Winter 2022

The Gold Card

A healthy, active lifestyle

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**Buffalo Grove High School**  
1100 W. Dundee Road,  
Buffalo Grove  
**Vocal Jazz & A Cappella Showcase Performance**  
February 1, 7:00 pm  
**Orchesis Performance**  
February 3, 7:00 pm  
**Wind Ensemble Festival**  
February 16, 7:00 pm  
**Variety Show Performance**  
February 24, 7:00 pm  
**Concert Band Festival**  
March 8, 7:00 pm  
**Winter Orchestra & Choir Concert**  
March 10, 7:00 pm  
**Musical Jury Performance**  
April 19, 6:00 pm  
**Spring Band Concert and Banquet**  
April 30, 7:00 pm  
**Districts 25 & 214 Band Festival**  
May 3, 7:00 pm  
**Orchestra Spring Concert**  
May 10, 7:00 pm  
**Choir Concert**  
May 12, 7:00 pm  
**Night of Percussion**  
May 14, 7:00 pm  
**Acting 1 Class Showcase**  
May 17, 7:00 pm  

**Elk Grove High School**  
500 W. Elk Grove Blvd.,  
Elk Grove Village  
**One Act Plays**  
Jan 27 & 28, 7:00 pm  
**Orchesis Performance**  
February 18 & 19, 7:00 pm  
**Spring Musical**  
April 21, 22, and 23, time TBD

**John Hersey High School**  
1900 E. Thomas St.,  
Arlington Heights  
**Winter Play**  
February 3 - 5, 7:00 pm  
**Orchesis Performance**  
February 24 - 26, 7:00 pm  
**Choir Concert**  
March 9, 7:00 pm  
**Orchestra Concert**  
March 10, 7:00 pm  
**Dance Showcase**  
March 11, 7:00 pm  
**Choral Concert**  
March 19, 7:00 pm  
**String Festival**  
April 1, 7:00 pm  
**Dance Showcase**  
April 21, 7:00 pm  
**Jazz Concert**  
April 25, 7:00 pm  
**Spring Play: Twelve Angry Jurors**  
April 28 - 30, 7:00 pm  
**Spring Music Dept. Concert**  
May 1, 1:00 pm  
**Night of A Cappella**  
May 12, 7:00 pm  
**Night of Percussion**  
May 17, 7:00 pm

**Prospect High School**  
801 W. Kensington Road,  
Mount Prospect  
**Spring Musical - Dress Rehearsal**  
April 19, 4:00 pm  
**Orchestra Concert**  
April 26, 7:00 pm  
**(k)Night of Percussion**  
April 29, 7:00 pm  
**Jazz Concert**  
May 3, 7:00 pm

**Rolling Meadows High School**  
2901 W. Central Road,  
Rolling Meadows  
**Improv Show**  
February 10, 7:00 pm  
**D214 Symphonic Band Festival**  
February 16, 7:00 pm  
**Orchesis Show**  
March 2, 3:45 pm  
**D214 Concert Band Festival**  
March 9, 7:00 pm  
**Musical in Concert**  
March 13, 5:00 pm  
**Spring Musical**  
April 27, 7:00 pm  
**Guitar Recital**  
May 4, 7:00 pm  
**Spring Band Concert**  
May 5, 7:00 pm  
**Senior Theater Showcase**  
May 9, 7:00 pm  
**Spring Acting Showcase**  
May 9, 7:00 pm  
**Spring Jazz Concert**  
May 10, 7:00 pm  
**Dance II Show**  
May 11, 4:00 pm  
**Spring Orchestra Concert**  
May 12, 7:00 pm  
**Hypno Show**  
May 13, 7:00 pm  
**End of Year Choral Concert**  
May 15, 7:00 pm

**Wheeling High School**  
900 S. Elmhurst Road, Wheeling  
**Orchesis Concert**  
February 17, 7:00 pm  
**Spring Play**  
April 21, 7:00 pm

Your Gold Card, with some exceptions, allows you free admission. Call the District 214 Community Education Office at (847) 718-7700, or email us at ce@d214.org, to reserve your seats at least one week in advance. Some performances have limited tickets available for Gold Card members. Dates and times are subject to change without notice.
No hibernation for you - not when the winter months are the perfect time to learn a new hobby, expand your culinary repertoire, fine tune your personal finance acumen or pursue healthy workout routines. If this describes you, then District 214 Community Education (CE) has a wonderful array of choices.

Anyone who’d like to turn meal prep into togetherness time should check out the new **Date Night - Couples Cooking for Two** - a perfect way to bond and learn how to cook your favorite dishes for your loved ones or a friend. Discover how to make a simple and delicious three-course meal -- classic Italian bruschetta as an appetizer, easy goulash as the main dish and chocolate covered strawberries as a dessert -- without fuss. It's a great night to celebrate since Valentine’s Day is just around the corner.

Nothing starts your day right like exercise, and the new **Core Aquatics Swimming: Masters** class lets you do that each Tuesday and Thursday from mid-January through mid-March in the Prospect High School pool. Adult swimmers will be provided a loosely structured workout, ample lane space, and access to stroke improvement tips from a senior member of our Core Aquatics coaching staff.

Medicare, while a welcome benefit for seniors, can also present its share of puzzles. That’s why we’re offering a new **15-Minute Medicare Series**. Join us for one or all of our quick-hit Medicare Zoom meetups. Featuring a 15-minute presentation followed by a 15-minute Q&A session, all meetings are free of charge, but a donation is appreciated. Presentations include:

- **Medicare & Other Health Benefits**: Your Guide to Who Pays First, on January 11. This 15-Minute Medicare discussion will cover how Medicare pays when you have other types of insurance.
- **Your Medicare Benefits**, on February 8, will cover health care services & supplies covered under Medicare Part A and Part B.
- **Get Help with Your Medicare Costs**, on March 8, will go over programs that can help save you money.

Were you a fan of and do you miss old-time radio? Then you’ll love our new **Old Time Radio Troupe** class, in which you will learn to perform radio shows from the 1930s to 1960s – from Jack Benny to the Shadow, using original scripts and original sound effect methods to bring the shows back to life. There are small and large roles available. In the last of 10 class sessions, we will perform for a live audience.

If learning a new craft appeals to you, consider CE’s new **Macramé Plant Hanger Workshop**, on January 7, where you’ll learn three basic macramé knots, which you will use to create your own plant hanger.

Looking for more time together? Sign up for the **Date Night - Couples Yoga**, a beginner friendly workshop that introduces basic poses while connecting with your partner. Similar to regular yoga, Couples Yoga, on January 21, will include stretches, balances and poses done with your partner.

Retirement presents opportunities and challenges, and we have you covered on both with our new **Four Pillars to the New Retirement** class. An extensive study by Edward Jones and Age Wave uncovered four essential “pillars” that can impact your quality of life in retirement. In this January 27 class, learn about these essentials and other insights that can help you get ready for your next chapter.
## Community Education Travel Trips, Tours & Cruises

### 2022 Extended Tours

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<tr>
<th>Month</th>
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<td>Feb 20-25</td>
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<td>Mar 13-22</td>
<td>Mississippi River Cruise: Memphis to New Orleans</td>
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<td>Mar 22-29</td>
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<td>Apr 7-12</td>
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<td>Apr 18-22</td>
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<td>Apr 21-29</td>
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<td>Apr 27-May 4</td>
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<td>Rockies to the Red Rocks</td>
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<td>Jul 11-18</td>
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<td>Niagara Falls &amp; Toronto</td>
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<td>Sep 9-16</td>
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<td>Sep 10-19</td>
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<td>Oct 3-7</td>
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<td>Oct 3-8</td>
<td>Black Hills &amp; Badlands</td>
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<td>Oct 4-6</td>
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<td>Oct 6-13</td>
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<td>Oct 6-14</td>
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<td>Oct 11-17</td>
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<td>Oct 14-19</td>
<td>Montreal &amp; Quebec</td>
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<td>Oct 18-20</td>
<td>French Lick &amp; West Baden Springs Hotel</td>
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<td>Oct 23-31</td>
<td>Columbia River Cruise</td>
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<td>Oct 30-Nov 5</td>
<td>Sedona Red Rock Country &amp; Grand Canyon</td>
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<td>Nov 7-12</td>
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<td>Nov 17-21</td>
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<td>Nov 29-Dec 3</td>
<td>San Antonio Southwestern Christmas</td>
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<td>Dec 4-10</td>
<td>Christmas in Newport, Boston &amp; New York City</td>
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<td>Dec 5-9</td>
<td>Nashville Country Christmas at the Opryland Hotel</td>
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<tr>
<td>Dec 28, 2022-Jan 2, 2023</td>
<td>Tournament of Roses Parade</td>
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**Community Education Travel is your one-stop destination for the perfect group travel experience!** Featuring day trips to local attractions and extended tours to dream destinations both domestic and international, you’re sure to find something perfect for your next vacation of a lifetime with CET!

Please visit our website at [ce.d214.org/cet](http://ce.d214.org/cet) for complete trip information including downloadable trip brochures for all our extended tours. Call us at (847) 718-7709 or email us at cetravel@d214.org for more information and to book a trip.

2022 day trips and theatre trips will be announced in January, call or email us to be added to our mailing list so that you’re the first to know!
Reach Your Dreams through Adult Education

It is hard to overstate the impact District 214’s Adult Education and Family Literacy (AEFL) program makes in our community. From English as a Second Language (ESL) and citizenship classes to High School Equivalency (GED) preparation, District 214’s AEFL Program has a variety of classes to offer. These courses are changing people’s lives.

Irma Torres didn’t finish high school and spent 16 years working in the hospitality industry. She knew that earning her GED would open new job opportunities for her. “It was so easy. I regret not doing it so much sooner than I did,” said Torres. “My advice to anybody who thinks that getting a GED is hard: don’t wait because you will be amazed at how easy it is and how much it will benefit your life.” Torres is now an administrative assistant at Forest View Educational Center and was recently able to achieve her dream of buying a home for her growing family.

Xiling Chen is a former Adult Education student. She took both ESL and the Citizenship Preparation classes. Through them, she gained more independence and confidence in the English language. “Without the language skills, I had no access to pursue a better life,” said Chen. “I see progress for myself. I keep moving forward and all this has given me confidence to dream big.”

Chen says a big reason why she chose to attend classes through Adult Education was because of the free childcare available for her two young boys. “As a full-time mom, I signed up for classes without any hesitation,” said Chen.

Read to Learn Adult Literacy/Volunteer Program

Transitioning to In-Person Sessions

There’s no slowing down or resting on laurels for District 214’s Read to Learn program. The program, which last year celebrated 35 years of changing lives for the better, continues to adapt in ways that better serve the community.

Read to Learn -- which is one element of District 214 Adult Education and Family Literacy program -- connects dedicated volunteers with adult students. They meet once a week for 10 weeks to work on basic reading and writing skills through various engaging activities.

The program has a long and rich history of success in helping students improve reading and writing skills to better communicate in their personal and professional lives. Many students, including those who are new to the United States, find the program helpful in order to get a new job or to communicate more effectively with their children’s teachers.

Recent program updates include:

• Beginning in September 2020, all Read to Learn sites, except the one at Forest View Educational Center, went online, to better facilitate access during the height of the pandemic. Beginning in September 2021, the program started to transition back to in-person classes, with four sites being in-person. By February of 2022, all sites, except one, are expected to return to in-person classes. For the Fall 2021 semester, Read to Learn had 119 students enrolled and 91 tutors.

• The program trained 16 new tutors in August 2021.

• Read to Learn continues to recruit new tutors and conducts tutor training twice a year, once in January and once in August. The next new tutor training is scheduled for Saturday, January 22, 2022, at Forest View.

• Additional information and the volunteer application may be found at the program’s website (ce.d214.org/readtolearn) or by calling 847-718-7724.

READ TO LEARN
Friday & Saturday April 29 & 30, 7:30 PM
Saturday & Sunday April 30 & May 1, 3:00 PM

Community Education’s very own Theater Troupe, The Theater Lab, proudly presents a four performance run of the classic play, “You Can’t Take It With You.” This comedy, written by George S. Kaufman and Moss Hart, won the Pulitzer Prize for drama in 1937 and was adapted for the screen in 1938, winning several Academy Awards including Best Picture.

At first the Sycamore family seems crazy, but it’s not long before we realize that if they’re the crazy ones, the rest of the world is crazier — including the Kirbys. When their young attractive son, Tony Kirby, falls in love with one of the Sycamore’s daughters, Alice, and she invites Tony and his parents over for dinner with her family, the night turns into one they won’t soon forget — for all the wrong reasons.

Among the oddities of the evening are an actress passed out on the couch, ballet lessons being accompanied by xylophone, a wrestling throw-down and a word association game that goes horribly awry, all while fireworks are being manufactured in the basement. The experience leaves the Kirbys in shock and leads Alice to the realization that her relationship with Tony will never work. However, Tony knows when it comes to families, the Sycamores are in the right and his family is in the wrong, and he refuses to give up on Alice. As Tony tries to reason with Alice and his family, there are heated arguments, discoveries are made and wisdom is imparted, including that we should enjoy life and its riches while we can because, after all, “you can’t take it with you.”

The Theater Lab presents:

Friday & Saturday April 29 & 30, 7:30 PM
Saturday & Sunday April 30 & May 1, 3:00 PM

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2022 Calendar

All performances are held in The Theater at Forest View. Visit our website at ce.d214.org/events for more information and to reserve tickets.

**Northwest Symphony Orchestra**

- **Sunday, February 13**
  - **Northwest Symphony Orchestra**
    - 3:00 PM

**Arlington Heights Community Concert Band**

- **Sunday, February 27**
  - **Arlington Heights Community Concert Band**
    - 3:00 PM

**Northwest Symphony Orchestra**

- **Sunday, April 3**
  - **Northwest Symphony Orchestra**
    - 3:00 PM

**Arlington Heights Community Concert Band**

- **Sunday, April 10**
  - **The Arltones**
    - 3:00 PM

**Arlington Heights Community Concert Band**

- **Sunday, April 24**
  - **Arlington Heights Community Concert Band**
    - 3:00 PM

**The Theater Lab Presents:**

- **Friday, April 29**
  - **The Theater Lab Presents:**
    - **“You Can’t Take It With You”**
      - 7:30 PM

**The Theater Lab Presents:**

- **Saturday, April 30**
  - **The Theater Lab Presents:**
    - **“You Can’t Take It With You”**
      - 3:00 PM

- **Saturday, April 30**
  - **The Theater Lab Presents:**
    - **“You Can’t Take It With You”**
      - 7:30 PM

**Northwest Symphony Orchestra**

- **Sunday, May 15**
  - **Northwest Symphony Orchestra**
    - 3:00 PM

Visit us at ce.d214.org/events for updates and more upcoming shows!

*Images of previous performances.*
Suggested classes for Gold Card Members

- **Ohara Ikebana - Introduction**  
  Monday, 1/10-2/7 | 6:00-7:00pm | $49 | Online  
  Monday, 2/14-3/14 | 6:00-7:00pm | $49 | Online

- **Chair Yoga**  
  Tuesdays, 1/11-3/8 | 10:00-11:00am | $89 | Online

- **Beginning Guitar**  
  Tuesdays, 1/11-3/15 | 6:00-7:00pm | $129 | Forest View

- **Walk Live Fitness Program**  
  Tuesdays, 1/11-3/15 | 6:00-6:45pm | $59 | Forest View  
  Saturdays, 1/15-3/19 | 10:30-11:15am | $59 | Online

- **Beginning Photography**  
  Wednesdays, 1/12-3/16 | 6:00-8:00pm | $169 | Forest View

- **Quilting**  
  Wednesdays, 1/12-2/19 | 1:00-3:30pm | $49 | Forest View  
  Wednesdays, 1/12-2/19 | 6:30-9:00pm | $49 | Forest View  
  Wednesdays, 2/16-3/16 | 1:00-3:30pm | $49 | Forest View  
  Wednesdays, 1/12-2/19 | 6:30-9:00pm | $49 | Forest View

- **Mindful Fundamentals**  
  Saturdays, 1/15-2/12 | 10:00-11:00am | $49 | Forest View

- **Intro to Needlepoint**  
  Wednesdays, 2/16-3/2 | 6:30-8:30pm | $35 | Forest View

- **Bone Broth - Good Eats for Great Health**  
  Thursday, 2/17 | 7:00-9:00pm | $39 | Rolling Meadows HS

- **Google Basics**  
  Thursdays, 2/17-3/17 | 7:00-8:00pm | $49 | Online

- **Guide to Retirement**  
  Tuesdays, 2/22-3/1 | 7:30-9:00pm | $25 | Prospect HS

- **Moving or Downsizing Your Home**  
  Tuesday 3/1 | 7:00-8:00pm | $19 | Online

- **Wills, Trusts, & Estate Planning**  
  Saturdays, 3/12-3/19 | 11:00am-12:00pm | $19 | Forest View

To register online, visit [ce.d214.org](http://ce.d214.org) and click the “Register Now” button in the top right corner.

To register by phone, call us at 847-718-7700.

*The Gold Card Discount is 15% off the above listed prices.*