



- 1 Wash the peppers and cut the tops of them. Take away the seeds.
- 2 Prepare the rice mixture. Add a half squeezed lemon, salt, black pepper, currants, cinnamon, pine nuts and parsley.
- 3 Stuff the peppers with the rice mixture.
- 4 Place the stuffed peppers in a pot. Add water and olive oil.
- 5 Cook for 90 minutes.
- 6 Bon appétit!

