



# EVOLUTION SOCCER COACHING

ADVANCED COACHING APPRENTICESHIP  
LEVEL 2



LEARN . PLAY . IMPROVE

Active iQ

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# EVOLUTION SOCCER - WHO ARE WE?

Created to support the development of players & coaches at all levels of the game, Evolution Soccer Coaching has been developed by a team of highly-experienced football professionals, all of whom have worked at the highest level in English Football.

Regardless of the level which you coach or play, our comprehensive range of products, programmes & services are designed to support you to improve your knowledge, skills and passion for the game.



# WHY CHOOSE AN APPRENTICESHIP?

## Benefits to the learner

- ➔ Apprenticeships are structured training programmes which allow learners to gain a qualification whilst working - *learn whilst getting paid!*
- ➔ Hands-on training gives learners a real chance to put their skills into practice, helping them to gain more confidence in a professional coaching environment.
- ➔ Courses are led by a team expert coaches with a vast range of experience working within the English Premier League.
- ➔ Enjoy a varied learning experience - *study on & off the pitch!*
- ➔ Study over 14 months - working at your own pace!
- ➔ Learners have better potential to progress more quickly in their chosen career.



# WHY CHOOSE AN APPRENTICESHIP?

## Benefits to the Employer

**86%**

of employers said apprenticeships developed skills relevant to their organisation

**78%**

of employers reported improved productivity

**90%**

of apprentices stay on in their place of work after completing an apprenticeship

- ➔ Hiring an apprentice is a productive and effective way for any organisation to grow talent and develop a motivated, skilled and qualified workforce
- ➔ The training of your apprentice can be adapted according to the specific needs of your organisation
- ➔ Cost effectiveness - the real value comes from the skills taught during the course that will set apprentices up for becoming a successful and valuable employees.
- ➔ With the government scheme you may also receive financial rewards for hiring an apprentice in to your organisation



# ABOUT OUR COURSE

## Advanced Coaching - Level 2

### Who would this course be suitable for?

This course would be ideal for those with aspirations of becoming a professional football coach or those who already possess an FA level 1/2 qualification or similar. This course would also suit coaches working within grassroots football, community/sports development projects or within a professional football club environment.

### What is the course structure?

The course provides a varied learning experience consisting of:

- ▲ **On the pitch study and training**
- ▲ **Practical coaching workshops**
- ▲ **Classroom based study**
- ▲ **E-learning platforms**
- ▲ **Coaching webinars**
- ▲ **Podcasts**
- ▲ **Reflective practice**

The course runs over a period of 12-14 months. Throughout the duration of the course your employer will allow you 20% of the working week to complete the course, which will mean study and tasks are easily manageable alongside your day to day role.

### Who are the tutors?

Our courses are run by an expert team of tutors and UEFA qualified coaches who have experience working at the highest levels of the game.



# ABOUT OUR COURSE

## Advanced Coaching - Level 2

### COURSE REQUIREMENTS

- At least three GCSEs at grade C/4 or higher (minimum grade D/3 in English and Maths) - *if you don't currently have these we can help support you in achieving them!*
- A current enhanced Disclosure and Barring Service (DBS) certificate or willingness to acquire one
- FA L1/2 qualification or equivalent experience would be advantageous
- You will need to be employed in the sport or leisure industry

### What accreditation will I get?

Your qualification is accredited by Active IQ, one of the UK's leading OFQUAL approved awarding bodies in the sporting sector.

They are widely recognised, valued and respected, thus potentially enhancing your employability and enabling pathways to higher level coaching and additional education programmes.

**Active IQ**



# ABOUT OUR COURSE

## Advanced Coaching - Level 2

### How will I be assessed?

You will be assessed on your ability to plan for and deliver a safe, challenging & engaging coaching environment that accounts for working with a dynamic range of participants. Assessments for this course will include a mixture of practical and classroom-based tasks, along with online assessments which can be completed at your own pace and uploaded remotely.

You will receive full support and guidance from your designated UEFA qualified tutor, ensuring your tasks are completed to a level which fully demonstrates your capability to work as a professional football coach.

Towards the end of your apprenticeship you will complete an **"end-point assessment"**

You will be assessed across three areas which, combined, will demonstrate your competency to achieve the Advanced Level 2 Coaching award. This will include:

1. Practical Coaching Session
2. Presentation and Q&A
3. Panel Interview

*Once again, you will be fully supported in your preparation for this final assessment*



# ABOUT OUR COURSE

## Advanced Coaching - Level 2

### MODULE OVERVIEW:

#### 1. Developing the Complete Player

- Understand the five main components that develop the complete player
- Learn when & what to expect during periods of rapid development and how best to support these areas as a coach

#### 2. Player Coaching & Learning Styles

- Understand the impact the coaches approach has on the 'buy-in' from the player
- Recognise how to deliver to a broad range of learning styles

#### 4. Tactics & Formations

- Learn the basic systems and principles of play, and how to put them into your practices
- Identify the strengths and weaknesses of team formations and how to exploit weakness within an opponents system of play

#### 3. Ages & Stages of Development

- Identify how to support young players as they progress towards adulthood
- Learn how to differentiate practices according to a player's individual stages of development

#### 5. Club Culture

- Begin to understand what develops an exceptional club culture
- Know how to promote and deliver a club's key values within your coaching practice

#### 6. Developing Technical Ability

- Develop the ability to recognise and support a player in improving their individual ball mastery skills
- Develop a technical model of excellence to support the development of individual player technique



# ABOUT OUR COURSE

## Advanced Coaching - Level 2

### MODULE OVERVIEW (cont.):

#### 7. Session Planning & Playing Philosophy

- Understand what goes in to an exceptional session plan
- Create your own coaching & playing philosophies, and learn how to instil these into your coaching practice

#### 8. Intervention Tools & Strategies

- Identify when & where a coach can have maximum impact on their players performance
- Know how to manage player behaviour, recognise body language triggers and player responses to challenges

#### 10. Player Safety & Welfare

- Understand the policies & procedures associated to the role as a professional coach
- Learn the importance of player safety and the procedures to follow in the event of an accident or injury

#### 9. Session Constraints & Adaptations

- Know how to setup and adapt sessions to maximise learning opportunities for your players
- Know how to differentiate sessions based on the learning environment and individual player needs



# WHAT NEXT?

## Career and Education Pathways

On completing your apprenticeship, you may seek to pursue either of the following pathways:



### Further/additional education

What are my options?

- ▲ Evolution Soccer: Elite Coaching Apprenticeship (Level 3)
- ▲ Degree in Sports/coaching
- ▲ Teaching qualification
- ▲ Other advanced coaching badges



### Career in sporting sector

What are my options?

- ▲ Professional football or sports coach
- ▲ Coach educator
- ▲ PE teacher
- ▲ Football or sports development officer
- ▲ Sports management



# CONTACT US

Register your interest or make an enquiry



[info@evolutionsoccercoaching.com](mailto:info@evolutionsoccercoaching.com)



[evolutionsoccercoaching.com](http://evolutionsoccercoaching.com)



