

JOHARI WINDOW WORKSHEET

“WHAT I KNOW ABOUT ME”

“WHAT I DON’T KNOW ABOUT ME”

“WHAT OTHERS
KNOW ABOUT
ME”

PUBLIC SELF

OTHER SELF

“Arena”

“Blind Spot”

“WHAT OTHERS
DON’T KNOW
ABOUT ME”

HIDDEN SELF

UNKNOWN SELF

“Façade”

“Unknown”