HOW CAN HORSES ENHANCE LIFE AND BUSINESS?
Something magical happens when a typical 21st-century person comes fully into the presence of a horse.
The horse connects to the essence of the person or group and acts as a catalyst for positive change.
• 100% ground-based
• No riding involved.
• No previous horse experience required.
Unique  
Fun  
Experiential  
Highly-effective
Recognised globally as a powerful and experiential tool for changing limiting beliefs or behavioural patterns.
ADVANTAGES...

FREEDOM
GENTLE
POWERFUL
EFFECTIVE
FUN
DIFFERENT
SOLUTION-FOCUSED
Wellbeing
Personal Development
Leadership Skills
Communication
Strategic Planning
Problem-solving
Team-building
Critical Thinking
Conflict Resolution
Clarity ....
WE DESIGN AND DELIVER

HALF-DAY, FULL DAY AND LONGER

- PROGRAMS
- WORKSHOPS
- COURSES
- RETREATS

TAILORED TO MEET THE SPECIFIC NEEDS OF YOUR GROUP
WHO ARE WE?

- Galway-based enterprise
- Co-founded and run by Eileen Bennett and Mary Mitchell since 2014
- Highly qualified and experienced in Equine, Personal Development, Academic, Leadership, Mental Health and Wellbeing
Contact us for more information
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