



Submit your story questionnaire

Your anonymity is important to us. Share as much or as little detail as you like. This will be edited (slightly), but will be posted pretty much as submitted. We may do a spell check and make some grammar tweaks, but that's all. It's important to us to be as authentic as possible.

Please include your email within your story submission—we won't ever publish it or give it away. Thank you.

What's your name and drug of choice? (Name's optional, you can use an alias or just your first name)

What's your sobriety date?

If you're not sober, what's the main reason you'd like to get sober?

Give us a little background information. (Where are you from or grew up? What do you do for a living? What are your passions?)

Describe your experience as an addict.

When did you realize your life had become unmanageable?

What did your recovery look like?

How are you doing these days?

What do you do to maintain sobriety?

What are you grateful for?

Any advice you would give to newly sober folks?

Would it be OK to publish a picture or Avatar you submit?
Make your own avatar, [here](#).

Or please submit a picture. Nothing obscene. It could be you, a pet or your own artwork, maybe a self-portrait, or a drawing of a tree or flower. (Something fun that best represents you.)

Please submit your story to info@soberpress.org. Please include your email within your submission in case we have questions. We won't ever publish your email or give it away. Thank you.