



Potential Gains:

Self:

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Significant Others:

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Potential Approval:

Self:

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Significant Others:

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Potential Losses:

Self:

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Significant Others:

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Potential Disapproval:

Self:

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Significant Others:

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## Career Choice Consequences

Here are considerations that might affect your career choice.

### Potential Gains or Losses for Self or Significant Others\*

- Time available to be with family
- Job security
- Income
- Job stress
- Do things that I enjoy
- Work Hazards
- Flexible hours
- Geographical location
- Health insurance
- Time for leisure activities
- Do the things that I value
- Travel
- Associate with people I like
- Part-time or full-time work
- Social status

### Potential Sources of Approval or Disapproval from Self or Significant Others

- Contributions to society or good causes
- Opportunity to fulfill life goals
- How well you can meet the demands of the job
- Extent to which you must compromise your principles
- Extent to which work is “more than just a job”
- Your ability to meet financial goals
- Extent to which you can rise to a certain level of social status or material wealth
- Opportunity to express your creativity
- Extent to which you can accomplish what you value

\* “Significant Others” includes parents, partners, spouses, other family members, close friends