





salted caramel milkshake

Caramel Milkshake recipe, the result being an caramel flavor, a hint of sea salt and creamy vanilla

SERVES: 1



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ingredients

Salted Caramel Sauce

- 1 cup sugar
- 1/3 cup butter, softened
- 1/2 cup heavy cream, warmed
- 1 tsp flaky sea salt

Milkshake

- 3 cups vanilla ice cream
- 3 tbsp salted caramel sauce
- 1/4 cup whole milk
- 1/4 cup Skor or Heath toffee bits
- · Whipped cream, for garnish
- Salted Caramel Sauce, for garnish

directions

- 1. For the salted caramel, place sugar in a medium saucepan over medium heat. Continuously stir until the sugar is completely melted and a deep amber color. Remove from heat and stir in butter until combined. Add cream and sea salt (mixture will bubble up) and return to heat for 1 minute, stirring constantly until smooth. Remove from heat and pour into a glass container to cool completely. Can be refrigerated for up to 2 weeks.
- 2. For the milkshake, using a blender, combine vanilla ice cream, salted caramel sauce, milk and Skor/Heath bits. Blend until smooth and pour into a milkshake glass. Top with whipped cream and drizzle with caramel sauce.

