

When hope seems out of reach, Tamarack Grief Resource Center is here.

Strengthen
Honor

Remember

Hope Share Inspire

Rebuild

Connect

Stabilize

GRIEF SUPPORT



GRIEF EDUCATION

Grief Camps and Retreats provide opportunities for youth, teens, women, men and families to connect with understanding others in an enjoyable, relaxing environment. Time to play, create, and explore blends with chances to honor and remember.

Our flagship program, A Camp To Remember, has been supporting grieving children since 1997!

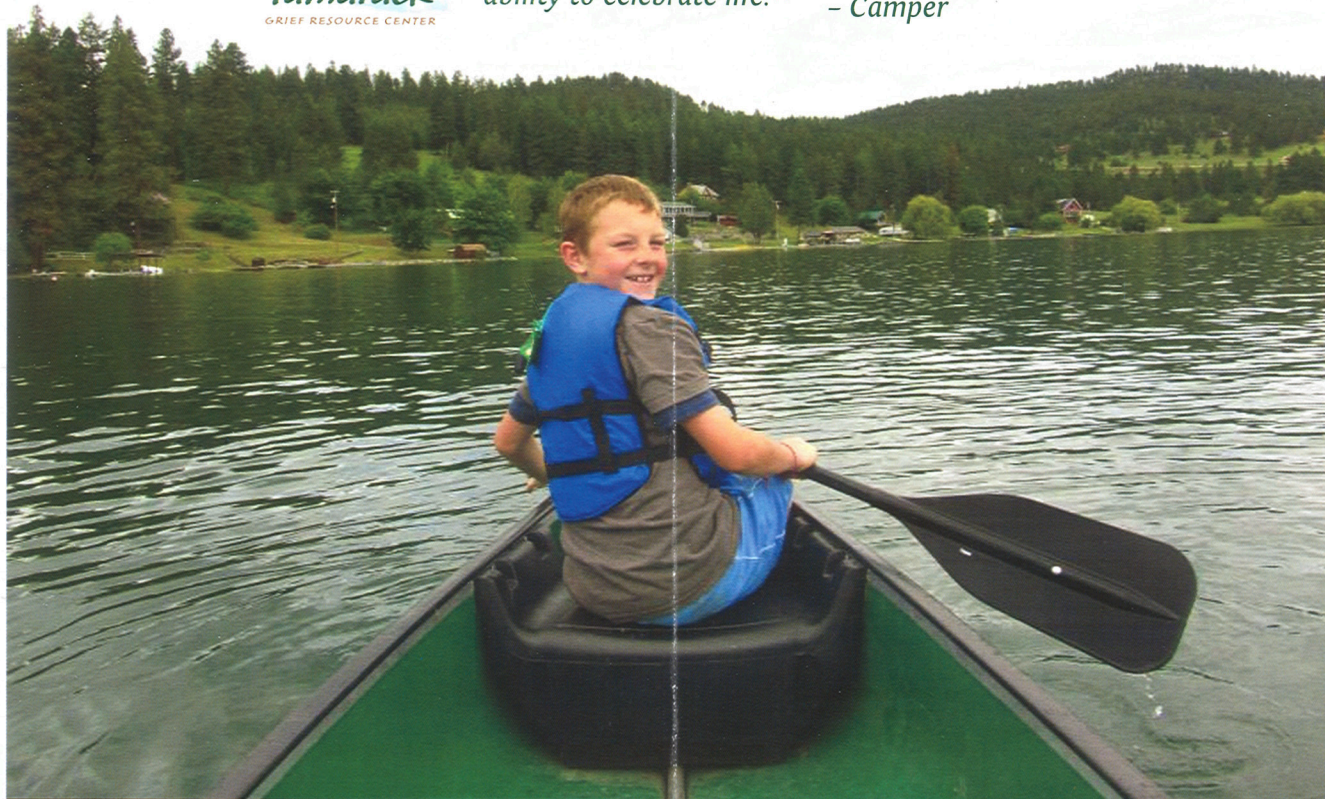
- A Camp to Remember - Youth Camp
- A Camp to Remember- Day Camp
- A Camp to Remember- Teen Camp
- A Camp to Remember- Mini Camps
- Women's Rendezvous
- Men's River Retreat

Other Specialized Grief Programs:

- Grief Consultations and Counseling
- Parent/Guardian Workshops
- Teen Programs
- Support Groups for kids and adults
- Community Workshops
- Mentor Training
- Urgent Response Team



"A Camp To Remember is truly a magical place. Although it's a 'bereavement' camp, I feel that its main accomplishment is the ability to celebrate life." - Camper



For program information or registration, please call (406) 541-8472 or visit our website

TamarackGriefResourceCenter.org

Grief Educators offer Interactive Trainings to prepare professionals to respond to grief more effectively. Customized group and individual training is available for mental health professionals, hospice personnel, teachers, nurses, clergy and work places.

Available topics include:

- *Interacting with Kids about Loss*
- *Grief at Work / Grief in Families*
- *Grief After Suicide*
- *Nature-based Activities in Counseling*
- *Grief Camp Training*
- *Peer Mentors: Ethical Considerations*
- *Group Facilitator Training*

The MT Grief Institute is offered each year to provide continuing education for professionals. Nationally recognized grief researchers, clinicians and educators provide advanced bereavement training opportunities for mental health professionals, teachers, nurses, hospice personnel, clergy, care providers and interested community members.

Our Mission

Tamarack Grief Resource Center strengthens and honors individuals, families and communities throughout their journey with grief.

Developed out of a clear need for a regional grief resource center, we organized as a non-profit and assumed responsibility for regional grief camps and groups in 2008.

As the only organization in western Montana providing year round, comprehensive grief support and education, we are committed to high quality bereavement programs for children, adults, and professionals, in active collaboration with many other groups and organizations.



**Together...
we are stronger.**



Time to wander, to be with others who "get it", to explore, to reflect, to play, to remember, to be silly, to be still, to honor, to question, to listen, to create, just to be...



There are many ways you can help change lives:

- Tell friends and loved ones about TGRC
- Volunteer by calling (406) 541-8472
- Pass this brochure on to someone else
- Donate copy paper, stamps or grief books
- Give a gift to TGRC online, by phone or mail
- Sponsor a camper for \$390 or a family for \$600
- Include TGRC in your will to leave a legacy

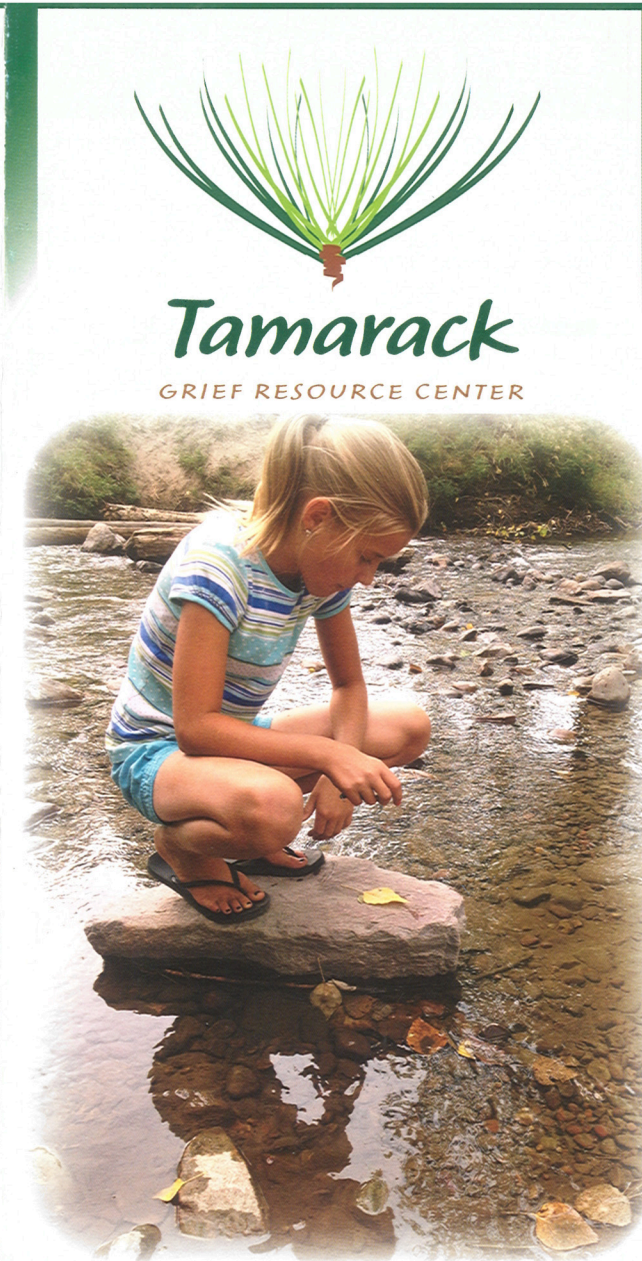


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*Photos by Mad Hatter Photography,
TGRC staff and volunteers.*



We will remember...

GRIEF SUPPORT AND EDUCATION
Tamarack Grief Resource Center offers
stabilizing support for kids and adults.

Anna's Story



Dear Friends,

Not long ago, I walked to the Clark Fork River with Anna, a young girl grieving the death of her mom. At the river, she began to write messages on rocks, sticks, and pieces of bark:

"I miss you."

"Mom, I am so sad that you died."

"I will never forget you."

"I remember your smile."

"Love is always there."

Her messages instinctively shifted from sadness and longing, to memories, and hope – illuminating an awareness of the continued relationship and love she shares with her Mom. One by one, Anna tossed the sticks into the river, buried messages on bark in the sand, and placed memory rocks in deliberate, special places.

Recently we returned to the river. As we explored the water's edge Anna shared ways she looks and strives to be like her Mom, moving with grace and kindness. A stick near the base of a tree caught her eye. As she bent to pick it up, a smile came upon her face. Anna's words were clearly visible: "Love is always there."

Tamarack Grief Resource Center programs are designed to honor both the significance of a loss, as well as honor the relationship that continues with a loved-one when they are no longer walking on this earth. Thank you for your kind support. May you feel the love around you throughout the year.

Warmly,

Tina Barrett
Executive Director

Tim Giesler
President, Board of Directors