

## Music in the Park



### Spring Lake Park Gazebo

Maple Avenue, South Plainfield, NJ

Sunday evenings, 6 to 7:30 PM

Please be sure to bring a folding chair.

**July 7:** Greg Giannascoli, marimba  
& Barry Spatz, piano - Gershwin,  
Bernstein and more

**July 14:** The Pery Brothers -  
Irish Favorites and more

**July 21:** The Jersey Polka Stars -  
Polka and Variety Music

**July 28:** Tribute to Musical Cornucopia -  
The Great American Song Book

**August 11:** Hotel Excelsior Orchestra -  
Tin Pan Alley...Hot and Sweet Jazz

**August 18:** NY State of Mind -  
The Music of Billy Joel

**August 25:** George Krauss Memorial  
Band - Anniversaries of 2019.

We will be leaving the Senior Center at  
3:30 PM. Please call to reserve your spot.

## Hunterdon Hills Presents... Barefoot in the Park

This Tony Award winning comedy is directed by film and television star **Clarence Gilyard** (*Die Hard*, *Top Gun*, *Matlock* and *Walker, Texas Ranger*) and features **NSF founder Richard Bugg** as Velasco. In "**Barefoot In The Park**," Neil Simon manages to take the silly squabbles of a young married couple and make them absolutely hilarious! Corie, the young bride, sees their tiny new apartment as cozy and romantic. Paul, the groom, only see five flights of stairs, a gaping hole in the skylight, and heat that doesn't work. Add oddball neighbor, Victor Velasco, and Corie's well-meaning mother into the mix, and it's a recipe for non-marital bliss!

**When: Thursday, September 19, 2019**

Bus leaves at 10 AM. Cost is \$65. Please have your money in by August 26 or you will lose your reservation.  
Limited Availability



## Senior Center Summer Hours

The summer operating hours for the Senior/Recreation Center are  
**8:30 AM - 4 PM: Monday - Thursday**  
**8:30 AM - 1 PM: Friday**

## Contact

### SENIOR STAFF

Melissa DeMarino, Director

Sally Lynch, Administrative Assistant

Drivers: Phil Lore, Laura Meixner,  
Thomas Lynch, Michael Rick

### IMPORTANT PHONE NUMBERS

**MEDICARE:** 1-800-633-4227

**PAAD/Senior Gold  
(NJ Prescription Assistance):**  
1-800-792-9745

### MIDDLESEX BOROUGH

#### EMERGENCY

(Fire, Police, Poison): 911

**Police Department  
(Non-Emergency):**  
732-356-1900

**Fire Department  
(Non-Emergency):**  
732-356-7400 ext. 263

**Middlesex Senior Center:**  
732-356-0414

**Middlesex Borough:**  
732-356-7400

**Middlesex Public Library:**  
732-356-6602

**Middlesex County  
Middlesex County Office of Aging:**  
732-745-3295

**Middlesex County Board  
of Social Services:**  
732-745-3500



## What is Silver Safety?

**This comprehensive program is FREE to all Middlesex Borough Seniors.**

This program features interactive presentations, light refreshments, and giveaways. The following topics will be discussed:

**Senior Pedestrian Safety Presentation**

**Jay Walker Show**

**Ride4Life**

August 27 at 12:30 PM

Please call the Senior Center to RSVP.

## We are here to help...

If you need assistance with your PTR, PAAD, or Senior Gold applications please call 732-356-0414 to schedule an appointment.

#### Eligibility for PAAD:

Maximum income: single - \$27,951 couple - \$34,268

#### Eligibility for Senior Gold:

Maximum income: single - \$37,951 couple - \$44,268

## Summer Safety Tips

- ✓ Stay hydrated
- ✓ Don't stay out for too long
- ✓ Check the forecast beforehand
- ✓ Keep sunscreen nearby and use it
- ✓ Check your prescriptions' side effects
- ✓ Turn on the A/C
- ✓ Beware of heat-related illnesses

# JULY 2019

SUN	MON	TUES	WED	THURS	FRI	SAT
	1 Zumba: 1 PM \$4/\$5 Non-Residents	2 Grocery/ Errands: 9 AM	3 Cards: 9 AM Ageless Grace: 9:30 AM Bingo: 10:30 AM	4 <b>OFFICE CLOSED NO MEDICAL TRIPS OR ACTIVITIES</b>	5 <b>No Zumba</b>	6
7 <b>Trip to Music in the Park FREE &amp; Sherban's Diner: 3:30 PM</b>	8 <b>Trip to Boscov (PA) &amp; Lunch: 9 AM Zumba: 1 PM \$4/\$5 Non- Residents</b>	9 Grocery/ Errands: 9 AM	10 Cards: 9 AM Ageless Grace: 9:30 AM Bingo: 10:30 AM	11 Zumba Gold Toning: 9:30 AM \$5/\$6 Non-Residents Chair Yoga: 1:15 PM \$4/\$5 Non-Residents <b>Trip to Plays in the Park - Newsies - \$5 &amp; Diner: 4:30 PM</b>	12 Zumba: 9:30 AM \$4/\$5 Non- Residents	13
14 <b>Trip to Music in the Park FREE &amp; Sherban's Diner: 3:30 PM</b>	15 Zumba: 1 PM \$4/\$5 Non- Residents <b>Trip to Dunellen Movie Theater \$5: 10 AM</b>	16 Walmart - Manville Trip: 10:30 AM	17 Cards: 9 AM Ageless Grace: 9:30 AM Bingo: 10:30 AM	18 Zumba Gold Toning: 9:30 AM \$5/\$6 Non-Residents <b>Trip to Point Pleasant &amp; Red's Lobster Pot: 10:30 AM</b> Chair Yoga: 1:15 PM \$4/\$5 Non-Residents	19 Zumba: 9:30 AM \$4/\$5 Non- Residents	20
21 <b>Trip to Music in the Park FREE &amp; Sherban's Diner: 3:30 PM</b>	22 Zumba: 1 PM \$4/\$5 Non- Residents	23 Grocery/ Errands: 9 AM <b>Trip to New Brunswick Farmer's Market/ Breakfast Somerset Diner: 9 AM</b>	24 Cards: 9 AM Ageless Grace: 9:30 AM Bingo: 10:30 AM	25 Zumba Gold Toning: 9:30 AM \$5/\$6 Non-Residents <b>Trip to Red Mill Museum \$8 &amp; Cracker Barrel: 9:30 AM</b> Chair Yoga: 1:15 PM \$4/\$5 Non-Residents	26 Zumba: 9:30 AM \$4/\$5 Non- Residents <b>Hydration w/ a Twist Presentation 10:30 AM</b>	27
28 <b>Trip to Music in the Park FREE &amp; Sherban's Diner: 3:30 PM</b>	29 <b>Trip to Parx: 9:30 AM Zumba: 1 PM \$4/\$5 Non- Residents</b>	30 Grocery/ Errands: 9 AM	31 Cards: 9 AM Ageless Grace: 9:30 AM Bingo: 10:30 AM	<b>OFFICE CLOSSES AT 1 PM ON FRIDAYS</b> <ul style="list-style-type: none"> <li>• Medical transportation will be Monday-Friday unless otherwise stated.</li> <li>• Please call for a ride to the Senior Center on Wednesdays.</li> <li>• All trips are subject to change.</li> </ul>		

# AUGUST 2019

SUN	MON	TUES	WED	THURS	FRI	SAT
<b>OFFICE CLOSSES AT 1 PM ON FRIDAYS</b> <ul style="list-style-type: none"> <li>• Medical transportation will be Monday-Friday unless otherwise stated.</li> <li>• Please call for a ride to the Senior Center on Wednesdays.</li> <li>• All trips are subject to change.</li> </ul>				1 Zumba Gold Toning: 9:30 AM \$5/\$6 Non-Residents <b>Trip to Jersey Shore Outlets and Ruby Tuesdays: 9:30 AM</b> Chair Yoga: 1:15 PM \$4/\$5 Non-Residents	2 Zumba: 9:30 AM \$4/\$5 Non- Residents	3
4	5 <b>Trip to Vanderbilt Mansion \$10 &amp; Lunch: 8:30 AM Zumba: 1 PM \$4/\$5 Non-Residents</b>	6 Grocery/ Errands: 9 AM	7 Cards: 9 AM Ageless Grace: 9:30 AM Bingo: 10:30 AM	8 Zumba Gold Toning: 9:30 AM \$5/\$6 Non-Residents Chair Yoga: 1:15 PM \$4/\$5 Non-Residents <b>Trip to Plays in the Park - Addam's Family - \$5 &amp; Diner: 4:30 PM</b>	9 Zumba: 9:30 AM \$4/\$5 Non- Residents	10
11 <b>Trip to Music in the Park FREE &amp; Sherban's Diner: 3:30 PM</b>	12 Zumba: 1 PM \$4/\$5 Non- Residents	13 Grocery/Errands: 9 AM <b>Trip to New Brunswick Farmer's Market/Breakfast Somerset Diner: 9 AM</b>	14 <b>Lunch with the Mayor: 11:30 AM</b>	15 <b>Trip to Columbus Flea Market/ Kitchen 87: 9 AM</b> Zumba Gold Toning: 9:30 AM \$5/\$6 Non-Residents Chair Yoga: 1:15 PM \$4/\$5 Non-Residents	16 Zumba: 9:30 AM \$4/\$5 Non- Residents	17
18 <b>Trip to Music in the Park FREE &amp; Sherban's Diner: 3:30 PM</b>	19 <b>Trip to Dunellen Movie Theater \$5: 10 AM Zumba: 1 PM \$4/\$5 Non- Residents</b>	20 Walmart - Manville Trip: 10:30 AM	21 Cards: 9 AM Ageless Grace: 9:30 AM Bingo: 10:30 AM	22 Zumba Gold Toning: 9:30 AM \$5/\$6 Non-Residents <b>Trip to Point Pleasant &amp; The Shrimp Box: 10:30 AM</b> Chair Yoga: 1:15 PM \$4/\$5 Non-Residents	23 Zumba: 9:30 AM \$4/\$5 Non- Residents	24
25 <b>Trip to Music in the Park FREE &amp; Sherban's Diner: 3:30 PM</b>	26 <b>Trip to The Sands: 9:30 AM Zumba: 1 PM \$4/\$5 Non- Residents</b>	27 Grocery/Errands: 9 AM <b>Silver Safety Presentation: 12:30 PM</b>	28 Cards: 9 AM Ageless Grace: 9:30 AM Bingo: 10:30 AM	29 Zumba Gold Toning: 9:30 AM \$5/\$6 Non-Residents <b>Trip to Walmart &amp; Cracker Barrel: 10:30 AM</b> Chair Yoga: 1:15 PM \$4/\$5 Non-Residents	30 Zumba: 9:30 AM \$4/\$5 Non- Residents	

Department of Senior Services  
1200 Mountain Avenue  
Middlesex, NJ 08846

Prsrt First Class Mail  
U.S. Postage  
**PAID**  
New Brunswick, NJ  
Permit No 934

## A message from the Middlesex Police Department

Reports of cruel and costly telephone and internet scams have increased in recent months.

Always remember that organizations such as the SSA and Internal Revenue Service (IRS) **WILL NOT** threaten you into making payments over the phone and that **ANYONE** instructing you to purchase gift cards on their behalf is a **SCAMMER**. As a general rule, if something sounds too good to be true, it probably is.

**If you are contacted by anyone that you suspect might be a scammer, we urge you to contact the police department at 732-356-1900.**

## Citizen Services Feature Now Available On Police Department Website

Middlesex Police Department is pleased to announce that the Citizens Services module is now available online at [middlesexpd.com](http://middlesexpd.com). The module will enable residents to provide important information conveniently and from the comfort of their own home. Citizens and business owners can now register their alarm systems on-line. Residents can also alert the police department to those time periods that their homes will be vacant. Watch for additional features to be added in the coming months.

## Community Day Volunteers Wanted

**Community Day is July 20<sup>th</sup> from 4-9 PM.**

Thank you to those who have volunteered to help with our booth. We still have a couple slots available if you are interested in helping.

Please contact the Senior Center with any questions.