CONNECT WITH CULTURE

UNITED AGAINST HATE WEEK
11.14 SUNDAY - 11.20 SATURDAY

Recommended for ages 14+
Why is it important to know and acknowledge the cultural norms and practices that you’re most used to?

Think about someone you know from another culture, how are their traditions different from yours?

**CONNECTING WITH CULTURE**

Let’s engage with an activity to explore your culture. Use this worksheet to create your own treasure box to reflect on objects/food/music/art that you cherish from your culture.

Fill this box by answering the questions below:

→ Draw/write the symbols or objects that describe your cultural identity or ethnicity.

→ What are the family traditions you had growing up?

→ Which is your favorite dish from your culture’s cuisine?

→ What types of food does your family cook to celebrate special occasions?

→ What do you consider to be traditional music where you or your family is from?

If you’d like, share your treasure box with others as a way to stay connected to what you value and help others do the same!
**DESCRIBE YOURSELF**

Think about your personal traits and how they intersect with your various identities. Write in words that describe your traits, as they relate to each category.

How do your multiple identities impact your daily experiences in the world? Example: If you were a second generation American and queer woman, how would that create unique experiences for you?

Does personal reflection about your own identity change how you view other people and your perception of their identity?
MAP YOUR NEIGHBORHOOD

What makes a community functional, healthy, and beautiful? Draw a map of your neighborhood that shows the streets, parks, landmarks, artwork, buildings, stores, animals and anything else important to you. To do so, walk around and look closely at the things that surround you in your neighborhood. Fill in interesting, important, and favorite spots such as:

- The place you live
- Places your friends live
- Places important to your community like the playground, library or historic sites
- Places you are curious about

When you think about “land” and “home,” and your relationship to these things, which words come to mind?
WHAT’S IN YOUR MURAL?

Imagine you are asked to create a mural to represent your community. What kind of objects, people, unsung heroes, popular hangouts or buildings would you want to paint in your mural?

What symbols, customs, colors, and messages would you want to incorporate that might portray the hopes, dreams, hardships, and joys of your community?

Use the worksheet below to bring out your inner artist. Create a unique mural that includes all the above.

After finishing your mural, remove the inserted comic by Los Angeles Artist, Mari Naomi. Enjoy reading, coloring and putting this comic up in your home.

REFLECTION QUESTION

Have you seen a mural that connects with your identity? How does that connection impact you? How does it make you feel?
BOOKLIST
Explore more about cultural equity and other topics discussed in the activities with these fiction and nonfiction books for teens in the LA County Library catalog at LACountyLibrary.org.

ARISTOTLE AND DANTE DISCOVER THE SECRETS OF THE UNIVERSE, Benjamin Alire Sáenz
Aristotle is an angry teen with a brother in prison. Dante is a know-it-all who has an unusual way of looking at the world. They seem to have nothing in common, but as they start spending time together, they discover that they share a special friendship—the kind that changes lives and lasts a lifetime—learning the most important truths about themselves and the kind of people they want to be.

ONE OF THE GOOD ONES, Maika Moulite
When teen social activist and history buff Kezi Smith is killed under mysterious circumstances after attending a social justice rally, her devastated sister Happi and their family are left reeling. Happi begins to question the idealized way her sister is remembered and embarks on a journey to honor Kezi in her own way, using an heirloom copy of The Negro Motorist Green Book as her guide.

PATRON SAINTS OF NOTHING, Randy Ribay
In Randy Ribay’s page-turning coming-of-age novel, Jay, a Filipino-American teenager, returns to the Philippines after the murder of his cousin and reckons with the multiple sides of his identity and his family’s history.
EVERYTHING YOU WANTED TO KNOW ABOUT INDIANS BUT WERE AFRAID TO ASK (YOUNG READERS EDITION), Anton Treuer

An essential book of questions and answers for Native and non-Native young readers alike, ranging from "Why is there such a fuss about nonnative people wearing Indian costumes for Halloween?" to "Why is it called a 'traditional Indian fry bread taco'?" to "What's it like for natives who don't look native?" to "Why are Indians so often imagined rather than understood?", and beyond.

BEYOND THE GENDER BINARY, Alok Vaid-Menon

In Beyond the Gender Binary, Alok Vaid-Menon challenges the world to see gender not in black and white, but in full color. Taking from their own experiences as a gender-nonconforming artist, they show us that gender is a malleable and creative form of expression. The only limit is your imagination.

MOST LIKELY, Sarah Watson

Best friends since kindergarten, Ava, CJ, Jordan, and Martha are in their senior year facing their biggest fears about growing up and growing apart. But there's more than just college on the horizon. One of these girls is destined to become the president of the United States. Through every new love, breakup, stumble, and success this story proves that great friendships can help young women achieve anything . . . even a seat in the Oval Office.
Continue learning at Explore Justice, an online video series designed to help unpack and examine the current and historical perspectives that shape social justice. Dig deeper into the topic areas below that are most relevant to you.

Explore Justice covers three content areas:

**Racial Justice** explores institutional racism, its history, and how we can pursue racial equity through systems change.

**Gender Justice** explores the idea that people of all genders deserve equal access to power, opportunities, and resources regardless of their biological sex or gender identity.

**Cultural Equity** explores how society places more value on some cultures than others, the impact that this has on people, and what we can do to support diverse ways of life.

Each video is accompanied by:

- Discussion questions
- Opportunities to take action or learn more
- Resources focused on healing and resilience

We hope that you will share Explore Justice with your friends and family.

**LET’S START EXPLORING!**