



## mint julep

The best mint julep recipe for a refreshing and deliciously icy hot summer day drink.

SERVES: 1



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## ingredients

- 10 fresh mint leaves
- 1 tsp sugar
- 2 1/2 oz bourbon
- Sparkling water
- Crushed ice

## directions

1. Chill tall glass in freezer for 10 minutes.
2. Place mint, sugar, 1 oz bourbon and a splash of sparkling water in the chilled glass. Use a spoon to muddle the mint into the mixture. Add a small handful of crushed ice and stir well. Add remaining bourbon and another splash of sparkling water. Fill the glass tightly with ice.

