

# TJ Skill-Up Institute

## Skills / Relationships / Structures

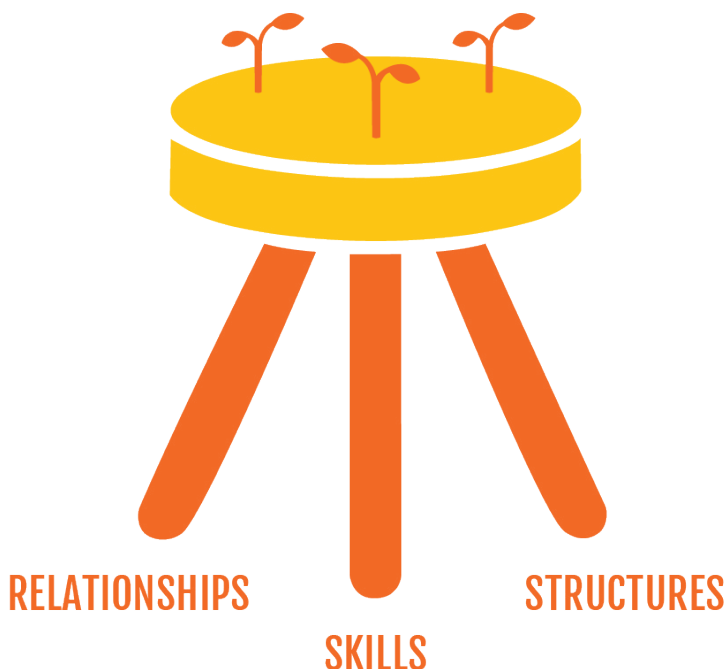


### INTRODUCTION

The following activity is adapted from an exercise from Kazu Haga's book *Healing Resistance* (2020), in which Haga offers three conditions — *skills, relationships, and structures* — that can help make conflict generative. We envision these conditions as the three legs of a stool. What they are holding up, and what is holding them in together, is the top of that stool: the infrastructure you're building for your TJ practice.

This worksheet will take you through naming your skills, areas where you can keep building / deepening those skills, relationships that can support you in that work, and structures that can be resources where you are. Then, it will ask you to write or draw the first next step you will take to begin building that infrastructure.

### Infrastructure for TJ



### SKILLS

What are the skills you already have and use?

What support do you need to improve or gain capacity in those areas?

### RELATIONSHIPS

Who are the people with whom you're going to do that?

What are the relationships that you have or are going to challenge yourself to build?

### STRUCTURES

What are the structures that are going to support you with that work where you are (institutions, organizations, households)?

### BUILDING AN INFRASTRUCTURE FOR TJ

Are members of your communities trained in de-escalation?

Are members of your communities trained in non-carceral mental health interventions?

Are your leaders (in your organizations / workplaces) trained in anti-domestic violence and/or anti-rape interventions?

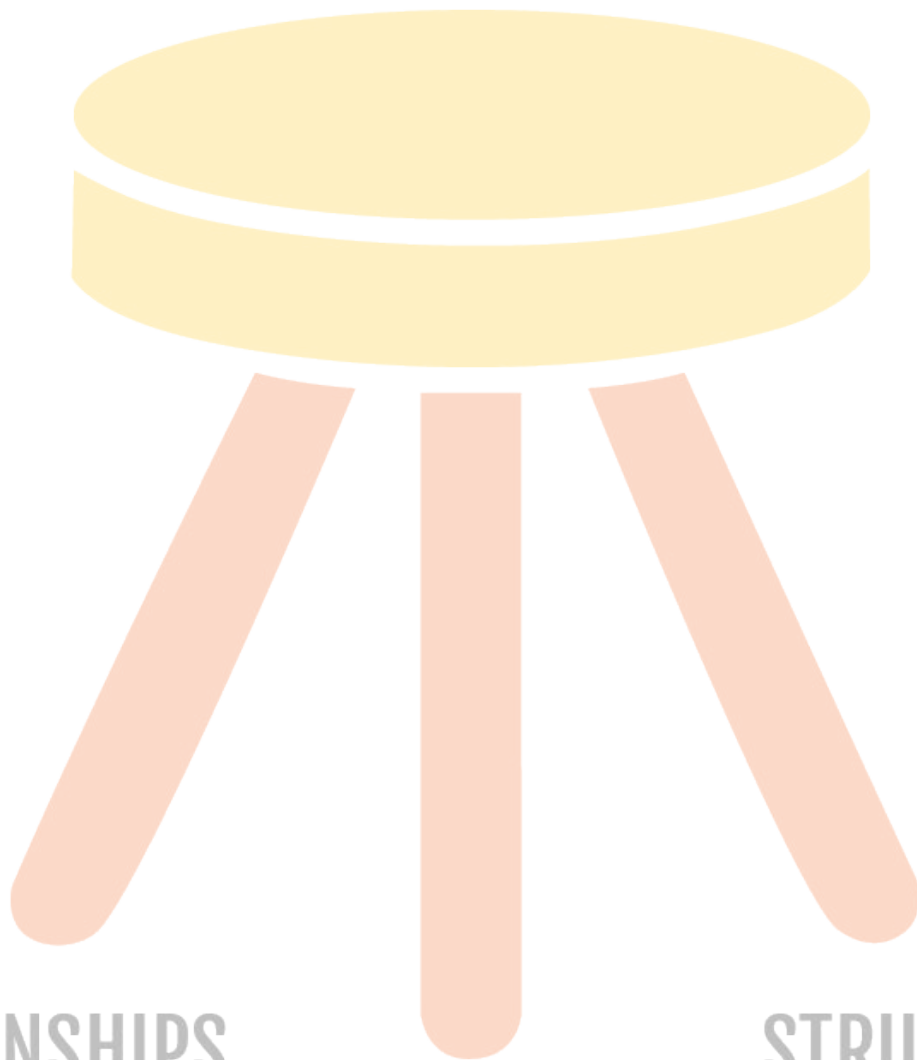
Have you mapped currently available conflict resolution and anti-violence resources (non-law enforcement) in your neighborhoods and communities?

Have members of your communities been trained in pod-mapping?

How are you communicating about TJ in your communities?

# How might I build an infrastructure for transformative justice where I am?

MY NEXT STEP



RELATIONSHIPS

SKILLS

STRUCTURES