

Pouring love into every meal

Week 1: Week commencing: 30th Oct | 20th Nov | 11th Dec | 15th Jan | 5th Feb | 4th Mar | 25th Mar

	Monday	Tuesday	Wednesday	Thursday	Friday
1 st Choice	Pork sausages (wheat/gluten, soya, sulphur dioxide/sulphites) gravy (none)	BBQ chicken sub (wheat/gluten, celery, sesame seed, soya)	Mac 'n' cheese (celery, wheat/gluten, milk)	Roast chicken (none) gravy (none)	Fish Fingers (wheat/gluten, fish)
2 nd Choice	Tomato pasta (wheat/gluten, celery)	Cheese & tomato pizza Bought in base: (celery, wheat/gluten, milk) Homemade base: (celery, wheat/gluten, milk, soya)	Vegetable goujons (none)	Vegetarian pasty (wheat/gluten, celery, egg)	Sweet potato & lentil curry (wheat/gluten, celery)
3 rd Choice	Jacket potato (celery) with either cheese (milk), tuna (fish, egg), baked beans (none)	Jacket potato (celery) with either cheese (milk), tuna (fish, egg), baked beans (none)	Jacket potato (celery) with either cheese (milk), tuna (fish, egg), baked beans (none)	Jacket potato (celery) with either cheese (milk), tuna (fish, egg), baked beans (none)	Jacket potato (celery) with either cheese (milk), tuna (fish, egg), baked beans (none)
Vegetable/Salad Selection	Mashed potato (milk, if using milk) Seasonal vegetables & salad (celery)	Waffle fries (none) Seasonal vegetables & salad (celery)	Potato wedges (none) Seasonal vegetables & salad (celery)	Roast potatoes (none) Seasonal vegetables & salad (celery)	Chips (none) Rice(none) Seasonal vegetables & salad (celery)
Dessert	Chocolate shortbread (wheat/gluten)	Marbled sponge (wheat/gluten, celery, egg, milk, mustard, sesame seed)	Iced cookie (wheat/gluten, celery, mustard, sesame)	Mini flapjack (wheat/gluten) with fruit wedges (celery)	Apple & cinnamon crumble (wheat/gluten) with custard (milk)

Yoghurt (milk, soya) Fresh fruit (celery)



Week 2: Week commencing: 6th Nov | 27th Nov | 1st Jan | 22nd Jan | 19th Feb | 11th Mar

	Monday	Tuesday	Wednesday	Thursday	Friday
1 st Choice	Katsu chicken (none) & Katsu curry sauce (celery, wheat/gluten, soya)	Beef Bolognese (wheat/gluten, celery)	Vegan sausage roll (wheat/gluten, milk, soya)	Roast pork (<mark>none)</mark> gravy (none)	Salmon fishcakes (wheat/gluten, fish)
2 nd Choice	Veggie sausage (wheat/gluten)	Cheese & tomato pizza Bought in base: (celery, wheat/gluten, milk) Homemade base: (celery, wheat/gluten, milk, soya)	Tomato pasta (wheat/gluten, celery)	Cheesy whirl (wheat/gluten, celery, egg, milk)	Quorn nuggets (wheat/gluten)
3 rd Choice	Jacket potato (celery) with either cheese (milk), tuna (fish, egg), baked beans (none)	Jacket potato (celery) with either cheese (milk), tuna (fish, egg), baked beans (none)	Jacket potato (celery) with either cheese (milk), tuna (fish, egg), baked beans (none)	Jacket potato (celery) with either cheese (milk), tuna (fish, egg), baked beans (none)	Jacket potato (celery) with either cheese (milk), tuna (fish, egg), baked beans (none)
Vegetable/Salad Selection	Rice(none) Potato crispers(none) Seasonal vegetables & salad (celery)	Potato wedges(none) Seasonal vegetables & salad (celery)	Mashed potato (milk, if using milk) Seasonal vegetables & salad (celery)	Roast potatoes(none) Seasonal vegetables & salad (celery)	Chips(none) Seasonal vegetables & salad (celery)
Dessert	Vanilla crunch (wheat/ gluten)	Banana & chocolate muffin (wheat/gluten, celery, egg, mustard, sesame seed)	Winter honey cookie (wheat/gluten, celery, mustard, sesame seed)	Mini chocolate crispy (wheat/gluten, milk) with fruit wedges (celery)	Iced sponge (wheat/gluten, celery, egg, mustard, milk, sesame seed)

Yoghurt (milk, soya) Fresh fruit (celery)



Week 3: Week commencing: 13th Nov | 4th Dec | 8th Jan | 29th Jan | 26th Feb | 18th Mar

	Monday	Tuesday	Wednesday	Thursday	Friday
1 st Choice	Chicken nuggets (none)	Cheesy bacon pasta (celery, wheat/gluten, milk)	Quorn burger (wheat/gluten, egg, milk) in a bun (wheat/gluten, sesame seed)	Chicken & sweetcorn pie (celery, wheat/gluten, milk)	Battered fish (wheat/gluten, fish)
2 nd Choice	Veggie burger (wheat/gluten)	Cheese & tomato pizza Bought in base: (celery, wheat/gluten, milk) Homemade base: (celery, wheat/gluten, milk, soya)	Vegetarian Bolognese (wheat/gluten, celery, egg)	Veggie sausage turnover (wheat/gluten)	Cheese & potato patty (wheat/gluten, celery, egg, milk)
3 rd Choice	Jacket potato (celery) with either cheese (milk), tuna (fish, egg), baked beans (none)	Jacket potato (celery) with either cheese (milk), tuna (fish, egg), baked beans (none))	Jacket potato (celery) with either cheese (milk), tuna (fish, egg), baked beans (none)	Jacket potato (celery) with either cheese (milk), tuna (fish, egg), baked beans (none)	Jacket potato (celery) with either cheese (milk), tuna (fish, egg), baked beans (none)
Vegetable/Salad Selection	Mashed potato (milk, if using milk) Seasonal vegetables & salad (celery)	Potato crispers (none) Seasonal vegetables & salad (celery)	Waffle fries (none) Seasonal vegetables & salad (celery)	Roast potatoes (none) Seasonal vegetables & salad (celery)	Chips (none) Seasonal vegetables & salad (celery)
Dessert	Mini shortbread (wheat/gluten) with fruit wedges (celery)	Oaty biscuit (wheat/gluten)	Jam doughnut muffin (celery, wheat/ gluten, egg, milk, mustard, sesame)	Apple & apricot flapjack (wheat/gluten, sulphur dioxide/sulphites)	Chocolate sponge (wheat/gluten, celery, egg, milk, mustard, sesame seed) with chocolate sauce (milk)

Yoghurt (milk, soya) Fresh fruit (celery)