3). *Newell Normand*. Live interview (vaping).

- WLS-AM 890 Chicago (2018, March 28). *Big John & Ramblin' Ray*. Live interview (marijuana).
- WILL Radio, Will County (2018, February 8). *Christine Herman*. Recorded interview: [As states embrace cannabis as opioid alternative, science lags behind policy.](#)
- WVON-AM 1690 Chicago (2018, January 23). *Cliff Kelly*. Live interview (marijuana).

### **Written Media**

- *Monitor on Psychology* (July, 2022). Interviewed for article: [New ways to screen for alcohol and drug misuse.](#)
- *Insider* (April, 2021). Interviewed for article: [What's the difference between CBD and THC? Understanding their health benefits and side effects.](#)
- *Thebluntness.com* (January, 2021). Interviewed for article: [Does wake & bake really qualify as responsible use?](#)
- *Nike.com* (December 10, 2021). Interviewed for article: [The shortcut to happiness.](#)
- *Healthline.com* (September 28, 2021). Interviewed for article: [The health hazards facing 'triple users' of marijuana, cigarettes, and e-cigarettes.](#)
- *Lifewire.com* (November 11, 2020). Interviewed for article: [Your Apple Watch could help tame nightmares.](#)
- *Russia Today* (August 9, 2020). Interviewed for article: [Drinking on an empty stomach? You might have 'drunkorexia' and should question your relationship with alcohol. Here's why.](#)
- *WTTW Chicago* (May 12, 2020). Interviewed for article: [Addiction treatment providers offering "a necessary service" during pandemic.](#)
- *Daily Herald* (April 6, 2020). Interviewed for article: [Structure is key for maintaining mental health amid pandemic, experts say.](#)
- *Northwest Herald* (September 7, 2019). Interviewed for article: [New Lenox mother speaks out after daughter's serious vaping-related illness.](#)
- *Pioneer Press* (July 30, 2019). Interviewed for article: [Family of Mundelein teen who died at Lollapalooza still shaken by his overdose: 'It's your worst nightmare as a parent.'](#)
- *Naperville Sun* (June 23, 2019). Interviewed for article: [Car insurance premiums could rise as a result of legalized marijuana, experts say.](#)
- *Monitor on Psychology* (June, 2019). Interviewed for article: [Changing opioid policies and practices.](#)
- *Chicago Sun Times* (May 8, 2019). Letter to the editor: [A bill that does more harm than good is the wrong way to legalize marijuana.](#)
- *The Chicago Tribune* (May 4, 2019). Quoted in article: [Illinois marijuana legalization bill would allow possession of up to 30 grams, 5 plants grown at home.](#)
- *The Guardian* (April 29, 2019). Interviewed for article: [Craving cannabis: Is marijuana addictive?](#)
- *Chicago Sun Times* (March 19, 2019). Letter to the editor: Drug policy consistency is important when comparing Tobacco 21 and legal marijuana.
- *The Daily Herald* (March 18, 2019). Interviewed for article: [If recreational cannabis becomes legal in Illinois, how the industry could grow.](#)

- *The Daily Herald* (August 10, 2018). Interviewed for article: [Naperville weighs the sale of kratom: Addictive like an opioid? What about CBD?](#)
- *The Chicago Tribune* (March 21, 2018). Interviewed for article: [Marijuana referendum could strengthen movement to legalize in Illinois, but naysayers say ballot question is unfair.](#)
- *The Chicago Tribune* (Feb 2, 2018). Interviewed for article: [E-cig use among teen students on the rise, administrators say.](#)
- *The Daily Herald* (January 29, 2018). Interviewed for article: [Edward-Elmhurst Health prescriptions for strong opioids come with naloxone order.](#)
- *Modern Healthcare* (March 25, 2017). Interviewed for article: [Strung out in suburbia: Opioid drug crisis hits the suburbs.](#)

## TEACHING EXPERIENCE

### **Online Intentional Studying Workshop**

(March 2012 - April 2012)  
*Champaign, IL*

Developed and administered an online workshop to promote more efficient study skills in university students. Topics addressed included strategies for scheduling, concentration, efficient reading, memory, and avoiding procrastination.

### **Introduction to the Counseling Center Paraprofessional Program**

(Jan 2012 – May 2012)  
*Champaign, IL*

Served as a teaching assistant for a discussion-based course designed to prepare advanced undergraduate students to engage in outreach activities through the University of Illinois Counseling Center.

- Course content included learning and practicing basic psychotherapy microskills, writing clinical notes, multicultural awareness, and ethics in psychology.
- Duties include planning course content, class facilitation, assisting with grading, providing career mentoring to students, and serving on the steering committee for the Counseling Center Paraprofessional Program.

### **Power Reading Course**

(August 2007 – December 2011)  
*Champaign, IL*

Served as an instructor for a 12-session course designed to greatly increase reading speed without loss of comprehension.

- Duties included delivering lesson material as the primary instructor, adapting existing lesson plans, creating new lesson plans, and responding to student questions.
- Successfully completed 54 collegiate sections, as well as 3 sections adapted for delivery to high-school students.

## AWARDS AND HONORS

**DuPage County Prevention Leadership Team Changemaker Award** (November 2019)

**Naperville Jaycees Distinguished Service Award 2019 (Healthcare Professional)** (May 2019)

**APA Division 50 Early Career Travel Award** (August 2018)

**Mendelson Scholarship** (March 2012)  
*University of Illinois* *Urbana, IL*

University of Illinois Counseling Psychology scholarship based on academic and professional merit.

**Hardie Dissertation Research Support Award** (June 2011)  
*University of Illinois* *Urbana, IL*

## PROFESSIONAL AFFILIATIONS

- American Psychological Association
  - APA Division 17 (Society of Counseling Psychology)
  - APA Division 50 (Society of Addiction Psychology)
- American Society of Addiction Medicine
- American Academy of Addiction Psychiatry

## REFERENCES

References available upon request