Because some resources in this guide are referred to using words that may not be known to you, we offer the following definitions.

**CRISIS SERVICES:** The statewide crisis line is a 24/7 hotline for anyone who is experiencing thoughts of suicide or harm to others. If more support is needed, crisis workers refer callers to mobile crisis for crisis assessments. Crisis assessments are safety plans that connect callers to the best level of support (ex. Therapists, inpatient, crisis stabilization units, etc.)

**Crisis Intervention Team (CIT) Officers:** Trained CIT officers can interact with crisis situations using de-escalation techniques that improve the safety of the officer, consumer, and family members. For a list of participating CIT departments visit namimaine.org/citparticipatingdepartments.

**Projects for Assistance in Transition from Homelessness (PATH):** PATH outreach workers provide short-term outreach and service navigation for individuals who live with mental health conditions and/or substance use disorder and who are currently experiencing homelessness.

**Overdose Prevention Through Intensive Outreach Naloxone and Safety (OPTIONS) Liaisons:** OPTIONS liaisons provide short-term counseling, outreach, and harm reduction support for individuals who are at-risk of overdose. OPTIONS liaisons also provide post-overdose support and referrals.

*If you can’t find what you’re looking for using the online database, the NAMI Maine Helpline is just a phone call away, Monday through Friday, 8:00 AM to 4:00 PM. Dial 1-800-464-5767 and press 1 for the Helpline.*
Aroostook County

Crisis & Emergency Services
Statewide Crisis Hotline, 1-888-568-1112
Mobile Crisis Response Program: AMHC
Call 911, ask for a trained CIT officer

Emergency Departments
Northern Maine Medical Center 194 East Main Street, Fort Kent, 207-834-3155
Northern Light AR Gould Hospital 140 Academy Street, Presque Isle, 207-786-4100

Peer Support Resources
Peer Recovery & Support Center:
Harvest Inn Peer Center 43 Hatch Drive, Caribou, 207-492-1386
NAMI Support Groups – visit namimaine.org/supportgroups
NAMI Family-to-Family – visit namimaine.org/familytofamily
NAMI Basics – visit namimaine.org/namibasics

Mental Health Organizations
AMHC: 1-800-244-6431, Madawaska, Caribou, Fort Kent, Presque Isle, and Houlton
Community Health & Counseling Services: 1-800-924-0366, Caribou, Fort Kent, and Houlton
A New Start: 207-521-5253, 22 North Street, Houlton & 24 Industrial Street Presque Isle

Intellectual/Developmental Disabilities/Autism
Central Aroostook Association:
207-764-0134, 21 Lombard Street, Presque Isle
Northern Maine General:
207-444-6099, Caribou and Eagle Lake 3

Substance Use Recovery & Harm Reduction
OPTIONS
Liaison: Haley Goudreau – hgoudreau@amhc.org - 207-496-9430
Maine Access Points 207-370-9445
Aroostook Recovery Center of Hope
207-254-2213, 59 Main Street, Houlton
Roads to Recovery Community Center
207-493-1278, 1 Water Street, Caribou

Shelter/Housing
PATH: Community Health & Counseling Services 207-947-0366
Homeless Services of Aroostook – Sr. Mary O’Donnell Shelter (adults), 207-764-4125
Safe Harbor Shelter (youth), Mars Hill, 207-540-1522

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Androscoggin County

Crisis & Emergency Services
Statewide Crisis Hotline, 1-888-568-1112
Mobile Crisis Response: Sweetser
Call 911, ask for a trained CIT officer

Emergency Departments
St. Mary's Regional Medical Center, 91 Campus Avenue, Lewiston, 207-610-7331
Central Maine Medical Center, 300 Main Street, Lewiston, 207-795-0111

Peer Support Resources
Peer Recovery & Support Center: Looking Ahead Clubhouse, 646 Main Street, Lewiston, 207-3767-1711
NAMI Androscoggin County: Nicole Bergeron, nberger2@maine.rr.com, 207-650-3661
NAMI Support Groups – visit namimaine.org/supportgroups
NAMI Family-to-Family – visit namimaine.org/familytofamily
NAMI Basics – visit namimaine.org/namibasics

Mental Health Organizations
Tri-County Mental Health: 1155 Lisbon Street, Lewiston, 207-783-9141
Common Ties Mental Health Services: 12 Bates Street, Lewiston, 207-795-6710
Gateway Community Services: 124 Canal Street, Lewiston, 207-536-5999
Spurwink, 64 Lisbon St. Suite 2, Lewiston, 888-889-3903

Intellectual/Developmental Disabilities/Autism
ESM 336 Center Street, Auburn, 207-782-2617
Pine Tree Society 589 Minot Avenue, Auburn, 207-443-3341
Spurwink, 64 Lisbon St. Suite 2, Lewiston, 888-889-3903

Substance Use Recovery & Harm Reduction
OPTIONS
Liaison: Dave Bilodeau, dbilodeau@tcmhs.org
Recovery Center: R.E.S.T Center 205 Main Street, Lewiston, 207-783-7378
Harm Reduction: Church of Safe Injection 195 Main St. Lewiston
Outpatient: Tri-County Mental Health Services 1155 Lisbon Street, Lewiston, 207-783-9141

Shelter/Housing
PATH: Kennebec Behavioral Health, 207-873-5059 & 207-629-8535
Hope Haven Gospel Mission (adults), Lewiston, 207-783-6086
St. Martin De Porres (adult men), Lewiston, 207-786-4790, St. Catherine’s of Sienna, (adult women), 207-241-7511
Rural Community Action Ministry (adults, families), Leeds, 207-795-4070
New Beginnings (youth), Lewiston, 207-795-4070

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Cumberland County

**Crisis & Emergency Services**

Statewide Crisis Hotline, 1-888-568-1112  
Mobile Crisis Response: The Opportunity Alliance, 207-774-4357  
Call 911, ask for a trained CIT officer

**Emergency Departments**

Maine Medical Center 22 Bramhall Street, Portland, 207-662-1310  
Midcoast Hospital 123 Medical Center Drive, Brunswick, 207-373-6600

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**Peer Support Resources**

Peer Recovery & Support Center:  
Amistad 66 State Street, 1st Floor, Portland, 207-773-1956  
NAMI Support Groups – visit namimaine.org/supportgroups  
NAMI Family-to-Family – visit namimaine.org/familytofamily  
NAMI Basics – visit namimaine.org/namibasics

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**Mental Health Organizations**

Sweetser 328 Bath Road, Suite 1, Brunswick, 1-800-434-3000  
The Opportunity Alliance 190 Lancaster Street, Portland, 1-877-429-6884  
Spurwink, 901 Washington Avenue, Suite 100 Portland, 888-889-3903

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**Intellectual/Developmental Disabilities/Autism**

Morrison Center 60 Chamberlain Road, Scarborough, 207-878-9663  
Woodfords Family Services 15 Saunders Way, Ste. 900, Westbrook, 207-878-9663  
Spurwink, 901 Washington Avenue, Suite 100 Portland, 888-889-3903

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**Substance Use Recovery & Harm Reduction**

OPTIONS  
Liaison: Tom MacElhaney, tjmacelhaney@sweetser.org  
Portland Recovery Center 102 Bishop Street, Portland, 207-553-2575  
Milestone Recovery 65 India Street, Portland, 207-775-4790

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**Shelter/Housing**

PATH: The Opportunity Alliance, Portland, 207-523-5059  
City of Portland Family Shelter, 207-772-8339  
City of Portland Oxford Street, (adults) 207-761-2072  
Preble Street, Portland, (adult women) Florence House 207-699-4392, Joe Kriesler Teen Shelter, 207-775-0026  
Tedford Housing (adults & families) Brunswick, 207-729-1161  

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Franklin County

Crisis & Emergency Services

Statewide Crisis Hotline, 1-888-568-1112
Mobile Crisis Response: Sweetser
Call 911, ask for a trained CIT officer

Emergency Departments
Franklin Memorial Hospital 111 Franklin Health Commons, Farmington, 207-778-3556

Peer Support Resources

NAMI Support Groups – visit namimaine.org/supportgroups
NAMI Family-to-Family – visit namimaine.org/familytofamily
NAMI Basics – visit namimaine.org/namibasics

Mental Health Organizations

Tri-County Mental Health Services 144 High Street, Farmington, 207-778-3556
Western Maine Behavioral Health 284 Main Street, Suite 150, Wilton, 207-645-2913
Franklin Health Behavioral Services 111 Franklin Health Commons, Farmington, 207-778-0035
Leap 128 Weld Road, Suite 1, Wilton, 207-778-3443
Androscoggin Home Healthcare + Hospice 284 Main St. Suite 390, Wilton, 207-645-5304
Spurwink, 64 Lisbon St. Suite 2, Lewiston, 888-889-3903

Intellectual/Developmental Disabilities/Autism

Leap 128 Weld Road, Suite 1, Wilton, 207-778-3443
Androscoggin Home Healthcare + Hospice 284 Main St. Suite 390, Wilton, 207-645-5304
Spurwink, 64 Lisbon St. Suite 2, Lewiston, 888-889-3903

Substance Use Recovery & Harm Reduction

OPTIONS
Liaison: Rebekah Mitchell, rebekahm@wmbh-me.com
Healthy Community Coalition 105 Mount Blue Circle, Farmington, 207-799-3136
Tri-County Mental Health Services 144 High Street, Farmington, 207-778-3556

Shelter/Housing

PATH: Kennebec Behavioral Health, 67 Eustis Parkway, Waterville, 207-629-8535 or 207-873-2136

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**Hancock County**

| Crisis & Emergency Services | Statewide Crisis Hotline, 1-888-568-1112  
Mobile Crisis Response: AMHC  
Call 911, ask for a trained CIT officer |
|-----------------------------|--------------------------------------------------|
| Emergency Departments | Mount Desert Island Hospital 10 Wayman Lane, Bar Harbor, 207-288-5081  
Northern Light Blue Hill Hospital 57 Water Street, Blue Hill, 207-374-3400  
Northern Light Maine Coast Hospital 50 Union Street, Ellsworth, 207-664-5311 |
| Peer Support Resources | NAMI Support Groups – visit namimaine.org/supportgroups  
NAMI Family-to-Family – visit namimaine.org/familytofamily  
NAMI Basics – visit namimaine.org/namibasics |
| Mental Health Organizations | AMHC 710 Bucksport Road, Ellsworth, 1-800-244-6431  
Community Health and Counseling Services Maine 1-800-924-0366 |
| Intellectual/Developmental Disabilities/Autism | Downeast Horizons 77 Union Street, Ellsworth, 1-800-244-6431  
Community Health and Counseling Services Maine 1-800-244-6431 |
| Substance Use Recovery & Harm Reduction | OPTIONS  
Liaison: Emily Colligan, CADC, ecolligan@amhc.org or 207-498-0824  
Your Place Recovery Center, 4 Old Mill Road Ellsworth  
Save a Life Recovery Resource Center, 19 VFW Street, Lincoln, 207-403-9100  
Health Equity Alliance 5 Long Lane Road, Suite 1, Ellsworth, 207-667-3506 |
| Shelter/Housing | PATH: Community Health and Counseling Services Maine  
H.O.M.E Inc - Dorr House (adult men), Orland, 207-667-3962  
H.O.M.E House Inc - Emmaus (adults, families), Ellsworth, 207-667-3962  
H.O.M.E Inc - St. Francis Inn (adults, families), East Orland, 207-469-7961 |

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**Kennebec County**

### Crisis & Emergency Services

Statewide Crisis Hotline, 1-888-568-1112
Mobile Crisis Response: Crisis and Counseling Centers
Call 911, ask for a trained CIT officer

**Emergency Departments**
- MaineGeneral Health 35 Medical Center Parkway, Augusta, 207-626-1000
- Northern Light Inland Hospital 200 Kennedy Memorial Drive, Waterville, 207-861-3000

### Peer Support Resources

Peer Recovery & Support Centers:
- Capitol Clubhouse 37 Stone Street, Augusta, 207-629-9080
- Linc Wellness and Recovery Center 38 Memorial Drive, Augusta, 207-622-5736
NAMI Support Groups – visit namimaine.org/supportgroups
NAMI Family-to-Family – visit namimaine.org/familytofamily
NAMI Basics – visit namimaine.org/namibasics

### Mental Health Organizations

- Alternative Wellness Services 98 Western Avenue, Augusta, 207-494-8010
- Crisis & Counseling Centers 10 Caldwell Road, Augusta, 207-626-3448
- Kennebec Behavioral Health 11 Caldwell Road, Augusta, 207-213-2037
- Spurwink 9 Hillcrest Avenue, Randolph, 888-889-3903

### Intellectual/Developmental Disabilities/Autism

- Uplift, Inc. 25 Winter Street, Gardiner, 207-582-8021
- Gallant Therapy Services 12 Shuman Avenue, Augusta, 207-623-3900
- Families Matter, Inc. 28 Mayflower Road, Hallowell, 207-621-1024
- Spurwink 9 Hillcrest Avenue, Randolph, 888-889-3903

### Substance Use Recovery & Harm Reduction

OPTIONS
Liaison: Dawn Kearns, dkearns@crisisandcounseling.org, 207-446-3304
- Augusta Recovery Reentry Center 2 Bangor Street, Suite 2, Augusta, 207-226-3438
- Crisis and Counseling Centers 207-626-3448

### Shelter/Housing

PATH: Kennebec Behavioral Health 207-629-8535 or 207-873-2136
- Bread of Life Ministries (adults) 159 Water Street, Augusta, 207-626-3434
- Mid-Maine Homeless Shelter and Services (adults, families) 19 Colby Street, Waterville, 207-872-8082

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## Knox County

### Crisis & Emergency Services

Statewide Crisis Hotline, 1-888-568-1112  
Mobile Crisis Response: *Sweetser*  
Call 911, ask for a trained CIT officer

**Emergency Departments**  
Pen Bay Medical Center 6 Glen Cove Drive, Rockport, 207-301-8315

### Peer Support Resources

Peer Recovery & Support Centers:  
**Rockland Peer Support Center** 12 Union Street, Rockland, 207-701-4555  
NAMI Support Groups – visit [namimaine.org/supportgroups](http://namimaine.org/supportgroups)  
NAMI Family-to-Family – visit [namimaine.org/familytofamily](http://namimaine.org/familytofamily)  
NAMI Basics – visit [namimaine.org/namibasics](http://namimaine.org/namibasics)

### Mental Health Organizations

*Sweetser* 1-800-434-3000  
Sequelcare of Maine 119 Tilson Avenue, Rockland, 207-847-2273  
**Crisis & Counseling Centers** 120 Tilson Avenue, Suite 103, Rockland, 207-213-4517

**Spurwink**, 9 Hillcrest Avenue, Randolph, 888-889-3903

### Intellectual/Developmental Disabilities/Autism

**Mobius Inc.** 319 Main Street, Damariscotta, 207-563-3511  
**Coastal Opportunities** 35 Limerock Street, Camden, 207-236-6008

**Spurwink**, 9 Hillcrest Avenue, Randolph, 888-889-3903

### Substance Use Recovery & Harm Reduction

OPTIONS  
Liaison: William Bucklin, wbucklin@sweetser.org  
**Coastal Recovery Community Center** 11 White Street, Rockland, 207-691-3697  
Pen Bay Psychiatric and Addiction Recovery Center 6 Glen Cove Road, Rockport, 207-301-8390

### Shelter/Housing

PATH: **Crisis and Counseling Centers**, 207-626-3448, Ext. 1124  
Knox County Homeless Coalition, Hospitality House Rockport, 207-593-8151

[namimaine.org](http://namimaine.org)
Lincoln County

Crisis & Emergency Services
Statewide Crisis Hotline, 1-888-568-1112
Mobile Crisis Response: Sweetser
Call 911, ask for a trained CIT officer

Emergency Departments
Lincoln Health Miles Campus Hospital 35 Miles Street, Damariscotta, 207-563-1234

Peer Support Resources
Peer Recovery & Support Centers:
NAMI Support Groups – visit namimaine.org/supportgroups
NAMI Family-to-Family – visit namimaine.org/familytofamily
NAMI Basics – visit namimaine.org/namibasics

Mental Health Organizations
Break of Day Mental Health Group 18 Belvedere Road, Damariscotta, 207-882-6594
Sweetser 1-800-434-3000
Lincoln Health 24 Miles Center Way, Damariscotta, 207-701-4570
19 Saint Andrews Lane, Boothbay Harbor, 207-213-4517
Spurwink, 9 Hillcrest Avenue, Randolph, 888-889-3903

Intellectual/Developmental Disabilities/Autism
Mobius Inc. 319 Main Street, Damariscotta, 207-563-3511
Elmhurst, Inc. 400 Centre Street, Bath, 207-443-9783
Spurwink, 9 Hillcrest Avenue, Randolph, 888-889-3903

Substance Use Recovery & Harm Reduction
OPTIONS
Liaison: Sherri Talbot, stalbot@sweetser.org
Harbor Peer & Wellness Center 35 School Street, Boothbay Harbor, 207-315-6263
Mid Coast Addiction Resource Center 20 Bristol Road, Damariscotta, 1-800-244-3805

Shelter/Housing
PATH: Crisis and Counseling 207-626-3448 Ext. 1124

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## Oxford County

### Crisis & Emergency Services
Statewide Crisis Hotline, 1-888-568-1112
Mobile Crisis Response: Sweetser
Call 911, ask for a trained CIT officer

### Emergency Departments
- **Rumford Hospital - Central Maine Healthcare** 420 Franklin Street, Rumford, 207-369-1000
- **Stephens Memorial Hospital** 181 Main Street, Norway, 207-743-05933

### Peer Support Resources
Peer Recovery & Support Centers: Beacon House Peer Recovery Center 150 Congress Street, Rumford, 207-364-3549
NAMI Support Groups – visit namimaine.org/supportgroups
NAMI Family-to-Family – visit namimaine.org/familytofamily
NAMI Basics – visit namimaine.org/namibasics

### Mental Health Organizations
- **Tri-County Mental Health** 1155 Lisbon Street, Lewiston, 207-783-9141
- **Oxford County Mental Health Services** 150 Congress Street, Rumford, 207-363-3549
- **Hope Association** 85 Lincoln Avenue, Rumford, 207-364-4561
- **The Progress Center** 5 Fore Street, Oxford, 207-743-8049
- **Spurwink**, 64 Lisbon St. Suite 2 Lewiston, 888-889-3903

### Intellectual/Developmental Disabilities/Autism
- **Spurwink**, 64 Lisbon St. Suite 2 Lewiston, 888-889-3903
- **OPTIONS**
  - Liaison: Glenn Gordon, 207-357-1751 or glenn.gordon@ocmhs.org
  - **Larry Labonte Recovery Center** 412 Waldo Street, Rumford, 207-418-4983
  - **Crooked River Counseling** Bridgton, 207-647-5600, Rumford, 207-364-2100

### Substance Use Recovery & Harm Reduction
- **OPTIONS**
- **PATH:** Kennebec Behavioral Health 207-629-8535 or 207-873-2136
- **Rumford Group Homes** (adults & families) Rumford, 207-743-6363
- **Norway Family Center** (women & children) Norway, 207-743-6363

[namimaine.org](http://namimaine.org)
# Penobscot County

## Crisis & Emergency Services
- **Statewide Crisis Hotline**: 1-888-568-1112
- **Mobile Crisis Response**: Community Health and Counseling Services
- **Call 911**, ask for a trained CIT officer

## Emergency Departments
- **Eastern Maine Medical Center - Northern Light Health** 489 State Street, Bangor, 207-973-8100
- **Northern Light Acadia Hospital** 268 Stillwater Avenue, Bangor, 207-973-6100

## Peer Support Resources
- **Peer Recovery & Support Centers**: Together Place 2 Second Street, Bangor, 207-941-2907
- **NAMI Support Groups** – visit namimaine.org/supportgroups
- **NAMI Family-to-Family** – visit namimaine.org/familytofamily
- **NAMI Basics** – visit namimaine.org/namibasics

## Mental Health Organizations
- **Northeast Occupational Exchange** 68 Mt. Hope Avenue, Suite 2, Bangor, 1-800-857-0500
- **Community Health and Counseling Services Maine** 42 Cedar Street, Bangor, 1-800-924-0366
- **Higher Ground Counseling & Case Management** 235 Center Street, Brewer, 207-561-9496

## Intellectual/Developmental Disabilities/Autism
- **UCP of Maine** 700 Mt. Hope Avenue, Suite 320, Bangor, 207-941-2952
- **Penguiss** 262, Harlow Street, Bangor, 1-800-215-4942

## Substance Use Recovery & Harm Reduction
- **OPTIONS**
  - **Liaison**: Adam Perkins, aperkins@chcs-me.org
  - **Bangor Area Recovery Network** 142 Center Street, Brewer, 207-561-9444
  - **Wellspring, Inc.** 253 Hammond Street, Bangor, 207-941-1612

## Shelter/Housing
- **PATH**: Community Health and Counseling Services 207-947-0366
- **Bangor Area Homeless Shelter** (adults), Bangor, 207-947-0092
- **PCHC Hope House** (adults), Bangor, 207-217-6717
- **Shaw House** (youth), Bangor, 1-866-561-7429

[namimaine.org](http://namimaine.org)
# Piscataquis County

## Crisis & Emergency Services
Statewide Crisis Hotline, 1-888-568-1112  
Mobile Crisis Response: Community Health and Counseling Services  
Call 911, ask for a trained CIT officer  

**Emergency Departments**  
Northern Light Mayo Hospital 897 West Main Street, Dover-Foxcroft, 207-564-4260

## Peer Support Resources
NAMI Support Groups – visit namimaine.org/supportgroups  
NAMI Family-to-Family – visit namimaine.org/familytofamily  
NAMI Basics – visit namimaine.org/namibasics

## Mental Health Organizations
Penguiss 50 North Street, Dover Foxcroft, 1-800-215-4942  
Community Health & Counseling 1093 West Main Street, Dover-Foxcroft, 1-800-924-0366  
Northern Light Mayo Hospital-Behavioral Health 891 West Main Street, Suite 400, Dover-Foxcroft, 207-564-4110

## Intellectual/Developmental Disabilities/Autism
Charlotte White Center 572 Bangor Road, Dover-Foxcroft, 207-564-2464  
Creative Options 1092 Douty Hill Road, Sangerville, 207-949-3682

## Substance Use Recovery & Harm Reduction
OPTIONS  
Liaison: Ashley Roberts, CADC, aroberts@chcs-me.org

## Shelter/Housing
PATH: Community Health and Counseling 207-947-0366

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### Sagadahoc County

**Crisis & Emergency Services**
- Statewide Crisis Hotline, 1-888-568-1112
- Mobile Crisis Response: Sweetser
- Call 911, ask for a trained CIT officer

**Emergency Departments:**
- Midcoast Hospital 123 Medical Center Drive, Brunswick, 207-373-6600

**Peer Support Resources**
- NAMI Support Groups – visit namimaine.org/supportgroups
- NAMI Family-to-Family – visit namimaine.org/familytofamily
- NAMI Basics – visit namimaine.org/namibasics

**Mental Health Organizations**
- Break of Day Mental Health Group, 18 Belvedere Road, Damariscotta, 207-882-6594
- Assistance Plus Fairfield, 1-800-781-0070
- Sweetser 329 Bath Road, Brunswick, 1-800-434-3000
- Spurwink, 64 Lisbon St. Suite 2, Lewiston, 888-889-3903

**Intellectual/Developmental Disabilities/Autism**
- Independence Association 3 Industrial Parkway, Brunswick, 207-725-4371
- Elmhurst Inc. Maine 400 Centre Street, Bath, 207-443-9783
- Spurwink, 64 Lisbon St. Suite 2, Lewiston, 888-889-3903

**Substance Use Recovery & Harm Reduction**
- OPTIONS
  - Liaison: Maria Beauregard, CADC, mbeauregard@sweetser.org
  - Bath Recovery Community Center 97 Commercial Street, Bath, 207-389-4937

**Shelter/Housing**
- PATH: Community Health and Counseling Centers, 207-626-3448 ext. 1124

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Somerset County

Crisis & Emergency Services
Statewide Crisis Hotline, 1-888-568-1112
Mobile Crisis Response: Sweetser
Call 911, ask for a trained CIT officer

Emergency Departments
Redington-Fairview General Hospital, 46 Fairview Avenue, Skowhegan, 207-474-5121

Peer Support Resources
NAMI Support Groups – visit namimaine.org/supportgroups
NAMI Family-to-Family – visit namimaine.org/familytofamily
NAMI Basics – visit namimaine.org/namibasics

Mental Health Organizations
Kennebec Behavioral Health 5 Commerce Drive, Skowhegan, 207-4748368
Maine Behavioral Health Organization 30 Leavitt Street, Skowhegan, 888-922-4736
Catholic Charities of Maine 66 Western Avenue, Fairfield, 207-453-4368
Spurwink, 9 Hillcrest Avenue, Randolph, 888-889-3903

Intellectual/Developmental Disabilities/Autism
Assistance Plus Fairfield, 1-800-0070
Skills, Inc. 461 Hartland Rd, Street, Albans, 207-215-6254
Spurwink, 9 Hillcrest Avenue, Randolph, 888-889-3903

Substance Use Recovery & Harm Reduction
OPTIONS
Liaison: Caron Chase, cchase@crisisandcounseling.org 207-215-6254
Crisis and Counseling Centers 346 Water Street, Skowhegan, 207-626-3448

Shelter/Housing
PATH: Crisis and Counseling Centers 207-626-3448 ext. 1124
New Hope Shelter (women & children), Solon, 207-643-6015
Trinity Shelter (adults), Skowhegan, 207-399-7538

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### Waldo County

#### Crisis & Emergency Services
- Statewide Crisis Hotline, 1-888-568-1112
- Mobile Crisis Response: Sweetser
- Call 911, ask for a trained CIT officer

#### Emergency Departments
- Waldo County General Hospital 118 Northport Avenue, Belfast, 207-505-4123

#### Peer Support Resources
- NAMI Support Groups – visit namimaine.org/supportgroups
- NAMI Family-to-Family – visit namimaine.org/familytofamily
- NAMI Basics – visit namimaine.org/namibasics

#### Mental Health Organizations
- Break of Day Mental Health Group 18 Belvedere Road, Damariscotta, 207-882-6594
- Maine Behavioral Healthcare 15 Midcoast Drive, Belfast, 207-338-2295
- Sequelcare of Maine 321 West Main Street, Searsport, 207-847-2273
- Spurwink, 9 Hillcrest Avenue Randolph, 888-889-3903

#### Intellectual/Developmental Disabilities/Autism
- Mobius Inc, 319 Main Street, Damariscotta, 207-563-3511
- Coastal Opportunities 35 Limerock Street, Camden, 207-236-6008
- Spurwink, 9 Hillcrest Avenue Randolph, 888-889-3903

#### Substance Use Recovery & Harm Reduction
- OPTIONS
  - Liaison: Caitlyn Dowd, LMSW-cc, cdowd@sweetser.org
  - Sequelcare of Maine 321 West Main Street, Searsport, 207-847-2273

#### Shelter/Housing
- PATH: Crisis and Counseling Centers 207-626-3448 ext. 1124

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### Washington County

#### Crisis & Emergency Services

- **Statewide Crisis Hotline:** 1-888-568-1112
- **Mobile Crisis Response:** AMHC
- **Call 911, ask for a trained CIT officer**

#### Emergency Departments

- **Calais Community Hospital** 24 Hospital Lane, Calais, 207-454-7521
- **Down East Community Hospital** 11 Hospital Drive, Machias, 207-255-3356

#### Peer Support Resources

- **Peer Recovery & Support Center:** [Down East Recovery Support Centers](#), 311 Main Street, Calais, and 11 Free Street, Machias
- **NAMI Support Groups** – visit [namimaine.org/supportgroups](http://namimaine.org/supportgroups)
- **NAMI Family-to-Family** – visit [namimaine.org/familytofamily](http://namimaine.org/familytofamily)
- **NAMI Basics** – visit [namimaine.org/namibasics](http://namimaine.org/namibasics)

#### Mental Health Organizations

- **AMHC** 127 Palmer Street, Calais, and 14 Steve's Lane, Marshfield, 207-554-2352
- **Regional Medical Center at Lubes** 43 South Lubec Road, Lubec, 207-733-5541
- **Sunrise Opportunities** 26 Hadley Lake Road, Machias, 207-255-8596

#### Intellectual/Developmental Disabilities/Autism

- **Living Innovations** 5 Lowell Street, Suite 2, Calaris, 207-255-3733
- **Addison Point Agency** 312 Water Street, Addison, 207-486-6500

#### Substance Use Recovery & Harm Reduction

- **OPTIONS** Liaison: Emily Colligan, CADC, [ecolligong@amhc.org](mailto:ecolligong@amhc.org), 207-498-0824
- **Maine Access Points** 207-370-1042

#### Shelter/Housing

- **PATH:** Community Health and Counseling 207-947-0366

[namimaine.org](http://namimaine.org)

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York County

Crisis & Emergency Services
Statewide Crisis Hotline, 1-888-568-1112
Mobile Crisis Response: Sweetser
Call 911, ask for a trained CIT officer

Emergency Departments
Southern Maine Health Care 25 June Street, Sanford, 888-568-1112
York Hospital 15 Hospital Drive, York, 207-363-4321

Peer Support Resources
Peer Recovery & Support Center:
Biddeford Peer Support Center 15 York Street, Suite 203 Biddeford, 207-358-4414
Sanford Peer Support Center 19 Washington Street, Sanford, 207-363-4321
NAMI Support Groups – visit namimaine.org/supportgroups
NAMI Family-to-Family – visit namimaine.org/familytofamily
NAMI Basics – visit namimaine.org/namibasics

Mental Health Organizations
Alternative Wellness Services 281 Main Street, Biddeford, 207-494-8010
Maine Health Springvale 474 Main Street, Springvale, 207-324-1500
Sweetser 647 US Route 1, Suite 109, York, 1-800-434-3000
Spurwink 40 Main Street Suit 13-210 Biddeford, 888-889-3903

Intellectual/Developmental Disabilities/ Autism
Living Innovations 238 North Street, Saco, 207-282-3311
Great Bay Services 61 Washington Street, Sanford, 207-850-1053
Spurwink 40 Main Street Suit 13-210 Biddeford, 888-889-3903

Substance Use Recovery & Harm Reduction
OPTIONS
Liaison: Alyssa Pelchat, apelchat@sweetser.org
Maine Access Points 207-370-4782
Recovery Maine 33 Main Street, North Berwick, 207-558-2111

Shelter/Housing
PATH: The Opportunity Alliance 207-523-5059
York County Shelter Programs (adults, families) Alfred 207-324-1137

namimaine.org