Property Tax Reimbursement (PTR) applications are out!

If you need assistance filling out your application, please call us to schedule an appointment. The tax collector is available to fill out the property tax portion Tuesday thru Thursday from 9-12pm.

COFFEE WITH A COP will be on Saturday, March 21st from 9-11am at the Elks. Please call the Senior Center if you would like to arrange transportation.

ST. PATTY’S DAY CELEBRATION w/ Good Time Charlie is on Wednesday, March 11th at 11:30. We will be having corned beef boxed lunch. Cost is $8. Please call the Senior Center to sign up by 3/6.

AARP Smart Drivers Class

April 13rd —9:00 am—3:00pm
$15 for AARP Members
$20 for Non- Members Payable on the day of the class
Sign Up by calling the Senior Center.
Space is Limited. Bring a lunch.

The Senior Center will be closed on April 10th. Daylight savings is on March 8th. Don’t forget to Spring ahead!
Brain Games; Keep the mind sharp

This interactive presentation that discusses our brain as the “master computer” and the important topic of brain health. There are routine maintenance activities we can do daily that helps to keep this master organ healthy and in best working order, even as we age. There will also be games and exercises played that stimulate and exercise different areas of our brain to help increase our memory. A strongly exercised brain can help keep our memory strong!

Join us on March 18th from 2-3pm. Light refreshments will be served.

Mind Reading Game Show

Join us for a Mind Reading Game Show with Flavian on April 17th at 12pm. We will be having pizza immediately following the performance. Cost is $5. Please sign up by April 14th.

Memory Issues

Robert Wood Johnson University Hospital will be here discussing memory issues on March 20th at 11am. Light refreshments will be served. Please call the center to register.

We are here to help...

If you need assistance with your PTR, PAAD, or Senior Gold applications please call 732-356-0414 to schedule an appointment.

Eligibility for PAAD - Maximum income:
- single - $28,399
- couple - $34,817

Eligibility for Senior Gold - Maximum income:
- single - $38,399
- couple - $44,817
### MARCH

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<tr>
<td>Zumba 1:00pm</td>
<td>Grocery/Errands 9:00am Zumba Gold Toning 9:30 Crafternoons 1:00pm</td>
<td>Cards 9:00am Ageless Grace 9:30 Bingo 10:30</td>
<td>Zumba Gold Toning 9:30am Chair Yoga 1:15pm Trip to Walmart &amp; Cracker Barrel 10:30</td>
<td>Cards 9:00am Zumba - 9:30</td>
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- **March & April 2020**
- **SUNDAY**
- **MONDAY**
- **TUESDAY**
- **WEDNESDAY**
- **THURSDAY**
- **FRIDAY**
- **SATURDAY**

Medical transportation will be Monday-Friday unless otherwise stated. Please call for a ride to the Senior Center on Wednesdays. AARP Income Tax Prep Tuesdays and Thursdays – By Appt Only.

All trips are subject to change.

Zumba/Yoga is $4 and $5 for non-residents. Zumba Gold Toning is $5 and $6 for non-residents.

### APRIL

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<tr>
<td>Cards 9:00am Ageless Grace 9:30 Bingo 10:30</td>
<td>Zumba Gold Toning 9:30am Chair Yoga 1:15pm Trip to Hunterdon Hills 10:30 (Full)</td>
<td>Cards 9:00am Zumba - 9:30</td>
<td>OFFICE CLOSED No Medical Trips</td>
<td>Zumba Gold Toning 9:30am Chair Yoga 1:15pm</td>
<td>Cards 9:00am Zumba - 9:30</td>
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- **April & May 2020**
- **SUNDAY**
- **MONDAY**
- **TUESDAY**
- **WEDNESDAY**
- **THURSDAY**
- **FRIDAY**
- **SATURDAY**

Trip to Dunellen Movie Theater 10:00am ($5) No Medical Trips. Zumba 1:00pm.

Trip: Liberty State Science Ctr 9:00am Zumba Gold Toning 9:30am Chair Yoga 1:15pm.

Trip to Peddler's Village 9:00am Zumba Gold Toning 9:30am Chair Yoga 1:15pm.
Wellness screenings/Presentation on Effective Doctor Visits

This presentation walks people through the steps we should take in preparation for our doctor visits. The time spent with the doctor is also discussed and shows how, by preparing and using the simple tools provided, the visit can flow smoothly and the patient will walk away feeling “heard”. Tools are provided to help break the communication barrier between patient and physician.

Join us on April 8 from 1:30-3:30. Light refreshments will be served.

Puerto Rican Action Board

Robert Wood Johnson PRAB (Puerto Rican Action Board) will be here 3/17 from 1pm-3pm. They will be here to assist with filing for the Low Income Home Energy Assistance Program (LIHEAP). In order to be eligible, your yearly gross income for a household must be less than $28,399 for a single person and $34,817 for couples. You will need to bring the following documents with you: Social Security numbers for all household members, Current utility bills (all pages), a renter’s lease or homeowners’ deed, and proof of current income. If you have any questions, please contact the Senior Center.