## bite

**Q** Search

italian sloppy

Looking for an excuse to dig in? These scrumptious Italian Sloppy Joes might be a mess-of-a-meal (three napkins required), but they're also chock full of richly flavored beef that's sandwiched between crisp garlic buns and topped with cheese (three

kinds!) and basil. Yes, this Italian twist on the American classic is guaranteed to serve up

joes

(sloppy) smiles.



## ingredients

### Sloppy Joes

- 1½ lbs ground beef
- 2 tsp vegetable oil
- 1 small white onion, chopped
- 2 small garlic cloves, minced
- 2 tbsp tomato paste
   16 tsp borbs do provonce
- 1/2 tsp herbs de provence
- ½ tsp kosher salt
- ¼ tsp freshly ground black pepper
   ¼ tsp crushed red pepper flakes
- ¼ tsp crushed red pepper flakes
- ½ cup red wine
   ¼ cup whole mi
- 1/4 cup whole milk
- 1 cup chicken broth
  1 cup tomato sauce
- .

## Garlic Rolls

- 6 bread rolls
- 3 tbsp butter
  1 large garlie
- 1 large garlic clove, minced
- Freshly grated Parmesan cheese
- Ricotta cheese
- Provolone cheese slices
- Fresh basil leaves

## directions

- 1. For the sloppy joe filling, in a large skillet, sauté ground beef over medium-high heat, breaking it up as it cooks. Cook the beef for 5 minutes or until no longer pink. Drain in a colander and set aside. Wipe out skillet and heat vegetable oil over medium-low heat. Add onions and garlic and cook stirring until softened, 3-4 minutes. Stir in tomato paste, herbs de provence, salt, pepper and red pepper flakes. Cook for 1 minute and add ground beef back to the skillet, stirring well to combine. Stir in red wine and milk and cook until wine and milk are almost completely absorbed. Add chicken broth and tomato sauce. Bring to a boil, then lower heat and simmer uncovered for 20-30 minutes.
- 2. For the garlic rolls, preheat broiler to high. Place bread rolls cut open on a baking sheet. In a small saucepan, melt butter with minced garlic. Cook over medium heat for 1-2 minutes. Spread on both sides of bread rolls and place under broiler until lightly toasted.
- 3. To assemble sloppy joes, sprinkle Parmesan cheese on the base of each roll. Spoon meat over Parmesan, followed by a spoonful of ricotta cheese and finish with another spoonful of meat. Top with a slice of provolone cheese. Place back under the broiler briefly to melt cheese. Remove from oven and top with fresh basil leaf and the top of the roll. Serve immediately.



# julie albert & lisa gnat



SUBSCRIBE TO OUR NEWSLETTER



### BUY OUR NEV COOKBOOK



#### **BUY OUR BOOK**



**BUY OUR BOOK** 

æ