2012 was a transformative year for Clínica Tepeyac that included the realization of a number of key milestones that were integral to our success. Some of these milestones include the following:

- In 2012, Clínica served 5,720 unduplicated patients during 15,650 completed appointments, a 7% increase from the previous year.

- Clínica expanded its hours to include Saturdays, which creates more than 1,700 new appointments each year, improving access for people who work during traditional office hours.

- Clínica is pursuing the implementation of electronic health records (EHR) through an investment from the Colorado Health Foundation to streamline operations and track program outcomes based on health metrics within the patient population.

- Through seed money from Kaiser Permanente and a partnership with HealthTeamWorks, Clínica has fully integrated an electronic diabetes registry that has ingrained quality improvement, clinical best practice and health outcomes objectives (based on national standards) through our chronic disease management program.

- Clínica has launched accessible, Spanish-language health and wellness programming (including exercise and healthy cooking classes) aimed at reducing cardiovascular disease disparities and promoting the health of the low-income Latino community as part of the Colorado Department of Health and Environment’s Health Disparities Grant Program – serving 275 community members in 2012.

- Clínica served as the leader in a series of facilitated conversations with policymakers, funders, advocates and service providers regarding the Patient Care and Affordable Care Act and increasing access to care for the undocumented immigrant community through the Colorado Trust’s Convening Colorado initiative.

- In 2012, we completed a new strategic plan and developed evaluation plans for key programs.

- For 2012, Clínica realized a revenue increase of $675,000 as the result of multi-year grants and a diversified fund development approach with a year-end cash balance of $500,000.

- Clínica recruited a patient to the board in 2012 and brought on two additional board members, one who is an MD with extensive experience with Patient Centered Medical Home certification, and another who represents the private business sector.

As Clínica’s Founder and Executive Director, I have personally witnessed its growth from humble beginnings to its current position as a leader in treating and educating thousands of hardworking families each year. We are pleased with our recent progress and are excited about our future as we expand services to those experiencing the greatest need.

Sincerely,

Jim Garcia
Clínica Tepeyac 2012 Annual Report

COMMUNITY HEALTH: DIFFERENCES WE’VE MADE IN OUR COMMUNITY

The mental health needs in our community continue to grow. The well-being of the community is being affected by the economy, family issues, cultural situations, health problems and/or relationship problems. Clínica Tepeyac is proud to work with the community’s most vulnerable; those with limited access to health.

Day after day our patients share with us their long journey to receiving emotional support. Some have sought psychotherapy for years but had not found culturally-competent services until they came to Clínica Tepeyac.

We currently receive over 50 referrals per month and, thanks to the collaboration of volunteers and interns, we can offer psychotherapy services to the community.

Emotional problems are hard, and when compounded by financial problems, lack of access to medical services and cultural problems the mental health problem can become daunting. Through psychotherapy, our patients learn to problem-solve more effectively, learn better ways to deal with stress/anxiety, improve communication, manage anger more effectively and improve their self-esteem and their relationships. Through the therapeutic relationship, the patients challenge what they learn and develop new ways to view the world.

Clinica Tepeyac believes that the well-being of a patient encompasses both their medical health and mental health. There are many ways that you can help at Clínica Tepeyac by donating your time as a mental health professional, by donating art supplies and toys for the play therapy or simply by donating.

With your support we can continue to offer low-cost help to patients in need.

15,650 appointments were completed in 2012 by 5,720 unduplicated clients.

3,345 contacts were made through the Health Promotions program.

3,054 patients received preventive health care services such as mammograms, colorectal exams and other vital health screenings.

651 prenatal appointments made.

167 Prenatal patients.

22,185 Lab Tests conducted.

891 Mental Health Appointments.

982 Referrals to Specialty Care.

1,013 Immunizations.

2,342 Diabetes Appointments.

635 Diabetes Patients.

275 Healthy Lifestyle clients.

Mental Health News

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FINANCIALS:

Total Revenues = $2,821,189

- Foundation Grants: 35%
- Government Grants: 24%
- Corporate & Community Grants: 2%
- Earned Income: 28%
- Events: 8%
- All Other: 3%

Total Expenses = $2,061,932

- Clinical Care: 88%
- Management & General: 8%
- Fundraising: 4%

Net Assets = $1,773,100
AV Hunter Trust
Avon Foundation
Build-A-Bear Foundation
Caring for Colorado
Colorado Department of Health and Environment
– Office of Health Disparities
Colorado Department of Health and Environment
– Women’s Wellness Connection
Cancer League of Colorado
Colorado Health Foundation
Denver Foundation
Denver Post Charities, a McCormick Foundation Fund
Denver Office of HIV Resources – Ryan White PartA
Hispanics in Philanthropy
Father Woody / Regis University Fund
Imhoff Family Fund
Johnson Foundation

Kaiser Permanente
King Soopers/Kroger
Luis & Martha Abarca Fund
March of Dimes
Newborn Hope
NFL’s Crucial Catch/American Cancer Society
Office of Women’s Health
Pfizer Corporation
Primary Care Fund
Rite Aid Foundation
Schlessman Family Foundation
Sisters of Charity of Leavenworth
Susan G. Komen for the Cure
Temple Hoyne Buell Foundation
The Colorado Trust
TJX Foundation
University of Colorado Cancer Center
Venoco, Inc.
Walter & Georgia Imhoff Family Fund
Clínica Tepeyac Staff

Jim Garcia, Executive Director
Elisa G. Melendez, MD, Medical Director
Sally Reed, Development Director
John Karen, Finance Director
Tracy Pineda, Health Promotions Director
Rosa Flores, Mental Health Director
Lucille Rivera, Operations Manager
Alex Padilla, Clinic Manager
Jennifer Halfacre, Grants Manager/Data Analyst
Perla Duran, Mental Health Coordinator
Anthony Mares, Volunteer Coordinator
Karent Correa, Administrative Assistant

Darren Roth, PA-C, Physician Assistant
Amy Hansen, PA-C, Physician Assistant
Aura Gomez, Medical Assistant
Daisy Casteneda, Medical Assistant
Dilicia Banuelos, Medical Assistant
Jose Dominguez, Medical Assistant
Yasmeen Martinez, Medical Assistant
Irving Salazar, Medical Assistant
Marlene Valadez, Patient Navigator
Linda Smith, Promatora
Maribel Enriquez de Olivas, Promatora
Cecilia Rivera, Promatora
Maritsa Contreras, Promatora

Board of Directors

Dan Euell, President
Darrell J. Vigil, Vice-President
Luis Torres, Ph.D., Secretary
Ann Murphy, Treasurer

Members-At-Large

Rita Axford, Ph.D.
Estevan Flores, Ph.D.
Nita Gonzales
David Martinez
Nate Percastre
Honorable Dickie Montemayor
Christopher Urbina

Ex-Officio Members:

Jim Garcia, Executive Director/Founder
Elisa G. Melendez, MD, Medical Director