The Meltdown

by Amber Watson

Drone of the alarm in winter's charcoal dawn—
I pray for a delay at the altar of a dimly lit TV,

just a little more time to warm the bones before trudging to the town square stop.

Sharp wind thrusts the storm door open and sleet cuts sideways against the glow of streetlights.

In New England, there is no mercy for thin-blooded souls who curse the cold as I do.

The bitter crust of earth crunches under foot and frost forms at the edges of tear ducts

while I wait for the tiny capsule of heat winding its way through colorless streets.

I try not to forget there is a season for everything. Even misery

builds up quick like a snowdrift then dissolves into a trembling stream.

Each year, after every living thing has faded into the static white landscape,

I am still surprised by my joy to see dirt small patches of it reemerging

on streets and sidewalks like a mirage tiny sandbars exposed on a sea of melted ice,

their tiny speckles of light reflecting off my skin, warming,

reawakening to the gradual promise of sunlight.