



2018 Annual Report

*A community which
supports, respects and empowers
all women and girls.*

Table of Contents

4	Who was Elizabeth Fry?
5	Message from the President and Executive Director
8	Board of Directors
12	Financial Statements 2018
15	Bridging New Journeys Program Annual Report 2018
17	Edmonton Attendance Center Addictions Program Annual Report 2018
19	Centre 170 - Video Visitation Centre Annual Report 2018
22	Edmonton Attendance Center Anger Management Program Annual Report 2018
24	Edmonton Remand Centre Rehabilitative Programs Annual Report 2018
26	Housing Support Program Annual Report 2018
28	Girls Empowered and Strong Annual Report 2018
31	Community Resources Program Annual Report 2018
34	Independent Legal Advice for Survivors of Sexual Violence Program 2018 Report
37	Indigenous Women's Program Annual Report 2018
40	Record Suspension Program Annual Report 2018
42	Stoplifting Program Annual Report 2018
44	Financial Literacy Program Annual Report 2018
47	The Work4Women Program Annual Report 2018
50	Provincial Prison Liaison Program Annual Report 2018
53	Courts Programs Annual Report 2018
66	Volunteer Program Annual Report 2018

Vision:

A community that supports, respects and empowers all women and girls.

Mission:

The Elizabeth Fry Society of Edmonton advances the dignity and worth of all women and girls who are, or may be at risk of becoming criminalized.

We value and believe...

We believe that knowledge building and advocacy are necessary to overcome systemic injustices that impact women and girls.

We believe that every person should be accepted and respected for their unique story and culture.

We believe that all women and girls deserve non-judgmental support, when experiencing adversity.

We believe that with self-determination and support, all women and girls can create a better future.

We believe the resilience of women creates space for individual, family, and community healing.

We believe everyone has the right to be treated in a way that fully recognizes their individual human rights.

We value spiritual, emotional, physical, and mental health.

We value the education and promotion of the Truth and Reconciliation Commission. (TRC)

Our Goals

Effective Organization – Continue to build organizational capacity and capability

Awareness and Education – Encourage public awareness of the Truth and Reconciliation Commission and the systematic barriers faced by women and girls who criminalized or at risk

Prevention – End criminalization of women and girls

Integration – Improve integration of women and girls and reduce the effects of criminalization

Human Rights – Promote and advocate for the human rights of women who are criminalized or at risk.

Who was Elizabeth Fry?



Elizabeth Fry (Gurney) was born in England in 1780. Although raised in a wealthy influential Quaker family, at 17 she chose to work with those less fortunate members of society. Early in 1813, Elizabeth Fry visited the women's section of Newgate Prison in London for the first time, and was shocked by the appalling conditions in which the female prisoners and their children were kept.

In some of the smaller prisons, the women were not separated from the men and in others, men who were labelled "lunatics", or in danger from other men, could be placed in the women's section for the jailer's convenience. Consequently, many babies were born to the inmate mothers who then lived in the prison.

Female prisoners were also kept for the domestic or sexual convenience of the jailer.

Prison fees were hard on women because they were often friendless and penniless. In some prisons, the doors between men and women's sections were unlocked at night. Prostitution was often the only way a woman could supplement the meager prison diet. Women prisoners were whipped in public until 1817 and in private until 1820.

Her insight, persistence, organizational ability and her willingness to see a "divine light" in every person resulted in striking reforms taking place in the manner in which women and children were treated in London's Newgate Prison. Her work has inspired the Elizabeth Fry Societies of today, and her reforms included encouraging women to care for themselves and their children, and convincing authorities to set up schools inside the prisons so the women and their children could be provided with basic education. Elizabeth Fry also gave material so the women could knit and do needlework and found a market for their goods, and insisted that women prisoners be kept in separate quarters from male prisoners and that they could be supervised by other females.

The essence of Elizabeth Fry's work with prisoners (male and female) was that they were fellow human beings. Their treatment, therefore, should be based on the 'principles for justice and humanity'.

Message from the President and Executive Director



If we were to offer a theme for our agency in 2018, it would be growth. Our little agency that could began to spread her wings and take off in ways that we could never have predicted as we embarked on this new year.

As with years past, there were many challenges to face – the least of which was settling into our new, larger office space and beginning to grasp all the possibility of

this new space as a platform to expand the work we do in the community. We found ourselves filled with hope, energy and excitement as we mapped out the direction our agency would move.

Our Board and Staff continue to celebrate the successes of this work – notably this year, the positive and well-received launch of the new Independent Legal Advice program offering support to survivors of sexual violence. This program is timely and desperately needed, and we anticipate seeing this program continue to grow and flourish.

This past year also brought us several new Board members, as we continue to evolve and add members with diverse and expansive professional experience. We would like to offer a sincere thank you to each of our dedicated Board members, who bring their energy and commitment to the table, making our jobs to lead the agency all the easier.

We also want to acknowledge the exceptional work of our EFry Staff – you are the heartbeat of our agency and the everyday heroes in our community. Even when the work is hard, know that the impacts to our women and girls are valued beyond measure. We could not do what we do without you, and we thank you from the bottom of our hearts – for being you – the exact kind of person who will show up to do this work day after day, without giving up.

Finally, we would like to extend our sincere thanks to our EFry Volunteers & Members – you are truly the soul of our agency, and we would be nothing without you.

It is a testament to our staff, volunteer and Board members consistent and steadfast focus on our core values that have driven us forward into this new and exciting era for Elizabeth Fry Society of Edmonton.

President’s Note:

I would be remiss if I did not take a moment to extend, on behalf of the Board, endless awe, gratitude and thanks to our incredible Executive Director, Toni Sinclair. Truly, there are not enough words to adequately express what Toni means to us, and to this agency. Watching Toni grow into her role as ED over the last several years has been deeply inspiring, as she continues to establish herself as a force to be reckoned with in this work, that she makes look effortless.



Toni, your dedication, your commitment, your unwavering commitment to advocacy, and your refusal to let any challenge break you are the guiding light of this agency. I remain year after year, so proud to call you my friend and colleague. It will always be a privilege to work alongside Toni and continue to learn from her, and I look forward to the next mountain to climb together.

A quick note from Toni:

It seems like only moments ago, we were moving and unpacking a few decades worth of EFry history! It has been a whirlwind of wonder, and I would like to personally thank our team of staff, Board, and volunteers for your incredible commitment and dedication to our agency. A special note our funders and donors who have stepped up again this year in support of our outcomes and impact; we thank you immeasurably.

Sadly, in 2018, we lost 2 members of our Elizabeth Fry family – Don Reid and Shirley Lewis. Don was our longest-serving volunteer; he was a remarkable man who left a lasting and beloved impression in our Edmonton courts. We miss him every day. Shirley was our first ever Executive Director; she is the reason we exist as an agency. Her passion and dedication was unprecedented. Shirley will be remembered for her kindness, her advocacy, and her wonderful sense of humour. As we move our important work forward, it is with heavy hearts but renewed commitment to our mission and mandate in memory of Don and Shirley.

President
Candice Sawchuk

Executive Director
Toni Sinclair

Board of Directors

2018 Board of Directors

President:

Candice Sawchuck (President)

Members-at-Large:

Rani Berg

Ravine Basahti

Sarah Davis

Marta Jacewscka

Beebee Chang

Jackie Spurrell

Jessi Thomson

Natasha John

Valerie Moses

Ex-Officio

Toni Sinclair

2019 Board of Directors

Ravine Basahti



Ravine is a partner with KPMG LLP and has nearly 20 years of experience in the field of accounting and finance. She holds a Bachelor of Commerce from the University of Alberta and is a Chartered Professional Accountant. She joined Elizabeth Fry in October 2014 and is the current Treasurer. Ravine is passionate about empowering women in the community and workplace. During her spare time she enjoys travelling, being physically active, and spending time with family and friends.

Rani Berg



While Rani specializes in real estate and corporate law, she developed a passion for access to justice issues early in her legal career. Over the last 5 years, Rani has been actively involved in various programs, which strive to provide pro-bono legal services to individuals who need them most. She looks forward to continuing this work, along with furthering many of the Elizabeth Fry Society's other initiatives, as a continuing board member. In her spare time, Rani loves travelling to new places and spending as much quality time with friends and family as possible.

Jackie Spurrell



Jackie is an accredited public relations professional; she holds a degree in Communications from MacEwan University and obtained her accreditation through the Canadian Public Relations Society. Currently, she is the manager of Corporate Communications at Alberta Blue Cross. Jackie is excited to bring her passion for the written word and story telling to the Efry board of directors. In her spare time, she enjoys camping and spending time outdoors with her family, trips to the dog park with her golden retriever and reading.

Sarah Davis



Sarah is a lawyer at the City of Edmonton, where she practices in the area of municipal law. She first joined the Elizabeth Fry Society in 2006 as a volunteer at the Society's Court Program and has been a director since 2016. In addition to the Elizabeth Fry Society, Sarah volunteers for Pro Bono Law Alberta as a volunteer lawyer. Outside of work, Sarah enjoys travelling, festivals, running, and soaking up the sun (or snow) in the Edmonton river valley.

Priscilla Yip



Priscilla is a senior accountant with Crowe MacKay LLP and has 5 years of experience in the field of accounting and finance. She holds a Bachelor of Commerce from the University of Alberta and is a Chartered Professional Accountant. She joined Elizabeth Fry in February 2019. Priscilla enjoys giving back to the community and mentoring students. During her free time she enjoys traveling, playing sports, and spending time with friends and family.

Marta Jacewska



Marta has worked within Government of Alberta for the past 11 years in a variety of positions. She currently works as a Program Support Analyst in the Policy and Program Development Branch with Justice and Solicitor General. She holds a degree in Sociology and Psychology minor from the University of Alberta. She has been involved with the Efry agency for many years initially as a summer student. Marta joined the Canadian Association of Elizabeth Fry Societies (CAEFS) board of directors in 2015. In her spare time, she enjoys travelling, skiing in the Rocky Mountains and walking her dog in the river valley.

Bebee Chang

Bebee Chang is a CPA with BDO Canada. Her passion to contribute to the community can be seen through her volunteer experience with Big Brother Big Sister, MSA Social Justice, The Green Room Leadership Council and SEASA as VP Finance.

Jess Thomson



Jess Thomson is an engagement and development professional with over 10 years in the non profit sector. Jess's passion for supporting women has been a common theme throughout her career and continues as she works to build economic prosperity for women in her current role as Senior Advisor at women building futures.

Candice Sawchuck



Candice works professionally as a Project and Operations Management Consultant, and has worked with a diverse set of clients across many industries. Candice is an avid volunteer who is passionate about her work with Elizabeth Fry and is grateful to continue to serve the women our organization supports. Candice spends her free time reading and blogging about books, travelling the world and practicing to be a better yogi.

The Elizabeth Fry Society of Edmonton
Statement of Financial Position
December 31, 2018

ASSETS	2018	2017
CURRENT		
Cash and Cash Equivalent	\$ 720,486	\$ 720,486
Investments	599,801	599,801
Accrued Interest	5,765	5,765
Accounts Receivable	148,193	148,193
Goods and Services tax recoverable	5,831	5,831
Prepaid expenses and deposits	21,941	21,941
	1,502,017	808,903
CAPITAL ASSETS	3,571	4,612
	\$ 1,505,588	\$ 813,515
LIABILITIES		
CURRENT		
Accounts payable	\$ 56,053	\$ 41,240
Deferred revenue	855,822	195,735
	911,875	236,972
NET ASSETS	593,713	576,543
	\$ 1,505,588	\$ 813,515

The Elizabeth Fry Society of Edmonton
Statement of Operations
Year Ended December 31, 2018

	2018	2017
REVENUE		
Alberta Justice & Solicitor General	\$ 946,438	\$ 881,173
Alberta Law Foundation	448,929	448,929
United Way of Alberta -Capital Region	123,450	125,949
AB Government -Status of Women	110,752	44,466
City of Edmonton	79,233	79,733
Canadian Women's Foundation	50,000	50,000
Alberta Human Services	48,891	48,163
Donations and Other	43,954	23,518
Edmonton Community Foundation	40,500	41,790
Edmonton and Area Fetal Alcohol Network	37,312	37,312
Alberta Human Rights	30,828	24,172
Empower U	26,711	34,852
Rental Recoveries	19,595	12,859
Interest	11,461	5,359
Fundraising	11,162	7,089
Casino Revenue	8,677	75,198
Summer Career Placement	7,361	12,959
CAEFS	3,030	-
	<hr/>	<hr/>
	2,048,284	1,953,521
	<hr/>	<hr/>

The Elizabeth Fry Society of Edmonton
Statement of Operations (continued)
December 31, 2017

	2018	2017
EXPENSE		
Salaries and wages	\$ 1,510,151	\$ 1,495,512
Benefits	165,076	167,812
Rent	95,045	-
Transportation	72,276	78,966
Client services	62,684	67,474
Office expenses	31,740	31,884
Telephone	19,253	14,174
Professional fees	13,624	7,395
Photocopying and printing	11,846	10,973
Maintenance	8,560	8,385
Record suspension	7,951	10,621
Staff development	7,884	11,161
Agency development and promotion	7,412	11,666
Volunteer expenses	5,651	4,797
Christmas program and other fundraising	4,340	4,990
Insurance	3,215	2,984
Consulting and elder fees	2,090	2,995
Internet	1,275	1,185
Amortization	1,041	1,803
Refund of excess funds	-	1,153
	<u>2,031,114</u>	<u>1,935,930</u>
EXCESS (DEFICIENCY) OF REVENUE OVER EXPENSE		
	<u>\$ 17,170</u>	<u>\$ 17,591</u>

Bridging New Journeys

"I signed up for Bridging New Journeys and after the first session, I finally felt a glimmer of hope for my future"

- Program Participant

Bridging New Journeys Program 2018 Annual Report Berna Gudzinski

Bridging New Journeys assists federally sentenced women in developing a detailed reintegration plan which helps them to succeed in the community. We work to cultivate hope and to spark positive changes in the future for each participant in the program. We achieve this goal by completing the six pillars of success.

1. Basic Needs: Exploring areas such as transportation, clothing, food, finances, and identification.
2. Housing: Provide help with finding housing.
3. Employment/Education: Researching employment and/or education options that may be available upon release.
4. Health Care: Determining health care needs.
5. Support Systems: Identifying different community resources available.
6. Future Goals and Plans: Assisting in planning and setting goals.

In addition, we also provide help with parole preparation. We attend parole hearings as an Assistant or support for the women.

The program is delivered in the following federal institutions:

- Edmonton Institution for Women
- Buffalo Sage
- Elpida

The women in EIFW and Buffalo Sage are faced with many different issues. Some of their biggest obstacles are the following: poverty, mental health issues, addiction, substance abuse, separation from children and family, lack of education, lack of financial intuition, abusive past relationships, lack of resources and support.

Bridging New Journeys does not end in the institutions. We encourage the women to visit the Elizabeth Fry Society to access our workshops, programs and resources. Weekly visits to Elpida House connects woman on day parole at the halfway house to community resources and supports.

Edmonton Attendance Centre Addictions Program

Very informative, not only about aspects of my own life, but others around me. Would definitely recommend the course... to better understand the characteristics and different negative effects of addictions.

- Program Participant
June, 2017

Edmonton Attendance Centre Addictions Program
2018 Annual Report
Attendance Centre Programs Team Lead: Kristina Nguyen

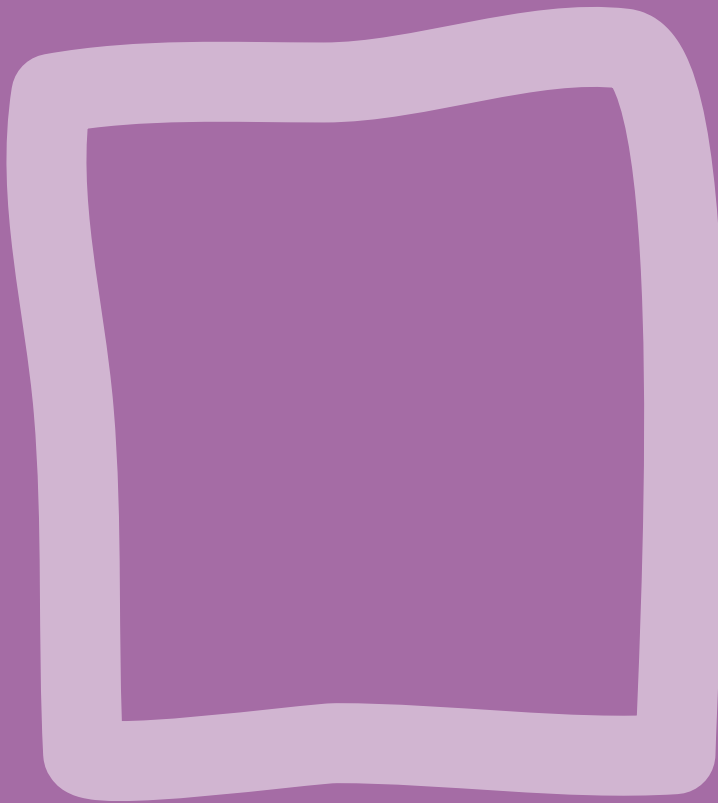
The Elizabeth Fry Society offers an Addictions Program specific to adults with criminal convictions. This program is offered at the Edmonton Attendance Centre, which is a community corrections office with a focus on community-based programs. The program is focused on facilitating a deeper understanding of the nature of addiction and how to identify and address it, with the goal of advancing an individual's ability to recognize and cope with addictions issues as they arise. Given the strong link between addiction and incarceration, the need for support and education in this area is clear. With this in mind, the program addresses a variety of topics, including understanding the cycle of addiction, tools to use during recovery, how to overcome the challenges to recovery, addiction and its impact on relationships, and goal setting in recovery.

In addition to curriculum delivery, this program provides participants with an integral connection to the greater community and to other individuals with a vested interest in making informed and empowered choices to better their circumstances and work towards healthier goals and outcomes. In 2018, 82 participants were given certificates for their successful completion of the program.

This program is funded by the Alberta Justice & Solicitor General.



Centre 170 Video Visitation Centre



Centre 170 Video Visitation Centre
2018 Annual Report
Kaitlyn Theroux

The Alberta Justice and Solicitor General Visitation Centre for the Edmonton Remand Centre has been successfully operated by The Elizabeth Fry Society of Edmonton since April of 2013. We are operational 7 days per week from 8:30 am to 9:00 pm, year round. Our staff, consisting of a full-time Manager and 22 part-time employees, facilitate an average of 63 visits per day.



The functioning of the Visitation Centre focuses clearly on our daily interrelationship with an often emotionally distraught, frustrated and marginalized population consisting of primarily women. It is our Agency's mandate and primary purpose to always extend respect and dignity to all of our visitors in an open-minded, caring and non-judgmental fashion and to ensure that human rights issues are highlighted, ensuring that all inmates receive the visitation they are entitled to.

It is with the strong relationship that the Visitation Centre has built with ERC that we are able to ensure that the Elizabeth Fry Society's Mission and values guide our significant work every day

>23,000

VISITS COMPLETED IN 2018

"The staff at the Visitation Centre were so professional and kind, and I feel it important to acknowledge how much this was appreciated."
-CENTRE 170 VISITOR

RESOURCES

There are two Elizabeth Fry programs frequently discussed between Visitation Centre staff and those seeking support.

COMMUNITY RESOURCE PROGRAM

The Community Resource Program is paramount, for the purpose of finding safe, appropriate shelter and housing, obtaining or renewal of government issued identification, community (group and individual) support, and addiction services.

COURT PROGRAM

The Court Program is utilized for those requiring practical assistance with the legal system, access to Legal Aid Alberta, Native Counselling and general court procedure.

HOW WE HELP

Visitors are able to engage in a 1:1 support situation with a Centre staff member, allowing staff to link visitors to the Elizabeth Fry Society of Edmonton programs and those of our community partners while taking into account their individual needs.

In general, the conversations with our visitors include but are not limited to:

- **Supporting visitors with knowledge on court proceedings**
- **How to support visitor's loved ones financially and emotionally**



- **Providing options as best we can surrounding advocacy**



- **Providing visitors with resources on how to get adult and youth identification**



Edmonton Attendance Centre Anger Management Program

*"I learned new ways
to help myself move
forward in life. Great
class, thank you."*

- Program Participant

Edmonton Attendance Centre Anger Management Program 2018 Annual Report Attendance Centre Programs Manager: Kristina Nguyen

The Elizabeth Fry Society offers an Anger Management Program specific to adults with criminal convictions. This program is offered at the Edmonton Attendance Centre, which is a community corrections office with a focus on community-based programs. The program is focused on facilitating a deeper understanding of what anger is and how to manage it effectively, with a goal of advancing individuals towards more positive relationships with themselves, their friends and families, and the community. Given the strong link between anger and incarceration, the need for support and education in this area is clear. With this in mind, the program addresses a variety of topics, including defining anger, identifying the onset of anger, strategies for managing anger, relationships and anger management, how to challenge angry thoughts and beliefs, among others.

In addition to curriculum delivery, this program inadvertently provides participants with an integral connection to the greater community and to other individuals with a vested interest in making informed and empowered choices to better their circumstances and work towards healthier goals and outcomes.

Participant feedback includes:

“I enjoyed having different people teaching because it gave different perspectives and experiences...When I start to get stressed out or angry, I hope to apply some of the techniques I have used.” – September 2018

“I learned new ways to help myself move forward in life. Great class, thank you.” – July 2018

This program is funded by the Alberta Justice & Solicitor General.



In 2018, 156 participants received certificates for their completion of the Anger Management program offered at the Edmonton Attendance Centre

Edmonton Remand Centre Rehabilitative Programs

*"I will remember my
warrior self, and accept me
for me. I'm truly worth it,
and will strive to do better
than I did yesterday. I can
do it, and will do it."*

- Wellbriety Participant,
March 2018

Edmonton Remand Centre Rehabilitative Programs 2018 Annual Report ERC Rehabilitative Programs Manager: Kristina Nguyen

The Elizabeth Fry Society offers a variety of Rehabilitative Programming in the Edmonton Remand Centre on the two (accessible) female units. These programs aim to empower women to identify their personal strengths, and build the skills and knowledge necessary to advance towards positive self-determination and healthy life choices. Program topics include Me and Money, Introduction to Stoplifting, Traditional Parenting, Indigenous Women’s Wellness, Emotional Regulation, Changing Paths, Writing Works and Wellbriety.

In addition to building valuable skills, these programs provide participants with an integral connection to community, culture and to other individuals with a vested interest in making informed and empowered choices through which to better their circumstances and work towards personal goals once released.



42 women successfully completed the Me & Money program offered at the Edmonton Remand Centre, with 4 of those women re-taking the program upon release into the community.

Participant feedback includes:

“I will use what I learned in the course to be positive in negative situations, to be kind to myself and to respect others even if I don’t agree with them.” – Writing Works, January 2018

“I will remember my warrior self, and accept me for me. I’m truly worth it, and will strive to do better than I did yesterday. I can do it, and will do it.” – Wellbriety, March 2018

“[I learned] to prevent myself from future lifting. I am grateful for EFry. Thank you so much for coming to jail.” – Stoplifting, November 2018

This program is funded by the Alberta Justice & Solicitor General.

Housing Support Program

This is my home. My whole life I've never lived in one place for more than a few months. I've never had a place that is mine. This is where I want to be.

- Program Participant

Housing Support Program 2018 Annual Report Sydney Shewchuk

The Elizabeth Fry Society of Edmonton's housing program provides subsidized housing to Indigenous Women, who have experienced victimized through sexual exploitation and who are at-risk of homelessness. At the beginning of 2018, five women were being housed with the support of our program. At the end of 2018, three of the women remained house and one new woman was housed as of November 1st. One woman in our housing program, retained fulltime employment. This same woman also welcomed her fifteen-year-old son home. He has been living with her fulltime in Edmonton since August 2018, after living with a foster family for four years. Another woman completed a pre-employment readiness program called Essential Skills in a Digital through Yellowhead Tribal College and received a paid work placement. As well, the newest housing participant applied to Essential Skills in a Digital at Yellowhead Tribal College and received her formal acceptance letter November 2018, to begin classes January 2019. In 2018, the housing program received 21 initial applications. There were 149 one-on-one support sessions conducted with housing participants (122 home visits and 27 in-office visits), in order to assist with budgeting, accessing supports and services, and goal setting. Overall, there were 60 inquiries to The Elizabeth Fry Society of Edmonton's housing program from various community agencies, probation office, correctional institutions and women in the community.



60

Housing
Program phone
call inquiries



21

Applications
recieved



149

one-on-one
support sessions

This Program is funded by the Edmonton Community Foundation and the Canadian Women's Foundation.

Girls Empowered and Strong

*"As a girl, I shouldn't
be scared of speaking up
and possibly changing
the world"*

- Program Participant

Girls Empowered and Strong
2018 Annual Report
Kristina Laban and Tyra Whitson

G.I.R.L.S. Empowered and Strong (GES) is a program for teenage girls who want to address issues they are facing and become empowered to make strong and positive choices for themselves and their futures.

The goal of this program is to provide girls, ages 12 to 17, with the skills and knowledge they need in order to make healthy life choices, thereby preventing future involvement in the criminal-legal system. GES addresses the realities that teen girls face in their daily lives. The program is FASD friendly and is designed to be able to meet the unique needs of girls with this diagnosis while building emotional, intrapersonal, and interpersonal skills for all girls.

Girls Empowered and Strong is funded by Edmonton Fetal Alcohol Network, United Way of the Alberta Capital Region and the Civil Forfeiture Grant through Alberta Justice Solicitor General.



- 275 workshops were delivered in schools such as Academy at Kind Edward, L. Y. Cairns, Rosslyn, Dickinsfield, Bishop David Motiuk, St. Clement, and Ecole Leduc.
- 74 workshops were in the community through the main office of the Elizabeth Fry Society of Edmonton and the Youth Attendance Centre

Highlights From 2018

- The Girls Empowered and Strong program served 434 participants over the course of 118 workshops.
 - 275 of those were delivered in schools such as Academy at Kind Edward, L. Y. Cairns, Rosslyn, Dickinsfield, Bishop David Motiuk, St. Clement, and Ecole Leduc.
 - 74 were in the community through the main office of the Elizabeth Fry Society of Edmonton and the Youth Attendance Centre
 - 39 participants from across Edmonton and surrounding were served at the Girls Revolutionizing Leadership (GRL) forum where we offered 3 different workshops for them to attend as well as agency booths to visit
- 7 youth came to us for additional one-on-one and crisis support
- Participants were quoted saying
 - “I felt empowered and happy after and made some more friends”
 - “Taught us how to be more positive about ourselves”
 - “It was a place to learn and share with no judgement”
 - “I liked how we were all included”
 - “I liked learning about body positivity. It is one thing I struggle with and I liked knowing I’m more than my body, I’m smart, funny...etc.”

“I liked learning about body positivity. It is one thing I struggle with and I liked knowing I’m more than my body, I’m smart, funny...etc.”

- Program Participant

Community Resources Program

*"Thank you for always
being there for me. I am so
blessed to have you in my
life and my journey. You
have helped me so much
when I was broken."*

Community Resources Program 2018 Annual Report Heather Macklem

The Community Resources Program at the Elizabeth Fry Society of Edmonton offers women emotional, educational, vocational, and practical assistance to address their needs. It is funded by United Way of the Alberta Capital Region.

This multi-faceted program strives to empower and support women as they move through their personal journeys. In 2018, we saw 1073 instances where we supported women through the Community Resources Program.

We offer support through daily intake services, referrals to community partners, bus tickets, assistance with completing forms, hygiene packages for women recently released from provincial and federal prisons, a clothing closet, and information about other resources in the community. By offering practical support, we hope that we can help women to overcome the barriers they face daily.

The Community Resources Program also supports women to set and achieve short- and long-term goals. A long-term goal may be living a sober life, and a short-term goal along the way may be finding an addictions support worker in the community. My role in this particular situation would be referring women to appropriate addictions counselling, and perhaps engaging in a conversation surrounding addictions treatment options when appropriate. Goals vary widely from woman to woman, and my role is to provide support and assistance in a non-judgmental way for each woman, regardless of where they may be in their lives.

In our new office location, we have been able to facilitate over 300 workshops to women in our community, focusing on skill building, resources and referrals, and meaningful connections. We thank our various community partners who have contributed to these workshops over the past year.

Lastly, in our reception area we are able to provide the members of our community a safe, supportive, and sober environment. We provide light snacks, graciously donated by the Omega Starbucks.

Thank you to our many generous supporters. Many Community donors, Red Pony Consignment, and Caprice West ensure that our clothing room is always stocked. In 2018, various community donors provided us with hygiene items for our clients. Additionally, thank you to our fabulous volunteers: Raysa Marcondes, Oshone Akpoghme, Sapideh Fatemi, Soyoung Yu, Bryn Bratton-Wall, Hillary Ngo-Tran, Rebecca Nachtigall, Melody Santiago, Kennedy Sanderson and Jennifer Dudra. Without the generous support of our volunteers, students, and community members, our program could not have such success.

484 sets of clothing

1251 bus rides

2018
Community Resources Program
ELIZABETH FRY SOCIETY OF EDMONTON

283 hygiene kits

1081 phone calls answered

Independent Legal Advice for Survivors of Sexual Violence Program

*"all the information as well
as the one-on-one gave me
hope to get my voice heard
and stand up for myself"*

- Program Participant, 2018

Independent Legal Advice for Survivors of Sexual Violence Program 2018 Annual Report

Kiray Jones-Mollerup and Kayla McLachlan

The Elizabeth Fry Society of Edmonton launched their three year Independent Legal Advice (ILA) for Survivors of Sexual Violence pilot project in 2018. Sexual violence is an extremely underreported crime. As many as one in three women and one in six men will experience sexual assault in their lifetime and only 6% of these assaults will be reported to the police. Our community needs to do more to empower survivors to come forward with their stories and receive client centered support and accurate information. All Canadians have a right to access justice, and survivors of sexual assault deserve this access.

The ILA Program advances the dignity and worth of all survivors of sexual violence by believing and empowering survivors to pursue legal advice. Legal action is a part of many survivors' healing journeys, but access to justice is often restricted by a multitude of barriers. The ILA Program assists in removing these barriers by providing free legal advice to survivors of any background.

The ILA Program is a trauma-informed, healing-centred program that runs in Edmonton and surrounding areas. To be eligible for the ILA Program, survivors must have experienced sexual violence in Alberta, reside in Alberta, and be at least 18 years old. Each survivor is entitled to up to four hours of legal advice as well as attendance at a legal clinic. ILA staff recruit lawyers and train these lawyers in trauma-informed practices, gender-based and intersectional approaches, and Indigenous historical trauma.



lawyers recruited from various practicing backgrounds such as family, civil, criminal, personal injury, and immigration law.

Project development began in June 2018 and the ILA Program started to accept clients in November. Twenty-three clients accessed legal services through the project in 2018. ILA staff recruited and trained 21 lawyers from various practicing backgrounds such as family, civil, criminal, personal injury, and immigration law. A total of eight lawyer training sessions were held in 2018.

23

clients accessed legal services through the project in 2018

8

lawyer training sessions were held in 2018



This program is funded through the Government of Alberta, Ministry of Status of Women Alberta

Indigenous Women's Program

*"Thank you for supporting
me when everyone shut the
door on me"*

- Program Participant, 2018

Program Description

The Indigenous Women's Program has prided itself in supporting and teaching our woman to become self-aware through traditional aspects such as the medicine wheel, sweats, Elders teachings and using the traditional medicines.

One of the concepts is learning about the Medicine Wheel which teaches an individual from infancy to elder using the four directions given to the individual from Creator. The four directions used in the Cree Medicine wheel are mental, physical, emotional and spiritual. The medicine wheel has four elements Earth, Wind, Air and Fire which includes medicines that are represented in this wheel. With these four directions each aspect of an individual was meant to have meaning as the Elders were our teachers prior to colonization. A person cannot become balanced without meeting their physical needs such as water, their emotional needs such as love, their mental needs such as self-discipline or their spiritual needs such as ceremonies. This is only one aspect of the Indigenous knowledge shared when starting our healing journey toward the Red Road.

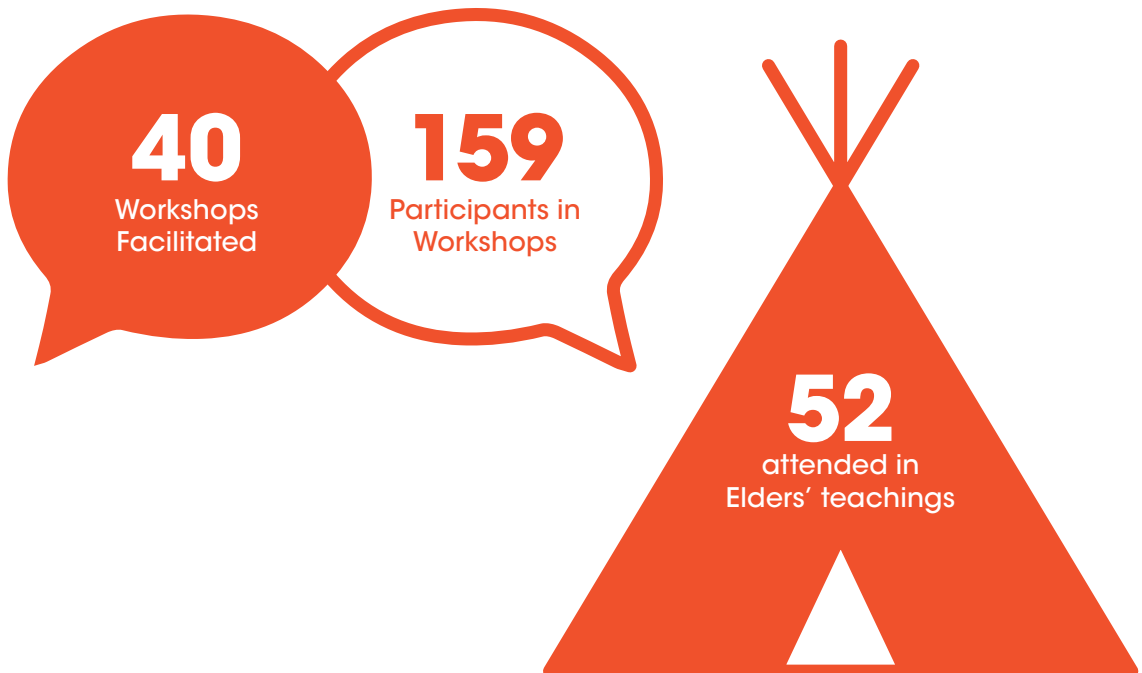
The Traditional Parenting program, as part of the IWP, focuses on parenting from an Indigenous perspective, to understand the negative impacts that colonization, Residential schools, and the 60's scoop had on the parenting skills we see today. This program teaches the fundamental tools that each parent needs to raise their children using the concepts from the medicine wheel, the rites of passage and ensuring the family were taught their roles from infancy. The traditional family had the teachings, the Elders, the caregivers, the children and the warriors that took care of our families. With this information shared the intergenerational trauma which impacted Indigenous families can become the past as we become empowered once again as strong Indigenous women and life givers.

Smudging is a crucial component of Indigenous culture as it purifies and cleanses the spirit. There are four types of medicine to smudge with however Sage is considered the Women's medicine. In the Indigenous Women's Program women are free to come smudge if they chose as well as take Sage for their personal use. The program picked Sage for the community in the summer of 2018.

The program hosted 40 workshops with 159 participants in total. The program had 52 attendees with an in house Elder workshops throughout the year. The participants enjoy the teachings of various Elders noting they always feel empowered and proud to be Indigenous after attending a workshop with an Elder.

"The ladies feel humbled when attending the program workshops. They feel valued and respected by the program. They want to learn more about their culture as many were never taught it and were unsure who to ask." Participant's feedback 2018

This program is funded by the City of Edmonton (FCSS).



Record Suspension Program

"I feel a huge load lifted off of my shoulders. I know that everything will work out and I can find new employment opportunities with a Record Suspension. Thank you so much for your help and support!"

- Program Participant

Record Suspension Program

2018 Annual Report

Heather Macklem

The Record Suspension Program at the Elizabeth Fry Society of Edmonton offers women financial and practical assistance having old criminal records suspended through the Parole Board of Canada. It is funded by generous donations from our community supporters.

Applying for a record suspension is a ten-step process that includes various financial costs. The final application fee for a record suspension is \$631, which is virtually unattainable for women who are prevented from obtaining work by their criminal past. This does not include other costs (e.g. \$75 for a criminal record check, a minimum of \$20 for Alberta court documents, \$70 for a local police record check, etc.) that may arise along the way.

Beyond the financial burden, completing the forms required for a record suspension can be an arduous process that is confusing at the best of times. One step also requires that the applicant explains why they committed the crime that they did and what they've done to "rehabilitate;" this can be shaming and re-traumatizing for women who committed crimes due to poverty, addictions, family violence, etc. By assisting with completing forms and also offering financial assistance, we empower women to move forward successfully and confidently.



665

Record
Suspension
phone call
inquiries



52

New
applications
started



49

currently enrolled
in Record
Suspension
Program



231

successfully
obtained a Record
Suspension since the
program's inception

This program is made possible by many individuals and private organizations.

Shoplifting Program

"I have learned how my feeling about shoplifting are associated with my personal problems, and I have learned countless ways to deal with my triggers and emotions. I feel stronger, more hopeful, motivated and educated."

- Program Participant

Shoplifting Program Annual Report

2018 Annual Report

Heather Macklem

Shoplifting is a five-week intensive course that addresses the law surrounding shoplifting and underlying issues that contribute to shoplifting (including grief, anger, boundaries, assertiveness, etc.). The program is funded by United Way of the Alberta Capital Region. Shoplifting meets twice a week and consists of a maximum of 12 women and two facilitators. Participants must attend at least nine out of ten sessions in order to pass the course. Shoplifting sessions occur three times per year, with courses starting in January, May, and September.

By offering the Shoplifting Program we hope to provide awareness and understanding of shoplifting in a non-judgmental atmosphere. Ultimately, we hope to foster better coping strategies for our participants. Topics covered include self-awareness, anger, grief, loss, boundaries, co-dependency, assertiveness, conflict, and motivation to change.

In 2018, there were 18 unique participants, and 15 of those participants graduated from the Shoplifting program. Referrals are made through probation, parole, courts, lawyers, and the Edmonton Diversion Program. Self-referrals are accepted.



It is important to note that each group consists of no more than 12 participants. This is to ensure adequate time for each participant to share and reflect.

This program is funded by United Way of Alberta Capital Region.

Financial Literacy Program

"I liked how well it was discussed, broken down into easier understanding words. I learned how to manage money, spend less and compare prices."

– Empower U Participant, 2018

Financial Literacy Program 2018 Annual Report Stephanie Le

The Elizabeth Fry Society of Edmonton facilitates financial empowerment to women both in the community and to those incarcerated, both provincially and federally. Given the strong links between poverty and incarceration, the need for advancement in the area of financial empowerment is clear. By offering workshops within correctional facilities, as well as, for women transitioning out of incarceration, these programs can assist not only with financial empowerment, but also in the re-integration process which can otherwise pose many challenges for our clients. Thus, breaking the cycle of recidivism may be achieved through empowerment in self-esteem and confidence building, financial awareness, and all other necessary avenues.

Me & Money is based on the Prosper Canada Empower U modules. This is offered once per week over a 12 week period, 3 times annually at the main office. This program serves women in the community at large and for women housed at the Edmonton Institution for Women (EIFW) who obtain escorted temporary absences (ETA's) in order to attend. This is an in-depth program seeking to empower women to thrive financially by understanding topics such as our relationship with money, income, taxes, budgeting, saving, debt, credit reporting and rebuilding, and consumerism. There is also an extensive examination of the ideas and concepts held regarding finances, with the notion of aligning an individual's financial habits with their core values.

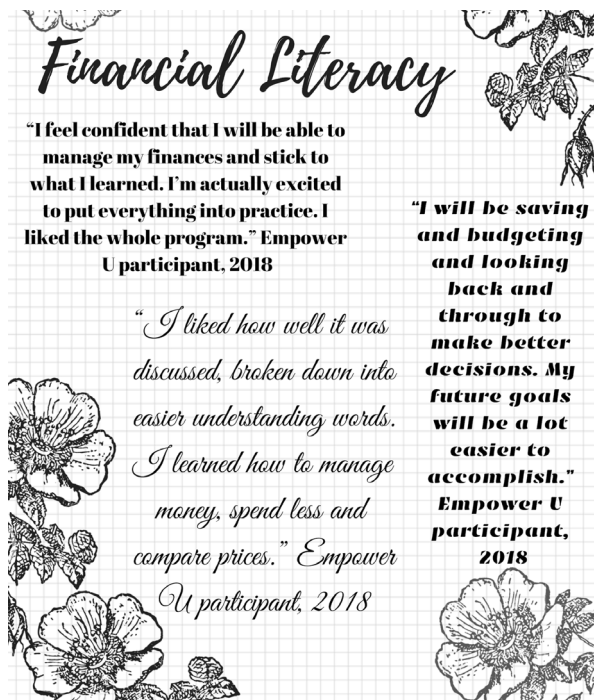
In 2018, 3 Empower U sessions took place with 29 registered participants overall. 15 women completed the Empower U program this year, with 5 of those participants electing to save for assets. In addition to the support from ATB, some women who initially were not able to open up bank accounts (due to past ineligibility) have been able to do so and are now able to access mainstream banking.

Me & Money is a two day workshop offered at the Edmonton Remand Centre (ERC) on a bi-monthly basis, six times annually. Women are challenged to examine their beliefs and assumptions around finances, make a realistic assessment of their financial options, and

then offered the tools to begin improving their financial outlook upon release. This year we had 12 sessions. Overall, we had 42 successful completions in the program, with 4 of those women re-taking the program upon release into the community.

It is a consistent pleasure to observe the journey that participants in Empower U and Me & Money undertake. The transition from reactionary financial and emotional behavior to informed, assertive, and well directed decision making is significant, and the confidence and skills gained can be applied in many areas of life.

This program is funded by United Way of the Alberta Capital Region.



Financial Literacy


"I feel confident that I will be able to manage my finances and stick to what I learned. I'm actually excited to put everything into practice. I liked the whole program." Empower U participant, 2018

"I liked how well it was discussed, broken down into easier understanding words. I learned how to manage money, spend less and compare prices." Empower U participant, 2018

"I will be saving and budgeting and looking back and through to make better decisions. My future goals will be a lot easier to accomplish." Empower U participant, 2018

The graphic features a grid background with floral illustrations of roses and hibiscus flowers. The title 'Financial Literacy' is written in a large, elegant cursive font at the top. Three testimonials are presented in a mix of bold, black, sans-serif text and elegant cursive script. The quotes are arranged in two columns, with the first quote on the left, the second in the center, and the third on the right.

The Work4Women Program



*"As a direct result of
attending the program, I
was able to find a job."*

- Program Participant, 2018

The Work4Women Program
2018 Annual Report
Susana Vela

The Work 4 Women Program provides practical employment assistance for women in conflict with the law or women at risk of being in conflict with the law. Women who access our program are often facing a variety of barriers such as poverty, mental health issues, addictions issues, child welfare issues, criminal records, isolation, illiteracy, lack of education and training and discrimination.

Our program works to reduce these barriers by identifying them and developing a collaborative, personal and achievable action plan in order to allow the women to gain meaningful employment. This is done by offering counseling to women on issues such as how to talk to an employer about a criminal record, short-term and long-term employment and career planning, interview skills, returning to school, and finding funding for school. Additionally, this program supplies women with one-on-one resume and cover letter development and access to job search tools.

This year, the program visited Edmonton Institution for Women, Elpida House for Women, and Buffalo Sage Wellness House 137 times, conducting 71 employment workshops and 822 one on ones. Overall, 1,324 women had access to Work 4 Women program, and over 400 referrals issued to various community agencies in Edmonton and area.



Pre-Employment Training Series (PETS)

Our program saw many successes this year, including assisting multiple women in securing full and part-time employment, returning to or enrolling for the first time in post-secondary, and securing funding for school. The PETS is gaining popularity in the community with four sessions delivered in 2018. Out of this series, six women were enrolled into post-secondary programs such as, Heavy Equipment Operator, Community Services Worker, Payroll Program and the Indigenous Studies Program at University of Alberta.

We thank our 2 volunteers for their invaluable contributions throughout 2018. This program is funded by private donors, and Alberta Government through Community and Social Services.

Thank you so much for the support letter I really appreciate it and you for taking the time to help me on my healing path you are a kind genuine person Susana so happy to have connected with you and E fry ”

Work 4 Women Program Participant, September 10, 2018



First off, I would like to thank you very much for your offer of assistance. I am very grateful to Elizabeth fry's help, especially the work for women's program. As a direct result of attending the program, I was able to find a job.

Again, I sincerely thank you.

-Work 4 Women Program Participant, December 11, 2018

Provincial Prison Liaison Program

*"The Program Coordinator
helped me get into treatment and
find housing supports - I didn't
know how to go about it before."*

- Program Participant, 2018

Provincial Prison Liaison Program
2018 Annual Report
Erika Goos

The Provincial Prison Liaison Program provides support to women incarcerated at the Edmonton Remand Centre and the Fort Saskatchewan Correctional Centre. This program assists with release planning, bail assistance, advocacy, and provides social and recreational development programming. This year the program has done remarkably well. The program received over 2200 requests and was able to serve 1929 incarcerated women in 2018. Over the course of our visits this year, we were able to connect with and support 861 women at the Edmonton Remand Centre, and 1068 women at the Fort Saskatchewan Correctional Centre. There were also 8 social and recreational development sessions facilitated in the prisons with a total of 86 participants. Through these sessions, we were able to connect the women to resources, and provide new knowledge and skills to help support their release.

1929

incarcerated women
were reached out
to by the Edmonton
Remand Centre

861

incarcerated
women received
support at the Fort
Saskatchewan
Correctional Centre



86

participants
in social and
recreational
development
sessions

Our Bail Assistance Program assists women with paying their bail amounts up to \$500. This year we received many applications, which came from the women incarcerated or through referrals. The program was able to financially support the release of 9 women and welcome them into the community to support them on their healing journey. The program continues to thrive with client interest. We look forward to supporting more women with their bail and release in 2019.

The Provincial Prison Liaison Program continues to empower, support, and assist women who are provincially incarcerated to work toward achieving their goals. Through this program, we are able to support our mission of advancing the dignity and worth of all women and girls. We continue to support these women on their journey from incarceration to the community, and look forward to future success stories in 2019 and the years to come.

Important feedback from Program participants:

- “It was looking pretty grim, you’ve given me hope again.”
- “Thank you so much for everything you’ve done. You’ve helped me so much.”
- “[The Program Coordinator] helped me get into treatment and find housing supports - I didn’t know how to go about it before.”
- “This will help me with new housing options and help with my kids school supplies.”
- “E-fry’s support has helped me for a successful release. Thank you for everything, -I am excited to use your programs when I’m out.”

This program is funded by Alberta Justice and Solicitor General.

Court Programs



Legal Clinic
2018 Annual Report
Christine Stevens

The Elizabeth Fry Society's Legal Clinic Program originated in 1998 and assists incarcerated women at The Edmonton Institution for Women. It provides legal information, referrals and follow up to individuals who need to access these services. Lawyers and the Legal Clinic Program Coordinator visit the women in the Minimum Security Unit, General Population, and the Secure Unit.

In 2018, the Program utilized 18 lawyers who volunteered 86 hours of their time by providing their expertise on specialized areas of law, to 128 women. The major issues that were addressed were –

- Child Welfare matters including custody/guardianship
- Criminal matters which may involve outstanding charges
- Family matters including divorce
- Immigration matters including deportation
- Civil matters including bankruptcy

The lawyers provide a valuable service to the community by volunteering their time and legal expertise. The women are obtaining valuable information that they require to move forward.

Volunteer Quotes:

“Just hearing the legal query of the clients, even though we don't always have the quick fix, shows that someone cares.”

“I have found my work with the women at EIFW to be rewarding. There are a variety of barriers that inhibit women's ability to contact legal counsel for advice while at EIFW. In my experience, the women have always been genuinely appreciative of my efforts which makes for a satisfying experience for all involved. The EFry Legal Clinic at EIFW serves a crucial role in addressing access to justice and I am grateful to be involved.”

This Program is funded by The Alberta Law Foundation.

Satellite Court Programs

2018 Annual Report

Alana Dyck, Sheena Cameron, Deneen Lawrence, Kimberly Porter

We are grateful to the Alberta Law Foundation for funding our Satellite Court Programs in the following communities:

Satellite 1 in Stony Plain, Morinville, St. Albert

Satellite 2 in Sherwood Park and Fort Saskatchewan

Satellite 3 in Ponoka, Camrose, Wetaskiwin

Satellite 4 in Red Deer

In each of our locations, our court teams work to assist clients with their legal matters by providing legal resources and information, court assistance, and court support.

Summary of our achievements in 2018:

Satellite 1

In Stony Plain, with the help of our 3 volunteers, we assisted over 2,100 clients in both youth and adult criminal docket court. Our longtime volunteer of over 13 years decided to step down. Her presence in the courthouse is dearly missed but she continues to be involved with other aspects of Elizabeth Fry. In St. Albert we assisted over 1,100 clients in navigating through the Albert courts. The Elizabeth Fry court worker in Morinville served over 600 clients.

SATELLITE ONE

"I learn something new every time... Elizabeth Fry has given me the space to learn, be myself, and really make a difference in this community"

Clients Served
St. Albert 1167
Morinville 626
Stony Plain 2159

with the assistance of 6 Volunteers

SATELLITE #2 COURTS

Sherwood Park & Fort Saskatchewan



Assisted over
3,283 individuals

FORT SASKATCHEWAN - 1441

SHERWOOD PARK - 1842

THANK YOU FOR BEING KIND
AND MAKING THIS PROCESS
LESS CHALLENGING'- CLIENT
QUOTE

Volunteers provided 264 hours
of service

Satellite 2

In Satellite 2, in total, we served 3969 individuals; we offered legal information and resources to 558 people, as well as 757 return-to-court cards. We had three volunteers who contributed 570 hours.

Satellite 3

In all three courts, 3769 units of information were provided, 2459 legal referrals, and 670 return to court cards given out with the help of 5 volunteers.

Satellite 4

In Satellite 4, with the help of 5 incredibly dedicated volunteers contributing 443 hours, our team provided 4709 units of service to folks appearing in court. In total, 1113 Return to Court Cards were provided to folks appearing in court.

Client Quotes:

“Thank you for helping me today! Such a relief to have my charges withdrawn.” (Satellite 3)

“Thank you for explaining alternative measures to me. I have been clean for 3 months now and I will be attending a treatment program in Calgary.” (Satellite 4)

Volunteer Quote:

“I have fallen in love with my volunteer position as a volunteer adult court worker with The Elizabeth Fry Society. Wednesday is now my favorite day of the week, where I learn something new every time and have been inspired to continue a career in criminal justice. Elizabeth Fry has given me space to learn, be myself, and really make a difference in this community.”

COURTS #3 ADULT CRIMINAL DOCKET COURTS



Stats and Facts

In total all three courts we gave:

3769 units of information
2459 legal referrals
670 return to Court Cards.



Client Quotes:

1

"It's good the courts have you here (Efray), because you seem to be the only one who knows what's going on, otherwise we would not know what to do."

2

"Thank you for helping me today, such a relief my charges were withdrawn."

Inspirational Quote

"Freedom is not worth having if it does not include the freedom to make mistakes."

Mahatma Gandhi



SATELLITE 4 ADULT CRIMINAL DOCKET COURT 2018



STATS

We provided 4,709 units of information, and 1,113 return to court cards.



CLIENT QUOTE #1

"Thank you for helping me. I would have killed myself if I had to go to jail. Thank you for explaining alternative measures to me. I have been clean for 3 months now. I will be going for treatment in Calgary. Thank you for supporting me through my court appearances". (22 year old female with addictions/mental health issues).



CLIENT QUOTE #2

"Thank you so much for assisting me and my daughter. I am so worried my daughter is going to kill herself, just like her best friend did. I'm glad the judge is keeping my daughter in the youth place because otherwise she'd be using and being trafficked. You are the only person that has helped us. Can you ask the judge if you can get more programs to help kids on drugs in Red Deer?" (Mother of 13 year old girl with addictions)

SUMMARY

In 2018 Red Deer was named the 5th most dangerous city in Canada by Maclean's magazine, according to the Crime Severity Index which was rated at 207. Red Deer is grossly under-funded for drug treatment programs, homeless shelters and mental health programs. Red Deer has been hit hard by the economic down turn in Alberta. Vehicle and property thefts are sky high. Drug related crime is extremely high, and at least two people a month returning to court are dead before their next court appearance due to fentanyl. Red Deer serves over one million people in Central Alberta and area, and yet the under-funding for programs does not reflect the population. Red Deer is the third largest city in Alberta, but does not receive funding equal to Edmonton or Calgary. Red Deer judges and external agencies are working together to create a 'Wellness Court'.

Court Assistants for Female Youth (CAFFY) Program 2018 Annual Report Christine Stevens

The Court Assistants for Female Youth Program (C.A.F.F.Y.) was an initiative that originated under the umbrella of the Youth Court Program in 2000 when a need for a gender specific program was expressed. The Program operates from the Edmonton Law Courts and works with young women who are charged under The Youth Criminal Justice Act. The Program Coordinator matches up volunteers to act as positive role models and work one on one with assigned mentees, providing mentorship, emotional and court support, resources, advocacy, prison visiting, and release planning.

The Program works with girls from the community, as well as girls who are incarcerated and serving time, or are remanded at the Edmonton Young Offender Centre. Many of these young women have serious issues and are involved in high risk lifestyles, abusive relationships, and come from dysfunctional families. They generally have few supports in place, thereby benefiting immensely by having a supportive mentor. Successful matches have resulted in the building of healthy relationships between the mentors and girls. Many of these relationships are ongoing and have a positive impact on both sides. The Program works collaboratively with the staff of the Edmonton Young Offender Center, Youth Court Workers, and other professionals.

In 2018, there were 17 CAFFY mentors who provided 624 hours of their time which included building healthy relationships, and providing friendship to 25 young women. The involvement of these volunteers allows for greater community awareness, an increased knowledge of the Youth Judicial System, and a better understanding of the varied issues that these young women face.

Recently, the numbers of incarcerated female youth has dropped significantly, and as a result, there are fewer girls at the Edmonton Young Offender Center requesting

a mentor. We have been accepting an increase in community referrals, with the majority coming from the Edmonton Youth Justice Committee Society.

CAFFY Mentor Quote:

“As a mentor, it is typical to think that you’re the one with the knowledge, the experience, and the guidance. While that may be true, I have learned more than I can put into words from my mentee. Being a part of the mentorship program has been one of the most rewarding experiences of my life – developing meaningful relationships that not only impact others, but to be impacted as well.”

CAFFY Mentee Quote:

“What I found was, she was the voice I needed to hear at that time in my life that would otherwise not have been there. It was like having a big sister who cared and knew just what to say – it’s so amazing, and I’m so grateful.”

The Youth Court Program is funded by The Alberta Law Foundation.



MENTORING PROGRAM

CAFFY PROGRAM

17 Mentors - 25 Youth - 624 Hours

Providing support, advocacy, mentorship, & resources

"What I found was, she was the voice I needed to hear at that time in my life that would otherwise not have been there."
"She has been an awesome mentor. She has been an ear to listen, and give me correct information."
"My experience with the CAFFY Program was a positive one. My mentor helped me in so many parts of my life. She is someone I can confide in and go to for advice."

Youth Courtwork Program
2018 Annual Report
Christine Stevens

The Elizabeth Fry Society's Youth Court Program originated in 1990 and assists young persons aged 12 – 17 who are charged under The Youth Criminal Justice Act. This Act highlights restorative rather than punitive measures, and encourages Extrajudicial Sanctions whenever appropriate.

Youth Court volunteers and staff provide practical information, support, and referrals to young people and their families each weekday at the Edmonton Law Courts. Information is provided pertaining to charges, plea options, extrajudicial sanctions, procedures, and referrals which include Duty Counsel, Legal Aid, Mental Health Diversion, Native Counseling, and other community resources. We have developed a strong partnership with these professionals, and work collaboratively to provide the youth and their families with professional assistance.



In many circumstances the youth arrive at court feeling intimidated and confused. We are often told how beneficial it is having our volunteers and staff available to alleviate some of their concerns, and ensure that the youth are aware of their options before entering the courtroom. Additionally, our fantastic students and volunteers acquire a better understanding of the Judicial System through this experience, and know they are providing essential services to these young people.

In 2018, this program utilized 20 volunteers who assisted 5759 young people by providing 982 hours of service, and 10876 units of information and referrals. Additionally, we had four practicum students from the University of Alberta's Criminology Program, Grant MacEwan Community College Corrections and Social Work Programs, and the Concordia Psychiatry Program.

**“The opportunity to volunteer has instilled in me a passion
to advocate for marginalized women and youth.”**

**“VOLUNTEERING HAS GIVEN ME THE
OPPORTUNITY TO GROW”**

**“I believe the most meaningful impact of this program is the
emotional support our volunteers provide the youth”**

The Youth Court Program is funded by The Alberta Law Foundation.

Child Welfare Docket Court

In Child Welfare Court, the governing legislation is the Child, Youth & Family Enhancement Act. This Act mandates that the least intrusive means be taken in its goal of keeping the family together. Individuals appearing in Courtroom 441 have applications that are brought forward by Children's Services. We offer assistance by providing support and appropriate referrals, including Legal Aid.

The most common applications handled in this courtroom are:

- Initial Custody Applications
- Supervision Orders
- Temporary Guardianship Orders
- Permanent Guardianship Orders

Family Court

The purpose of this court focuses on the best interests of the child, and the responsibilities of guardian(s), as well as to establish contact and parenting orders and establishing adequate child support.

Parenting Orders

- Encourages both parents to be actively involved with their child(ren). These orders set out how decisions regarding the child will be made, and how time will be shared.

Contact Orders

- Allows for a non-parent or non-guardian to have time with the child(ren).

We provide support to these individuals which includes assisting with Intakes for Duty Counsel, collaborating with the Family Justice Services, and providing appropriate referrals to other legal and parenting resources.

In 2018, the Child Welfare and Family Court Program utilized 13 volunteers who offered 436 hours of their time, and provided 7493 units of information, and 3222 legal referrals.



13

Volunteers



436

Volunteer hours



7493

units of
information
provided



3222

legal referrals

This Program is funded by The Alberta Law Foundation

"Volunteering through E. Fry is an invaluable experience as I am able to both learn the intricacies of docket court, while also helping a diverse range of people who may be facing a troubling moment in their life."

Adult Court Program 2018 Annual Report Kit Nash

Over the year, our court program had some significant challenges, however, as a team, we worked together to support one another and have come out very strong. After an extended leave, Sonja DeAeth resigned her position and Kit Nash was hired as the new Court Program Manager. In addition, our long-time volunteer Don Reid passed away during the summer. It has been challenging to cope with his loss both for us personally and for our program. His 23 years of service and wealth of experience and knowledge are irreplaceable.

Despite these challenges, we and our volunteers assisted 15,415 people at the Case Management Office and 10,188 in our other docket courtrooms. We offered legal information and resources to almost 11,000 people in the Edmonton courthouse. We offered community resources and assisted 13,828 people with other general information questions. Our 49 volunteers donated over 2000 hours of their time to help us achieve our objectives.

The court program continues to be a proud partner of the Community Service Learning Program at the University of Alberta. In 2018, we had 6 CSL students in our court programs. Placements are with different community agencies where the students give back to the community and get hands on experience. This unique program provides the students with insight into the justice system allowing them to connect theories from class to real hands on experience.

The Adult Court Program is funded by the Alberta Law Foundation and the United Way of Alberta Capital Region.

EDMONTON ADULT COURT

We assisted over

25,000

individuals.

BREAKDOWN:

Case Management Office: 15,415 clients

Docket courtrooms: 10,188 clients



49 Volunteers provided 2013 hours of service.

We handed out more than 2000 return to court cards.

We offered legal information and resources to 10,988 clients.

We provided general and community information to 13,828 clients.

CLIENT QUOTE: Court is a scary place, your help was huge and made all the difference for my piece of mind.

Volunteer Program
2018 Annual Report
Tamara Chomyc

This year was another amazing one for the Elizabeth Fry Volunteer Program. We have many volunteers that have continued with us from previous years, as well as many new students and volunteers. Some volunteers have hit their 3, 4, and 5 year milestone, and I believe we had an incredible roster of volunteers in 2018 continuing into 2019. They are compassionate, driven, and believe in the mission statement of EFRY Edmonton.

In regards to practicum students, we have been so lucky. Every practicum student that has worked with us has had such an amazing passion for the work we do and the clients we serve. They are happy to be here and take the initiative in their learning. This

year we have started to work with new schools as well as volunteers and students such as Norquest, CDI College, and Concordia. I am very proud of every one of our volunteers and am confident in them representing EFRY in a positive way.

Stats to Note
7830 Volunteer and Student hours
121 Active volunteers
11 Practicum students
6 CSL Students

"Volunteering with EFRY has given me many oppourtunities to grow as an individual. I am so grateful for everything I have learned and will forever cherish the relationships I have built here"
-Past EfrY Volunteer

"The staff and the organization itself are incredibly genuine in all that they do. I am proud to be part of such a caring organization that truly makes an impact on not only the lives of the clients, but alos the lives of the people in the organization including myself. I have always wanted to be a lawyer and being acceptetd into law school I am now able yo make that a reality. I will be forever grateful to EFRY "
-Current EFRY Volunteer

Special Thanks to Our Volunteers!

Abby D'Souza
Adithi Raghuv eer
Akram Altabbaa
Alex Seaman
Alison Boutillier
Alysha Allibhai
Alyssa Gueco
Amanda Goodwin
Andrea Montes Reyes
Angelica Valdeleon
Anna Zhang
Annie Sandhar
Anusha Kav
Arlene Suzuki
Aryssa Hasham
Ashley Gronewegen
Aysha Varkey
Beebee Chang
Bendu Dukuly
Bronte Diduck
Brooke Switzer
Bryn Bratton Wall
Callista Olivares
Candice Sawchuck
Carli Ryan-Jean
Carly Colasimone
Chantelle Kosik
Charlotte Cheaney
Chella Schlenker
Christian Zukowski
Curtis Steeves
Danielle Gregorie
Darby Yaroshuk
Deanne Kasokeo
Dellarie St. Louis
Devon Pollard
Don Reid
Douglas Lee
Elena Brier
Elizabeth McCallum
Elisa Carbonaro
Elynn Lim
Enoch Aboagye
Erin Shaw
Gabriel Sandstrom
Gabrielle Kovtunenکو
Griffin Kelly
Hafsah Umer
Heather Heath
Hilary Ngo Tran

Imaan Somji
Isabel Light
Jackie Spurrell
Jamey Boisvert
Janine Hancock
Janvi Patel
Jay Smith-Hayward
Jenna Hildebrand
Jenna Robinson
Jennifer Dudra
Jessi Thomson
Jessica Cantos
Jilynn Whittington
Julia Juco
Kareen Atumo
Katherine Clackson
Kathryn Quinlan
Kelsey Fortier
Kendra MacDougall
Kennedy Sanderson
Kimia Shiri
Kiran Kharal
Kirstyn Clare
Kirstyn Leitert
Kyle Klein
Laura Feehan
Laura Metalas
Liria Nair
Lisa Gillis-Alsfeld
Lorena Villoria
Madison Pearson
Madison Waddell
Marianne Kirkwood
Marta Jacewscka
Martin Abramowski
Mary Pilla
Mary Synnnett
Meagan McLay
Meagan Stenner
Melany Allen
Melissa Campbell
Melody Santiago
Merle Kennedy
Nancy Cush
Natalie Read
Natasha John
Nazrina Umarji
Nicole Sissons
Oshone Akpoghomeh,

Paula Yamniuk
Penelope Fernandez
Rachel Hansford
Rani Berg
Ravine Basahti
Raysa Marcondoes
Rebecca Alexander
Rebecca Carrick
Rebecca Natchigall
Rebekah Rychliski
Robyn Chapin
Rukayat Lawal
Sarah Davis
Sarah Dada
Sarah Dagartz
Sarah Paniak
Sariette Banyk
Sapideh Fatemi
Shawn King
Shayla Chichak
Sheila Humble
Sherry Dahl
Shivani Samra
Sierra Hardy
Silas Lee
Sonya Pittalwala
Soyoung Yu
Stephanie Jansen
Sunaina Kakkur.
Susan O'Neil
Sylena Campbell
Talia Gillani
Taylor Marsh
Trina Lister
Valerie Moses
Vanessa Borges
Will Van Engen

Elizabeth Fry Society of Edmonton

Suite 900, 10242 105 Street, Edmonton, AB, T5J 3L5

Tel: (780) 421-1175

Fax: (780) 425-8989

www.efryedmonton.ab.ca

Twitter: @EfyEdmonton

Facebook: Elizabeth Fry Society of Edmonton

Hours of Operation:

Mon – Thurs: 9:00am – 12:00pm and 1:00 – 4:00pm

Friday: 9:00am – 12:00pm and 1:00 – 3:00pm

Closed on weekends and statutory holidays