Example 1

Several physicians at Cambridge Health Alliance (CHA) noted that many of their patients were expressing more fear in response to rapidly changing immigration related policies in the mid 2010s. Many patients were not showing up to their regular appointments, and the physicians feared that this was in part due to increased fear of immigration enforcement. In response, they organized as a Committee to Promote Immigrant Health, and devised several goals to improve CHA’s outreach and quality of care to their immigrant patients. Over the next couple years, they successfully partnered with the hospital administration and local organizations to:

- Run a public relations outreach campaign with immigrant communities,
- Adopt security policies ensuring that hospital security protects patient safety and does not perform immigration enforcement,
- Train financial services staff on helping immigrant patients get health care coverage, and eligibility for health care coverage based on immigration status,
- Develop and deliver educational modules on immigrant health for health providers at CHA.

Example 2

The United Nations Intergovernmental Panel on Climate Change has made clear that in order to avoid the worst health impacts of climate change we must eliminate all greenhouse gas emissions no later than 2050 and slash emissions by nearly half by 2030. Climate change can increase the spread of infectious diseases, contribute to extreme heat which increases the risk of heart attacks, asthma attacks, COPD exacerbations. It threatens our food and water supplies and can cause forced migration and displacement due to increased severity of natural disasters.

There is an increasing awareness of the role healthcare providers can plan in advocating for change. And many are looking at the impacts of their own health institutions. The US healthcare system is understood to contribute to 10% of US greenhouse gas emissions. A number of health professionals - doctors, nurses, social workers, nutritionist came together to create a “Climate Health Committee” to work to decrease and decarbonize our health institution. We develop a series of newsletters on the intersection of planetary and human health, gave grand rounds and investigated the ways we could eliminate greenhouse gas emissions at our institution. We were able to meet with senior leadership and get their buy in for this work and will now be proceeding in making a plan for this work. We will be working with municipal governments and organizations to collaborate and coordinate as we seen to green our institution.